

MINNESOTA ESSAY

ISSUE 3 OF 9

OCTOBER 2020



Don't forget to:

- Save the date for the October 3rd meeting
- Send in your MARC donation postmarked by 10/03
- Register for the MARC Conference to be held on 10/10
- Register for the ESA Foundation Mystery Event to be held on 10/17
- Save the date for the Rush Luncheon to be held on 10/31

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PRESIDENT—SANDY DOLENCE

No matter if the weather is 80 degrees out with the sun shining, the grass is green and the air is fresh or the air is cold, with three feet of snow and ten below outside, we still can help out somehow.

Look at all the things we can do, like Betty R and Delta Rho handing out hot chocolate to the skaters at the Skate for Heroes event. Here comes Terri and Julene. What would fall be like without Birdie and Sharon and Alpha Sigma not having the style show and auction? Who let the dogs out??? Oh, it's Betty R. walking dogs for the animal shelter. Go Betty!! Look at the craft show, there is Alpha Zeta selling soup in a jar and pillowcases to help Hope 4 Youth, thanks Kelly and Jodi. Beta Sigma is here too, they have a booth

about ESA. They are handing out Information. You go girls. What is Marcie H. doing with a truck of used shoes; is she giving or selling? If you want a good garage sale just call Gamma Omega (Dennis and Betty hosting). I also heard that Alpha Sigma has great sales also. Feed My Starving Children always benefits from the work done by Judy S. and Beta Sigma. They also have a great craft sale for St. Jude Children's Research Hospital.

If you need help or information just ask Kathy R. and Alpha Chi; they have a lot of members that have been in ESA for a long time. Gloria and Sue are good members of the MedTox team. Gamma Zeta shows up on Mondays to help Diane and Rhonda run MedTox. We can't

forget Betty and Dennis either.

Our Rush Luncheon will be in October put on by Sandy H. and there will be another one in the spring by Sandy H. and myself. We will be having a High Tea for this event.

We should all have a great time at the beer and wine tasting event, come join Gamma Omega to support Welcome Home Vets. Look around and see what we can do?? Thanks for all your help for ESA.

P.S. Chapters do a lot on their own that may be small, but they turn into big things!!



FIRST VICE PRESIDENT—SANDY HONGERHOLT

The weather is starting to turn and it looks like the cooler temperatures will be here for awhile. October's weather can be cooler, maybe a day or two of warmer weather and we have also had snow.

One thing for certain is October is recruiting month for ESA. Who do you know that would make a great new member? Everyone you meet is a potential new member.

On October 31st invite your guests to join you at the Hopkins Elks for a Burgers, Bloodys and Brews rush luncheon.

The address is 30 8th Ave S.

We will have Burgers, \$6 or free for you and your guests. You can purchase your Bloody Mary and Beers at the Elks bar. We will have a bar set up to add your favorite garnishments.

Please let me know if you will attend and any guests you will bring. Even if you don't have any guests to bring join us. Your ESA knowledge could help a potential member make the decision to join. Everything will be socially distanced and masks should be worn

if you can. RSVP to shongeholt@yahoo.com 612-267-3926. If there is interest or you and your guests are not comfortable with an in-person event we can also do an online event at the same time.

IC President LeAnn Wray is challenging chapters to welcome a new member by October 31. If you do, all your chapter members can join the fun at her invitation-only "ESA Family Feud" online game party in November. MAL members can also participate. even if a potential new member won't fit with your chapter en-

courage them to check out another chapter. WIN A "CHARLOTTE" VISIT FOR MINNESOTA: If Minnesota has the most new community members by percentage at the end of October, you'll win a visit from Charlotte at one of your future state events. Currently, Georgia is in first place but lots can happen during Recruitment Month – go for it!

Let's have a great recruiting month and win a visit with Charlotte!!

Hope to see you all soon!

PARLIAMENTARIAN—DIANE VANUSEK

As the attendees at the virtual second session of the 2019-20 State Convention know, the proposed By-Law changes were "kicked down the road", but they are still alive and must be dealt with at the State Convention in

the spring of 2021. MN ESA will be free of all the restrictions by then and we can meet in person. Changes in the Standing Rules may be made at a regular State meeting, but since the By-Law changes, if passed,

will affect the Standing Rules, it seems to make sense to do them at the same time.

There will be a Parliamentarian Meeting in February 2021. I expect all chapters to be represented as these

proposed changes are VERY important

to our organization. There is plenty of time for Chapters to solidify opinions, change opinions or add/subtract proposals.



JUNIOR PAST PRESIDENT—DENNIS MARLER



At state convention, President Sandy told us what her theme, "The Magic of Volunteering – ESA," means to her. She explained how good it makes us feel to volunteer. Helping others makes us

feel good – like magic.

Well, sometimes the magic of volunteering comes back to us in a different way. A few weeks ago, I received a check for \$1,000, designated for the Minnesota Love Fund, from the es-

tate of Carol Crepeau.

Carol was one of ESA Minnesota's passionate volunteers. One of her final wishes was to make us feel good – like magic.

CHAPLAIN—SHIRLEY LAUE

These are the only two that I heard about. If you know about someone in your chapter that can use a word of encouragement, please let me know.

hip replaced. She is doing fine, but cards are always welcome. Her address is: 7438 Hames Way, Eden Prairie, MN 55346

had cataracts removed from both eyes. Cards are welcome at her home: 1501 Third Street East, Hastings, MN 55033

beautiful things in the world cannot be seen or eaten touched-they must be felt with the heart!"

Helen Keller

- ◆ Rose Bitter had her
- ◆ Rhonda Krehl, has "The best and most

ESA FOUNDATION—KARLA KAY NICKLAUS



Another awesome year of donations and volunteering for the ESA Foundation. Thanks!!

Awards

Total hours volunteered – 463.75 and money, goods and miles donated - \$6,807.84

Hours

- ◆ 3rd Place - Alpha Chi—82 hours; 8.2 hours per member
- ◆ 2nd Place - Alpha Sigma—98 hours; 16.33 hours per member
- ◆ 1st Place - Gamma Zeta—144.5 hours; 28.9 hours per member

Money

- ◆ 3rd Place - Alpha Zeta—\$530.00; \$53 per member
- ◆ 2nd Place - Alpha Sigma—\$1278.40; \$213.07 per member
- ◆ 1st Place - Delta Mu—\$3,340.80; \$477.26 per member

Fund Fest Raiser for the Foundation....

Join the ESA Foundation in a night of margaritas, mystery, fun and a lot of laughs to support the ESA Foundation October 17, 6:30 p.m. Central Time.

Since you could not attend Fund Fest in July, we are bringing the FUN to you. Margaritaland will be located at your hometown . . . at your home address . . . and with NO masks??

The murder mystery will be provided through ZOOM and everyone will have access to the evening's characters . . . aka cast members. Flyer in ES-SAY for complete information

Scholarships.....

Scholarship applications for 2021-2022 are now open. Closing date

on applications is February 1, 2021 at 11:00 p.m. (MST)

Two "early bird" scholarship applications due November 1, 2020 and December 15, 2020.

The Minnesota State Memorial Endowment will award **two (2) scholarships** in the amount of \$2,650 for the 2021-2022 academic year. Check out the ESA Foundation for a complete list of scholarships available for Minnesota students.



MARC-SHARON DESARMEAUX & DIANE VANUSEK

The October 10, 2020 virtual conference of the ESA Midwest Area Regional Council is only as far away as your computer screen. Prepare your treats and beverages between 8:00 AM and 8:30 AM, settle into your comfy chair by 8:45 AM, log on to see the new and the familiar faces you have not seen since August or last October, then you will be ready for the 9:00 AM start.

How to access the meeting will be sent out within the next week or so. Please watch for the details or give Diane or Sharon a call. It is not hard just

unfamiliar for some.

Attached is the Ways and Means fundraiser for the 2020 MARC conference. I encourage you all to participate. The Mysterious and Remarkable Container will hold wonderful mystery gifts donated by the MARC Board and valued at least \$100.00. For every \$10.00 donation, the donor will receive one entry into the drawing held during the October 10, 2020 conference.

Make checks payable to MARC and send to Jill Schull, 1611 Westgate Lane, Mattoon, IL 61938.

The box will be shipped to the winner. With all the money we are saving by staying home, there should be extra money in the budget for an entry or two.

There are numerous By-Law and Standing Rule proposed changes published on the MARC website. Please read these changes and communicate any comments or changes to the MARC reps or State President. If you can't get to the information, please contact the MARC reps and we will get it to you.

Some of you may be frustrated with the lack



or delay of information. Please remember all of this is new to many people. Everyone is trying to climb steep learning curves. Sometimes those curves are darn slippery.

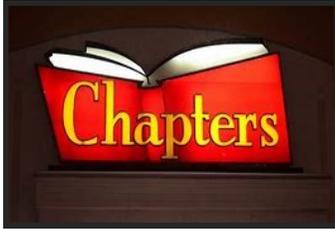
PLEASE visit the ESA MARC website: MN ESA.com. Click on the MARC tab. If you need the passwords, call Diane or Sharon or see last month's Essay.



THANK YOU to all ESA members for sending cards and well wishes to me during my recovery from shoulder surgery. It's so very appreciated!

Liz Pitts





ALPHA SIGMA-DIANE VANUSEK

Diane - I missed the State Convention hugs, one-on-one conversations, get-out-of-the-house time, late night chit-chats with Tennessee Honey and eating food not cooked by me, but the second session went very well, and we can move on. I am finding there are other ways to get things done even with all the restrictions.

Shirley - I have been going to Medtox which is always fun. Also, Birdie and I were at the picnic sponsored by Gretchen and Rick as a thank you for us, as well as others, for the delivery of kits. The food was good as well as the conversation.

Sharon - I am in second grade. I have Andrew two days a week for online learning. It has been fun and interesting. The first day was a bit frustrating since not all the computer programs were working. Working great now. We were able to see Renee teach a session on Art. Very good. This online learning seems to be working well. With this virus I don't go out much. So, having Andrew twice a week helps keep me busy.

Birdie - Your new ESA year has begun and things sure are different. Our chapter meetings have some in person and some on speaker phones. It

works fine to conduct business, but sure takes the humanism out of things. We need to have fellowship and togetherness to survive. I know it is affecting me to not see all my ESA Minnesota friends. ESA ... The "S" is for social and that is one of the three important aspects of ESA. How should we address this situation?? Are we going to lose members because they just are not getting what they need from ESA? We HAVE to work on this ... some way. I sure do not have the answers, but I do see some of the problems and it worries me. All of us should do whatever we can do to connect with other ESA mem-

bers, share a laugh, tell others you miss them, send cards, continue to have meetings, and do not forget why we love ESA.

As the new Alpha Sigma president, I am hoping we can actually "DO" something besides have meetings. We will see. We are all concerned and are working to do things as a group as much as we can.

HAPPY HALLOWEEN and make sure you do NOT eat all the candy you bought for the young tricks and treaters.





Join us for the
Midwest Area Regional Council
2020 Virtual Leadership Conference

Before you submit your registration, please make a note to remind yourself to go to the MARC website and read (and print for reference) the following:

- Proposed Budget
- Treasurer's Report
- Proposed By-Law changes
- Proposed Standing Rule changes

Also, make sure you check out the Mysterious and Remarkable Container flyer and submit your donation to win this awesome box full of wonderful gifts. I happen to know that part of the mystery contents are gift cards for some great stuff.

Name:

State:

Are you a current state president?

State MARC Rep?

Please email your registration to Kim Poling, MARC Recording Secretary at: a.kimmi.p57@gmail.com by October 2, 2020.

There are no registration fees this year since we will be having a virtual conference. Instructions for accessing the meeting will be provided soon!

MYSTERIOUS
AND
REMARKABLE
CONTAINER



W
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S

Due to CoVid-19, the Midwest Area Regional Council Conference is going virtual so we had to think outside the box for Ways and Means.

With every \$10.00 donation, you receive one entry chance to win the MARC Mystery Box, loaded with goodies from the MARC Executive Board.

Thank you for supporting the Midwest Area Regional Council during these extraordinary times.

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D

Send your donation payable to MARC with your email address to:

JILL SHULL
1611 WESTGATE LANE
MATTOON, IL 61938

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*Must be postmarked by October 3, 2020

DRAWING TO BE HELD
SATURDAY, OCTOBER 10, 2020



Join the ESA Foundation in a night of margaritas, mystery, fun and a lot of laughs to support the ESA Foundation. Since you could not attend Fund Fest in July, we are bringing the FUN to you.

Are you ready to be part of - a concoction of chaos, crime and cocktails from the comfort of Margaritaland located at your hometown . . . at your home address . . . and with NO masks??

October 17, 2020

7:30 pm Eastern Time
 6:30 pm Central Time
 5:30 pm Mountain Time
 4:30 pm Pacific Time

The murder mystery will be provided through ZOOM and everyone will have access to the evening's **characters** . . . aka cast members.

Attendees will be the cast at this virtual, interactive event.

Awards will be given to the solvers of the mystery, BEST costume, BEST food display and BEST decorations!

Reservations must be made online: <https://esa-foundation-event.square.site/>

General Admission entry and Sponsorships are tax deductible – and entitles you to a night to remember! General Admission is \$25.00

An opportunity for a Sponsorship will include admission to the event. Select the level of sponsorship, add the name of the attendee and email and select **ATTEND**.

For additional participants, select **General Admission**, add the name of the attendee and email and select **ATTEND**. Repeat this process for each additional participant.

For additional participants, select **General Admission**, add the name of the attendee and email and select **ATTEND**. Repeat this process for each additional participant.

Acknowledgements of sponsors will throughout the event. Shoutouts on the ESAF Facebook will also be given to our BLUE Hawaiian and CADILLAC Margarita sponsors.



Guacamole and Chips Sponsor
\$50 –donation and 1 admission



Tequila Sunrise Sponsor
\$100 –donation and 1 admission



Hawaiian Margarita Sponsor
\$200 –donation and 1 admission



Blue Hawaiian Sponsor
\$300 –donation and 1 admission



Cadillac Margarita Sponsor
\$500 –donation and 1 admission

Gather friends, family and all who enjoy FUN and laughs to join the ESA Foundation for an evening in Margaritaland!!

Epsilon Sigma Alpha
363 W. Drake Road
Fort Collins, CO 80526
Phone: 970-223-2854
Email: esainfo@epsilonsigmaalpha.org



EPSILON SIGMA ALPHA

www.epsilonsigmaalpha.org

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

MISSION STATEMENT:

ESA is Good Friends, Good Works, and Good Times ... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.



—LeAnn Wray
International Council President
2020-2021

MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

The ESSAY is published on a monthly basis 9x/year from August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

Chapter Presidents, please share the newsletter with chapter members who many not have email.

Please share the ESSAY with prospective members who may want to learn more about Epsilon Sigma Alpha—Minnesota.

If you would like to be included on the email list, please let me know.



Terri Olson
ESSAY Editor
terri.mnesa@gmail.com