



“The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more than the past, than education, than money, than circumstance, than failures, than successes, than what other people think or say or do, The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. We cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. And so it is with you.... **we are in charge of our attitudes.**” ~~~ Charles Swindoll

Florida – Ron Remington was released from the hospital Friday, July 17th to a rehab hospital to regain strength and mobility. The goal is for him to be home in time for his birthday in August. It has been a very long and difficult journey since his lung transplant on Christmas night. Thanks so much for all your prayers, cards and messages..they were very much appreciated.

Kansas - Barb Almy's, mother-in-law just passed away due to complications from Covid. Barb's address is 433 S Fern St., Wichita KS 67213.

Oklahoma – Jack Fairbairn (94), husband of Beta Zeta – OKC member Barbara Fairbairn passed away Friday, July 10. Jack had recently fallen and broken his hip and was also battling pneumonia. Cards may be sent to Barbara at 9704 Lakeshore Drive, Oklahoma City, OK 73120

Janet Guiles, just had reverse shoulder surgery on July 14th. The surgery went well. She will be in the hospital for a few days before going home. If anyone would like to send her a card, her home address is Janet Guiles 13228 W County Rd 74 Crescent, OK 73028

Patricia Gale, IC Chaplain 2019-2020

ESA—All Heart

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