



“BE BOLD. TAKE RISKS. LIVE LIFE FREELY. LEAD BY EXAMPLE. TRUST YOUR GUT. SAY WHAT YOU FEEL. MEAN WHAT YOU SAY. EXPRESS GRATITUDE. BELIEVE IN YOUR POWER. EXCEED YOUR EXPECTATIONS. DANCE THE NIGHT AWAY. SKIP DOWN THE STREET. DON'T TAKE NO FOR AN ANSWER. BE YOUR BEST SELF. DON'T LOOK BACK.”

Arizona - Cliff Smith (Gamma Tau Arizona) and husband of Jacqui Smith, 1998-99 Past Arizona Council State President, fell a few days ago and broke his right ankle. He is in the hospital right now but due to come home in a couple of days. Cliff could use some cheery cards and prayers for healing. Their address is 7774 E Marquise Drive Tucson, AZ 85715.

Florida – Lucy Wines of Alpha Gamma needs prayers and cards. She was admitted to the hospital for fluid in her lungs. Then her pulse dropped severely, and they had to put a stent in her heart. Her address is: 6161 N Misty Oak Terrace Beverly Hills, FL 34465

Malinda Remington's husband Ron has been struggling with lung issues related to his service in the Navy during the Vietnam War. He has been on oxygen for several years and thankfully now has been placed on the transplant list at Mayo Clinic. Their address: 5978 Caspian Tern Drive Sarasota, FL 34238

Idaho – Delta Omicron, Boise Received an email (dated Nov. 5th) from Meg Miller regarding her health concerns. “So things should be looking up. I am scheduled for: 3 iron infusions each lasting 3 hours a piece. Whoppee! On three Wednesday's in a row starting tomorrow. On November 20th, I'll have my stomach cauterized in the early morning followed by my final iron infusion and that should get me headed back to feeling good again.” Meg Please continue to keep Meg in your prayers for a speedy recovery. Meg's address is 2550 S Velvet Falls Way, Meridian, ID 83642.

Indiana – Kelly Hanson's mother in law passed away. You can send cards to Kelly Hanson 13756 High Point Cr. Fishers IN 46038. Kelly is Eta Pi Fishers chapter.

Mississippi – Dawn Middleton's mom fell a couple of weeks ago and broke her right arm. (The one that cancer had broken, and it has hardware in it). Yesterday she fell again and broke her left femur. She had surgery this week to plate and screw her leg. Dawn is asking for your prayers.

New Mexico – Lavonda Farris in Silver City. Her granddaughter's house burnt to the ground. They lost everything. They are living in a 5th wheel trailer right now.

Dottie Knealing's grandson is 11 years old and he is autistic. He is in the El Paso Pediatric mental hospital due to the fact he tried to commit suicide. The child lives in Carlsbad and El Paso is the closet pediatric hospital to Carlsbad.

South Dakota - Joe Gillen, husband of long-time Alpha Lambda member, Audrey Gillen, passed away suddenly at home on November 7. Please keep the family in your thoughts and prayers. Cards may be sent to Audrey at 5535 E. Eastbridge Place, Sioux Falls, SD. 57110-2814. Memorials are being directed to St Jude Children's Research Hospital and SDSU College of Engineering.

Tennessee – Betty Jolly is in Memorial Hospital. They are in the process of trying to determine a reason for loss of blood. Betty Jolly has diverticulitis and should have been discharged from the hospital Sat. afternoon. Cards may be sent to: Betty Jolly 1922 Wisteria Drive Hixson, TN 37343

Congratulations are in order as Baby Joy Ryan arrived on October 24 at 7 pm weighing in at 6 pounds and 7 ounces and is 18.5 inches! Grammie Karen Anderson said everyone is doing great, but a little sleep deprived after the 14-hour labor natural birth. Cards may be sent to: Kim, Eric, and Joy Anderson c/o Grammie Karen Anderson 3126 Reflection Way Ooltewah, TN 37363

Betty Proctor's grandsons are in need of prayer. Zachary had surgery this week. He did great! His nerve block wore off and he had some pain but is better. He will be having some physical therapy starting soon. And as I was typing this up, she informed me that her other grandson Jacob (who is one of my former school kids) needs prayers. Jacob's mother, Andrea Pope, is in survival ICU. She has developed pneumonia in both lungs, fever, and can't keep food down. She is also battling cancer.

Cards may be sent to:	Jacob Proctor
Zachary Proctor	c/o Betty Proctor
1121 Camden Circle	1292 Leaside Lane
Mt. Juliet, TN 37122	Hixson, TN 37343

Margaret Horten's brother Steve was released to go home on Tuesday! He is still having some issues from the open-heart surgery but doing well. Her sister Joy is still undergoing chemo for her third round of cancer. She is a trooper with a good spirit, but this round has been a little tougher. Please keep both of them in your prayers!

Cards may be sent to:

Joy Parsons	Steve Horten
9699 Hosta Lane	2620 Walker Road, Apt. 106
Ooltewah, TN 37353	Chattanooga, TN 37421

Prayer request from Lorrie Haufe for her son's family. "Please pray for Steven's in-laws. Their house was struck by the tornado in Dallas and it is really badly damaged. Fortunately, they were not hurt even though windows were blown out and massive trees landed on it. It looks like the house was split in half by the trees. Anyway, I would appreciate your prayers of thanksgiving that they were not hurt, and of hopes that they can salvage the house. They have lived in it for 30 years." Cards may be sent to them in care of: Steven Levitt 958 James Avenue Chattanooga, TN 37421

Patricia Gale, IC Chaplain 2019-2020

ESA—All Heart

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