



# ESSAY-MARCH 2018

## Don't forget to:

- Save 3/17 for a Membership Meeting
- Sign up for St. Jude Events
- Make reservations for the Rush Event on 4/14
- Save the date for the MN State Convention on April 27-28
- Save the date for the IC Convention on July 18-22

## President—Sandy Hongerholt

This snow is sure pretty, but I do wish it was somewhere else.

Dennis Marler will be heading to Denver this week for Leadership Conference. I wish you safe travels and you will have a great time, meeting members and making new friends from other states and taking in all of the training. Don't worry, you don't have to remember everything. You will get a jump drive at the end of the weekend. Hopefully you won't have a middle of the night pajama party this year. (There was a kitchen fire last year).

We had a great breakfast and State Membership meeting in February hosted by Gamma Omega. On March 17th, Beta Sigma will host our last State

Meeting of the current year. Don't forget - everyone is Irish on St Patrick's Day, **so wear your green.**

And then, mark your Calendars for Saturday April 14th. Dennis and I, along with the help of Gamma Omega, will



host a Rush Luncheon. This is a great opportunity to invite everyone you know to join us and learn about ESA. I met a woman today at Feed My Starving Children who is very interested in learning more about ESA. You just never know where you are going to have an opportunity to share

our great organization. It is up to each of us to grow ESA. Please see the flyer in this newsletter and start inviting.

Plan to attend State Convention this year. You will E-Learn S-Celebrate our Philanthropic accomplishments and A-HAVE A GREAT TIME. Send your registration in and book your room. The dates are April 27-28 at the Hilton Garden Inn in Shoreview.

If you have any service awards or jewel pinning for State Convention, please send me the names as soon as possible [shongerholt@yahoo.com](mailto:shongerholt@yahoo.com).

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## 2nd Vice President—Dennis Marler

PLEASE, PLEASE, PLEASE! Please send me your state convention registration form and your state rush picnic RSVP. Thank you.

My bags are packed, I'm ready to go! On Thursday, March 1<sup>st</sup> I'm on my way to Denver to attend ESA Leadership Conference. The social mixer is Thursday evening and Friday evening is a Luau. My Hawaiian shirt has the words "St. Maarten" on it, but the Caribbean must have some sort of Luau, right? I'm not sure what the daytime sessions hold, but I'm certain I'll come back with new skills and

many great ideas. I'll be sharing these with you over the next few months.

ESA Headquarters even sent me homework. The first assignment was three questions:

1. What are you most looking forward to/excited about for this coming ESA year? (learning about and sharing chapter successes with state membership)
2. What are your biggest personal concerns for the coming ESA year? (forgetting some "traditional" responsibilities)

3. What are you hoping to learn at Leadership that can help you? (how to make state meeting more interesting, how to get members more involved, how to make state presidency fit my personality)

The second homework assignment is my favorite:

Bring a photo representing one of your favorite childhood memories. What is your favorite childhood memory? How do you believe it has shaped you today?

## 2nd Vice President—continued

My photo shows me as a young boy, probably five or six years old, proudly holding a stringer of freshly

caught fish. This reminds me of a time when I didn't have homework assignments. I haven't figured

out how that shaped me, but I should be able to have some fun with the idea.

Thank you for giving me this opportunity to meet and learn from ESA members from other states.

## Chaplain—Dorothy Wangen

Greetings, Stay Healthy, Be Happy. Our thoughts and prayers are still needed for Sandy Dolence. She is still in recovery at the nursing home, also stop to see her if

you can. Also, our prayers are still needed for Mary Parr. She was able to go home to her kitten, take good care of her. Phone

calls are appreciated. Thank you everyone for keeping all the sick in your prayers.



## ESA Foundation—Karla Kay Nicklaus

THANKS all the members and Chapters who have paid ESA Foundation dues.... a reminder if you haven't paid your dues to send immediately by March 1, 2018 to ESA Foundation, 363 West Drake Road Suite 5, Fort Collins CO 80526.. Don't delay!

Thanks to all who volunteered at MedTox during the month of February to fund the Minnesota ESA Foundation Scholarship – especially all who traveled in the cold

weather and on the snow and ice!

The ESA Foundation Board of Directors want you to don your best sunglasses and get ready for fun. Think hard of the beach and a chair in the sun. This year we invite you to come enjoy some fun in the sun. Together we'll celebrate the bright futures of the individuals the communities who benefit from the support provided by the ESA Foundation.

Your contributions to the ESA Foundation "Fun In The Sun" Fantasy Vacation will help fund projects and programs that promote higher education and support strengthening communities. Don't forget that your donation to this beach vacation is tax deductible. No sunscreen required!

**In fact** – This is the most stress-free vacation you'll ever take. You will be able to relax without the fear of a sunburn or heatstroke. You

won't even have to pack a bag!

On March 1, 2018, sit back, close your eyes and imagine all of the good we can do together!

Thank you for your continued support of the ESA Foundation programs that touch so many lives. Mail your gift to the ESA Foundation, 363 West Drake Road Suite 5, Fort Collins CO 80526.



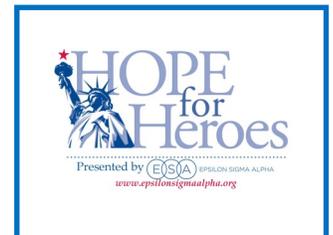
## Hope for Heroes—Shirley Laue



See that beautiful Red-White and Blue Patriotic Wreath! If you have missed seeing it at the state meetings, have no fear, as you can still have a chance to own it. To find out how, either call me or email me

([sjlaue@goldengate.net](mailto:sjlaue@goldengate.net)).

Seeing that wreath is a reminder to all of us what our active military and our veterans have, and continue to do, to protect us and our country.



We are proud Americans and proud to display our red, white and blue.

# Hope 4 Youth—Alpha Zeta



### Meal Service:

- Alpha Zeta will serve the meal on Tuesday, Mar 6. April 3 is open and May 1st will be served by Gamma Zeta. Future dates pending State Convention vote.



open soon! The shop is lo-

### OPENING March 8th!!!

hope's closet is a resale boutique that will

cated off Hwy. 169 in the South Pond Shopping Center in Champlin. more details can be found through social media updates on [facebook.com/hopesclosetmn](https://www.facebook.com/hopesclosetmn).

One hundred percent of the profits will be going back to support Hope 4 Youth's mission to provide pathways to end youth homelessness.

There are volunteer opportunities at hope's closet, too! Please see the Grand Opening flyer and the volunteer opportunity flyer in this issue of Essay.

### Upcoming Events:

- 5 Year Celebration and Spaghetti Dinner** - Sunday, March 4, 3-6 p.m. at Coon Rapids VFW. It is amazing what this organization has accomplished in just 5 years! ESA MN is an "Antipasto Sponsor" for this event. This will allow the ESA logo displayed on HOPE 4 Youth's website linked to our ESA website,

HOPE 4 Youth's social media, event e-blasts and event signage. Join us if you can. Tickets are

on sale for \$10 Adult / \$5 Children 10 and under at <https://www.hope4youthmn.org/sdinner/> You can also purchase tickets at the door for \$12.

- The Darkest Night of Your Life 4K** - Friday, May 4, 8 p.m. Family Wave with Additional Waves to Follow, at Bunker Hills Golf Course. This event, usually held in September has been moved to a new date. More information to follow.

# Thank You—Joane Buche

Thank you to all my sisters who sent cards, thoughts and prayers. It was good to be

remembered. Everyone thought my son, Mike, was "their best friend" and to

many, he was! At the age of 52, living with muscular dys-

trophy, his body was tired, but his spirit lives on!



One day, Love and Friendship met

Love asked, "Why do you exist when I already exist?"



Friendship smiled and said, "To put a smile where you leave tears."

I always thought loving someone is the greatest feeling. but I realized that loving a friend is even better. We lose people we love. but we never lose true friends.





## Philanthropic—Julene Donnay

It's March, which means you are watching High School playoffs, betting on your favorite March Madness team, or getting your Philanthropic reports done. After all, when you are preparing to do your taxes, you are already collecting all of that data! **IMPORTANT DATE TO REMEMBER:** Please get your Philanthropic Reports turned in to me by April 1, 2018 – e-mail is easiest:

[Julenedonnay@aol.com](mailto:Julenedonnay@aol.com) or US Post at Julene Donnay, 17763 Oakland Drive NE,

Ham Lake MN 55304. If you have any questions while filling out your reports, I can be reached at 612-805-9098.

Filling out the reports are fairly easy, you are tracking all of your volunteer hours, monies (donation\$), goods (things donated) and miles driven to the event, to pick up the donations, etc. I have also included the rules from ESA International and a FAQ document to help you with answering your questions. You should separate out those activities you are

doing at the chapter level, the state level and the International level.

At the April Convention, we will be voting on the MN State sponsored Philanthropic Projects. We have had presentations at all of the membership meetings so far and we will have three more at the March meeting. I will create a summary of all projects at that time and get it out to all chapters before the end of March, so your chapter can vote on this information in your April meetings and be

prepared to vote at the April Convention.

Thank you everyone for all of your hard work this year. I know there are many great things that will be recognized at the State Convention this year. I can't wait to see what you all have been working on. Again, any questions, my information is posted above, and I will get back to you within the day if you send me an e-mail or have to leave a voice mail.



## St. Jude—Kelly Check and Betty Robinson

St Jude Legends for Charity - Held Feb 1, 2018 - Hyatt Regency - Minneapolis. This event is held in the host city in conjunction with the Super Bowl. Bringing together sports legends, celebrities and business leaders to support St Jude and to present the Pat Summerall Award. The 2018 award recipient is former University of Minnesota quarterback and legendary coach, Tony Dungy! This event raised over \$800,000.00 for St Jude Children's Research Hospital of which ESA MN will receive credit as we had a few volunteers scheduled for this event.

### Upcoming Events:

- **20th Annual Dick Hiley St Jude Bass Classic - May 4-6, 2018 Wabasha, MN** This event isn't well known to the Twin Cities area, but I thought I would

mention it so that people knew it was happening. Maybe some people would like to travel and stay in the area to experience the tournament weekend. Here is a little background:

### History:

The Dick Hiley St. Jude Bass Classic was founded in 1999 by a group of anglers from Minnesota and Wisconsin. This inspiration tournament unites their two passions, fishing and raising money to support the kids of St. Jude Children's Research Hospital. The first tournament, hosted at Treasure Island Resort and Casino, raised over \$11,000 and has grown to be one of Minnesota's biggest charity fishing tournaments.

Since 2006, the tourna-

ment has been held in Wabasha, MN, at Slippery's Bar and Grill, home to the movie "Grumpy Old Men." The City of Wabasha and community members have shown unwavering support of this tournament and the kids of St. Jude.

Each year, anglers come together with their fundraising dollars to enjoy two full days of fishing on the Mississippi River. The anglers fundraise year-round for the tournament and to date have raised nearly \$2.7 million to support the lifesaving mission of St. Jude.

- **St Jude Theatre of Dreams - June 28, 2018 Hopkins, MN** More information to follow.
- **St Jude Heroes Warrior Dash - June 30,**

**2018 - Le Sueur, MN -** More information to follow.

- **8th Annual Minnesota Cruisin' for St Jude - July 14, 2018 - Ramsey, MN** More information to follow.
- **St Jude Ride & 5K Run featuring Ryan Dungey & Friends - July 28, 2018 - Hastings, MN** - More information to follow.
- **St Jude Walk to End Childhood Cancer - September 22, 2018 - Mpls, MN** More information to follow.
- **St Jude Style Show Luncheon & Silent Auction - Oct 27, 2018 - Minnetonka, MN** More information to follow.



**2018 MN ESA STATE CONVENTION  
Friday-Saturday, April 27-28, 2018**

**Hilton Garden Inn Minneapolis St. Paul  
1050 Gramsie Road, Shoreview, MN 55126  
651-415-1956**

REGISTRATION DEADLINE: <u>Monday, April 23, 2018</u> Late Registration after April 23rd: \$25 Cash Only					
NAME:		CHAPTER:		DELEGATE:	YES NO
ADDRESS:		PHONE:		1 <sup>ST</sup> TIME ATTENDEE:	
CITY/ST/ZIP:					
GUEST NAME:					

Guests are invited to attend all meetings and functions.

FULL REGISTRATION		COST	MEMBER	GUEST
(Includes Registration Fee, Friday Evening Dinner, Saturday Breakfast, Saturday Lunch and Saturday Evening Banquet)		\$110		
PARTIAL REGISTRATION (Check all that apply.)		COST	MEMBER	GUEST
REGISTRATION FEE (REQUIRED for ALL except "BANQUET ONLY" GUESTS)		\$15		
	FRIDAY EVENING (Baked Potato Buffet)	\$19		
	SATURDAY BREAKFAST (Sunrise Continental Breakfast)	\$12		
	SATURDAY LUNCHEON (Garden Deli Buffet)	\$22		
	SATURDAY BANQUET (Grilled Herb Chicken)	\$42		
	SATURDAY BANQUET (Roasted Rosemary Pork Loin)	\$42		
PARTIAL REGISTRATION TOTAL			\$	\$
ATTENDING MEETINGS ONLY		COST	MEMBER	GUEST
	MEETING ONLY (No meals/no room)	\$25		
Medical Dietary Needs				
REGISTRATION TOTAL			\$	\$

**ROOM RESERVATIONS:** \$109 per night + tax. Reservations can be made under the "Epsilon Sigma Alpha" room block by calling Hilton Garden Inn-Shoreview at 651-415-1956.

**MAIL FORM & CHECK (Payable to Gamma Omega)** to Dennis Marler, 9145 Kingsview Lane N, Maple Grove MN 55369. **QUESTIONS:** Sandy Dolence 763-533-3792 or Sharon Stegora 763-537-3450.



**2018 MN ASSOCIATION OF THE ARTS ENTRY FORM**  
 "Leave a Little ESA Sparkle Wherever You Go" ♡ April 27-28, 2018  
 Hilton Garden Inn Minneapolis St. Paul, 1050 Gramsie Road ♡ Shoreview, MN 55126

Artist's Name:	_____
Address:	_____
Chapter Name/No.:	_____
State Council:	_____
Phone:	_____
E-Mail:	_____
<b>Check Convention Schedule for check-in time &amp; pick-up.</b>	

**Division I – Visual Arts**

- \_\_\_\_\_ Oil Paintings or Acrylics
- \_\_\_\_\_ Drawings, Pastel or Charcoal
- \_\_\_\_\_ Watercolors
- \_\_\_\_\_ Sculptures
- \_\_\_\_\_ Pottery (hand-formed or wheel-thrown)
- \_\_\_\_\_ # of entries in category

**Division II – Literature**

- \_\_\_\_\_ Poetry
- \_\_\_\_\_ Short Story or Essay (500 words or less)
- \_\_\_\_\_ # of entries in category

**Division III - Photography**

- \_\_\_\_\_ Black & White or Color Photo
- \_\_\_\_\_ Graphic Design
- \_\_\_\_\_ Computer-Assisted Design
- \_\_\_\_\_ # of entries in category

**Division IV – Crafts (Painted Art)**

- \_\_\_\_\_ Tole Painting
- \_\_\_\_\_ Painted Pottery
- \_\_\_\_\_ China Painting
- \_\_\_\_\_ Porcelain
- \_\_\_\_\_ Calligraphy (matted for display)
- \_\_\_\_\_ Fabric Painting
- \_\_\_\_\_ # of entries in category

**Division V – Crafts (Wearable Art)**

- \_\_\_\_\_ Smocking
- \_\_\_\_\_ # of entries in category

**Division VI – Crafts (Misc. Media)**

- \_\_\_\_\_ Jewelry
- \_\_\_\_\_ Rubber Stamping
- \_\_\_\_\_ Decoupage
- \_\_\_\_\_ Glass
- \_\_\_\_\_ Wood
- \_\_\_\_\_ # of entries in category

**Division VII – Needlework (Fibers)**

- \_\_\_\_\_ Crewel
- \_\_\_\_\_ Embroidery
- \_\_\_\_\_ Counted Cross Stitch
- \_\_\_\_\_ Needlepoint
- \_\_\_\_\_ Quilting
- \_\_\_\_\_ Knitting/Crochet
- \_\_\_\_\_ Hardanger Embroidery
- \_\_\_\_\_ Silk Ribbon Embroidery
- \_\_\_\_\_ Cloth Weaving
- \_\_\_\_\_ Latch Hooking
- \_\_\_\_\_ Stuffed Animals
- \_\_\_\_\_ # of entries in category

**Division VIII – Holiday (Ornaments/Decorations)**

- \_\_\_\_\_ Please Describe \_\_\_\_\_
- \_\_\_\_\_ # of entries in category

**Division IX – Music**

- \_\_\_\_\_ Original Words to established tune
- \_\_\_\_\_ Original Words to original tune
- \_\_\_\_\_ # of entries in category

**Division X – Presidential (Optional)**

**"Inspire"** Bring any art form dealing with ESA International President's Theme

- \_\_\_\_\_ Presidential Division
- \_\_\_\_\_ # of entries in category

Please Note: The Presidential Division is optional.

<b>Please send completed entry form by April 20, 2018:</b>	
<b>TO:</b>	Jackie Swanson
	MN Association of Arts Chair

<b>Questions: Call or text 952-220-4836</b>	
<b>E-Mail:</b>	<a href="mailto:jacqueofhearts@comcast.net">jacqueofhearts@comcast.net</a>
<b>Address:</b>	4476 Woodgate Point, Eagan, MN 55122

# CHAPTER NEWS



## Alpha Chi—Kathy Rice

Well, not much news from our chapter this month but I'll go with I got from our members.

Joane Buche has many things going on and is trying to prioritize what comes first. She is keeping up with her water aerobics and working at Medtox. Phyllis Frascone is staying in at home due to the cold weath-

er. Gloria Iverson retired on January 29th after many years working at St. Louis King of France Catholic Church. She enjoys being with her granddaughters when they are in town, and, of course, working at Medtox. Kathleen Konrad and husband own a home in Las Vegas and spend time there away from the cold weather. They took Kath-

leen's mother, Colleen Riley, with them. I spoke with Colleen who had just arrived home and she said she had a real good time shopping, seeing shows and going to different places. Nora Meyers has had some health issues but plans to be at the February state meeting with Kathy Rice. Jo Palmer is another one staying in due to cold weather. Pat Peter-

son and husband use the month of February to do jigsaw puzzles. She still finds time to work at Medtox. Sue Todd and husband are in Fort Myers, Florida for vacation. As for me, my arm is doing good.

Alpha Chi wishes all ESA members a Happy St. Pat's Day!

## Alpha Sigma—Birdie Elkofska

Alpha Sigma continues to enjoy daytime meetings on the first Tuesday of each month. So, if you know someone who would enjoy attending one of our meetings to see what ESA / Alpha Sigma is all about, just give any one of us a call and we will take it from there. We are a fun and productive group of loving and caring women .... okay and a little nutty too.

Chapter President Shirley Laue wrote to me (Birdie) with the following information.....Due to the cold this winter, I did not want to go anywhere, so I had time to finish projects that were started many moons ago. What a good feeling, except I keep finding more to do. I hope to even work on some while I am in Florida next month. I am anxious to spend time while there, with the three great grandchildren (ages 7, 2, and 3

months, and 2 and 1 month). We also have a 2-month-old great great granddaughter in Minnesota.

Alpha Sigma was given the opportunity to apply for a \$250.00 Visa card from Thrivent. We needed to choose and tell them a philanthropic project where we would use the money. We suggested HOPE FOR YOUTH and it was approved. So, after the last ESA State Meeting, Diane V. and I went shopping for underwear for young men and women. We had a ball trying to get the most for our money ... until it was time to pay ---- because someone (named Shirley) had not activated the Visa card. It was finally decided to put the purchased items on hold until Tuesday. To pay and pick up the purchases should be easy. Turned out difficult as the person

in customer service should not have been in that department. After two calls to the manager, the deal was finally closed. Now to deliver the goods to Anoka and all will end well.

Thank you, Gamma Omega, for a good State Meeting. I loved the idea of a breakfast. Gamma Omega is really a get up and "GO" chapter.

When Dennis or someone else calls you and asks you accept either an elected or appointed office .... JUST SAY YES!!!!

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SHARON DESARMAUX did not send me (Birdie) anything for this Essay issue. So, I will have to make something up.

Sharon has offered to model the Hope 4 Youth under-

wear donation at the March ESA State Meeting. Don't miss this!!!

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DIANE VANUSEK should be a lot less busy and have a lot more time to play since she has started the process of eliminating tax clients, so she can completely retire from CPA duties and tax preparations. Her church has Potato Pancake Dinners during Lent and she and Don are very active in peeling potatoes and making soup plus serving the guest. They then count all the dimes and nickels and dollars and find out the profits for that night's event. Diane would like to thank all the ESA members and their guests who came and enjoyed the soup and Potato Pancakes.

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BIRDIE ELKOFKA is feel-

## Alpha Sigma—(continued)

ing wonderful now after her visit to the hospital. Better and better each day. She still has pulmonary problems and will be sporting that beautiful oxygen tank wherever she goes, but at least she can now function better. It is amazing how much more gets done when

you can move around better and have air in the lungs. Florida and the southland are not in the picture this year and that is sad and very missed. But spring is right around the corner ..... keep your fingers crossed.

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ROSE BITTER keeps busy but says "nothing much to report from here".... but she might be hiding the real facts. She and Jim are busy with trips. They were in Michigan and Florida in January and leave again next week for Virginia (to see that grandbaby) and Texas.

She reports she and Jim have lots of family to visit so they get to see lots of states. When not traveling, one of the many activities is Medtox and working with Hope 4 Youth with meals.

## Alpha Zeta—Kelly Check

Mark Petty was a Crew 52 Volunteer for Super Bowl LII. During the exhaustive interview process, of which more than 30,000 people applied to volunteer and only 10,000 people were selected, Mark made sure the committee was aware of his many volunteer hours spent helping others and the

fact that he is a member of ESA MN. Each volunteer would be given 3 volunteer shifts.

Mark had opportunities to speak with people and share information about his volunteer experiences and ESA. He passed out a few ESA business cards to people.

Mark was given a lot of nice "swag" items such as, jacket, mittens, scarf, shirt etc. Mark really enjoyed the experience and making sure to spread Minnesota Nice along the way. He scoffed when people would talk about how cold it is here. It's not cold, it's the Bold North!

Congratulations to Olivia Olson, daughter of Kim Le-Tendre-Olson who was accepted to the University of Minnesota-Duluth! Olivia is a DESA member of AZ and we all wish Olivia well as she begins her next chapter this Fall.

## Beta Sigma—Linda Schultz

Saturday, February 3rd, 2018, Beta Sigma was found convening for the fourth year at Feed My Starving Children in Eagan. They gathered there with their fellow members, family and friends, along with other volunteer groups to hand-pack rice, soy, dried vegetables and a nutritionally complete blend of vitamins and minerals into bags. The bags are sealed and boxed which are then placed on pallets and shipped to FMSC partners around the world (the specific destination for what was packed on this day is Haiti) to reach the neediest children and their families.

Altogether, the groups from

this one day, packed 152 boxes (323,616 meals) which will feed 90 children for a whole year at a cost of \$7,176. Beta Sigma and fellow packers will impact hundreds of children with just two hours of work.

The most important project accomplished for the day, many of our members gathered at a nearby Perkins for lunch and a very brief "meeting," to share upcoming calendar of events and meetings.

Thanks to ALL who participated with us in this worthy effort.

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Please look elsewhere in

this issue of the ESsAy for the pertinent specific information regarding a stand-alone announcement for volunteering for the March & April schedule for MACMH. Contact Keri Stenemann at MACMH to make your commitment. Her email address is: [KSTENEMANN@NACMH.ORG](mailto:KSTENEMANN@NACMH.ORG).

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We hope you have marked your calendars for the March 17<sup>th</sup> State Membership meeting. It will happen at Spirit of Christ Community Lutheran Church in St. Louis Park. There will be a separate "flyer" somewhere else in the ESsAy. Check that out and make your reg-

istration right away. We are almost there! :)

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Well, I must go. My endurance for sitting here has expired :) and, of course, I waited until the last minute, so I am ill-prepared. A new course of post-polio therapy is draining me, but with promises of some ever-hopeful therapists that I will be walking with only a cane, driving again, and be back to gardening in my raised beds by summer. :)

Be well, stay warm, but do have fun in the beautiful snow. Enjoy it some on my behalf!

Hugs as always

## Delta Mu—Terri Olson

Lest you think we don't exist, here's an update on our members.

**Grace Moret** just celebrated her 30th birthday and her husband, Ian, surprised her with a trip to Barbados!

**Linda Lauterbach** and family drove to Washington state for a fun-filled vacation during the Christmas break

and are now making plans to, hopefully, remodel their home this Spring.

**Erin Olson** has been enjoying her time with family after working for Nestle for 20 years. Nestle moved her division to New Jersey, so she just finished her Masters degree in Medical Device Innovation at the U of M. After a family trip to Dis-

ney World for Spring Break, searching for a new position is on the horizon.

**Kathy Eastlack** is enjoying her new abode on Lake Pulaski in Buffalo and is still working for Buffalo Hospital, while thinking about a meniscus repair in her future.

**Julene Donnay** and **Dee Roter** are busy volun-

teering for all kinds of projects, working at UHG, and having fun along the way!

**Terri Olson** is busy traveling the US for ESA and play, and working on the ESSAy.

We hope to see you in April for the Membership Drive and for the MN State Convention. Both events are going to be so much fun!

## Gamma Omega—Betty Marler

What's just a few weeks away you ask? SPRING arrives on March 20<sup>th</sup>! Woo Woo!

Thank you to all who attended the February 17<sup>th</sup> State Membership Meeting. We enjoyed hosting the meeting. Thank you, Sharon Stegora, for planning and preparing the delicious breakfast. Thank you to the GO Team for assisting, serving, setting up, cleaning up and for making everyone feel welcome. Thank you AS Chapter for giving us the opportunity to purchase some great books! The proceeds from the breakfast

will be used to purchase food for the Hope 4 Youth Drop-In Center. Thank you for helping our homeless youth.

We have wrapped up our Heggies Pizza sales and now we will patiently wait for them to be delivered to us later in March. We'll call those of you who ordered when we're ready to deliver the pizzas. Thank you for your support of our fundraiser.

### Updates:

- Sandy Dolence is still rehabbing at St.

Therese's in New Hope. Her OT and PT sessions keep her busy. She looks great and is perky. She's thinking about other organizations we can support and planning new ways to do so. However, healing is her full-time job right now. Thank you for your prayers and lovely cards.

- Chemo sessions are continuing for Carol Crepeau. The treatments aren't making her sick and that's great news. However, the past couple of weeks

haven't been too good. The tumor is causing her severe pain/dizziness, and she's been doctoring. It does take some time for the chemo to attack the tumor, and for the tumor to respond the way the doctors plan. Carol will know more in the next couple of weeks. She asked that we "tell you how much she has appreciated your cards, prayers, and good wishes". Thank you for keeping Carol in your prayers, and keep the prayers coming.

## Gamma Zeta—Dorothy Wangen

Our members have been busy traveling. June and Ron Schleiss had fun in Laughlin, meeting Judy & Jim Cummins along with some neighbors that lived in the neighborhood, Joyce and Jim Andress. Sounds like they had lots of fun - not sure if they were winners. June and Ron will be traveling to Texas on March 12, to spend time with grand-

children - they plan on about three weeks - hope they have nice weather.

Mary Tolle has been busy celebrating Norval's 90th birthday. Very nice party was had in the party room. Other than that, she is staying in avoiding the cold, snow and ice. Very much looking forward to Spring.

Dianne Ocel is very much

enjoying staying put in her home. Her traveling was a quilt retreat in Stanchfield, MN with 18 other sewers for five days.

Joan Laskey and husband Steve have been traveling a lot, she missed our last meeting, so I do not have a report from her.

Judy and Jim Cummins traveled to Laughlin and

then on to Arizona for a visit with Jim's brother and family. Then back to MN to work part-time at Cub. More traveling for Judy in March - back to Laughlin with Dorothy.

Yes, Dorothy too will travel to Laughlin in March with Judy. Other than that I am just busy, writing articles for the Essay.



## **Minnesota ESA State Rush Event**

**Saturday, April 14, 2018**

**10:00 am – 2:00 pm**

**Hopkins Elks Lodge #2221**

**30 - 8<sup>th</sup> Ave S, Hopkins MN 55343**

**Picnic Lunch, including burgers, brats,  
potato salad, beans and dessert. Cost \$10**

**Bring a guest, guest eats FREE**

**10:00 – 10:30 Social**

**10:30 – 11:30 Presentation**

**Noon – 1:00 Lunch**

Please RSVP to Dennis Marler by Thursday April 5.

[dmarler@comcast.net](mailto:dmarler@comcast.net) or 763-494-8452



*hope's closet*  
resale boutique  
benefiting HOPE 4 Youth

Please join HOPE 4 Youth for the grand opening of our new resale boutique, hope's closet.

hope's closet is a charming and trendy resale boutique, filled with hand-picked, quality

new and gently-used seasonal men's and women's clothing, shoes and accessories, small household

décor and gift items with 100% of the profits going back to HOPE 4 Youth so that we can continue providing pathways to end youth homelessness.

What: hope's closet Grand Opening

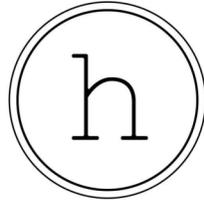
When: Thursday, March 8th between 4 and 7:30 p.m. with Ribbon Cutting at 5:30 p.m.

Where: hope's closet, 11350 Aquila Drive North, Suite 950, in Champlin

I am excited for you to walk through the doors of hope's closet and see the hard work that has gone into ensuring that there's a way for everyone to support our youth. Feel free to bring your donations to the grand opening event.

Donate. Shop. Volunteer.

\*We do not accept kitchen gadgets, dishes, appliances, furniture, socks, underwear or items out of their season.



*hope's closet* 8 p.m.  
resale boutique  
benefiting HOPE 4 Youth

11350 Aquila Drive, Champlin

Shifts Available:

**Monday, Tuesday, Wednesday & Friday**

10 a.m. - 2 p.m. and 2 p.m. - 6 p.m.

**Thursday** 10 a.m. - 2 p.m., 2 - 5 p.m. and 5 -

**Saturdays:** 1<sup>st</sup> and 3<sup>rd</sup> 10 a.m. - 2 p.m.

Join our new fun team! This trendy and charming re-sale boutique will be filled with handpicked quality donated men's and women's clothing, shoes, accessories, gift items and small household decor. 100% of the profits go immediately back into HOPE 4 Youth programs.

**Volunteers:**

Must complete a presentation and tour called "A Look Inside HOPE" (sign up via website)

Must be at least 16 years old and complete a volunteer application

Minors must have parent permission and do not need background check

Volunteers who are 15 years of age and have a parent that is an official HOPE 4 Youth volunteer may volunteer with that parent. Once turning 16 please complete the application process.

Must have a strong knowledge of HOPE 4 Youth mission and vision

Team up with other volunteers to ensure proper customer service to guests and donors

**Shift Leads:** Have a strong working knowledge of the boutique and how it runs and operates on a daily basis, be willing to open or close the store, help manage volunteers on duty

**Donation sorters:** sort and price donations being dropped off from the community

**Retail Sales:** Greet customers dropping off donations, help with hanging and setting items out for sale, help with displays

**Cashiers:** strong customer service skills, welcome customers to the store and answer questions, learn POS (point of sale) retail system, receive and process cash payments

Volunteering questions: Contact Cheri Sutch-Halek [cstuch@hope4youthmn.org](mailto:cstuch@hope4youthmn.org) 763-323-2066 \*102

Other questions: Contact Lisa Jacobson [ljacobson@hope4youthmn.org](mailto:ljacobson@hope4youthmn.org) 763-323-2066 \*107



## FREQUENTLY ASKED PHILANTHROPIC QUESTIONS/ANSWERS (revised 2012)

The following questions and answers are those asked most frequently. This is intended to be a "guide" to help you interpret the meaning of the official Philanthropic Guidelines. When in doubt, it is always best to ask your IC Philanthropic Chair.

**Q. How are chapters registered for IC Awards?**

A. The state awards chairman and/or board member within your State is assigned to submit a list of chapters not registered for IC Awards to ESA Headquarters by December 1. All Chapters are automatically considered registered unless they are removed from the submitted list. Check with your state chair to be certain your chapters are registered.

**Q. How do chapters keep track of hours and monies donated?**

A. Many chapter philanthropic chairs have a "member notebook" which is brought to each meeting to update activities or individual notebooks are distributed in order to keep track of one's hours/monies.

**Q. Can an item donated to your chapter be used as a philanthropic project and be counted?**

A. Yes, using the monetary value of the item(s).

**Q. Money from a September finance project will be donated in March. When do we count the hours/monies?**

A. Count the hours at the time of the project and count the money when it is donated.

**Q. I work for "\_\_\_\_\_ Auxiliary". May I count my hours?**

A. If you are volunteering in the name of ESA and are involved with such BECAUSE OF ESA and it qualifies as "aid to those in need", the answer is "yes." If you work with "\_\_\_\_\_ Auxiliary" on your own, the answer is "no."

**Q. Can I count the hours and monies on a project if no one else in the chapter works on it?**

A. If it is indicated in the chapter's minutes as a "blanket statement" that this project is chapter sanctioned, you may count the hours. However, it must be in the name of ESA and indicated as such. (Philanthropic Service Guidelines/Revised 2003 - III - Special - C.)

**Q. We plan to give part of our Ways and Means Project proceeds to philanthropic projects and part to our treasury. How do we count the hours?**

A. Proportion hours according to the percentage of money given to your philanthropic project(s) and count only that number. For example, your project nets \$1,000 profit with 100 hours.

Your chapter uses \$250 for the budget and donates \$750 to philanthropic. The philanthropic hours report would be 75.

**Q. Can a Member-At-Large (MAL) who works on a project count their hours and monies to help the state funds?**

A. Yes! Any hours/monies that are donated to the State for a project that an MAL has worked on CAN be counted.

**Q. Can I count the hours I spend on a chapter project even though I am the chair of the project?**

A. Yes! All hours spent on a philanthropic project by ALL MEMBERS may be counted, however, the ADMINISTRATIVE hours of your elected/appointed office may not be counted.

**Q. Does a Chapter need eight (8) or more members to qualify for awards or does it matter how many are in the chapter?**

A. The minimum number of eight (8) is not longer used for awards based on percentage of members.

**Q. Are collegiate chapter members considered part of the state count or do they participate in the awards as a separate chapter?**

A. Collegiate chapters are part of your state's totals unless the state chair requested they not be registered for IC awards as discussed in a previous question. If they are registered and participate in a philanthropic project, count the hours and money as part of the state total.

**Q. If the collegiate chapter chooses the Girl Scout troop in their community to assist with their ESA sponsored project/events, can those hours be counted?**

A. The time spent on the ESA project with the Girl Scouts would be permitted to be applied to the ESA philanthropic service and if the sponsored project/event was being held to benefit the troop, the monies donated to them would also be permitted to be applied.

**Q. Are Foundation Annual Dues counted as philanthropic/service monies?**

A. Yes! ESA Foundation dues and monies contributed can be counted.

**Q. What is the philanthropic year?**

A. Philanthropic year: June 1 – May 31 is the Reporting Period. These dates are for the IC Philanthropic reporting and competing in awards presented at IC Convention. This may differ from your state ESA year which may be from convention to convention. (IC Philanthropic-Service Guidelines/Revised 2003 – III. Special E.)

**Q. If a chapter hosting state convention donates a percentage of convention profits to the state philanthropic project, can that chapter also report the same percentage of their hours spent on planning and preparing for convention on the philanthropic report?**

A. The ESA meeting/convention is NOT planned as a philanthropic project nor as a chapter fundraiser. The hours or percentage of hours worked or in planning CANNOT be counted toward philanthropic hours even if the profit is donated to the state philanthropic project. Only the documented funds may be counted as philanthropic monies by the chapter IF this is

PRE-DOCUMENTED in your chapter minutes and approved by the state. This response is true even if the chapter co-hosted convention with the ESA Foundation.

**Q. Our chapter wishes to make a philanthropic donation through the ESA Foundation Turn-Around Funds. How does one accomplish this?**

A. Your chapter should make checks payable to "ESA Foundation." A form describing the correct instructions is available from your ESA Foundation Counselor or the ESA Foundation, 363 West Drake Road, Fort Collins, CO 80526, phone: 970-223-2824, or can be found on [www.epsilonsigmaalpha.org under the Foundation](http://www.epsilonsigmaalpha.org_under_the_Foundation).

**Q. The mileage rate changes periodically. How does one govern the rate increase?**

A. The mileage rate changes accordingly to the IRS rates. Most states go with what the IRS rate is at the beginning of their year to make it fair to all members and less confusing to the State Philanthropic Chair.

**Q. May travel time to/from a philanthropic project be counted?**

A. Yes! Each member may count travel time even when riding with another member; however, *only the driver* may count the cents per mile (current IRS rate) for monies. You may not count travel time to/from a scheduled chapter meeting even though philanthropic work is performed at this meeting. Additionally, NO air travel time or funds paid to the airlines may be counted by an elected/appointed IC or Foundation officer as these are administrative positions and NO FUNDS are actually donated to or used for philanthropic projects.

**Q. How do we report aid to a chapter ESA member?**

A. Monies donated by the chapter are reported as chapter donations; hours spent by members helping the member or private funds are listed by the individuals for a total chapter accounting, e.g., a member is seriously ill and needs assistance, the hours spent by another member assisting them are counted and any monies donated by either the chapter or an individual member are counted. If your chapter furnishes food for the funeral of a member or her immediate family, members may count the hours spent purchasing and making the food and any monies donated to assist with expenses of the member. (IC Philanthropic-Service Guidelines/Revised 2003 – III – Special B.)

**Q. Can hours spent by a chapter taking a Red Cross First Aid course be counted as philanthropic hours?**

A. No. You are not aiding those in need even though you derive benefits from the course and may later use it to benefit the disabled or those in need. If your chapter organizes and sponsors a First Aid class and advertises it as "ESA Sponsored", then your members may count hours spent in planning and organizing the class, but not time in the class.

**Q. Our chapter of five organized a Roller Derby last summer to benefit one of our IC philanthropic projects. In the fall, with several members moving out of town, the three remaining members decided to disband our chapter and join another chapter in our city. How do we count the hours spent and monies earned on our Roller Derby?**

A. A "Final Chapter" report should be sent to your state philanthropic chair listing the hours and monies donated by the five members. This will give an accurate accounting of the state's philanthropic hours and donated monies for the current year. The members joining another chapter need to begin a new count of the hours and philanthropic donations they are now

accumulating. Hours and monies may be counted only once and with the chapter that planned and organized the event.

**Q. If I purchase items at a chapter garage sale designated as a fundraiser for our philanthropic project, can that money be counted as a donation?**

A. Yes! The money would be counted as part of the total donation to the project.

**Q. How much time should be counted for collecting the toner cartridges for Easter Seals?**

A. Cartridges count only for the total number sent to the recycling company per chapter. The recycling company sends these totals to the IC Easter Seals Chairman quarterly for the reports. Hours, etc. are not counted for the Cartridges for Kids program.

**Q. When collecting Campbell soup labels, how much time can be counted?**

A. You may count the time it takes to drive to and from the store.

Our ESA Philanthropic Service Guidelines state that *"philanthropic service is the time and money directed toward the betterment of mankind . . . to improve the conditions and promote the welfare of those who need it."*



2018 IC Convention Registration Form

and

Tour Information

has been included in previous issues of the ESsAy.

If you would like this information, please either refer to previous issues or contact me and I will send it to you!

Terri

*PHILANTHROPIC SERVICE GUIDELINES*

The purpose of these Guidelines is to clarify that our philanthropic service is the time and money directed toward the betterment of mankind - to improve the condition and promote the welfare of those who are in need of it. These guidelines are for the purposes of ESA recognition and do not necessarily reflect IRS requirements. Please consult your accountant for clarification.

**I. General Information**

- A. Hours and monies donated by an ESA member in "the name of ESA", can be counted.
  - 1. Hours represent the time spent from beginning to completion of a project.
  - 2. Monies represent cash donations from the chapter treasury or by a chapter member to a service project.
- B. Donated Goods are estimated by figuring 15% of the retail value on used items and full retail value on new items.
- C. Roundtrip mileage (for driver only) on an ESA service project may be counted. For current rates, use the current IRS rate as of August 1<sup>st</sup> which is noted on the attached form.
- D. Civic services are community projects, not necessarily related to ESA projects.
- E. Individuals can count volunteer service hours done in an education setting or group activity even if their child is involved. Church activities cannot be counted if a member is employed by the church. Activities done for an organization associated with a church can be counted provided the chapter members are doing their philanthropic works in the name of ESA and it is indicated as an official chapter project in chapter minutes.
- F. Service monies are the portion of ways and means projects donated to charitable and civic projects.
  - 1. If all the proceeds are donated, count all monies and total hours spent raising funds. If proceeds are divided among several projects, monies and hours should be divided on a percentage basis.
  - 2. If only a portion of the proceeds are donated, count only a portion of the hours and money. Figure which percent of the net proceeds is being donated, and count the same percent for hours.
  - 3. If a fundraiser event is specified or advertised as a "benefit" for any philanthropic project(s) total net proceeds must be donated to project(s).

**II. Hours and monies for ESA Affiliated Projects (i.e., St. Jude Children's Research Hospital-ESA for St. Jude, National Easter Seals Society, ESA Disaster Fund, and ESA Foundation) should be counted the same as any other project.**

**III. Special**

- A. Babysitting-member may count hours on a project when sitting for an ESA member working on an ESA service project. (Do not count monies paid to a sitter)
- B. Aid to an ESA member - count hours/monies should a member be "in need or disabled" due to chronic/terminal illness or other disaster or extreme setback.
- C. Blanket Statement – At the beginning of the year, Chapters should indicate all of their major projects; members can count hours/monies donated towards these specific projects. All philanthropic projects are to be listed in the Chapter's minutes.
- D. Snowbirds – If a member belongs to a different chapter while away from her home chapter for a period of time, she is allowed to report hours and/or monies for ESA philanthropic projects/events in accordance with the chapter that sponsored the project.

Philanthropic Year – June 1 - May 31 is the Reporting Period. These dates are for the IC Philanthropic year for reporting and competing in awards presented at the International Convention only. This should not be made a requirement for each State or Chapter to follow for philanthropic reporting.

**IV. Clarifications**

- A. Homemade Items donated to a philanthropic-service project – count time spent making, baking, etc. and the value of materials used in the items. Homemade items cannot be counted as cash until they have been sold.
- B. National Drives, Radiothons/Telethons
  - 1. When an event is totally organized by ESA, count all hours worked
  - 2. monies received, less expenses
  - 3. If a Chapter only performs part of the work, count hours only. The percentage factor on the ESA chapter's responsibilities, and mutual agreement between the fund-raising organization and the ESA chapter(s) prior to the event, will determine the monies credited to ESA.
- C. St. Jude Children's Research Hospital
  - 1. Reporting is counted the same as any other ESA service project. Count all hours/mileage and net monies donated.
  - 2. Do not count extra hours or monies spent on a complimentary room voucher for working in a distant city for a St. Jude event.
- D. National Easter Seals Society
  - 1. Reporting is counted the same as any other ESA service project.
  - 2. Check with your local Easter Seal Coordinator relative to the "Cartridges for Kids-Easter Seals" project.
- E. Bloodmobiles and Blood donations
  - 1. Count chapter hours for sponsoring the drive and registering donors, etc.
  - 2. Count ESA member's blood donation (whole blood = \$50 per pint & platelets = \$200 per pint)
- F. ESA Foundation Turn-Around Fund
  - 1. Make your chapter check payable to "ESA Foundation".
  - 2. A form can be found on the Foundation website [www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org), or through your ESA Foundation Counselor or the ESA Foundation, 363 West Drake Road, Ft Collins, CO 80526. Telephone: (970) 223-2824.
- G. Cash Register Receipts
  - 1. Receipts redeemed for computers and other school equipment may be counted as a donation.
  - 2. Count only 12.5% of the total amount of the receipt, not the total amount
- H. Manufacturer's Coupons
  - 1. Count manufacturer's coupons donated as part of a service project as face value stated on coupon.
  - 2. Count chapter hours for preparing donated manufacturer's coupons.





Epsilon Sigma Alpha  
363 W. Drake Road  
Fort Collins, CO 80526

Phone: 970-223-2824

Email:

[esainfo@epsilonsigmaalpha.org](mailto:esainfo@epsilonsigmaalpha.org)



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

**MISSION STATEMENT:**

ESA is Good Friends, Good Works, and Good Times... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.

[www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org)

## MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

The ESSAY is published on a monthly basis August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

**Chapter Presidents, please share the newsletter with members in your chapter who may not have email.**

If you would like to be included on the email list, please let me know.

Terri Olson  
ESSAY Editor  
[terri.mnesa@gmail.com](mailto:terri.mnesa@gmail.com)



“Live by Inspiring Others to Fly”

—Sandy Alexander,  
International Council President 2017-2018

## Association of the Arts

Jackie Swanson, Chair

ESSAY March 2018

# *Let's have* S'MORE FUN

and keep creating in MARCH for Association of the Arts!

**Fun** is exactly what we did have at the last brown bag **AA ART SESSION** as we learned how to make **HAND-FELTED COASTERS!** Attendees were introduced to this easy method of wet-felting, and had a **Blast!** merging their wool roving fiber creations together using olive oil soap, warm water and friction.



*Following* are the 4 THINGS YOU NEED TO KNOW for ASSOCIATION OF THE ARTS:

1. *ESA Members take pleasure in viewing the Association of the arts display each year!* In order to have a wonderful display every year, we need participation... So please **ENTER** your finished creative project in Association of the Arts 2018 [to show at] the MN ESA State Convention!
2. Those of you who keep your hidden flair for the creative tucked away, *who may never have entered a piece* in Association of the Arts before... I invite you to **Be DARING! Be BOLD! Be AUDACIOUS! Let this be your year to Sparkle!**
3. An Association of the Arts Entry Form is included in this EsSay. **FILL IT OUT and return to me by April 20th.** (You will need to check the convention schedule for *check-in* and *pick-up* times.) If you have any other questions, just shoot me a text or email and I'll be happy to help you.
4. And most importantly... **EVERYONE is welcome to enter! Let this be YOUR year to Sparkle too!**

♥ **Thank You to the special people that participated in the AA Art Sessions/ Mini-Fundraisers for MACMH this year. Stay Creative and Keep Sparkling!**