



# ESSAY—January 2018



## Don't forget to:

- Contact Alpha Zeta to sign up for meals at Hope 4 Youth
- Sign up for St. Jude Events
- Attend the Chili Cook-off Social on January 20th
- Make reservations for the Membership Meeting on 2/17
- Save the date for the MN State Convention on April 27-28
- Save the date for the IC Convention on July 18-22

## President—Sandy Hongerholt

Happy New Year Everyone!

It's a brand-new year. What will inspire you and make you sparkle in ESA this year?

At the top of our list should be sponsoring new members. Who can you introduce to ESA this year? If we are going to survive we need to thrive.

Looking forward to spending some time with the members

of Beta Sigma this month at their chapter meeting. There's still time. I would love to visit your chapter and learn what you are planning in ESA for 2018.

Looking forward to the 3rd annual chili cook-off at Arlene Besemann's party room this month. I'm sure Sandy D has a fun time planned for us. What better way to spend a cold Saturday afternoon in

January? What a fun way to socialize and visit with Arlene.

Wishing you all a New Year that is SPARKLING with FUN, BURSTING with JOY and CRACKLING with LAUGHTER!

## 2nd Vice President—Dennis Marler

A few weeks ago, I asked Betty for her ideas on educational topics, something I could present at a state meeting. She mentioned how Gamma Omega has always had a hard time asking others for donations. Our chapter has always been great at "doing" but not so good at "asking." But now, GO has two members, Lynne Thiebault and Sandy Hongerholt, who are amazing at getting free stuff from others.

At the December Stampin' for the Kids fundraiser for MACMH, I ran the "how do you do it" idea past Sandy. She was totally on board with the idea. Go for it! What I took away from our brief discussion was: if you want people to donate, just ask them. Cool, I'm thinking this could be the fastest educational on record. "Ladies and gentlemen, if you want people to donate to your cause, you

have to ask them. Any questions?"

The next day I received an email from Sandy. She was even more encouraging and shared more of her thoughts. She stressed "how important it is that your whole chapter is on board inviting people to the event and helping advertise to make it successful." She also pointed out it's not only about our charities, but also ESA's future. "We always hear the story about how Danny Thomas said he would rather have a million people donate \$1 rather than one person donating \$1,000,000. That's what creates awareness. ESA is the best kept secret. When we host events it's really important that we get our family, friends and community involved not only to raise the funds, but also for ESA awareness."

In the next few weeks I'll sit down with Sandy to learn more. I know my 30-second "Just Ask" educational is out the window. But a few more words and a few handouts will serve us better. So, mark your calendars. At the February 17<sup>th</sup> state meeting (flyer attached) we'll enjoy a great breakfast and a Fundraising 101 educational.

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## Parliamentarian—Rose Bitter



Hope everyone had joyous and happy holiday!

Last year at this time an all-call went out to members to review state by-laws and standing rules. A February

2017 parliamentarian meeting resulted in several proposed changes. All proposals were voted on at state convention in May 2017, thus completing the

2016-17 season of changes.

The 2017-18 season is not a by-law year. However, if anyone has something specific that *requires a proposal*, please let me know

no later than January 15th. I'll keep you posted if a February parliamentarian meeting will be needed!

## Chaplain—Dorothy Wangen

Greetings, Stay Healthy. Our thoughts and prayers go to Joane Buche, Alpha Chi on the death of her son, also to Marcie Haigh on the passing of her mother. Also, our

thoughts and prayers on the passing of Fran Voering, Beta Theta Chapter. Thought of the day, don't wait too long to make amends, to wait too long, it might be too late. Just

tell the person you are sorry and make amends, for that's all the person wants to know. Stay Happy & Stay Healthy.



## Hope 4 Youth—Alpha Zeta



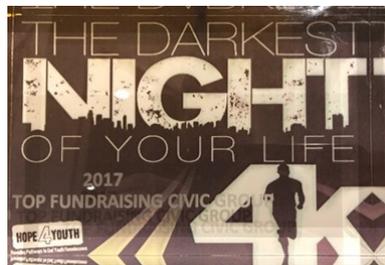
### MEAL SERVICE:

Thank you to Gamma Zeta and Alpha Zeta who provided the meal service on Dec 5th and Jan 2nd. Alpha Sigma has agreed to provide the meal on Feb 6. We still have Tuesday, Mar 6 open.

As 2017 comes to a close, I want to thank everyone for their support of this organization. Our efforts are appreciated by so many. Whether it is goods, services or financial, HOPE 4 Youth has a need and ESA helps fill those needs. I thought I would provide a recap of events that were held toward the end of the year to remind everyone how our services help.

### EVENTS RECAP:

Darkest Night of Your Life 4K: This event, held in September,



raised almost \$50,000.00 This event is an annual event benefiting HOPE Place. As I stated in the November Essay, Team ESA MN received an award for the Top Fundraising Civic Group. The award was presented to me at HOPE

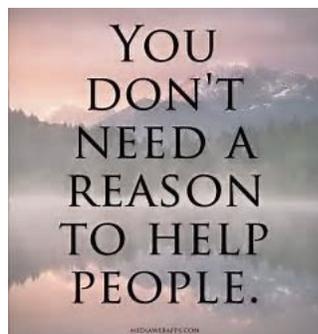
Place during one of my volunteer sessions. Nice job, everyone!

Carnival for HOPE: This event, held in October, raised over \$143,000.00 This event benefits the HOPE 4 Youth Drop-In Center as well as HOPE Place. ESA MN used funds from the Medtox/Labcorp check to sponsor a table for this event.

GIVE TO THE MAX Day: This event, held November 16th, is part of the GiveMN campaign. ESA MN donated \$150.00 to HOPE 4 Youth during Give to the Max day, which helped them raise almost \$10,000.00

in one day! Give to the Max Day 2017 was a success for Minnesota's nonprofits and schools, as nearly 5,400 organizations raised \$20.6 million!

Out in the Cold for Youth: This event, held Dec 14-17, is a new event at the Drop-In Center where individuals raise awareness and funds by spending a portion of the night out in the cold as many of our homeless youth do. I participated on Thursday, December 14th and I want to thank those that donated in support of me. Together, we raised over \$300.00 for HOPE 4 Youth! Awesome!!



## Hope for Heroes—Shirley Laue

It I want to thank those who came to put wreaths out at Ft. Snelling National Cemetery this past Dec. 16th. It was a beautiful day, and three semi-truck loads of wreaths. What a moving experience! We were not there to "decorate graves". We were there to remember not their deaths, but their lives. Alone we can do so little; together we can do so much. (Helen



Keller). Take time to remember our fallen U.S. Veterans. "I'm An American. Yes, I am." That was the theme for this year's wreaths event. Those were words from a song by singer and songwriter, Rick



Charente from Maine.

Thank you, Sandy H., our Prez, for helping organize and working at a dinner and handing out food to our veterans. I hope we can do more of those projects.

## St. Jude—Kelly Check and Betty Robinson

CONGRATULATIONS, Team ESA MN for all your fundraising efforts to the **2017 St Jude Walk to End Childhood Cancer**, held September 23rd at US Bank Stadium. Our team was the top fundraising ESA team nationally!!! For our hard work and dedication to St Jude, we will receive a pop-up banner to display at events. Our team goal was \$7,500 and we raised \$7,685.00. Nice job, everyone! Thank you, thank you, thank you!

**34th Annual St Jude Style Show** - Thank you to everyone for your support of the Style Show Luncheon and Silent Auction. It was a wonderful event! Once again, Alpha Sigma did a fantastic job with the auction. Way to go!

**K102 Cares for St Jude Kids Radio-thon** - December 14-15 - iHeart Media/K102 Studios. We had several ESA folks volunteer for this event on Thursday, which was the only day available as Friday was filled all day by the Wells Fargo volunteer team. It was another successful radio-thon as K102 and the listeners of Minnesota, Western Wisconsin, along with their internet listeners raised \$1,007,213.00 for the kids of St Jude. Wow!!!St



**Jude Memphis Marathon** - Saturday, Dec 2 - Memphis, TN. Once again, ESA had a wonderful showing of participants, whether they were runners/walkers or volunteers, everyone's support matters. The event raised over \$10.3 million for the hospital. An estimated 25,000 participants and 40,000 spectators from all across the US gathered in Memphis for the St Jude Marathon weekend. Team ESA set a goal of \$75,000.00 and currently our total is over \$62,000.00. Donations to Team ESA can still be made until January 8th at [http://fundraising.stjude.org/site/TR/Heroes/Heroes?team\\_id=200974&pg=team&fr\\_id=67039](http://fundraising.stjude.org/site/TR/Heroes/Heroes?team_id=200974&pg=team&fr_id=67039)

### Upcoming events:

**St Jude Red Carpet for Hope** - Sunday, Jan 7, 2018 at 5:30p Social, Dinner 7p - The Depot

shifts. To view available volunteer shifts and to sign up for a slot, please visit: <http://www.signupgenius.com/go/20f0b4eaaab29a2fb6-stjude1> for more information visit [StJude.org/RedCarpetforHope](http://StJude.org/RedCarpetforHope). If you have any questions, feel free to email [melissa.Bargmann@StJude.org](mailto:melissa.Bargmann@StJude.org). There are still plenty of volunteer opportunities open.

**St Jude Legends for Charity** - Feb 1, 2018 - Hyatt Regency - Minneapolis. This event is held in the host city in conjunction with the Super Bowl. Bringing together sports legends, celebrities and business leaders to support St Jude and to present the Pat Summerall Award. The 2018 award recipient is former University of Minnesota quarterback and legendary coach, Tony Dungy! Volunteer information to follow. For event details, visit <https://www.stjude.org/get-involved/find-an-event/dinners-and-galas/legends-for-charity-benefit-dinner.html>



Minneapolis. Volunteers are needed for various



## CHAPTER NEWS



### Alpha Chi—Kathy Rice

Alpha Chi had their meeting On November 11th, Nora Meyers and I had the pleasure of having Kathie Wasson and Stephanie Andreson riding along

with us to Albert Lea. It was great to see Jo Hanson and taste the delicious lunch that was planned. We had two speakers from Goodwill-Easter Seals Minnesota,

Shannon Schaaf, Director of Philanthropy and Katie Brickman, Manager,

Volunteer Services and Community Recruitment. Both did an outstanding job on their presentations. Thank you, ESA members, for your donation of \$40.00 toward Goodwill-Easter Seals. At the end of our sorority year, I will give the monies to our State

Treasurer who, in turn, will issue a check to them.

On Thursday, December 7th, we had our Christmas luncheon at the Red Rock restaurant in the Sheraton Hotel in Woodbury. The only member missing was Phyllis Frascone, who was ill that day. The food was delicious and, of course, everyone had all kinds of goodies to take home. It's fun

to see the little gifts left at our places on the table. We also donated \$20 each to give to the North St. Paul Food Shelf.

We also have sadness as Joane Buche's son, who passed away, will have his funeral on Monday, December 11th. Our prayers are with her.

Alpha Chi hopes you all had a wonderful Thanksgiving and Christmas. Now, we wish you a Blessed New Year.

### Beta Sigma—Linda Schultz

WOW! A LOT OF EXCITING THINGS TO REPORT FROM THE BETA SIGMA CORNER OF THE MINNESOTA.

#### Out and About and On the Road Again!

*INSTEAD OF AN OCTOBER MEETING, BETA SIGMA MEMBERS VISITED THE AAMODT APPLE ORCHARDS & WINERY ENJOYING GORGEOUS FALL WEATHER. Dina, Pat, Betty, Jackie, Kathy, Kay, Bruce, Eileen and Josie, who seemed smitten with all the beautiful giant dogs there with a Newfoundland dog club and spent some time talking to the owners and petting the dogs. Maybe this has sparked a new desire in Josie to have a new dog, albeit much smaller. There was time for shopping for goodies; and, eating kettle corn, hot dogs, apple brats, caramel apples, as well as sampling wines. Sounds great enough to visit again next year! :) Dina, thank you for*

*reporting this for me; and, the other brief notes sent by others. I am grateful!*

Betty and a girlfriend made a road trip to Pendleton, Oregon. Why Pendleton you may ask? It is a beautiful part of the country and a beautiful drive. There, they were able to tour the Pendleton Factory. Having planned to make the sojourn earlier, it had to be delayed due to all the forest fires.

Betty also took a fabulous trip to Italy, leaving October 31st through November 8th; more specifically Tuscany, but spent a day in Florence along the way. The travelers were treated to a dinner prepared by fellow travelers after which she and her group prepared dinner for those hosting the previous night. Visiting olive oil factories and spending a day in Pisa with optional tours to the seaside village of Portofino or a drive along the

Italian coastline; then, back home. Betty, was this a birth-day gift to yourself?

WHAT DO THINK KIM & HER HUSBAND, JIM, DID THIS SUMMER? THEY MADE A WONDERFUL ROAD TRIP OR TWO with Kim's niece, Milana. Milana is 16, a junior at Highland Park Senior High, learning to drive and still thinks spending time with her aunt and uncle is fun. Knowing that this is probably short-lived, they are taking every opportunity to spend as much time with her as possible.

In July, they traveled to MN North Shore and Canada. Milana had a freshly-minted passport burning a hole in her pocket ~ she was eager to "visit a foreign country" to get a stamp in the passport. Bonus for her was that she got to drive the entire time in Minnesota (with only a learner's permit, she could not drive in

Canada). They also briefly visited Duluth and hit the points along the North Shore ~ Gooseberry Falls, Split Rock Lighthouse, Two Harbors. They took time out to hike to the highest point in MN, Eagle Mountain, a whopping 2301 feet elevation. Then to Thunder Bay, Ontario, where they visited an amethyst mine, nearby Kakabeka Falls and a Canadian Superstore. Milana was intrigued by the Canadian goods and wanted to know what Canadians bought at grocery stores...turns out it's much the same stuff we buy ~ go figure!

Part 2 (August Road trip to Lincoln, NE) which purpose was to view the Total Eclipse) will show up next month....need to give some space to some great and fun things!

Jackie keeps us connected to the Art World! Isn't she fabulous?! Her Mixed Media Col-

## Beta Sigma—(continued)

lage class was full with six participants where she raised \$108 for MACMH. Scissors were flying, and creativity abounded as indicated by the colorful scraps of paper, fabric and fibers. Participants dug in ~ played, relaxed, had fun, took a risk, tried something new, and thought outside the box. She knows we will have a great exhibit at convention next year.

Coming next issue will be the story of Judy and Eileen as they traveled to their home-

land, Ireland. I can hardly wait to share it with you! As well, I will share the story of Bonnie's trip this summer. What and who have I missed?

NOVEMBER Beta Sigma meeting was held at Mary Mother of the Church in Burnsville after which our chapter participated in the Bake & Craft Sale, where we netted a significant amount of money which included donations to MACMH as well as the sale of baked goods donated by our members, and

donations by other participants in the sale.

Our Christmas Party was the first Saturday of December and was held at Eileen's home in Eagan, where there were refreshments and coffee, lots of fun games, gifts for all. Secret Sisters were revealed, and new ones drawn for next year. Though a number of chapters no longer keep this fun practice, Beta Sigma Sisters and Brother still enjoy the mystery of it throughout the year and the

big reveal at the opening of gifts! The Christmas feast was catered by Chipotle.

I am looking forward to a happy, productive, and prosperous New Year for each and every one of you. It is my sincerest prayer that your Christmas has been truly blessed and that you welcome the baby Jesus into your hearts and lives.

God's Blessings, Hugs Galore

## Gamma Omega—Betty Marler

Happy 2018! May the new year be filled with joy, good health, peace, love, laughter and all that is good.

Our chapter hosted Stampin' for the Kids party on December 2 at the Hopkins Elks' Lodge. We had a small group making gorgeous greeting cards. Sandy Hongerholt received complimentary bread treats and cookies from Great Harvest Breads in Maple Grove. The Elks served delicious hamburger/French fry baskets for our lunch. It was a lovely way to spend time visiting and creating cards. Thank you Dianne Ocel,

Betty Robinson, Diane Vanusek, Nicki Weller, Sandy Hongerholt, Lynne Thiebault, her friend Mary, plus two guests from the Elks for supporting this fundraising opportunity. Proceeds from the event have been sent to MACMH.

Get your PaRtY ShOeS on . . . the MN ESA State Social and Chili Cook-Off is just around the corner (see flyer in this Essay). You won't want to miss out on the fun we'll have at Arlene Bese-mann's Party room! Our chili cook-off is going to be scrumptious. Those of us not making chili should bring

a side dish, dessert, or appetizer to share. Also, please bring a wrapped white elephant for our gifting entertainment. This free event kicks off at 1:00 PM on Saturday January 20th. We hope to see you there!

GO Chapter is hosting the MN ESA State Membership Meeting on Saturday, February 17 at Faith-Lilac Way Lutheran Church in Robbinsdale (see flyer in this Essay). We'll begin socializing at 8:30 AM with breakfast being served at 8:45. We expect the meeting to begin at 9:30. Cost is \$10.00. If your chapter

needs a table to sell baked goods, crafts, etc., please let us know and we'll reserve one for you. RSVP to the Marlers by February 14<sup>th</sup>.

Finally, you'll find the registration form for our MN State Convention in this edition of the Essay. GO Chapter is hosting convention and we're getting things organized for an excellent celebration of the 2017-2018 ESA Year. If you have any questions, please call our convention co-chairs Sandy Dolence and Sharon Stegora.

## Gamma Zeta—Dorothy Wangen

Hope everyone had a Merry Christmas and A Very Happy New Year. We had our

Christmas luncheon at Tanner's in Blaine and everyone was busy getting ready for

Christmas. Now a New Year so everyone needs to gear up and get things done.

Have a Great New Year everyone.

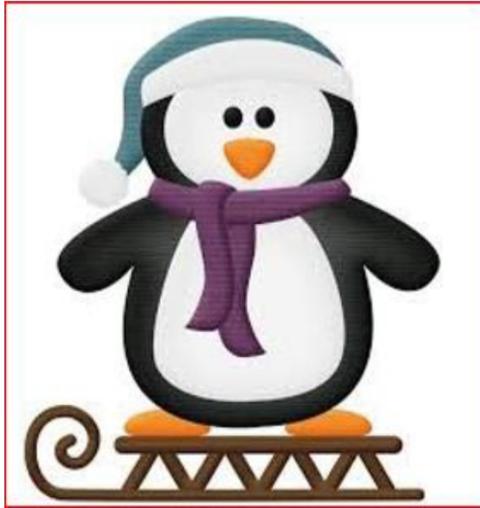




## **MINNESOTA ESA STATE SOCIAL AND 3<sup>RD</sup> ANNUAL CHILI COOK-OFF**

- **WHEN:** January 20, 2018 1-3 PM
- **WHERE:** Arlene Besemann's Party Room, 7500 York Ave S, Edina
- **WHAT:** Bring your favorite pot of chili, hot and ready for tasting or an appetizer/dessert to share
- **WHAT:** Bring a wrapped, white elephant gift
- **WHO:** Everyone
- **COST:** Free

**Hosted by Gamma Omega**



# Minnesota ESA State Membership Meeting

**Saturday, February 17, 2018**

**Faith-Lilac Way Lutheran Church, 5530 42<sup>nd</sup> Ave. N.  
Robbinsdale, MN 55422**

**Hwy. 100 to 42<sup>nd</sup> Ave. West on 42<sup>nd</sup> about 0.1 mile.  
The church is on the North side of 42<sup>nd</sup>.**

**Socializing: 8:30 A.M.**

**Breakfast: 8:45 A.M.**

**Meeting: 9:30 A.M.**

**Cost: \$10.00**

**RSVP by February 14<sup>th</sup> – Thank you!**

**Tables for selling chapter goodies will be available.  
Please let us know if you would like a table.**

**RSVP to Betty and Dennis Marler,  
[dmarler@comcast.net](mailto:dmarler@comcast.net) or 763.494.8452**



**2018 MN ESA STATE CONVENTION**  
**Friday-Saturday, April 27-28, 2018**

**Hilton Garden Inn Minneapolis St. Paul**  
**1050 Gramsie Road, Shoreview, MN 55126**  
**651-415-1956**

REGISTRATION DEADLINE: <u>Monday, April 23, 2018</u>					
Late Registration after April 23rd: \$25 Cash Only					
NAME:		CHAPTER:		DELEGATE:	YES NO
ADDRESS:		PHONE:		1 <sup>ST</sup> TIME ATTENDEE:	
CITY/ST/ZIP:					
GUEST NAME:					

Guests are invited to attend all meetings and functions.

FULL REGISTRATION		COST	MEMBER	GUEST
(Includes Registration Fee, Friday Evening Dinner, Saturday Breakfast, Saturday Lunch and Saturday Evening Banquet)		\$110		
PARTIAL REGISTRATION (Check all that apply.)		COST	MEMBER	GUEST
REGISTRATION FEE (REQUIRED for ALL except "BANQUET ONLY" GUESTS)		\$15		
	FRIDAY EVENING (Baked Potato Buffet)	\$19		
	SATURDAY BREAKFAST (Sunrise Continental Breakfast)	\$12		
	SATURDAY LUNCHEON (Garden Deli Buffet)	\$22		
	SATURDAY BANQUET (Grilled Herb Chicken)	\$42		
	SATURDAY BANQUET (Roasted Rosemary Pork Loin)	\$42		
PARTIAL REGISTRATION TOTAL			\$	\$
ATTENDING MEETINGS ONLY		COST	MEMBER	GUEST
	MEETING ONLY (No meals/ no room)	\$25		
Medical Dietary Needs				
REGISTRATION TOTAL			\$	\$

**ROOM RESERVATIONS:** \$109 per night + tax. Reservations can be made under the "Epsilon Sigma Alpha" room block by calling Hilton Garden Inn-Shoreview at 651-415-1956.

**MAIL FORM & CHECK (Payable to Gamma Omega)** to Dennis Marler, 9145 Kingsview Lane N, Maple Grove MN 55369. **QUESTIONS:** Sandy Dolence 763-533-3792 or Sharon Stegora 763-537-3450.



**2018 INTERNATIONAL CONVENTION  
 "SUNSHINE AND CELEBRATIONS"  
 JULY 18-22, 2018  
 SHERATON GRAND HOTEL  
 340 N. 3<sup>RD</sup> STREET • PHOENIX, AZ 85004  
 602-262-2500 (local) • 866-837-4213 (reservations)**



MEMBER NAME \_\_\_\_\_ MEMBER NUMBER/STATE \_\_\_\_\_ / \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ CELL \_\_\_\_\_ EMAIL \_\_\_\_\_

CHAPTER NAME \_\_\_\_\_ CHAPTER # \_\_\_\_\_ STATE COUNCIL \_\_\_\_\_

DATE OF ARRIVAL \_\_\_\_\_ TIME OF ARRIVAL \_\_\_\_\_ FLY/DRIVE USING SCOOTER Y/N

ROOMMATE(S) \_\_\_\_\_

**CHECK ALL THAT APPLY**

- First IC Convention     Pledge     Collegiate Member – Campus \_\_\_\_\_     HQ Staff
- ESA Foundation Board     IC Elected/Appointed Board     Past IC President (year) \_\_\_\_\_
- 2017-2018 State President – State \_\_\_\_\_     2018-2019 State President – State \_\_\_\_\_
- Previous State President - State(s)/Year(s) \_\_\_\_\_ Served with: \_\_\_\_\_
- I will be recognized at convention for my years of ESA Service: 25 30 35 40 45 50 55 60 65 70
- Medical Food Allergy: The hotel will do its best to accommodate **MEDICAL Food Allergy requests only**.  
 Allergy alert for \_\_\_\_\_ (Additional costs may apply.)

	<u>CIRCLE AMOUNT</u>
<b>MEMBER FULL REGISTRATION FEE:</b>	<input type="checkbox"/> Postmarked by May 1, 2018 ..... \$250
Includes general assemblies, workshops,	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$275
welcome party, recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2018 (see payment note on page 2) ..... \$275
<b>MEMBER FRI &amp; SAT REGISTRATION FEE:</b>	<input type="checkbox"/> Postmarked by May 1, 2018 ..... \$225
Includes general assemblies, recognition	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$250
luncheon and banquet	<input type="checkbox"/> After June 1, 2018 (see payment note on page 2) ..... \$250
<b>MEMBERS SAT REGISTRATION FEE:</b>	<input type="checkbox"/> Postmarked by May 1, 2018 ..... \$125
Includes general assembly and banquet	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$150
	<input type="checkbox"/> After June 1, 2018 (see payment note on page 2) ..... \$150
<b>MEMBER WALK-IN REGISTRATION FEE:</b>	
Includes everything in full registration	<input type="checkbox"/> See payment note on Page 2 ..... \$300
<b>PICP NO-HOST LUNCHEON (all past and present state presidents/IC presidents)</b>	.....\$40
If served with multiple presidents, indicate with whom you wish to sit? _____	
<b>SUBTOTAL MEMBER REGISTRATION:</b>	<b>\$ _____</b>

**CONVENTION HOTEL ROOM RATES**

Room rates: Single/Double - \$139, plus tax. Triple/Quad - \$149, plus tax

Rates are available for July 12, 2018 thru July 25, 2018 -

To receive the group rate, you MUST make reservations by **June 29, 2018**. Call for reservations and reference the **Epsilon Sigma Alpha International 2018 Convention rate** or click on the following: [hotel link](#)

Member Name and Number as listed on first page \_\_\_\_\_

**MEMBER MAY NOT REGISTER AS NON-MEMBER FOR ANY EVENT**

NON-MEMBER NAME \_\_\_\_\_

Please indicate if special guest of the following:  ALSAC  EASTER SEALS

INCOMING IC PRESIDENT  OTHER (Please specify) \_\_\_\_\_

	<u>CIRCLE AMOUNT</u>
<b>NON-MEMBER FULL REGISTRATION FEE</b>	<input type="checkbox"/> Postmarked by May 1, 2018 ..... \$250
Includes general assemblies, workshops, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$275
	<input type="checkbox"/> After June 1, 2018 (see payment note below)..... \$275
<b>NON-MEMBER attending WELCOME PARTY</b>	<input type="checkbox"/> Postmarked by June 1, 2018..... \$ 65
	<input type="checkbox"/> After June 1, 2018 (see payment note below)..... \$ 70
<b>NON-MEMBER attending RECOGNITION LUNCHEON</b>	<input type="checkbox"/> Postmarked by June 1, 2018..... \$ 50
	<input type="checkbox"/> After June 1, 2018 (see payment note below)..... \$ 55
<b>NON-MEMBER attending BANQUET</b>	<input type="checkbox"/> Postmarked by June 1, 2018..... \$ 80
	<input type="checkbox"/> After June 1, 2018 (see payment note below)..... \$ 85
<b>YOUTH REGISTRATION FEE</b>	<input type="checkbox"/> Postmarked May 1, 2018 ..... \$250
Includes general assemblies, welcome party recognition luncheon and banquet	<input type="checkbox"/> Postmarked May 2 – June 1, 2018 ..... \$275
	<input type="checkbox"/> After June 1, 2018 (see payment note below)..... \$275

\*\*\*List food allergies for non-members on page one, indicating who has the allergy.

**SUBTOTAL NON-MEMBER REGISTRATION:** \_\_\_\_\_  
**ENTER TOTAL FROM FIRST PAGE:** \_\_\_\_\_  
**TOTAL REGISTRATION:** \_\_\_\_\_

**MEN'S GOLF . . . Indicate days you would like to play golf.**

I wish to golf:  Monday  Tuesday  Wednesday  Thursday  Friday  Saturday

**SELECT ONE PAYMENT TYPE**

**REGISTRATION IS NON-TRANSFERABLE**

**\*\*PAYMENT NOTE:** Payment after June 1, 2018 must be paid by **MONEY ORDER, CERTIFIED CHECK, CASH OR CREDIT CARD AND MAILED TO THE IC REGISTRATION CHAIR BEFORE JUNE 18, 2018. After June 18, 2018, mail registration form only – DO NOT SEND PAYMENT. Email the registration chair that the form has been mailed and bring copy of registration form with money order, certified check, cash or credit card to the IC Convention.**

Check  Money Order Make payable to: **ESA 2018 IC Convention**  
 A \$45 fee will be assessed for any returned check.

Credit card\*\*  Visa  MasterCard  American Express  Discover

*\*\*A fee of 4.5% of the total charge will be added.*

Credit Card #                      Exp. date \_\_\_\_\_ security code \_\_\_\_\_

Name EXACTLY as it appears on credit card \_\_\_\_\_

Billing address of credit card holder \_\_\_\_\_

Cardholder Signature (required) \_\_\_\_\_

**CANCELLATION:** If you find it necessary to cancel this registration, the full amount less a \$15 processing fee will be refunded when WRITTEN cancellation is postmarked NO LATER THAN JUNE 15, 2018. NO REFUNDS AFTER JUNE 15.

**Mail registration form and payment to:** Marilee Dunn, 2018 ESA IC Registration Chair  
 3575-1 Lehigh Drive; Santa Clara, CA 95051  
 408-838-5254 email: Eureka5255@aol.com



### Tours for 2018 IC Convention

Mark the appropriate space(s) and indicate the number of tickets you want to order.  
Please include tour registration with convention registration and payment.

\*\*\* All tours include round-trip transportation\*\*\*

**Sunday July 15, 8:00 am – 4:00 pm** - Registration deadline – June 1, 2018

#### Jerome and Lunch at the Asylum

Depart the Sheraton at 8am and travel to the Verde Valley. Experience a destination rich in history, beauty, and the production of exquisite Arizona wines. Stop in Cottonwood for shopping on your own in the historical downtown and a wine-tasting at Fire Mountain. Continue to Jerome. Recently voted as one of “America’s Coolest Small Towns” by BudgetTravel.com. Jerome is a historic mining town built in the side of Mingus Mountain that was abandon but has come back to life. Lunch is included at the Asylum. Return to the Sheraton around 4pm.

\_\_\_\_\_ Tickets at \$110.00 per person = \$ \_\_\_\_\_  
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**Sunday July 15, 9:30 am – 3:30 pm** - Registration deadline – June 1, 2018

#### Butterfly Museum and Talking Stick Casino

Depart the Sheraton at 9:30am and travel to the Butterfly Museum where over 3,000 friendly butterflies await your arrival. It the largest indoor butterfly pavilion in America. Around 12:30pm continue to Be Talking Stick Resort and Casino for lunch on your own. The culinary experts at Talking Stick Resort have created six unique restaurants for you to enjoy throughout the hotel and resort. Then there will be time to flirt with lady luck before returning to the Sheraton around 3:30pm.

\_\_\_\_\_ Tickets at \$89.00 per person = \$ \_\_\_\_\_  
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**Monday July 16, 8:30 am – 8:00 pm** - Registration deadline – June 1, 2018

#### Verde Canyon Railroad

Depart the Sheraton at 8:30am and travel to Clarksdale where you will board the Verde Canyon Railroad for a four hour diesel train journey to places only accessible by rail. See crimson cliffs, eagle nests, white water rapids, and abandoned gold mines. Return to the Sheraton around 8pm.

\_\_\_\_\_ Tickets at \$129.00 per person - coach class = \$ \_\_\_\_\_  
\_\_\_\_\_ Tickets at \$179.00 per person - first class = \$ \_\_\_\_\_  
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**Monday July 16, 10:00 am – 3:00 pm - Registration deadline – June 1, 2018**

**Classic (Historic) Homes**

Go back in time for a day and discover Arizona's rich history. Tour The Rossen House, a fully-restored 1895 Queen Anne Victorian house museum which interprets the history of Phoenix. Tours of the house include all living areas and offer visitors a glimpse into the lifestyles of early Phoenix families. Spend time at Heritage Square before driving by other historical Phoenix homes. These homes are striking reminders of the Valley's vibrant past Lunch is included at the Spicery in Glendale.

\_\_\_\_\_ Tickets at \$75.00 per person = \$ \_\_\_\_\_

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**Tuesday July 17, 8:00 am – 5:00 pm - Registration deadline – June 1, 2018**

**Sedona and Montezuma Castle**

Depart the Sheraton at 8am and travel to Montezuma Castle National Monument. Gaze through the windows of the past into one of the best preserved cliff dwellings in North America. This 20 room high-rise apartment, nestled into a towering limestone cliff, tells a story of ingenuity, survival and ultimately, prosperity in an unforgiving desert landscape. Continue to Sedona for lunch and sightseeing on your own. Sedona is home to over 300 artists that draw from the quiet, colorful, and spectacular physical environment. The red rocks, drifting clouds, towering pinnacles, and sheer canyon walls lend incredible beauty to this area. Return to the Sheraton at about 5pm.

\_\_\_\_\_ Tickets at \$105.00 per person = \$ \_\_\_\_\_

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**Tuesday July 17, 9:00 am – 2:00 pm - Registration deadline – June 1, 2018**

**Musical Instrument Museum (MIM)**

Depart the Sheraton at 9am. A guided tour of MIM features more than 6,000 instruments collected from around 200 of the world's countries and territories. Most displays are enhanced by state-of-the-art audio and video technologies that allow guests to see the instruments, hear their sounds, and observe them being played in their original contexts. Lunch is on your own in the MIM Café. Return to the Sheraton around 2pm.

\_\_\_\_\_ Tickets at \$65.00 per person = \$ \_\_\_\_\_

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Friday July 20, 6:00 – 10:00 - Registration deadline – June 1, 2018

**Diamondbacks Baseball**

The Arizona Diamondbacks are at home and playing the Colorado Rockies. Ticket price includes all you can eat ball park food (hot dogs, popcorn, sodas and more). In sections with easy access and close to the bar and a little more leg room. Don't forget – Chase Field is air conditioned and just 3 blocks from the Sheraton Grand Hotel.

\_\_\_\_\_ Tickets at \$38.00 per person = \$ \_\_\_\_\_

Friday July 20, 6:00 – 10:30 - Registration deadline – June 1, 2018

**Wildhorse Pass Casino**

Take the bus to Wildhorse Pass Hotel and Casino for a night of fun. There a slots and table games and great places to eat. See just how lucky you are! The bus will leave the hotel at 6:00 PM and return to the hotel about 10:30 PM.

\_\_\_\_\_ Tickets at \$24.00 per person = \$ \_\_\_\_\_

Sunday July 22, 9:00 – 5:00 - Registration deadline – June 1, 2018

**Tucson – San Xavier del Bac Mission and the Presidio**

Depart the Sheraton at 9am and travel to Tucson. Upon arriving, tour the San Xavier del Bac Mission. A National Historic Landmark, San Xavier Mission was founded as a Catholic mission by Father Eusebio Kino in 1692. It is the oldest intact European structure in Arizona and is filled with marvelous original statuary and mural paintings. After lunch on your own, visit the Presidio San Agustín del Tucson Museum, a re-creation of the Tucson Presidio built in 1775. Travel back in time to learn about life as early Tucsonans would have lived it. Docent tours discuss life in the Santa Cruz Valley for early Native Americans, Presidio residents and Territorial Period settlers. See the archaeological remains of a pit house, walk along the original Presidio wall and experience a 150 year old classic Sonoran Row house. Return to the Sheraton around 5pm.

\_\_\_\_\_ Tickets at \$99.00 per person = \$ \_\_\_\_\_

**NOTE: Tours may be cancelled if minimum registration is not met.**

Registration deadline – June 1, 2018

Name \_\_\_\_\_

State \_\_\_\_\_

Tour Total \_\_\_\_\_ If using debit/credit card, add 4.5% \_\_\_\_\_

**Payment Instructions:** Include Tour Registration form with Convention Registration. For your convenience, you may remit one check, money order, or credit / debit payment for both.

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EPSILON SIGMA ALPHA

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## MINNESOTA ESSAY

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The ESSAY is published on a monthly basis August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

**Chapter Presidents, please share the newsletter with members in your chapter who may not have email.**

If you would like to be included on the email list, please let me know.

Terri Olson  
ESSAY Editor  
terri.mnesa@gmail.com



“Live by Inspiring Others to Fly”

—Sandy Alexander,  
International Council President 2017-2018