



Everything I Need to Know in Life I Learned From My Dog –

Never pass up the opportunity to go for a joy ride. When loved ones come home always run to greet them. Never pretend to be something you're not. If you want something, look at it until you get it, or it's gone. If what you want lies buried, dig until you find it. Take every opportunity to run. Take every opportunity to nap. Delight in the simple job of a long walk. When you are happy, dance around and wag your entire body. Never pass up the chance to snuggle. Always kiss the ones who are mad at you to make it better. Listen attentively and don't offer solutions. Be brave, optimistic and completely present. Give and accept love with every breath."

Alabama - Alabama State President, Anita Crittenden, had knee replacement surgery on May 18th. She is at now home recovering. Please pray for her quick healing and comfort. Cards may be sent to Anita Crittenden 908 East Grand Muscle Shoals, AL 35661

Karla Jordan's Husband, John, (Beta Nu), has been diagnosed with bone cancer. Please pray for John's healing and guidance as to his treatment. Pray for Karla for peace too. Cards may be sent to John Jordan 430 Cliffside Drive Titus, AL 36080

Arizona – Jacob Koster, grandson of Estella Koster, was awarded a scholarship to the prestigious Brown University in Rhode Island where he will major in Biochemistry and Business. He graduated from Phoenix Country Day School this year. We are very proud of him. Grandmother Estella Koster 3643 E Coolidge St, Phoenix AZ 85018

Alpha Kappa member Betty Sinclair had another fall last week and fractured her pelvis. She is home recovering under the watchful eyes of her husband and their daughter. We have decided to get her a bubble or wrap her in bubble wrap to stop the broken bones. Cards may be sent to her at: 8385 S. Mill Ave. Tempe, AZ 85284.

Arkansas - Gwen Williams, a longtime member of Theta Epsilon, Blytheville, passed away on Sunday, May 17th. She had experienced health challenges for quite some time. Please keep the family and her chapter, Theta Epsilon, in your thoughts and prayers. Condolences may be sent to her daughter and parents at the following address: Chandler Williams and Ruth and Kenneth Frazier 100 Chesterfield Blytheville, AR 72315

Florida – Florida State President Sharon Roberts fell on May 17th while out walking and fractured her upper arm – between the shoulder and elbow. She had x-rays at an urgent care clinic and has been referred to an ortho surgeon to see if surgery is needed to repair. Right now, she doesn't need anything but prayers

Georgia - Mary Wynn's husband, Lloye, has been ill for several months and prayers have been requested for Lloye. Please lift him in your prayers for a speedy recovery and I am sure uplifting cards would be appreciated. Address: 119 Morgan St. Pooler, Ga. 31322

Idaho – Lexie Parke Thomas (mother) and Tannis Parke (grandmother) – Lexie was expecting twins in September. Sadly, they were born premature on May 10, 2020 and went to heaven on May 11, 2020. This is just heartbreaking news for their family. Please keep Lexie and all of her family in prayers. This is a very difficult time for Lexie, her husband Brayton and their families. Lexie & Brayton Thomas C/O Tannis Parke – P O Box 296 Teton, Idaho 83451 Tannis Parke – P O Box 296, Teton, Idaho 83451

Cleoria Glenn says her grandchildren are all doing okay, and they do not seem to have any long term affects after their accident This is great news. Cleoria Glenn – 6221 Ustick Rd., Boise, Idaho 83704

Ellen Jorgenson's son Kim is battling throat cancer. He has finished his chemo and starts radiation on Monday for 5 days. After the radiation is complete he will have surgery in Utah to remove his feeding tube. They are all trying to stay upbeat and optimistic. Kim's wife is battling emphysema so their family can certainly use our prayers. Ellen Jorgensen – 465 Spring Wood Lane, ID Falls, Idaho 83404

Margi Riggs is now able to walk unassisted (without walker) and is getting better with each day. She is able to help with folding laundry and doing the dishes. It sounds like she is on the road to recovery. Please continue to keep Margi in your thoughts and prayers. Margi would like to thank everyone for all the cards and prayers. It sure brightens her day when she hears from you. Margi Riggs C/O Heather Riggs – 4679 Wind River Drive Idaho Falls, Idaho 83401

Kansas - Tom Knorp-Brown, husband of Karen Knorp-Brown (Chi Epsilon-Wichita), died May 21, 2020 at home after a long illness related to his strokes. His son, Tom and Stacy arrived from Chattanooga TN to be with Karen & their family at the end. He is to be cremated at Baker Funeral Home in Wichita. No other plans have been made yet and no service is currently being planned due to the Covid virus. Karen is a past Kansas State President. Karen Knorp-Brown #7 East Monarch Drive Wichita, KS 67220 kkb3esa@cox.net

Oklahoma – Darlene Cushenberry's son Chris age 52 passed away on May 22nd. He had a Heart Attack. Please keep Darlene and her family in your thoughts and prayers. Cards may be sent to Darlene Cushenberry at 9904 E 98th St. Tulsa, OK 74133

Washington - Loretta Smalley (Alpha Theta) was in a car accident on the night of May 14th – thankfully is alive and vertical – however she broke her left hand and had surgery early the morning of May 12th in Astoria. Cards can be sent to Loretta Smalley 907 Salmon Creek Road Naselle, WA 98638

Patricia Gale, IC Chaplain 2019-2020

ESA—All Heart

esaicchaplain@gmail.com 520-227-4818

9860 E Paseo San Rosendo

Tucson, AZ 85747