

LEAVE A LITTLE ESA Sparkle WHEREVER YOU GO

ESSAY—November 2017



Don't forget to:

- Contact Alpha Zeta to sign up for meals at Hope 4 Youth
- Attend the Membership Meeting on 11/11
- Make reservations for the annual St. Jude Style Show / Silent Auction
- RSVP for Card Making on 12/2
- Save the date for the MN State Convention

President—Sandy Hongerholt

Happy Fall! Daylight savings, snow in the forecast, Hallmark Holiday Movies, I do believe old man winter is coming whether we want him to or not. Not to mention the Holidays are just around the corner. What a great MARC Conference in Michigan last month. Leann, Pat and all of Michigan ESA did a fantastic job. Minnesota had 8 members and 1 guest attend. We had the privilege to meet Kelly Check's mom Susan who joined us for part of the conference. One of



our newer members, Lynne Thiebault had the honor of being jewel-pinned at MARC by International Council President Sandy Alexander. Lynne will also be on the MARC Audit Committee at next year's con-

ference. Congratulations Lynne! Start making plans to attend October 2018 in Sioux Falls South Dakota.

I am looking forward to our state meeting in Albert Lea on the 11th this month. Jo Hanson will be hosting this meeting. Hope you all have RSVP'd to Jo.

Looking forward to the Style Show later this month. I know Kelly, along with Alpha Zeta, have a great time planned for us. Alpha Sigma is busy planning the auction for that day.

Thank you, Alpha Sigma, for my first invite to visit your chapter meeting. Shirley Laue was a great hostess and I'm Looking forward to enjoying the pickled beets I won. They sure are great examples of what ESA is all about - Education, Service and Association. My wish for you - The joy of a happy family, the happiness of good friends and the wonder of the holiday season. Thanksgiving blessings to you and yours!

Inside this issue:

Treasurer, Association of Arts	2
Chaplain, Hats for Hope, Hope 4 Youth, Hope for Heroes	3
MARC, Philanthropic, St. Jude	4
Thank You	5
Chapter & IC News	6-7
IC Conv. Registration	8-9
IC Conv. Tours	10-12
Membership Meeting	13
Style Show Sign-Up	14
Card Making	15

1st Vice President—Sandy Dolence

I would like to start off thanking everyone for the thoughts and prayers for me the last month. Thank you for the cards and gifts that have been sent to me; it was very lovely and brightened my day. I am doing much better and hope to be 100 percent soon.

Thank you to all the people that joined us at the picnic this fall, hopefully there will be more next year. We really enjoyed seeing everyone who made it. Lynn from GO won first place,

Shirley L won second place for their wonderful desserts.

I heard that Leadership was a fun time with the belly dancers, fundraising opportunities and rock painting. I was told that we have some good belly dancers in the chapters. Amy said that it was a fun time and she learned some things. I can't wait til I am able to come join in again.

Please remember about the next couple of events:

- ♦ Wine tasting – October 28th
- ♦ Membership meeting – November 11th
- ♦ St. Jude Style Show and Silent Auction – November 18th
- ♦ Card Making Workshop – December 2nd
- ♦ MN State Convention – April 27-28, 2018

Treasurer—Kerri Petty

A big Thank You to everyone! We have all state and IC dues in and our IC dues have been sent off to LeAnn Wray (IC Treasurer).

Officer Request for Payment Form: There seems to be some confusion on making a request for reimbursement etc. The Officer Request for

Payment Form is to be used to get any kind of reimbursement/advance, etc. If you are the chair of a project or the chapter hosting an event (such as Hope4Youth or state convention) and want to get funds back that are in the Budget, then you MUST fill out the form and provide re-

ceipts or I will NOT be disbursing a check.

Also, we don't have to wait until the end of our year for your Chapter Designated Charity request. If you would like to spend your chapter's \$100 and get that money to your favorite charity before the end of our year, just fill

out the form and send to me.

All forms can be found on our website; www.mnesa.com under Members and then Forms. If you have any questions, please call or email me.

Association of Arts—Jackie Swanson

Let's have
S'MORE
FUN

vigorously, ate lunch when we were hungry, and enjoyed S'MORES when we finished our collages. Proceeds raised for MACMH totaled \$108... a

townhome, we will have another group of adventurous spirits trying their hand at making Accordion Greeting Cards. This ART Session is FULL, however,

sessions this year go to the Minnesota Association for Children's Mental Health (MACMH).



WOW! Did we ever have a blast at the MIXED MEDIA COLLAGE ART Session on Saturday, October 21st! Participants began playing with bits and pieces of fabric, paper, images, colors, and textures in their pre-made kits (put together by moi).

It was a FUN day and people enjoyed diving right in with flair... creating their own spin on mixed media collages! They were invited to play, relax, have fun, take a risk, try something new, and to think *outside the box*. We worked

great way to bring creativity together with philanthropy.

Many Thanks to the great group that attended!

I admire your willingness to be adventurous, give yourselves permission to explore your creativity, and discover your inner artist in a medium you may not have had a lot of familiarity with. ESA brothers and sisters will be impressed when they see your work at State Convention!

On **Thursday, November 30th at 6-9 p.m.**, again at my

there are still two available spots for the Saturday, February 10th (10a.m.-1p.m.) ART Session on making HAND-FELTED COASTERS. This class will show you the basics of hand-felting, which I know will become addicting **and you won't want to stop there!** Be sure to RSVP to me no later than Saturday, February 3rd. I will send reminders to those who signed up for these two classes and will keep you posted on any changes in attendance.

Remember proceeds for art



Let's Have S'MORE FUN in Association of the Arts.

I hope you ALL will consider picking up your favorite craft and creating something **NEW** and **WONDERFUL** to showcase at the 2018 State Convention. Cheers to Your Creativity! Thank you ESA, in advance!

Chaplain—Dorothy Wangen

Greetings, Stay Healthy. Our thoughts and prayers go to Kathy Eastlack, Fran Fredrickson and Julene Donay on the passing of their father. Also, prayers for Sandy Dolence for her speedy recovery.

Cultivate a friendship as you do a garden bed, so don't neglect your garden or the good friends that you know. Smile, it's like the sunshine that is needed for your garden. Stay Happy & Stay Healthy.



Hats for Hope—Mary Parr

When reading the Hope 4 Youth newsletter, I came across some information linking them with an outfit called "The Diaper Bank of Minnesota." Thanks to this partnership, parents who visit the drop-in center and cannot afford diapers are able to get them. Therefore, we will be

collecting diapers at our November 11 state meeting in Albert Lea. I will deliver them to a drop-off place in St. Paul.

Three Alpha Lambda members sorted and divided the donated school supplies into 5 bags. Two bags were delivered to the Bruce Vento

school and two bags to Eastern Heights school, both elementary schools in St. Paul. One bag with more advanced materials was delivered to Skyview Middle School in Oakdale. I had a chance to chat a bit with the principal at Eastern Heights who is from Australia. He explained that

even though the state gives each school a certain amount of money for supplies, it is never enough when you consider it has to cover copy paper, art supplies, etc. The schools were most appreciative.

Hope 4 Youth—Alpha Zeta

MEAL SERVICE:

- ♦ Nov 7th will be served by a committee of members from various chapters. We still have Dec 5, Jan 2, Feb 6, and Mar 6 open.
- ♦ CONGRATULATIONS TEAM ESA MN!!! We were the top civic fundraising group for The Darkest Night of Your

Life 4K. Hope 4 Youth has presented a plaque to Team ESA MN to thank us for our support. Nice job, team!!!

UPCOMING EVENTS:

CRAFT 4 HOPE: Sponsored by the Anoka and Coon Rapids Women of Today benefiting HOPE 4 Youth. Craft 4 HOPE is two days (20 hours) of crafting, scrapbooking,

knitting - time to catch up on your own craft projects or try something new! You will be seated at a large table space, well-fed, have chances to win door prizes, and have fun with your friends while making new ones!

Craft 4 HOPE will be Friday, November 17, 5:30–10:30 p.m. AND Saturday, November 18, 8 a.m. – 11 p.m. at Christ Lutheran Church, 641

89th Ave NE, Blaine, MN 55434. Cost is \$40 per person. For more information, visit <https://www.hope4youthmn.org/events/2017-11/>



Hope for Heroes—Shirley Laue

It is hard to realize November is here. November brings to mind of Veterans Day. Let us pause to honor the sacrifices made by the men and women, who pledged their lives to defend the freedom we enjoy

At the November state meeting, which falls on Veterans Day, we will have an opportunity to do a project to benefit our present military person-

nel. Please remember to bring empty paper towel card board tubes, as well as phone cards.

REMINDER: Laying of the wreaths at Ft. Snelling is December 16th. It is a very moving experience. If you would like to donate money (\$15.00 each) for a wreath, see an Alpha Sigma member.

As there is talk of snow, it is time to think of the up-coming holidays. I wish everyone a Blessed Thanksgiving and a Merry Christmas.





MARC Reps—Diane Vanusek and Dana Terry

Birdie, Sharon D., Mary P. and I had a good time in Dearborn M at the MARC conference. Once again, Birdie was the "nagigator" and we made it through the Chicago area just fine. The drive home through the lower and upper peninsulas and Wisconsin was a kaleidoscope of color. Beautiful.

The Friday leadership was well done with Maggie Varney, cosmetologist, talking about her journey to establishing a non-profit to provide wigs for children with various types of hair loss. Then Alex-

andra Clark gave an entertaining speech on her journey from a passion to be an ice creamologist to a passion for Bon Bon Bon, Good Good Good chocolate. Lastly, Yvette Jenkins talked about her path to becoming a free trade entrepreneur after being laid off from her job. The afternoon was free to visit local places. I went to the Henry Ford Museum with a group. Loved the old cars, trains, airplanes and, especially, the motor Henry Ford rigged to a light socket at the kitchen sink. While his wife poured

the gas in, he started the engine and the car was born. Well, maybe an embryo car created.

The Saturday meeting went well, and all the business was taken care of by the midafternoon or so. Time for a quick nap, but that was cut short by the visiting on the way up to the room. The minutes of the meeting will be on the MARC website and there will be a synopsis in the next EsSay. The banquet and the installation of the new MARC officers were very nice.

On Sunday, the four of us toured the Holocaust Museum in Farmington Hills, MI. I was taken by the huge bookcase with many empty shelves, symbolizing the knowledge lost with the annihilation of six million people. This was across from the list of the Jewish Nobel laureates. Then it was on to the yellow leafed road to the UP.

You have almost 353 days to save up and plan to attend the "Party on the Plains" in Sioux Falls, SD in October 2018. Only 240 miles!

See the ReMarcs, and the MARC website, esamarc.org, for other good information.

Philanthropic—Julene Donnay

Encouragement is something that has been hard to do, and hard to receive. So please accept my encouragement for everyone to start tracking and recording their hours of service, donations (both material and monetary) and miles that you are expending through the first ½ of our ESA year. That means, anything you've done since April 2017 through March 2018, you want to keep track of.

There are forms posted on

the MNESA and the ESA International member's site if you are looking for something to track your hours. Or, you can do it using an Excel spreadsheet or a simple little notebook that you carry in your purse or pad folio. It is so much easier to get through the details and data that we collect at the end of the year, if you do it all year long.

At the September meeting I stressed that you should be tracking everything you do

that is considered volunteer or philanthropic; including your church. That received some questions, which is great, that means everyone was listening. If you are doing volunteer work at your church or place of worship or any other organization that is not just ESA, and the organization that benefits from your work, is a 501c3, then you can count it. You cannot count your weekly offering to your church offering plate, but

you can count any work that you are doing for other benefactors. If you have any questions on what volunteer or charity work you are doing and whether it will count, please reach out to me and I will get you the answers that you need. I can always be reached at 612-805-9098 and Julenedonnay@aol.com. Thanks! Let's make 2017-2018 an even BIGGER year than we had last year.

St. Jude—Kelly Check and Betty Robinson

Donations are still being accepted for the St Jude Walk to End Childhood Cancer. The event has raised over \$247,000.00 of which ESA MN will get full credit for due to our involvement.

Thanks to those who attended the Bunco for St Jude event hosted by Alpha Zeta. It was a small crowd, but we had fun...and we raised \$269 for St Jude!

Upcoming Events:

- ◆ **34th Annual St Jude Style Show** - Saturday, Nov 18 at Sheraton Min-

neapolis West. For more information see the flyer in the October Essay or visit www.mnessa.com/events

- ◆ **K102 Cares for St Jude Kids Radio-thon** - December - iHeart Media Studios - Currently, they need volunteers for Thursday, Dec 14th for the 6a-9a shift, the 9a-Noon shift, and the Noon-3p shift. To sign up for a volunteer shift please call or email Gretchen Simon at ALSAC at gretchen.simon@stjude.org or

952.715.4405. Shifts will be filled on a first-come basis.

- ◆ **St Jude Memphis Marathon** - Saturday, Dec 2 - Memphis, TN for more information visit <https://www.stjude.org/get-involved/at-play/fitness-for-st-jude/memphis-marathon.html>
- ◆ **St Jude Red Carpet for Hope** - Sunday, Jan 7, 2018 at 5:30p Social, Dinner 7p - The Depot Minneapolis for more information visit

StJude.org/RedCarpetforHope

- ◆ **St Jude Legends for Charity** - Feb 1, 2018 - Hyatt Regency - Minneapolis this event is in conjunction with the Super Bowl. Bringing together sports legends, celebrities and business leaders to support St Jude and to present the Pat Summerall Award. More information to follow, or visit <https://www.stjude.org/get-involved/find-an-event/dinners-and-galas/legends-for-charity-benefit-dinner.html>

People Liked Him

People liked him, not because
He was rich or known to fame;
He had never won applause
As a star in any game.
His was not a brilliant style,
He was not a forceful way,
But he had a gentle smile
And a kindly word to say.

Never arrogant or proud,
On he went with manner mild;
Never quarrelsome or loud,
Just as simple as a child;
Honest, patient, brave and true:
Thus, he lived from day to day,
Doing what he found to do
In a cheerful sort of way.

Wasn't one to boast of gold
Or belittle it with sneers,
Didn't change from hot to cold,
Kept his friends throughout the years,
Sort of many you like to meet
Any time or place.
There was always something sweet
And refreshing in his face.

Sort of man you'd like to be:
Balanced well and truly square;
Patient in adversity,
Generous when his skies were fair.
Never lied to friend or foe,
Never rash in word or deed,
Quick to come and slow to go
In a neighbor's time of need.

Never rose to wealth or fame,
Simply lived, and simply dies,
But the passing of his name
Left a sorrow, far and wide.
Not for glory he'd attained,
Not for what he had of pelf,
Were the friends that he had gained,
But for what he was himself.

Edgar A. Guest

Thank you all for the wonderful heartfelt sympathy for all of the Earl Holmes' family during this time of sadness. Our mailboxes were overflowing with cards and notes of care from so many of you, too numerous to count.

We wanted to share with you a poem that a family friend gave us at the funeral which describes our dad perfectly.

He was a giant to many people, and touched so many, his kids, grands, great grands, and then his circle went wider. There were 8 guys at the funeral that had worked for our dad in the 1960's, 1970's and 1980's.

They all shared how he had been a pivotal point in their lives. Then we heard about his 55 years as a Lion, a founding member of the Hubbard County Posse (volunteer search and rescue), and a 25 Gallon blood donor, etc.

I'm sharing this because it is always great to look at our parents and know that they taught us well and that our passion for others comes from the roots in the family tree.

Thank you again for all of your well wishes for us as we go through this season of our lives,

Kathy Eastlack, Julene Donnay, Tim Donnay – Delta Mu, and Francine Fredrickson – Delta Pi



CHAPTER NEWS



Alpha Chi—Kathy Rice

Alpha Chi had their meeting Saturday, October 7th, at Culver's near Sun Ray Shopping Center. They have a private room that can be reserved for meetings. Joane Buche made the arrangements before she left to visit her son in Las Vegas.

Sue Todd took over for Joane, and always does a nice job. We were sad to hear Kathy Lamphere went inactive as she has some other plans coming up that needs her attention. She had volunteered to be Secretary, but we are happy Pat Peterson

will continue as Secretary. After the short meeting we had our lunch at Culver's and the food was delicious. Our next meeting is November 4th at Sue's. Nora Meyer and I will be going to Albert Lea and are looking forward to seeing Jo Hanson and her

church ladies again. We hope to have some ladies from Easter Seals there as well and hear their presentation. We wish all of our members a Happy Thanksgiving.

Alpha Sigma—Birdie Elkofski

Fall Greetings from Alpha Sigma. Next up will be Thanksgiving. Know that all of you are loved and appreciated as our ESA sisters and brothers. We are THANKFUL we can spend time with you and enjoy your company.

Alpha Sigma is jumping up and down with excitement. Sharon Desarmeaux has returned to our chapter and we are so glad to have her back. Sharon D, Diane Vanusek and Birdie went to the MARC Conference in Dearborn, Michigan. Mary Parr from Alpha Lambda rode with us. The drive both to and from was so beautiful with the red and orange leaves mixed with the yellows and the ever-green. Reminds one of a quilt. MARC was great. The workshops on Friday were outstanding and the meeting on Saturday was informative and fun. We had time to spend time talking to old friends and all of us met many new people. One thing we all observed so many new attendees to MARC and they are all younger than 50! So nice to see so many new ESA members.

When I asked the chapter

members what I should put in the Essay from them here are a few things:

Diane Vanusek:

I can't stress how nice the drive to MARC in Michigan was. The fall colors were in full palette. Birdie is a good navigator and we made it just fine. The speakers were an inspiration to everyone. It's amazing what one determined person can accomplish! Just a note to drivers, there are LOTS of trucks on the interstate between here and Chicago.

AND ... from Shirley Laue:

I best write something, because I would hate to hear what juice you would say about me----

Even though I have been very busy, I did take time to smell the roses;-actually I did take time to enjoy the beautiful fall colors. We did not need to travel to see them as they were all around us. We picked the week of Oct. 15th to paint our house. The weather was perfect, and we managed to get it all done, except for about a ten-foot square, which we couldn't reach with the lift or a ladder.

Now to all efforts into the St. Jude auction and style show on Nov. 18th. Also looking forward to the next state meeting in Albert Lea, where we will be doing a project for Hope for Heroes. Looking forward to seeing many of you at both events. Happy Thanksgiving

and from Rose Bitter:

We're on our southern trip right now. Had a great time at a family reunion in Iowa and are currently in Virginia visiting our cute little granddaughter....and of course our son and his wife! We're off to tour many civil war sites this coming week.

and the last person is Shirley McGowen:

We have not seen nor heard much from Shirley. So, each person was supposed to send some little ditty for the Essay. If they did not stuff could be made up and put in the Essay. So, here goes. Shirley is currently still traveling the world after her cruise. She left Minneapolis for a Singles Cruise and maybe she will return Not Single. In reading the brochures from those cruise lines, they do describe

some pretty exciting adventures and our Shirley likes to do fun things so, we know she probably met some handsome guy and is hang-gliding in Europe and then sampling wine from the Italian wine country as we read this. Be sure to ask her about her adventures.

Alpha Sigma is busy working on the Silent Auction part of the NOVEMBER 18th Style Show, Luncheon and Silent Auction. If you have items to donate, call Birdie at [952-938-3020](tel:952-938-3020) and arrangements can be made. Lots of baskets to be assembled and we all enjoy doing that and spend a lot of time laughing and joking. The week before the event keeps us very busy and we do it because of the St. Jude kids that will be helped with our donations. Come early and buy raffle tickets, put your address labels on them for easy work and then put a ticket in the items you would like to take home. YOU could be the winner. Of course, the more tickets you purchase the better your odds of winning and 100% of that money goes to St. Jude Children's Research Hospital.

Gamma Omega—MCMHA Fundraiser

Happy Fall Everyone!

We are excited to host 'Wining for the Troops' on Saturday, October 28 at the Elks Lodge in Brooklyn Park. Sandy Hongerholt has arranged several liquor vendors to have delicious wines for us to taste, as well as asked several places to donate food for our snacking pleasure.

Lynne Thiebault has taken on the task of collecting and organizing auction items; she has a fabulous collection of treasures for us to bid on. The chapter members will have everything organized for you when you arrive on Saturday as you support the 133rd Air Guard Family Readiness Program. Thank you! Thank you!

Thank you!

Our chapter is planning a card making event on December 2 as a fundraiser for MACMH. This enjoyable activity will be at the Elks Lodge in Hopkins from 10-2 PM. Participants will be making 12 assorted greeting cards, and enjoying a burger lunch. The cost of the event is \$35 - \$10

of that will go directly to MACMH. The event will be organized by a Stampin 'Up representative and she will also have items available for purchase. This will be a fun event to bring along friends, family and potential members. What an enjoyable time we'll have laughing, creating and gabbing.

Gamma Zeta—Dorothy Wangen

Gamma Zeta had our monthly Looks like the Gamma Zeta crew has been busy. Mary Tolle has good news - only 3 boxes left to unpack or to send to Goodwill. Better news - NEW furniture should be arriving this week. The not so good news is Norval has been having health problems, so lots of Doctor visits.

Judy Cummins has decided to find a FUN job. She is

working part time at the Cub Store on Silver Lake Rd & Rice Creek in New Brighton. She is working in the Deli section - so ask for samples if she is working. June Schleiss is planning a trip to Texas for Thanksgiving, to visit son & family. They will be driving, so keep the weather good. They will also be going to Austin, TX for 2 weeks and then San Antonio for a two-day resort

fun time with Grandchildren.

Meanwhile Dianne was sorry she missed Leadership due to family obligations. She has had a busy fall with a Quilt retreat at Bulldog Lake. Then on to Wisconsin for a quilt show at Webster. Also saw lots of beautiful fall colors. Joan Laskey is recuperating after a wonderful wedding day for her son. A few misfortunes before, but all went very

good. Joan and husband took a trip to Door County, which was very good. Now back here in Minnesota, her father-in-law went into hospice care. Dorothy Wangen has been busy writing articles for the Essay. Also planning a trip to Colorado for Thanksgiving to spend some time with my son's family. Happy Thanksgiving everyone.

2018 IC Convention—Sherry Day and Rickie Brown



Do you enjoy a good party? Do you love to share time with friends? Then we have just the place for you!

Plan now to attend the 2018 IC Convention in Phoenix, Arizona on July 18-22, 2018. The Arizona and California Councils are working hard to make sure there is a great celebration while you are there.

The registration forms are attached to this newsletter as well as the tour registration form. Come early or stay late and see some of the area. There are train rides and museums and casinos and great food.

We will meet at the Sheraton Grand Hotel in Phoenix. All the meetings are just an elevator ride from your room. The room block is open and the rates are \$139 single or double and \$149 triple or quad.

Tell your friends and join us as we enjoy a great week together in Arizona. We can't wait to see you!

Sherry Day.
Local Convention Chair

Rickie Brown
Local Convention Co-Chair





2018 INTERNATIONAL CONVENTION
"SUNSHINE AND CELEBRATIONS"
JULY 18-22, 2018
SHERATON GRAND HOTEL
340 N. 3RD STREET • PHOENIX, AZ 85004
602-262-2500 (local) • 866-837-4213 (reservations)



MEMBER NAME _____ MEMBER NUMBER/STATE _____ / _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____ CELL _____ EMAIL _____

CHAPTER NAME _____ CHAPTER # _____ STATE COUNCIL _____

DATE OF ARRIVAL _____ TIME OF ARRIVAL _____ FLY/DRIVE USING SCOOTER Y/N

ROOMMATE(S) _____

CHECK ALL THAT APPLY

- ☐ First IC Convention ☐ Pledge ☐ Collegiate Member – Campus _____ ☐ HQ Staff
- ☐ ESA Foundation Board ☐ IC Elected/Appointed Board ☐ Past IC President (year) _____
- ☐ 2017-2018 State President – State _____ ☐ 2018-2019 State President – State _____
- ☐ Previous State President – State(s)/Year(s) _____ Served with: _____
- ☐ I will be recognized at convention for my years of ESA Service: 25 30 35 40 45 50 55 60 65 70
- ☐ Medical Food Allergy: The hotel will do its best to accommodate **MEDICAL Food Allergy requests only.**
- Allergy alert for _____ (Additional costs may apply.)

	<u>CIRCLE AMOUNT</u>
MEMBER FULL REGISTRATION FEE:	
Includes general assemblies, workshops, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2018 \$250
	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$275
	<input type="checkbox"/> After June 1, 2018 (see payment note on page 2) \$275
MEMBER FRI & SAT REGISTRATION FEE:	
Includes general assemblies, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2018 \$225
	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$250
	<input type="checkbox"/> After June 1, 2018 (see payment note on page 2) \$250
MEMBERS SAT REGISTRATION FEE:	
Includes general assembly and banquet	<input type="checkbox"/> Postmarked by May 1, 2018 \$125
	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$150
	<input type="checkbox"/> After June 1, 2018 (see payment note on page 2) \$150
MEMBER WALK-IN REGISTRATION FEE:	
Includes everything in full registration	<input type="checkbox"/> See payment note on Page 2 \$300
PICP NO-HOST LUNCHEON (all past and present state presidents/IC presidents) \$40
If served with multiple presidents, indicate with whom you wish to sit? _____	
SUBTOTAL MEMBER REGISTRATION:	\$ _____

CONVENTION HOTEL ROOM RATES

Room rates: Single/Double - \$139, plus tax. Triple/Quad - \$149, plus tax

Rates are available for July 12, 2018 thru July 25, 2018 –

To receive the group rate, you **MUST** make reservations by **June 29, 2018**. Call for reservations and reference the **Epsilon Sigma Alpha International 2018 Convention rate** or click on the following: [hotel link](#)

Member Name and Number as listed on first page _____

MEMBER MAY NOT REGISTER AS NON-MEMBER FOR ANY EVENT

NON-MEMBER NAME _____

Please indicate if special guest of the following: ☐ ALSAC ☐ EASTER SEALS

☐ INCOMING IC PRESIDENT ☐ OTHER (Please specify) _____

	<u>CIRCLE AMOUNT</u>
NON-MEMBER FULL REGISTRATION FEE Includes general assemblies, workshops, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2018 \$250 <input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$275 <input type="checkbox"/> After June 1, 2018 (see payment note below) \$275
NON-MEMBER attending WELCOME PARTY	<input type="checkbox"/> Postmarked by June 1, 2018 \$ 65 <input type="checkbox"/> After June 1, 2018 (see payment note below) \$ 70
NON-MEMBER attending RECOGNITION LUNCHEON	<input type="checkbox"/> Postmarked by June 1, 2018 \$ 50 <input type="checkbox"/> After June 1, 2018 (see payment note below) \$ 55
NON-MEMBER attending BANQUET	<input type="checkbox"/> Postmarked by June 1, 2018 \$ 80 <input type="checkbox"/> After June 1, 2018 (see payment note below) \$ 85
YOUTH REGISTRATION FEE Includes general assemblies, welcome party recognition luncheon and banquet	<input type="checkbox"/> Postmarked May 1, 2018 \$250 <input type="checkbox"/> Postmarked May 2 – June 1, 2018 \$275 <input type="checkbox"/> After June 1, 2018 (see payment note below) \$275

***List food allergies for
non-members on page one,
indicating who has the allergy.

SUBTOTAL NON-MEMBER REGISTRATION: _____

ENTER TOTAL FROM FIRST PAGE: _____

TOTAL REGISTRATION: _____

MEN'S GOLF . . . Indicate days you would like to play golf.

I wish to golf: ☐ Monday ☐ Tuesday ☐ Wednesday ☐ Thursday ☐ Friday ☐ Saturday

SELECT ONE PAYMENT TYPE

REGISTRATION IS NON-TRANSFERABLE

**** PAYMENT NOTE:** Payment after June 1, 2018 must be paid by **MONEY ORDER, CERTIFIED CHECK, CASH OR CREDIT CARD AND MAILED TO THE IC REGISTRATION CHAIR BEFORE JUNE 18, 2018. After June 18, 2018, mail registration form only – DO NOT SEND PAYMENT. Email the registration chair that the form has been mailed and bring copy of registration form with money order, certified check, cash or credit card to the IC Convention.**

☐ Check ☐ Money Order Make payable to: **ESA 2018 IC Convention**
A \$45 fee will be assessed for any returned check.

☐ Credit card** ☐ Visa ☐ MasterCard ☐ American Express ☐ Discover

**A fee of 4.5% of the total charge will be added.

Credit Card # Exp. date _____ security code _____

Name EXACTLY as it appears on credit card _____

Billing address of credit card holder _____

Cardholder Signature (required) _____

CANCELLATION: If you find it necessary to cancel this registration, the full amount less a \$15 processing fee will be refunded when WRITTEN cancellation is postmarked NO LATER THAN JUNE 15, 2018. NO REFUNDS AFTER JUNE 15.

Mail registration form and payment to: **Marilee Dunn, 2018 ESA IC Registration Chair**
3575-1 Lehigh Drive; Santa Clara, CA 95051
408-838-5254 email: Eureka5255@aol.com



Tours for 2018 IC Convention



Mark the appropriate space(s) and indicate the number of tickets you want to order.

Please include tour registration with convention registration and payment.

All tours include round-trip transportation

Sunday July 15, 8:00 am – 4:00 pm - Registration deadline – June 1, 2018

Jerome and Lunch at the Asylum

Depart the Sheraton at 8am and travel to the Verde Valley. Experience a destination rich in history, beauty, and the production of exquisite Arizona wines. Stop in Cottonwood for shopping on your own in the historical downtown and a wine-tasting at Fire Mountain. Continue to Jerome. Recently voted as one of "America's Coolest Small Towns" by BudgetTravel.com. Jerome is a historic mining town built in the side of Mingus Mountain that was abandon but has come back to life. Lunch is included at the Asylum. Return to the Sheraton around 4pm.

_____ Tickets at \$110.00 per person = \$_____

Sunday July 15, 9:30 am – 3:30 pm - Registration deadline – June 1, 2018

Butterfly Museum and Talking Stick Casino

Depart the Sheraton at 9:30am and travel to the Butterfly Museum where over 3,000 friendly butterflies await your arrival. It the largest indoor butterfly pavilion in America. Around 12:30pm continue to Be Talking Stick Resort and Casino for lunch on your own. The culinary experts at Talking Stick Resort have created six unique restaurants for you to enjoy throughout the hotel and resort. Then there will be time to flirt with lady luck before returning to the Sheraton around 3:30pm.

_____ Tickets at \$89.00 per person = \$_____

Monday July 16, 8:30 am – 8:00 pm - Registration deadline – June 1, 2018

Verde Canyon Railroad

Depart the Sheraton at 8:30am and travel to Clarksdale where you will board the Verde Canyon Railroad for a four hour diesel train journey to places only accessible by rail. See crimson cliffs, eagle nests, white water rapids, and abandoned gold mines. Return to the Sheraton around 8pm.

_____ Tickets at \$129.00 per person - coach class = \$_____

_____ Tickets at \$179.00 per person - first class = \$_____

Monday July 16, 10:00 am – 3:00 pm - Registration deadline – June 1, 2018

Classic (Historic) Homes

Go back in time for a day and discover Arizona's rich history. Tour The Rossen House, a fully-restored 1895 Queen Anne Victorian house museum which interprets the history of Phoenix. Tours of the house include all living areas and offer visitors a glimpse into the lifestyles of early Phoenix families. Spend time at Heritage Square before driving by other historical Phoenix homes. These homes are striking reminders of the Valley's vibrant past Lunch is included at the Spicery in Glendale.

_____ Tickets at \$75.00 per person = \$ _____

Tuesday July 17, 8:00 am – 5:00 pm - Registration deadline – June 1, 2018

Sedona and Montezuma Castle

Depart the Sheraton at 8am and travel to Montezuma Castle National Monument. Gaze through the windows of the past into one of the best preserved cliff dwellings in North America. This 20 room high-rise apartment, nestled into a towering limestone cliff, tells a story of ingenuity, survival and ultimately, prosperity in an unforgiving desert landscape. Continue to Sedona for lunch and sightseeing on your own. Sedona is home to over 300 artists that draw from the quiet, colorful, and spectacular physical environment. The red rocks, drifting clouds, towering pinnacles, and sheer canyon walls lend incredible beauty to this area. Return to the Sheraton at about 5pm.

_____ Tickets at \$105.00 per person = \$ _____

Tuesday July 17, 9:00 am – 2:00 pm - Registration deadline – June 1, 2018

Musical Instrument Museum (MIM)

Depart the Sheraton at 9am. A guided tour of MIM features more than 6,000 instruments collected from around 200 of the world's countries and territories. Most displays are enhanced by state-of-the-art audio and video technologies that allow guests to see the instruments, hear their sounds, and observe them being played in their original contexts. Lunch is on your own in the MIM Café. Return to the Sheraton around 2pm.

_____ Tickets at \$65.00 per person = \$ _____

Friday July 20, 6:00 – 10:00 - Registration deadline – June 1, 2018

Diamondbacks Baseball

The Arizona Diamondbacks are at home and playing the Colorado Rockies. Ticket price includes all you can eat ball park food (hot dogs, popcorn, sodas and more). In sections with easy access and close to the bar and a little more leg room. Don't forget – Chase Field is air conditioned and just 3 blocks from the Sheraton Grand Hotel.

_____ Tickets at \$38.00 per person = \$ _____

Friday July 20, 6:00 – 10:30 - Registration deadline – June 1, 2018

Wildhorse Pass Casino

Take the bus to Wildhorse Pass Hotel and Casino for a night of fun. There a slots and table games and great places to eat. See just how lucky you are! The bus will leave the hotel at 6:00 PM and return to the hotel about 10:30 PM.

_____ Tickets at \$24.00 per person = \$ _____

Sunday July 22, 9:00 – 5:00 - Registration deadline – June 1, 2018

Tucson – San Xavier del Bac Mission and the Presidio

Depart the Sheraton at 9am and travel to Tucson. Upon arriving, tour the San Xavier del Bac Mission. A National Historic Landmark, San Xavier Mission was founded as a Catholic mission by Father Eusebio Kino in 1692. It is the oldest intact European structure in Arizona and is filled with marvelous original statuary and mural paintings. After lunch on your own, visit the Presidio San Agustín del Tucson Museum, a re-creation of the Tucson Presidio built in 1775. Travel back in time to learn about life as early Tucsonans would have lived it. Docent tours discuss life in the Santa Cruz Valley for early Native Americans, Presidio residents and Territorial Period settlers. See the archaeological remains of a pit house, walk along the original Presidio wall and experience a 150 year old classic Sonoran Row house. Return to the Sheraton around 5pm.

_____ Tickets at \$99.00 per person = \$ _____

NOTE: Tours may be cancelled if minimum registration is not met.

Registration deadline – June 1, 2018

Name _____

State _____

Tour Total _____

If using debit/credit card, add 4.5% _____

Payment Instructions: Include Tour Registration form with Convention Registration. For your convenience, you may remit one check, money order, or credit / debit payment for both.

THETA RHO WELCOMES YOU BACK TO ALBERT LEA

STATE MEMBERSHIP MEETING

Lasagna, Salad and Dessert Luncheon will be served following our meeting.

- WHEN:** Saturday, November 11, 2017
Coffee Served at 9:30 a.m.
Meeting Starts at 10:00 a.m.
Philanthropic Speaker – Easter Seals
- WHERE:** First Lutheran Church of Albert Lea
301 E. Clark Street
Albert Lea, MN 56007
- COST:** \$15.00, including morning coffee and breads
Lasagna, Salads and Dessert



Tables can be made available if any chapter has items they would like to sell.
Just let Jo know that you need a table.

RSVP to Jo Hanson on or before November 4th, if you will be attending the meeting – Jo Hanson 763-257-9018
or jobunny19@gmail.com.

Remember to bring disposable diapers for Hats for Hope.

Driving Directions: Take Highway 35W south to Albert Lea. After you pass the I90 Highway exits, you will take the first Albert Lea exit (65) or better known here as Main Street. Stay to the right and follow Main Street through town. You will see a McDonalds on your right. Pass it and take the second right, which is William Street. (If you turn at the first, Clark Street, it will also get you where you need to go.) Follow William Street approximately 4 blocks straight ahead. You will see First Lutheran Church on your right and Morin Park on your left. Turn right at the stop sign and left at the second entrance into the parking lot. There is parking in front of the church as well, but the back lot will allow direct entrance into the church basement. Enter and turn right into Bethany Hall. If you park in front, come in the door and take the elevator to the basement and go to your left to get to Bethany Hall.



34TH ANNUAL LUNCHEON, STYLE SHOW & SILENT AUCTION

Saturday, November 18, 2017



Benefit for:

**"St. Jude Children's
Research Hospital"**



**At the Sheraton Minneapolis West Hotel
12201 Ridgedale Drive, Minnetonka MN 55305**

Fashions by DRESS BARN

Auction 10:00 am
Program 11:40 am
Luncheon 12:15 pm
Style Show 1:00 pm

- Adult ticket \$27, Chicken Cobb Salad Luncheon
- Child ticket \$15, Chicken Fingers Luncheon (ages 3-10)
- Tables of 8-10 available
- Please note dietary restrictions when reservation is made

Name:	Chapter or Guest:	Child or Adult



****Reserve tickets by October 30, 2017 at
www.mnesa.com** or**

Make Checks payable to Alpha Zeta; send to:
Julie Siekkinen 5660 Sumter Ave N Crystal MN 55428

Have Questions? Call Kelly Check at 651-335-1168
or email at kellizmnesa@gmail.com





Stampin' for the Kids

***** No Experience Required *****

Fundraiser for Minnesota Association for Children's Mental Health

DATE: Saturday, December 2, 2017

TIME: 10:00 am – 2:00 pm

LOCATION: Hopkins Elks Lodge #2221
30 - 8th Ave S, Hopkins MN 55343

Ticket price \$35.00 includes instruction, supplies, 12 stamped cards, gift box, lunch and donation to MACMH

**Space is limited - make reservations by November 20.
Order tickets directly from Nicole Baruth, Stampin' Up,
8300 Morgan Ave N, Brooklyn Park MN 55444, by
calling 612-270-5661 or at holli092@gmail.com**

**Sponsored by Gamma Omega Chapter, Minnesota
State Council of Epsilon Sigma Alpha International**

Epsilon Sigma Alpha
363 W. Drake Road
Fort Collins, CO 80526

Phone: 970-223-2824

Email:

esainfo@epsilonsigmaalpha.org



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

MISSION STATEMENT:

ESA is Good Friends, Good Works, and Good Times... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.

www.epsilonsigmaalpha.org

MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

The ESSAY is published on a monthly basis August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

Chapter Presidents, please share the newsletter with members in your chapter who may not have email.

If you would like to be included on the email list, please let me know.

Terri Olson
ESSAY Editor
terri.mnesa@gmail.com



“Live by Inspiring Others to Fly”

—Sandy Alexander,
International Council President 2017-2018