



“This letter is to you.. The you that’s had a rough week. The you that seems to be under constant storm clouds. The you that feels invisible. The you that doesn’t know how much longer you can hold on. The you that has lost faith. The you that always blames yourself for everything that goes wrong. To you.. YOU are incredible. You make this world a little bit more wonderful. You have so much potential and so many things left to do. You have time. Better things are coming your way, so please hang in there. You can DO it.”

Arizona - Lori Dragon Eta Gamma (Henderson, NV) just had knee surgery. She is now home recovering. Her address is 3913 Hollycrest Drive Las Vegas, NV 89117

Nikki Junium’s mother-in-law passed away November 3rd after suffering a heart attack. Nikki is a member of Eta Gamma (Henderson, NV). Her address is 10133 James Harkin Ave Las Vegas, NV 89129

California – Thoughts and prayers for ALL of our California sisters and brothers and their families as the state is battling multiple forest fires.

Eleanor Pollard Beta Zeta's past member was one of our 7 Founding Members in 1971. She has been inactive now for a few years, but always in our hearts as she has passed away. No info on where to send cards at this time.

Rickie Brown Past IC / CSC President and President of Alpha Alpha Chapter # 5461 had surgery to correct torn ligaments on her arm on Wednesday, 10/30/19. The surgery went well, and Rickie is at home recuperating. Cards could be mailed to her at: 3372 Corvina Way, Rancho Cordova, CA,95670

Idaho – Evette Syverson – Delta Omicron, Boise, is still experiencing problems with her appendix and an abscess. Doctors are hoping to be able to remove the appendix in roughly 4 weeks. Please continue to keep Evette in your prayers. Her address is 11318 W Poppy St. Boise ID 83713

Meg Miller – Delta Omicron, Boise. She is not producing red or white blood cells and also has so minor bleeding in her stomach which will get cauterized in a week or two. Please continue to keep Meg in your prayers. Her address is 2550 Velvet Falls Way, Meridian, ID 83642.

Kansas - Good news for Lisa Campbell of Pi Rho in Shawnee as she went home on Wednesday, October 16. She has found someone to build a ramp into the house. She will not be able to put any weight on her leg for three months and will be working from home.

Sandra Westbrooke, also of Pi Rho in Shawnee, had an a-fib procedure on her heart. After having her heart shocked, her heart is now beating in a regular atrial rhythm. Sandra's contact information is: 802 S Willow Drive, Olathe, KS 66062, swhite2004@yahoo.com

Margie Poznick of Zeta Epsilon. She fell on October 26, and fractured pelvis in 2 places. She will be in rehab about 6 weeks. Margie Poznick 17998 W. 165 Street Olathe, KS. 66062

Phyllis Mentgen, member of Gamma Lambda. She has been dealing with multiple Medical issues and is in quite a bit of pain. Phyllis' contact information is: 1953 Judson, Manhattan, KS 66502

Oregon – Ellen Ellis of Gamma Beta is home from rehabilitation after her terrible car accident. She will be doing her final recovery in the comfort of her home. We are continuing to hold Ellen in our thoughts and prayers for a full recovery. Ellen would really be grateful for a special card from you to brighten her day. **Ellen Ellis 483 Colonial Drive Grants Pass, OR 97526-7855 lnls1215tx@gmail.com**

Texas – Barb Alkinson's sister and brother-in-law in your thoughts and prayers.

Jan Mattson has been diagnosed with skin cancer of the anus. The doctor said it's very curable and that he got 99% of it. The treatment will be chemo with radiation. Jan is our District XI President. Please add Jan to your prayer list. Her address is: 3625 Mckinley Drive, Plano, TX 75023-720

Millie Pack, member of Theta Alpha, San Angelo, District 7, her husband (Harold) and son, (Wallace) are having health issues. Know she could use some notes of encouragement. Address is Millie Pack 3841 Sunset Drive San Angelo Texas 76904

Gayle Stewardson, member of Delta Omicron, District VII, Santa Anna, husband passed away this morning arrangements are pending. Cards of sympathy and encouragement can be sent to: Gayle Stewardson 748 PR 2562. Santa Anna TX 76878

Jerry Harvey - went to be with our Heavenly Lord on Tuesday, October 29, 2019. Our hearts are very heavy. Jerry was a tremendous lady in countless ways, and she devoted herself to the good works of ESA, and especially to St. Jude's Children's Hospital. She regarded all of her Texas sisters as her Family and continually asked for the "latest happenings" in the State. Her son, Wes provided the following information and requested our prayers for the family: Burial services are to be held on Saturday, November 9, 2019 at 2:00 p.m. Sunset Funeral Home 1701 Austin Highway San Antonio, TX 78218

Washington - Lou Olmstead, a 50+ year member of Delta Rho passed away. It is with a heavy and yet joyful heart that we will be celebrating her life at a memorial service on November 16th at 11:00 AM. The service will be held at Steel Lake Presbyterian church that meets at Calvary Lutheran. 2415 S. 320th St, Federal Way WA 98003

Nancy Kynaston (Alpha Kappa) lost her sister, Laura Manke, to cancer last nite. Laura has been a pillar of the community. Her funeral was held November 2, 2019 at Trinity Lutheran Church in Longview WA. Family requested no flowers, but donations can be made to Hospice and Community House. Cards can be sent to Nancy Kynaston, P O Box 325, Salkum, WA 98582. Please keep Nancy and her family in your prayers.

Wisconsin – Pat Feely-Cross passed away at the end of August and her husband at the end of September. They had no funeral for either of them at their wishes. Pat was a past WI President and a Past MARC President.

Patricia Gale, IC Chaplain 2019-2020

ESA—All Heart

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