



# ESSAY—September 2017

## Don't forget to:

- Pay State and IC Dues on 9/1
- RSVP / Attend the Fall Picnic on 9/17
- Sign up for the Fall Festival of Hope, St. Jude Walk, Darkest Night of Your Life
- RSVP for MN ESA Leadership on 9/30
- Contact Alpha Zeta to sign up for meals at Hope 4 Youth
- Bring friends to a Bunco fundraiser on 10/7

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## President—Sandy Hongerholt

Happy End of Summer!

Summer sure has gone by fast. Especially with August being a little cooler than normal. It seems like just yesterday I was preparing to become your State President for the next year and I'm already four months into it.

Our first state membership meeting is behind us. I wouldn't be me if I didn't forget something. I forgot to bring the awards we won at IC to the state meeting (I'm also tattling on myself for not getting my article in on time).

I don't think we could've squeezed anything else in. I will bring these to Albert Lea in November. Jo Hanson and her crew will host our next membership meeting on November 11th.

Thank you to Alpha Lambda for hosting the August meeting and the delicious lunch.

Thank you also to Kathy Rice for bringing Officer Langner and Canine Officer Kody from the Maplewood Police Department in as our Philanthropic presenter. We enjoyed having them.

## 2nd Vice President—Dennis Marler

We are amazing! The members of Minnesota ESA do wonderful things. Most of the amazing things we do are for others, those in need. But some of our accomplishments are just for us. An example: Chapter Educationals.

Thank you, Terri Olson, for the wonderful presentation for our new members and the refresher for the rest of us. I think we all learned something new. If you missed the presentation, let Terri know and she can send it to you.

I am looking forward to seeing all of you at our State Leadership on September 30th. Alpha Chi is hosting this event and they need your reservation for planning. A fun time it will be. The flyer with the information to make your reservation is included in this newsletter.

A lot of fun activities are planned for September. Take advantage of as many opportunities as you can to Learn, Serve and Socialize with fellow members. And invite your friends, frenemies, and family to join you. You never know where your next new member will come from. If they see how much you enjoy what you do they will want to be a part of it. A lot of work and planning goes into these events and it is always appreciated when we can show our support for each other.

In October, I will attend the MARC Conference in Dearborn Michigan. Sounds like our Michigan ESA Family has a great conference planned. There's still time to register if you want to attend.

Don't forget to invite me to crash your chapter meeting. I would love to learn what each chapter is busy doing.

My contact information is email - [shongerholt@yahoo.com](mailto:shongerholt@yahoo.com). Phone - (612) 267-3926

This is a quote of a response from the member survey that ESA sent out a while back - "Alone I cannot be of much help; with ESA I have the opportunity to really make a difference".

Always Remember—Leave a little ESA Sparkle wherever you go, Sandy



So, let's bring in the experts. At the 8/26 state meeting, I opened my report time up to Birdie, Jackie and others to learn how to make a winning educational.

A few questions I hope to have answered:

## 2nd Vice President—continued

- ◆ What are the Minnesota guidelines, requirements for a chapter educational?
  - ◆ Does an educational need to be in paper form, in a binder?
  - ◆ And one final question: Is there an Education Chair records folder floating around somewhere?
  - ◆ How many individual reports, presentations are needed in an educational?
  - ◆ Are non-paper forms allowed, i.e. a computer DVD or PowerPoint slide show?
- So, more to come. I hope this discussion will generate some interest to complete an educational program within your chapter. We are amazing!

## Treasurer—Kerri Petty

Thank you to the chapters that have turned in their dues! For those that have not done so yet please get them to me

ASAP! Make your check for Chapter Member dues out to MN ESA and your check for IC Dues out to ESA Interna-

tional Council. The forms are being included in this issue and can also be



found on our website. If you have any questions please do not hesitate to call or email me.

## Association of Arts—Jackie Swanson

Hello Everyone!

**Find your *inner artist*** by exploring a few new mediums, while supporting one of our state philanthropic projects and creating something *NEW* to showcase at the 2018 State Convention! Once you've learned one of these new techniques, sky's the limit! You can keep creating all year. You know how beneficial the arts are for you – relieving stress, creating joy, calming and relaxing you...and don't forget...it's good for the brain! I invite you to really DIG IN this year *AND...*

*Let's  
have*  
**S'MORE**  
**FUN**

**Participating in Association of the Arts by Choosing any or ALL of the following three fundraising ART SESSIONS!**

Sat OCT 21  
**MIXED MEDIA COLLAGE** - 10AM-3PM

Cost: \$20\* (\$18 to MACMH)  
Class size limit: 6 participants  
Where: Jackie's Eagan Town-home  
BYOB: Bring your own Brown bag lunch!

Thu NOV 30  
**ACCORDION GREETING CARDS** - 6-9pm

Cost: \$10\* (\$8 to MACMH)  
Class size limit: 6 participants  
Where: Jackie's Eagan Town-home  
BYOB: Bring your own Brown bag dinner (optional)

FEB 10 **HAND-FELTED COASTERS** - 10AM-1PM

Cost: \$10\* (\$8 to MACMH)

Class size limit: 6 participants  
Where: Jackie's Eagan Town-home  
BYOB: Bring your own Brown bag lunch (optional)

**A different kind of SMORE will be our TREAT at each class.** \*NOTE: A \$2 supply fee is included in the cost of each class.

**Please RSVP to Jackie Swanson no later than 1 week prior at [jacqueofhearts@comcast.net](mailto:jacqueofhearts@comcast.net) or 952-220-4836.**

**All proceeds for AA Art Sessions this year will go to MACMH, the Minnesota Association for Children's Mental Health.**

## Chaplain—Dorothy Wangen

Greetings - Keep Calm - Stay Healthy –

Please keep June Schleiss, Gamma Zeta Chapter, in your thoughts and prayers on the death of her brother.

Please remember our dear friend, Juanita, Juanita Gillespie's family and the Delta Rho chapter.



Thoughts for all of us: It only takes a moment to watch a butterfly glide gracefully across the blue sky. Yet, little acts of kindness can cheer some person along. Stay happy, stay healthy everyone.



## Hope 4 Youth—Alpha Zeta

### Meal Service:

Alpha Sigma will provide the meal on September 5<sup>th</sup>. October 3<sup>rd</sup> will be served by a committee of members from various chapters as Alpha Lambda had to back out due to unforeseen circumstances. We still have November 7<sup>th</sup>, December 5<sup>th</sup>, January 2<sup>nd</sup>, February 6<sup>th</sup>, and March 6<sup>th</sup> all open. Please keep in mind that if your chapter can't provide a meal, but you would like to help out, a committee of members from other chapters can come together to serve. We do not have to keep it within a chapter. So far it has worked out well with H4Y being contacted a few days before our date to inquire on the number of youth we should plan to serve. I will also inform the chapters what is being served that week, if others serving meals provide their information, so that the chapters can try to plan

something different.

The Heartland Tire Classic Golf Tournament was a great success as the event raised over \$55,000.00 This event is held annually and it is strictly to raise funds to help pay the mortgage on HOPE Place, the transitional housing facility in Coon Rapids.

### Upcoming events:

- ◆ **The Darkest Night of Your Life 4K** - Saturday, Sept 23 at 8pm - Bunker Hills Golf Club, Coon Rapids. Team ESA MN is registered for the 8pm wave. Join us for the walk and other events that evening, such as their silent auction. Currently, our team is at 12 members and we have raised \$405 toward our goal of \$500. To register for Team ESA MN or

donate to support our team, please visit <https://runsignup.com/Race/48266/Donate/xfpGfQ2FblYXOsR0>.

- ◆ **Hunt 4 HOPE - Pheasant Hunt** - Friday, Sept 29 at 8am - Wild Wings of Oneka, Hugo for more information visit <https://www.hope4youthmn.org/hunt-4-hope/>
- ◆ **Carnival of HOPE Gala** - Saturday, Oct 7 at 5:30p Social, Dinner 7p - Mpls Marriott Northwest, Brooklyn Park. We will be sponsoring a table at this event with some of our Labcorp/Medtox funds. This is a great way to get ESA exposure. I will be attending as the State philanthropic chair. If anyone wishes to attend, please contact me via

phone 651-335-1168 or email [KellizMNe-sa@gmail.com](mailto:KellizMNe-sa@gmail.com). If we have more than 7 others wanting to attend, we will draw names. Country music singer/songwriter Jimmy Wayne will be the guest speaker/performer. He has an inspiring story to tell as he was a homeless child growing up who aged out of the foster system. Please visit [JimmyWayne.com](http://JimmyWayne.com) for his story. For more information about Carnival 4 Hope visit [HOPE4YouthMN.org/Gala](http://HOPE4YouthMN.org/Gala).



## Hope for Heroes—Shirley Laue

Chapters can either do events alone or consider partnering with local VFWs, American Legions, Elks or Eagles organizations. Many of these organizations are finding their number of members is down and they do not do a lot of things because of that. But together this would be a wonderful community event. Think about a Veteran's Day Luncheon or Breakfast or just free coffee and donuts. Also consider doing an event close to Thanksgiving.

COUPONING is an easy project to do individually or with someone else... cut and count the value as listed on the coupon and send off to a military base for families on base to use. Coupons are honored up to six months from the date on the coupon.

CAMP HOPE is a retreat for combat wounded veterans injured in the Global War on Terror that offers our Nation's Heroes the opportunity to participate in outdoor adventures with dignity. At this past International ESA Convention in St. Louis, one of the tours offered was a tour of this camp. ESA Hope for Heroes has been very involved with this project for several years.

This is what one of their handouts says: Any veteran wounded in the Global War on Terror is welcome to attend Camp Hope. All expenses paid... including travel. Camp Hope provides ADA-compliant cabins, food and supplies, and an attentive volunteer staff to accommodate veterans with almost any disability. Since 2007, hun-

dreds of veterans from across the country have experienced the free outdoor excursions, enjoyed the camaraderie and benefited from the healing powers of Camp Hope. With cool streams, winding creeks, granite boulders, gravel paths, tall trees and an abundance of wildlife, there is plenty of open space for wounded veterans to enjoy." Their information is at Camp Hope, P.O. Box 52, Farmington, MO 63640, phone: (910) 599-0640, website: [www.camphopeusa.org](http://www.camphopeusa.org).

SAVE THE DATE-DEC. 16, 2017-no, it is not a wedding-IT IS THE DAY WREATHS ARE HUNG AT ARLINGTON NATIONAL CEMETERY, AND 1,300 OTHER MILITARY CEMETERIES NATIONWIDE.

Volunteers are needed, and if you would like to purchase one or more wreaths, as a donation or for someone you know is buried at Ft. Snelling, contact Shirley Laue, Alpha Sigma.

On August 29th, The Marine Corp Forces celebrated their 100th birthday!

Remember this.... in truth a person dies twice, once when he stops breathing, and a second time when somebody mentions his or her name for the last time.

So, join us in December when over one million volunteers nationwide will say the names of a million fallen, out loud, to make sure they will never be forgotten.

## MACMH—Eileen Spencer



Engage your hearts and hands this fall to help break the stigma surrounding mental health disorders! Volunteer with the Minnesota Association for Children's Mental Health (MACMH) as they plan for their annual fundraising gala on **November 10**.



The 8th Annual Evening of Heart Silent Auction & Award

Gala will take place on November 10 at Edinburgh Golf Course in Brooklyn Park. The

evening will feature hors d'oeuvres, a three-course dinner and a silent auction as well as an awards ceremony recognizing some community champions (both youth and adults) who are doing amazing work on behalf of young people with mental health challenges. All proceeds will benefit MACMH's programs, making it possible for the non-profit to continue its important work promoting positive mental health for young people, their families and caregivers. To learn more about the gala visit [www.macmh.org/2017gala](http://www.macmh.org/2017gala).

Volunteers are needed for a variety of tasks, including:

- ◆ Silent auction donation solicitation
- ◆ Participating on a committee planning the decorations, centerpieces, food, etc.
- ◆ Securing sponsorships
- ◆ Engaging new folks to attend the event

To get involved in support of this important cause, contact MACMH's Program Director, Leah Hauff at [lhauff@macmh.org](mailto:lhauff@macmh.org) or by call-

ing [651-644-7333](tel:651-644-7333). Leah will then get you in touch with the appropriate contact relative to your volunteer interest. To learn more about MACMH visit [www.macmh.org](http://www.macmh.org).



## MARC Reps—Diane Vanusek and Dana Terry

The calendar is moving closer to "Motown in Motion" on October 13-14, 2017. The MARC annual conference, "Motown in Motion", is in Dearborn/Detroit, MI, at the Doubletree by Hilton. Regular registration date is September 26<sup>th</sup>. Attached to last month's EsSAy was the conference registration form. Register now so your hotel reservation is in the room block. It tends to fill up.

With the MARC board, the Michigan Council has planned a great Friday leadership and Saturday program. The Friday night mixer is a dance contest/fund raiser for the ESA Foundation scholar-

ship. Details were in last month's newsletter. So, grab a partner and practice up on your Rock N Roll, Country Line and Free Style dancing. Let's show those Minnesota Moves!

The Friday Leadership will feature Maggie Varney of Wigs for Kids, a charity providing age appropriate wigs for young cancer patients, Alexandra Clark of Bon Bon Bon, a company believing everyone deserves good chocolate, and Rebecca Smith of Better Life Bags, a startup company selling her own designed diaper bags, giving part of the profits to charity.

Different this year will be the program concluding on Saturday night to provide a travel day on Sunday. See the MARC website and last month's newsletter for more information. Attached is the revised 2017-18 MARC budget to be voted on in October.

There will be a live auction of items provided by the state councils for the general operation of MARC. If anyone is willing to donate gift cards (widely usable) to go in a Minnesota gift purse, it would be greatly appreciated. Large basket type items are discouraged because of portability issues.

As an automatic member of MARC, you are encouraged to visit the MARC web site, <http://www.esamarc.org>, for all the forms mentioned, to read the ReMarcs, and other good information.



Minnesota ESA members, please be aware of the phone calls from the IRS that is a fake. Well, it is back again as yours truly has already received two phone calls. It is a pleasure to tell them that they are nothing but scammers. One caller told me they had a case against me. The second caller told me they had a lawsuit against me. So, I again told them that they were nothing but scammers and they hung up on me.

If I get another call saying they have a lawsuit against me, I will say that I am countersuing and when we go to court I will win because they are the ones that are doing the IRS fake calls.

## St. Jude—Kelly Check and Betty Robinson

Again, thank you to those who volunteered at the St Jude Ride & 5K Run on July 23rd. I did not have the event totals for the August newsletter, but I'm happy to say that the event raised over \$230,000.00, which ESA will get partial credit due to volunteering.

Thank you to those who attended the Painting for a Purpose fundraiser for St Jude in Woodbury on Aug 20. The event raised \$165.00 for St Jude.

ALSAC August spotlight is on Team ESA MN and we are picking up steam! Currently, our Walk to End Childhood Cancer team has 32 members! Encourage family and friends to join our team, the more members we have, the more credit we get! Don't forget to fundraise, too! By registering, you receive a "dashboard" or webpage to share with friends and family via email and/or social media to help fundraise for the kids. There is even a page to print out, to collect check donations and mail in, if some do not like to donate online. If

any questions, please ask me! Currently, our team has raised \$6,845.00 we are so close to our goal of \$7,500. As a reminder, to register for our team or make a donation, visit the MN ESA website and click on Events.

### Upcoming events:

- ◆ **St Jude Fall Festival of Hope**- Tuesday, Sept 19 - The Depot - Minneapolis. I sent around a sheet for volunteers at the August membership meeting. If you were not present and wish to volunteer, please let me know. There are two shifts to choose from: Event set-up (1pm-4pm) Event (4pm-10pm) Visit [StJude.org/FallFestivalofHope](http://StJude.org/FallFestivalofHope) for more information or if you wish to make a donation.
- ◆ **St Jude Walk/Run to End Childhood Cancer** - Saturday, Sept 23 - US Bank Stadium - Minneapolis. I also sent a sheet around at the Aug meeting for volunteers for this event. ESA will be handling the registration for the event. That shift is 6:30am-9am. However, if you can't make it that early, there is another shift from 9am-1pm, which will be for the walk and the event tear down. If you are interested in volunteering, please let me know. for more information visit [StJude.org/WalkRun](http://StJude.org/WalkRun)
- ◆ **Bunco for St Jude** (hosted by Alpha Zeta) - Saturday, Oct 7 at 1p-4p Cedric's Landing Community Room - Oakdale more information to follow
- ◆ **34th Annual St Jude Style Show** - Saturday, Nov 18 at Sheraton Mpls West. SAVE THE DATE! More information to follow
- ◆ **K102 Cares for St Jude Kids Radiothon** - December - iHeart Media Studios - Minneapolis more information to follow
- ◆ **St Jude Memphis Marathon** - Saturday, Dec 2 - Memphis, TN more information to follow
- ◆ **St Jude Red Carpet for Hope** - Sunday, Jan 7, 2018 at 5:30p Social, Dinner 7p - The Depot Minneapolis for more information visit [StJude.org/RedCarpetforHope](http://StJude.org/RedCarpetforHope)
- ◆ **St Jude Legends for Charity** - Feb 1, 2018 - Hyatt Regency - Minneapolis this event is in conjunction with the Super Bowl. Bringing together sports legends, celebrities and business leaders to support St Jude and to present the Pat Summerall Award.



## St. Jude—Facebook Page



Congratulations St. Jude Walk/Run Team of the Month - ESA Minnesota

A note from, TEAM ESA MN

"We look forward to the inspiration you give and get! Of course, we love wearing our T-shirt, too! You should join Team ESA because there is strength in numbers! We raise funds by texting, emailing, posting on social media, and other ways to get donations!

We have been part of the Walk since it began, when it was the Give Thanks Walk, which we kind of help launch 9 years ago.

We walk for the kids, of course! Those fighting, those who have lost their battle, and for research to keep moving forward so that no child dies from cancer! A fun fact about

our team, Danny Thomas actually approached a few ladies from MN ESA back in 1972 and asked if we would partner with him in this mission he had. Danny Thomas is an honorary member of ESA and we will continue to honor his legacy and be a part of his mission!

See you at the walk!"



## St. Jude Style Show—Kim LeTendre Olson



Greetings members of MN ESA,  
We are looking for 4-6 members to volunteer to be models at the annual St. Jude Style Show and Silent Auction luncheon on Saturday, November 18th at the Sheraton Minneapolis (near Ridgedale). Fashions will once again be pro-

vided by our friends at Dress Barn at Knollwood Mall.

If you are interested in modeling or have any questions, please contact Kim LeTendre Olson as soon as possible. Kim's cell phone number is (952) 393-1473 or email [kim\\_letendreolson@yahoo.com](mailto:kim_letendreolson@yahoo.com).

## Gamma Omega—MCMHA Fundraiser

Gamma Omega is hosting an all occasion greeting card stamping event for MACMH (Minnesota Association for Children's Mental

Health) on **Saturday, December 2, 2017** at the Hopkins Elks Lodge, 30 8th Ave S, Hopkins, MN 55343. Time is 10:00am-2:00pm.

No experience required. Keep for yourself or give as a gift. Space will be limited. Registration information to follow.



At the August meeting, I passed around a "game board" to help raise money for the Walk to End Alzheimer's, which is Saturday, Sept 9th. I am unable to participate in the walk, but I'm not unable to raise funds and awareness! ESA members are AMAZING!!!

A simple gesture of circulating this game board, which was asking for \$2 -\$15 per square, helped raise \$200.00 I cannot thank you all enough. As my ALZ fundraising page says, "if you don't know someone suffering from Alzheimer's now, unfortunately, soon you will". If you were not at the meeting and you would like to donate to my fundraising efforts, please visit [http://act.alz.org/site/TR/Walk2017/MN-Minnesota-NorthDakota?px=12285239&pg=personal&fr\\_id=10532](http://act.alz.org/site/TR/Walk2017/MN-Minnesota-NorthDakota?px=12285239&pg=personal&fr_id=10532) Thank you!

Kelly Check  
Alpha Zeta

**Midwest Area Regional Council  
Epsilon Sigma Alpha  
2017-2018 Proposed Budget**



<b>INCOME</b>	<b>2017-2018 Budget</b>	<b>2016-2017 Actual</b>	<b>2016-2017 Budget</b>	<b>2015-2016 Actual</b>
Ways & Means Fundraiser	\$2,000.00	\$3,539.00	\$2,000.00	\$3,535.10
**Conference Profit	\$2,500.00	\$1,252.04	\$2,500.00	\$4,131.95
Rollover from MARC Treasury	\$3,809.00		\$1,800.00	\$2,225.00
Repayment of Conference Loan	\$500.00	\$500.00	\$500.00	\$500
Miscellaneous	\$100.00	\$249.00	\$100.00	\$183.56
ReMarc Subscriptions	\$30.00		\$30.00	
<b>TOTAL INCOME</b>	<b>\$8,939.00</b>	<b>\$5,540.04</b>	<b>\$6,930.00</b>	<b>\$10,575.61</b>
<b>EXPENSES</b>				
MARC Spring Board Meeting	\$200.00	\$147.55	\$200.00	\$0.00
IC Dues	\$45.00	\$45.00	\$45.00	\$545
<b>President's Expenses</b>				
IC Conv. Reg./Travel/ Lodge/ flag	\$1,250.00	\$290.00	\$1,250.00	\$388.96
MARC State Visit Reg./Travel/ Lodge	\$500.00	\$330.88	\$500.00	\$477.58
MARC Conf. Reg./ Travel	\$400.00		\$400.00	\$140.00
<b>President Elect Expenses</b>				
IC Leadership Reg./ Travel	\$1,000.00	\$0.00	\$1,000.00	\$1,000.00
<b>Other Expenses</b>				
W & M Chair Expenses	\$25.00	\$20.99	\$25.00	\$16.94
Chaplain Expenses	\$75.00	\$68.84	\$75.00	
Communicator Expenses/ Postage	\$30.00		\$30.00	
MARC State Conv. Reps Mileage	\$1,700.00	\$1,202.92	\$1,700.00	\$825.16
MARC State Conv. Reps Visits	\$1,300.00	\$0.00	\$1,300.00	\$120
ReMarc Subscriptions	\$30.00		\$30.00	
MARC Speakers @ Conference	\$1,500.00		\$1,500.00	\$1,632
IC Ad	\$100.00	\$100.00	\$100.00	\$100
Web Site Expenses	\$159.00	\$159.00	\$150.00	
IC Audio Expenses	\$125.00	\$73.78	\$125.00	\$124.50
Bond (Due April 2018, \$500)	\$500.00	\$0.00	\$0.00	
Miscellaneous	\$100.00	\$38.00	\$0.00	406.49
<b>SUB-TOTAL EXPENSES</b>	<b>\$8,439.00</b>	<b>\$2,476.96</b>	<b>\$8,430.00</b>	<b>\$3,087.10</b>
*Conference Loan	\$500.00		\$500.00	\$1,000
<b>TOTAL EXPENSES</b>	<b>\$8,939.00</b>	<b>\$2,476.96</b>	<b>\$8,930.00</b>	<b>\$6,776.58</b>
<b>TOTAL INCOME</b>	<b>\$8,939.00</b>	<b>\$5,540.04</b>	<b>\$6,930.00</b>	<b>\$10,575.61</b>
<b>DIFFERENCE</b>	<b>\$0.00</b>	<b>\$3,063.08</b>	<b>\$0.00</b>	

\*\$500 repayment of Conference Loan can only be income if disbursed to the conference site

\*\* Up to first \$1,500 of Conference Profit makes up the Speakers' Fund.

## MARC 2017 Candidate Qualifications

The following are the individuals nominated for the MARC elected offices. They are listed alphabetically by last name. The nominations are closed. Elections will be held at the October 2017 MARC conference.

### **PRESIDENT:**

#### **Celeste Webb, Illinois:**

Celeste has been on the IC appointed board as the Hope for Heroes chairman, the Credentials Chairman, the Jr. St. Jude chairman and is currently the St. Jude Sr. Chairman. Celeste is the current MARC Vice President / President Elect and has served as Treasurer, Parliamentarian and Ways and Means Chair. She has been Illinois' State President, 1<sup>st</sup> Vice President, Parliamentarian, and Treasurer (twice), along with St. Jude Jr. and Sr. chairman and was recognized as their woman of the year. She has been her chapter's President (twice), Vice President, Parliamentarian several times, and educational director.

Celeste is a 21-year member and a Foundation member who has attended 17 state conventions, several MARC conferences, 5 IC conventions and 4 IC leadership conferences.

### **VICE PRESIDENT / PRESIDENT ELECT:**

#### **Debra Vercellono, Nebraska:**

Debbie is the current MARC Recording Secretary and has served as the MARC Parliamentarian, Foundation Counselor, and MARC Convention Co-chairman.

Debbie has been Nebraska's State President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, Jr. Past President, Sr. Past President, and Treasurer along with their St. Jude Coordinator, MARC Representative (twice,) Awards chairman (twice,) and Care Connections chairman. She has been her chapter's President, Treasurer and Philanthropic chairman along with several committees, multiple times.

Debbie is an 11-year ESA member and a life active Foundation member who has attended 9 state conventions, 7 MARC conferences and 3 IC leadership conferences.

### **PARLIAMENTARIAN:**

#### **Denise Hagerty, Indiana:**

Denise has been an IC Administrative Assistant and a member of the MARC Nominating Committee. She has been Indiana's State President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, Parliamentarian, Recording Secretary, and Treasurer along with their Educational Director, St. Jude Jr and Sr. Chairman, Easter Seals Chairman, Awards Chairman, Chaplain, and Corresponding Secretary. She has been her chapter's President, Vice President, Treasurer, Recording Secretary, Corresponding Secretary, Educational chairman and Ways and Means chairman, along with being Chairman for Awards, Philanthropic, Social, Jonquil, Nominations, and Disaster Fund. She has been state Convention Chairman twice, and has been Indiana's Woman of the Year.

Denise is a 43-year, life-active and Foundation member who has attended 43 state conventions, 7 MARC conferences, 22 IC conventions, and 1 IC leadership conference.

#### **Rhonda Rawlings, Illinois:**

Rhonda was the Treasurer for 2017 IC convention in St. Louis hosted by MARC and has served on the MARC Audit Committee.

Rhonda has been Illinois' State President (starting second term) and Treasurer (twice,) along with their Historian (twice,) and on their Audit and Budget Committees. She has been her chapter's President, Treasurer and Parliamentarian multiple times and has served on the chapter's committees.

Rhonda is a 10-year ESA member and a life active member of the Foundation who has attended multiple state conventions, 4 MARC conferences, 3 IC conventions and 2 IC leadership conferences. Rhonda started the Delta Xi chapter in Illinois.

Rhonda is currently enrolled in "Introduction to Parliamentary Procedure: Dynamics of Leadership" and is working toward becoming a registered member of the National Parliamentarian Association.

**RECORDING SECRETARY:**

**Linda Schmidt, Kansas:**

Linda is the current MARC Treasurer and has served as the MARC Foundation Director and the Convention Secretary for the MARC IC convention. Linda has served as the IC St. Jude Jr and Senior St. Jude Coordinator and has been on the IC Credentials and Nominating committees. She received the Outstanding State St. Jude Coordinator award.

Linda has been Kansas' State President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, Parliamentarian, Recording Secretary, and Treasurer along with their Foundation Director (twice,) Membership Director, Newsletter co-editor (three times,) State Convention chairman, Social chairman, IC Convention Office Chairman, MARC Rep, and Outstanding Chapter Chairman. Linda has been her chapter's President three times and has served on all chapter offices and committees.

Linda is a long-time ESA member and life-active Foundation member who has attended 29 state conventions (and 2 conventions in other states), 2 MARC conferences, and 11 IC conventions.

**Rose Wagner, Ohio:**

Rose has been Ohio's State President and Parliamentarian. She has been her chapter's President, Vice President, Secretary, Treasurer, Parliamentarian, and Philanthropic, Social and Ways and Means Chairman.

Rose is a 19-year member who has received her 5<sup>th</sup> degree Pallas Athene award.

**TREASURER:**

**Brenda Fields, Missouri:**

Brenda is the current MARC Parliamentarian and has served as the MARC Communicator and Ways and Means Chairman.

Brenda has been Missouri's State President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, and Jr. Past President along with their Newsletter chairman (four times,) Webmaster (three times,) and Social chairman. She is currently her city council's Vice President and has also served as their Treasurer and Social Chairman. Brenda has been her chapter's President, Secretary, and Social chairman and has co-chaired the chapter's St. Jude luncheon auction event.

Brenda is a 7-year ESA member who has attended 7 state conventions, 4 MARC conferences, 3 IC conventions and 2 IC leadership conferences.

**Bonnie Templeton, Kansas:**

Bonnie has been a member of IC Nominating committee and the MARC Ways and Means Committee. She has been Kansas' State President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, Parliamentarian, Recording Secretary, Treasurer and Auditor along with their Workshop Coordinator, Awards chairman, Convention Registration and Decorations chairman, ESA Foundation Jr. and Sr. chairman, and served on the Ways and Means Committee. She has held all offices and been involved with all committees in her chapter.

Bonnie is a 20-year, life-active ESA and Foundation member who has attended numerous state conventions, 2 MARC conferences, 5 IC conventions and 2 IC leadership conferences.

**COMMUNICATOR:**

**Mary Houglund, Indiana:**

Mary has been Indiana's State President, 1<sup>st</sup> Vice President, 2<sup>nd</sup> Vice President, Parliamentarian, Recording Secretary, and Treasurer along with their Corresponding Secretary, Easter Seals Chairman, and Lamp Lighter editor (twice). She has been her chapter's President, Vice President, Treasurer and Philanthropic and Ways and Means Chairman.

Mary is a 16-year member who has attended 12 state conventions, 4 MARC conferences and 1 IC leadership conference.

**Kim Poling, Iowa:**

Kim has been Iowa's State President, 1<sup>st</sup> Vice President, Recording Secretary, and Treasurer along with their Chaplain. She will become Iowa's state President in May 2018. She has been her chapter's President and other various positions.

Kim is a 20-year member who has attended 17 state conventions, numerous MARC conferences, 2 IC Conventions and 1 IC leadership conference. Kim will be attending IC leadership in 2018.



**MN ESA STATE LEADERSHIP**  
**Saturday, September 30, 2017**



**Coffee and mini muffins - 8:30AM**  
**Leadership - 9:00AM - 2:00PM**  
**Luncheon - 12:00 noon**

**Hotel Metro St. Paul**  
**(Formerly Holiday Inn East)**  
**2201 Burns Avenue**  
**St. Paul, MN 55119**

**Hosted by ALPHA CHI Chapter**  
**Luncheon \$15**

**Lunch Menu:**  
**Choice of Sandwich: Ham, Turkey, Roast Beef or Vegetarian**  
**Chips, Pasta Salad, Cookie**

**RSVP by Wednesday, September 20 - With choice of Sandwich**

**TO: Sue Todd**  
**[KENNETH4387@comcast.net](mailto:KENNETH4387@comcast.net)**  
**651-770-5264**

**If you have special dietary needs, please contact Tracy Jo Adkins - Hotel Metro - 651-789-4509**  
**(mention ESA Leadership)**

## CHAPTER NEWS



### Alpha Chi—Kathy Rice

At this time, Joane Buche, Sue Todd, Gloria Iverson and yours truly will be attending the State Meeting on August 26th at which time we will

have K9 Officer Todd Langner and his K9 Kody attend to tell us about the vest that protects the police dogs. There have been so many police dogs

killed and these vests are very important for them to have.

Looking forward to seeing everyone there.

Thank you, ladies, for the Easter Seals donation at the meeting; it came to \$33.00. This is appreciated.

### Alpha Sigma—Birdie Elkofska

The summer has been busy for the Alpha Sigma members. Seems that Labor Day is the day we start thinking about regular stuff again.... like the ESSAY and ESA and rushing. We did have a 2-day adventure up at Rose Bitter's cabin. Not everyone could work it into their plans but Birdie, Diane and Rose were seen tipping a few and playing some games. We sat out in the pontoon boat and enjoyed just floating and talking.

St Louis is where Diane Vanusek and Birdie Elkofska (and past member of Sigma Kappa Sharon Desarmeaux) were during the coool month of July at IC Convention. How do people live in those hot areas of the country? One week did us in. The facility was an old railroad depot. HUGE. lots of walking. Very

pretty location. The time went by so fast.... probably because we all got to spend time with old friends from across the country and Australia. The highlights for us were .... TERRI OLSON was elected 2nd Vice President of ESA International. YAH !!! we were so proud of her. We have all been in one chapter together at some time during our ESA life; special time for all. And, the revealing of the number of dollars raised this past ESA year ... wow such great figures. \$19,485,427 THIS past year 2016-2017. Lifetime total is \$246,331,387. Yes, ESA is not a huge organization and not well known, but we do MIGHTY things for the kids at St. Jude Hospital.

Rose and Diane have been spending a lot of time with

family from across the country. Shirley Laue is always much too busy with painting barn quilts, catering weddings, working at the country club, family, and one time I know she spent 5 minutes enjoying a glass of wine. Shirley McGowan has settled in at her new apartment and loves the quiet surroundings. No traffic buzzing by at 60 MPH but instead a quiet garden to look down on. Shirley M. is right now on a cruise ship. I am hoping the angry ocean and hurricanes are not affecting her trip. And me, Birdie Elkofska, is recovering from overdoing (doctor's

words, not mine) the past six months. She is getting along fine with the oxygen but it slows the multitasking down a bit. All in all, Alpha Sigma is doing fine and starting to work on the Silent Auction coming up November 18<sup>th</sup> for St. Jude. If you have any donations we will gladly accept them... just let us know. We even pick up.



### Gamma Zeta—Dorothy Wangen



Gamma Zeta has been vacationing - so not much is going on this month. Our first meeting will be on September 11,

2017. Several of our members plan to help at the St Jude's walk on September 23rd. Our

chapter would like everyone be happy and stay healthy.

## ESA – Minnesota State Council Chapter/Member Dues Payments For 2017-2018

State dues are \$20.00 per chapter member due September 1, 2017.

Please mail this form along with a list of members' names and I.D. numbers to:

Kerri Petty, State Treasurer  
1285 Euclid Street  
St. Paul, MN 55106  
612-388-9969

Chapter IC dues of \$40.00 are due August 1, 2017. You may add the \$40.00 to your state dues check or you may write a separate check for \$40.00, payable to the International Council of ESA. The Chapter IC dues will be paid/forwarded to IC.

For record keeping, **please make sure you indicate on the form that you paid the IC dues directly.** Call me if you have any questions.

Chapter Name \_\_\_\_\_ Chapter Number \_\_\_\_\_

Federal Tax ID # \_\_\_\_\_

Chapter Treasurer's Name, Address, Telephone Number: \_\_\_\_\_

Please list all dues-paying members and their Member No. Please provide the Member No. of any new members since last year.

Member Name	Member Number	Dues
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Total From Additional Pages \_\_\_\_\_  
 Total Member Dues Enclosed \_\_\_\_\_  
 Chapter IC Dues (\$40.00) \_\_\_\_\_  
 Total Amount Enclosed \_\_\_\_\_





International Council Dues
Chapter
State
Other Councils

How to Remain Non-Profit?

- All entities MUST pay IC Council dues. Entities are: Chapters, District Councils, Regional Councils, State Councils, and any other Zone or Auxiliary.
All entities MUST submit a Tax-Form (Tax Facts) to Headquarters each year by September 15th.
All individual ESA members MUST pay individual member dues.

If these three (3) items are NOT completed, then the entity is NOT considered Non-Profit

What Do I Owe and Where Do I Send It?

- Individual Member dues are sent to ESA Headquarters. Each member will receive a bill in the mail. These are paid yearly during the month you pledged. Dues are \$49 (unless you are a senior or a Life-Active Member).
IC Council dues are due at the beginning of the ESA Year (August 1st) and must be paid before May 1st to be considered in "good standing" and receive voting privileges at IC Convention. These dues are mailed to the current IC Treasurer. DO NOT SEND TO ESA HEADQUARTERS.

2017-2018 International Council Dues are Due Upon Receipt

Please check one:

- Chapters: \$40.00
Name Number State Affiliation
Other Councils/Districts/Zones/Auxiliary (within a state) \$40.00
Name Number State Affiliation
State Council/Multi-State Council \$45.00
Name Number

Treasurer's Name
Address City State Zip
Phone Email Address

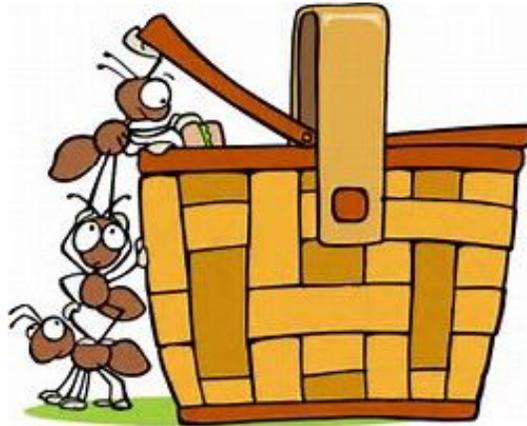
Send Payment to: IC Treasurer
LeAnn Wray
10355 Blaine Road
Brighton, MI 48114
lwray2@comcast.net

FOR IC TREASURER'S USE ONLY
DEPOSIT #
CHECK #
ACCOUNT #
DATE REC'D

Make Checks Payable to: ESA International Council
Please include chapter name & number on check

NOTE: Individual membership dues of \$49.00 should be sent directly to ESA Headquarters

# ESA Fall Picnic



RSVP by Tuesday, September 12

RSVP to Sandy Dolence 763.533.3792 or [sjdolence@hotmail.com](mailto:sjdolence@hotmail.com)

**When: Sept 17th. 2017**

**Time: 11:00-3:00**

**Where: Bassett Creek Park, Crystal**

**6001 32nd Ave N, Crystal MN 55422**

**How much: \$7.00 per person/ \$20.00 per family**

- All food is provided just bring your favorite beverage to enjoy. Please no alcohol due to a family park and event.
- We will have a dessert contest for everyone to enter:
  - best presentation/decoration
  - best taste
  - overall presentation



## **Wine Tasting and Silent Auction** **Benefiting 133rd National Air Guard** **and Family Readiness Program**

DATE: Saturday, October 28, 2017

TIME: 1:00 pm - 3:00 pm

LOCATION: Minneapolis Elks Lodge #44,  
2875 Brookdale Drive, Brooklyn Park MN 55444

Ticket price \$20.00 includes wine tasting and appetizers.  
Tickets available by calling 612-267-3926 or at  
[www.brownpapertickets.com](http://www.brownpapertickets.com)

Wine Tasting by Up North Liquor  
9570 Noble Pkwy, Brooklyn Park, MN 55443

Food provided by local chefs

Silent Auction by Gamma Omega Chapter, Minnesota State Council  
of Epsilon Sigma Alpha International



ESA STATE CONVENTION

SAVE THE DATE  
APRIL 27-28TH 2018

HILTON SHOREVIEW MN

1. SAND	2. <u>MAN</u> BOARD	3. <u>STAND</u> I	4. READING
5. <u>WEAR</u> LONG	6. ROADS ROADS ROADS	7. T O W N	8. CYCLE CYCLE CYCLE
9. LE VEL	10. <u>0</u> M.D. Ph.D. B.S.	11. KNEE LIGHTS	12. <u>IIII</u> OO
13. CHAIR	14. DICE DICE	15. T O U C H	16. <u>GROUND</u> FEET FEET FEET FEET FEET FEET
17. <u>MIND</u> MATTER	18. HE'S/HIMSELF	19. ECNALG	20. DEATH/LIFE
21. <u>G.I.</u> CCC CC C	22. PROGRAM	23. B L O O S E	24. you J U S T ME S I T
25. <u>EASY</u> iiiiiii	26. F R I E N D S STANDING MISS F R I E N D S	27. AGES	

## ANSWERS TO UNIV. OF POLAND EXAM:

1. SAND BOX
2. MAN OVER-BOARD
3. I UNDERSTAND
4. READING BETWEEN THE LINES
5. LONG UNDERWEAR
6. CROSS ROADS
7. DOWNTOWN
8. TRICYCLE
9. SPLIT LEVEL
10. THREE DEGREES BELOW ZERO
11. NEON LIGHTS
12. CIRCLES UNDER THE EYES
13. HIGH CHAIR
14. PARADISE
15. TOUCHDOWN
16. SIX FEET UNDER GROUND
17. MIND OVER MATTER
18. HE'S BESIDE HIMSELF
19. GLANCE BACKWARDS
20. LIFE AFTER DEATH
21. G.I. OVER SEAS
22. SPACE PROGRAM
23. SEE THROUGH BLOWSE
24. JUST BETWEEN YOU AND ME
25. EASY ON THE EYES
26. MISUNDERSTANDING BETWEEN FRIENDS
27. DARK AGES

Epsilon Sigma Alpha  
363 W. Drake Road  
Fort Collins, CO 80526

Phone: 970-223-2824

Email:

esainfo@epsilonsigmaalpha.org



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

MISSION STATEMENT:

ESA is Good Friends, Good Works, and Good Times... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.

[www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org)

## MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

The ESSAY is published on a monthly basis August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

**Chapter Presidents, please share the newsletter with members in your chapter who may not have email.**

If you would like to be included on the email list, please let me know.

Terri Olson  
ESSAY Editor  
terri.mnesa@gmail.com



“Live by Inspiring Others to Fly”

—Sandy Alexander,  
International Council President 2017-2018