



“Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude.” ~ Ralph Waldo Emerson

“When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living. If you see no reason to give thanks, the fault lies in yourself.” ~ Tecumseh

Alabama - Jennie Prochazka, Beta Nu Chapter had cataract surgery on Nov. 4 and will have the second eye before Thanksgiving. Prays for Jennie. She recently lost a husband and still undergoes Chemo for pancreatic cancer. Cards may be sent to 1243 Plum St. Prattville, AL 36066.

Eileen Taylor, Beta Nu had hip replacement surgery in October and prior to that back surgery. Cards may be sent to 1542 Kimberly Lane, Prattville, AL 36066.

Betty Thompson, Alpha Zeta is having surgery to remove a melanoma from her back, and it is quite deep. She also had to spots removed from her hands. Cards may be sent to 3622 7th Street East, Tuscaloosa, AL 35404

Arizona - Kahlia Vitz-MacNeil member of Eta Gamma, Henderson Nevada, daughter of Stacy Vitss and granddaughter of Deana Walters also of Eta Gamma. Kahla's husband is a flight instructor at Vance Air Force base in Enid, OK. Prayers are needed for all pilots and their families after the tragedy of November 21. Barry (Kahla's husband) is ok but they are a close-knit group and it has hit him and all very hard. He is a flight instructor there.

Georgia - Gail Marchant, Alpha Beta, underwent surgery this morning to have a portion of her colon removed. She is expected to make a full recovery although it will take some time. Please keep Gail in your thoughts and prayers for a speedy recovery. Cards may be sent to: Gail Marchant, 6960 Cowan Mill Rd., Winston, GA 30187

Michigan – Pat Ludwig, member of Lambda Chi, Michigan. Pat had surgery this morning to remove 2 very large cysts on her ovaries. She is in recovery and doing great. Heather (her granddaughter) is with her. The cysts were benign. Pat will be in the hospital for 2 or 3 days then home for more recovery. I am sure cards would be appreciated! 22262 Oxford Dearborn, MI 48124

Nebraska – Bob Colgan husband of Vianne Colgan. They have not found problem but two things have been ruled out – he has not had a stroke and does not have Parkinson's. They realigned his meds and was headed to the Dr. in Kearney. Please keep him in your thoughts and prayers. Hopefully they will find something soon.

Oklahoma – Patsy Timmons' (OK Past President) mother, Helen Weaver, passed away yesterday afternoon in Muskogee. Helen and Patsy were both members of Nu Delta, Muskogee. Please keep Patsy and her family in your thoughts and prayers. Patsy Timmons - Nu Delta #5244 Muskogee, OK
1 Monoogian Circle Milford, MA 01757

Wanda Lucas, Beta Rho-Del City and Oklahoma State President 1989-1990 is now on Hospice Care. Marcie and husband Jerry have moved in with her to care for her until the end. She has to have 24/7 care. Her Lupus is destroying her red blood cells and she chose to not have them give her blood every so often. She is in almost constant pain. She is not well enough to receive visitors or calls. Wanda Lucas 4701 Bomarc Dr Del City, OK 73115

South Dakota - Joe Gillen, husband of long-time Alpha Lambda member, Audrey Gillen, passed away suddenly at home on November 7. Please keep the family in your thoughts and prayers. Cards may be sent to Audrey at 5535 E. Eastbridge Place, Sioux Falls, SD. 57110-2814. Memorials are being directed to St Jude Children's Research Hospital and SDSU College of Engineering.

Tennessee – Our sweet sister, Martha Brockman was involved in a car accident on Monday. She has broken ribs and bruising. She is in Erlanger Hospital in Chattanooga and hopes to go to Siskin on Monday. Martha's home address is: 4884 Three Notch Road, Ringgold, GA 30736

Rachael Frazier's cousin, Mark Price, is seriously ill and in the hospital in ICU with a second bout of pneumonia. He is non-responsive and on comfort care. Rachael's uncle, Mark's dad, lost his youngest daughter last year at this time from liver disease. Please be in prayer for Mark and his family and especially Rachel and her mom

Utah – Priscilla Thayer a member of Alpha Lambda chapter, Salt Lake City, Utah, passed away after a short illness, on Nov. 17th. Condolences can be sent to her husband Jim at 6471 Blue Mont Dr. Murray, Utah 84123.

Patricia Gale, IC Chaplain 2019-2020

ESA—All Heart

esaicchaplain@gmail.com 520-227-4818

9860 E Paseo San Rosendo

Tucson, AZ 85747