



# ESSAY-AUGUST 2018

Don't forget to:

- Come to Leadership in Albert Lea—8/17-18
- RSVP for 9/8 Membership Meeting
- Sign up for Hope4Youth Meals
- Check out items to purchase for Welcome Home Vets
- RSVP for Goodwill/Easterseals Style Show 9/29
- Register for the MARC Conference 10/12-14!

## President—Sandy Hongerholt

Hi All!  
 Thank you all for sending me to represent Minnesota ESA in sunny Phoenix. It was a busy and fun week. Congratulations to our very own Terri Olson installed as the 2018-19 First Vice President/President Elect. She will be installed as IC President in Memphis Tennessee at next years 2019 IC Convention. Start planning now to go to Memphis and support Terri and tour the St Jude Hospital. Even if you toured the hospital previously, there are many changes happening.

Can you believe the St Jude totals? \$522,155 for Minnesota, \$21,305,760 for all of ESA for 2017-18 and a lifetime total of



\$267,637,148. I can remember not to long ago the push to reach \$200 Million. Minnesota ESA also received 2nd place for the highest individual St Jude event, excluding dream home or

radiothon.

If you haven't already signed up for our State Leadership in August, there is still time. If you are not able to attend Friday, please come down for Saturday. We have a full day planned for you. Thank you Jo Hanson for your hospitality.



September 8th is our first State Membership meeting with Gamma Omega hosting. Details can be found in



this newsletter.

There are a lot of fun social and fundraising events planned for this ESA year. Please participate when you can.

Don't forget the MARC Convention coming up in October. Sioux Falls is a very drivable distance. I think the theme "Party on the

Plains" says it all.

As you're planning the events to attend this year, ask a friend to come along with you. Don't keep ESA to yourself - Share it with EVERYONE.

Hope to see you all soon!



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## 1st Vice President—Dennis Marler

I don't tan. I can't tan. I just turn red or I burn. Some of you bronze; I blister. After dozens of years of trying, I've learned to avoid summer. Now I have a hat to protect me from the burn. It's a white straw hat, not a nice Panama hat like the beautiful people wear, but one like the old farmers wear in the fields. It's a dandy hat. We even call it my dandy hat ("Did you remember your dandy hat?" she'll ask). I keep it in the back window of the car so I have it in case the sun comes out. A couple weeks ago Betty went to Mitchell SD to celebrate her mother's 91<sup>st</sup> birth-

day. She was going to be gone for three days, so she needed two suitcases, several outfits, shoes, two coolers, bags of groceries, bottles of water, sunflower seeds and a purse too heavy to carry. I would stay home and take care of the cats.

As we were loading, and loading, and loading the car, I saw my dandy hat in the window. Never one to miss a chance to show my clever wit, I said to her, "I better take my hat. I don't want any of your old boyfriends to think you're married to an old codger." I knew she'd

say something like "I don't have any old boyfriends, I never have, it's always been you and you alone." What she actually said, with a wink and not a moment's hesitation was, "My old boyfriends won't care about that hat."

And what did that story have to do with Minnesota ESA? Well, that's a great question. If any of you have any ideas, please let me know.

Now, as we move into our new year, I want to remind us to appreciate each other. We do an amazing job of recognizing our group

accomplishments, but often forget to acknowledge the work of our individual members. Thank you, Dana Terry, for the amazing work you do on the slideshows, videos and projector operation. We forget those things are not your responsibility. Thank you for making it all seem so painless.



## Hope 4 Youth—Alpha Zeta (Kelly Check—contact)

### Meal Service:

At the planning meeting, it was agreed that we would continue to provide a meal service to the youth at the drop-in center on the 1st Tuesday of each month. With that said, here are the dates

for the upcoming year.

- ◆ August 7, 2018
- ◆ September 4, 2018
- ◆ October 2, 2018
- ◆ November 6, 2018
- ◆ December 4, 2018
- ◆ January 1, 2019
- ◆ February 5, 2019
- ◆ March 5, 2019
- ◆ April 2, 2019
- ◆ May 7, 2019

Please contact me at KelLizMNesa@gmail or 651-335-1168 if you would like to sign up! Thank you!



And, don't forget



Hope's Closet Volunteer Opportunities:  
11350 Aquila Drive  
Champlin, MN

Shifts Available:

**Monday, Tuesday, Wednesday and Friday** – 10am – 2pm and 2pm – 6pm  
**Thursday** – 10am – 2pm, 2pm – 5pm, 5pm – 8pm  
**Saturdays** – 1<sup>st</sup> and 3<sup>rd</sup> – 10am – 2pm

Volunteering questions:

Contact Cheri Sutch-Halek [cstuch@hope4youthmn.org](mailto:cstuch@hope4youthmn.org) 763-232-2066 \*102

Other questions:

Contact Lisa Jacobson [ljacobson@hope4youthmn.org](mailto:ljacobson@hope4youthmn.org) 763-323-2066 \*107

## St. Jude—Betty Robinson and Joyce Cobb

Thank you to those who volunteered at the Theater of Dreams on June 28<sup>th</sup>. The event raised a little over \$130,000 which MN ESA received partial credit.

Thank you to those who volunteered at the St. Jude Warrior Dash on June 30<sup>th</sup>. The event raised a little over \$6,000 which MN ESA received partial credit.

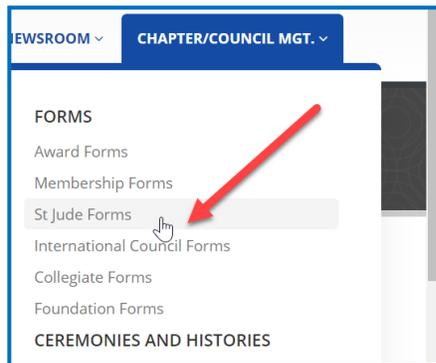
Also, thanks to those who volunteered at the St. Jude Ride & 5K Run on July 28<sup>th</sup>. I do not have the event totals yet on this one, but MN ESA will get partial credit, as well.

I understand the Cruisin' for St. Jude event on July 14<sup>th</sup> that Alpha Zeta was involved in was a great success! YAY!!!

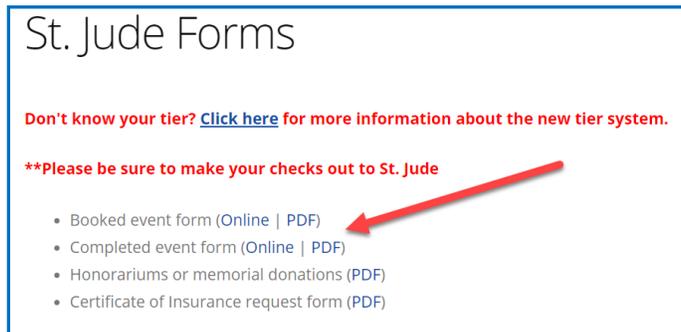
For those chapters that are raising funds for St. Jude, please remember to submit a Booked

Event and Completed Event form. You can either do it online or print out the PDF version and send it in to the ESA for St. Jude Office in Colorado. To obtain these forms or complete online, login to the **Member Center** of [www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org)

click on the **Chapter/Council MGT** menu option, under **Forms** (on the right-hand side of the screen) click on **St. Jude Forms** to open the appropriate webpage. You can



select the option for **Online** or **PDF**. Let me know if you have any problems.



Currently, our Walk to End Childhood Cancer team, ESA MN, has only 7 members. Encourage family and friends to join our team, the more members we have, the more credit we get! Don't forget to fundraise, too! By registering, you receive a

“dashboard” or webpage to share with friends and family via email and/or social media to help fundraise for the kids.

**Upcoming events:** (if you are able to volunteer for any of these events, please let Betty Robinson and Joyce Cobb know)

- ◆ **St. Jude Fall Festival of Hope**  
**September 13, 2018**  
**The Depot, Minneapolis, MN**

The St. Jude Fall Festival of Hope will celebrate its 17th year with 600 guests sampling some of the finest cuisine in the Twin Cities.

This dinner gala has raised more than \$3.4 Million for the kids of St.

Jude since its inception. The night will also include live and silent auctions and an inspiring St. Jude patient speaker. <http://www.stjude.org/fallfestivalofhope>

- ◆ **St. Jude Walk/Run to End Childhood Cancer**  
**September 22, 2018 |**

### **USBank Stadium Mpls., MN**

The end to childhood cancer starts with you. Supporters in 61 communities will join together in the St. Jude Walk/Run to End Childhood Cancer during September's Childhood Cancer Awareness Month to raise funds for St. Jude Children's Research Hospital. [www.stjude.org/walkrun](http://www.stjude.org/walkrun)

- ◆ **St. Jude Style Show**  
**October 27, 2018 |**  
**Sheraton Minneapolis West Minnetonka, MN**

MN ESA will once again we will be hosting the St. Jude Style Show and Silent Auction. The Silent Auction will be setup and run by the Alpha Sigma chapter. More details will be revealed as they become available by an email blast. As always, we are looking for models to participate in our event, so if you are available, please let Betty Robinson and Joyce Cobb know right away.

- ◆ **K102 Cares for St. Jude Kids Radiothon**

## St. Jude—(continued)

**December 2018 |  
iHeart Media Studios  
- Mpls.**

Tune into the 26th Annual K102 Cares for St. Jude Kids Radiathon. K102 staff, loyal listeners, and our wonderful volunteers have helped raise over \$20 Million for the children of St. Jude. [www.k102.com](http://www.k102.com)



◆ **St. Jude Red Carpet for Hope – Golden Globe® Awards Viewing Party**

**St. Jude Teen Gala  
January 2019 | The Depot, Minneapolis, MN**

Get the celebrity treatment as you walk the red carpet at the 7<sup>th</sup> Annual St. Jude Red Carpet for Hope. Guests enjoy a red-carpet reception, live and silent auction, cocktails, dinner, and a presentation of the 76<sup>th</sup> annual Golden Globe®

Awards. This is the only charity viewing party for the Golden Globe® Awards and is a joint partnership with the Hollywood Foreign Press Association.

[www.stjude.org/redcarpetforhope](http://www.stjude.org/redcarpetforhope)

## Welcome Home Vets—Betty Marler and Lori Thorpe

Thank you, President Sandy Hongerholt, for asking us to serve as co-chairs for our new state project, Welcome Home Veterans. We have been meeting with, and emailing, Gretchen and Rick Peterson, program directors, to make plans for an exciting year of service for our homeless veterans.

ESA has the opportunity to assist in meeting homeless veterans moving into their new apartments and assisting with setting up their new homes. So far, we have had two opportunities to welcome veterans into their new homes. We will send notifications to MN ESA as soon as we hear from Gretchen and Rick every time there is an opportunity to assist with this project. Gretchen and

Rick will arrange for ESA volunteers to go with their seasoned volunteers who have experience with the deliveries.

We asked the Petersons if they would send us information regarding where they purchase things for the new apartments. They know where to find the deals and we want to share this information with ESA members in case they want to purchase things on their own or through their chapters. There are three flyers in this Essay regarding Help for the Homeless/Welcome Home Veterans. The first one is the basic kit packing checklist. The second one is the basic kit packing checklist which includes merchants and

specific items available from these stores. The final list is the Dollar Tree shopping list. These should be a great resource as we work toward getting our homeless veterans settled into their new homes. They will also take gently used bedding, towels, dishes, and silverware.

Gretchen and Rick have asked ESA members to help with a holiday dinner (maybe around Thanksgiving or Christmas) at the Veterans East location. We haven't chosen a date at this time. We are in the planning stages for this event and will get information to the ESA membership as soon as plans are finalized.

This coming spring, ESA

will provide food and serve a picnic meal at the Veterans East location. We haven't chosen a date at this time. We are working on this event and will get information to the ESA membership as soon as plans are finalized in early 2019.

If you have any questions, Gretchen and Rick are most willing to answer them. You may contact them at: 612.615.8387, [info@hopkinselks.org](mailto:info@hopkinselks.org) or at Help for the Homeless, PO Box 5663, Hopkins, MN 55343.

You may also contact either one of us:

Lori Thorpe, [candlt-horpe@hotmail.com](mailto:candlt-horpe@hotmail.com) or 763.241.1950  
Betty Marler, [dmarler@comcast.net](mailto:dmarler@comcast.net) or 763.494.8452

Help for the Homeless  
Welcome Home Veterans Program



WELCOME HOME  
VETERANS

**Basic Kit Packing Checklist**

Help For The Homeless  
Welcome Home Veterans Program : Basic Kit Packing Checklist

**Bedroom**

- \_\_\_\_\_ Queen Sheet Set
- \_\_\_\_\_ Pillows (set of 2)
- \_\_\_\_\_ Comforter
- \_\_\_\_\_ Hangers (1 Set of 8)

**Kitchen**

- \_\_\_\_\_ 1 - 20 pc dinnerware set
- \_\_\_\_\_ 1 box - 9 pc cook set
- \_\_\_\_\_ 1 - 3 pc knife set
- \_\_\_\_\_ Toaster
- \_\_\_\_\_ Coffee maker and filters
- \_\_\_\_\_ Measuring cups
- \_\_\_\_\_ Measuring spoons
- \_\_\_\_\_ Can opener
- \_\_\_\_\_ Pizza cutter
- \_\_\_\_\_ Slotted Spatula (black)
- \_\_\_\_\_ Silicone Spatula Betty Crocker (red)
- \_\_\_\_\_ Mixing Spoon Betty Crocker (black)
- \_\_\_\_\_ 2 sets plastic food storage
- \_\_\_\_\_ 1 set kitchen towels
- \_\_\_\_\_ 1 set kitchen wash cloths
- \_\_\_\_\_ Oven mitt
- \_\_\_\_\_ 1 pkg paper napkins
- \_\_\_\_\_ 1 pkg tin foil
- \_\_\_\_\_ 1 pkg plastic wrap
- \_\_\_\_\_ 1 pkg large ziploc
- \_\_\_\_\_ 1 pkg small ziploc
- \_\_\_\_\_ 2 rolls paper towels
- \_\_\_\_\_ 1 cutting board
- \_\_\_\_\_ Scissors

**Bathroom**

- \_\_\_\_\_ Shower curtain
- \_\_\_\_\_ Shower curtain tension rod
- \_\_\_\_\_ 1 pkg Shower curtain rings
- \_\_\_\_\_ 1 set bath towels
- \_\_\_\_\_ 2 pkgs toilet paper

**Cleaning Supplies**

- \_\_\_\_\_ Kitchen Trash can
- \_\_\_\_\_ 1 pkg kitchen trash bags
- \_\_\_\_\_ Broom
- \_\_\_\_\_ Mop
- \_\_\_\_\_ Bucket
- \_\_\_\_\_ Dustpan
- \_\_\_\_\_ 1 pkg sponges
- \_\_\_\_\_ 1 bottle dish soap
- \_\_\_\_\_ 1 bottle all purpose cleaner
- \_\_\_\_\_ 1 bottle glass cleaner
- \_\_\_\_\_ Laundry basket
- \_\_\_\_\_ 1 bottle laundry detergent
- \_\_\_\_\_ Toilet bowl brush
- \_\_\_\_\_ Toilet bowl cleaner

**Furniture (if needed)**

- \_\_\_\_\_ Microwave Oven
- \_\_\_\_\_ Floor Lamp
- \_\_\_\_\_ 1 - 3 way light bulb
- \_\_\_\_\_ 1 - 60w reading light bulb
- \_\_\_\_\_ Clock radio

Help for the Homeless  
Welcome Home Veterans Program



WELCOME HOME  
VETERANS

**Basic Kit Packing Checklist Including Merchants**

Help For The Homeless  
Welcome Home Veterans Program : Basic Kit Packing Checklist Including Merchants

	Item	Store	Brand	Ball park price
<b>Bedroom</b>				
_____	Queen Sheet Set	Big Lots	Just Home brand (blue solid or pattern)	\$15.99
_____	Blanket	Walmart		\$15-\$20
_____	Pillows (set of 2)	Walmart	Mainstays brand, standard	\$4/each
_____	Comforter	Target	Room Essentials - blue	\$26.99-\$29.99
_____	Kitchen Trash Can	Walmart	Sterilite (should be some in the garage)	\$7.99
<b>Kitchen</b>				
_____	28 pc Dinnerware set	Big Lots	Blue Band or Multi Color Band (#ST28439)	\$19.99
_____	1 box - 9 pc cook set	Walmart	Tramortina	\$19.99
_____	1 - 3 pc knife set	Walmart		\$6.97
_____	1 cutting board	Walmart	small	\$0.99
_____	Laundry Basket	Big Lots		\$3.99
_____	Coffee maker	Walmart		\$17.00
_____	Toaster	Walmart	Mainstays	\$8.00
_____	Coffee filters	Walmart		\$1.00
<b>Bathroom</b>				
_____	Shower curtain	Walmart	medium liner	\$4.99
_____	Shower curtain rod	Walmart	medium liner	\$7.99
_____	1 pkg Shower curtain rings	Walmart		\$0.99
_____	1 set bath towels	Walmart	Mainstays, Performance (2 bath, 2 wash, 1 hand)	\$20.00
<b>Furniture</b>				
_____	Microwave Oven	Walmart	Hamilton Beach 900w (optional)	\$53.99
_____	Floor Lamp	Walmart	Mainstays combo floor lamp w/reading light	\$10.94
_____	Clock radio	Walmart/Target	Omnitron (Walmart), Capello (Target)	\$12.00

Help for the Homeless  
Welcome Home Veterans Program



**Dollar Tree Shopping List**

Help For The Homeless  
Welcome Home Vets Program : Dollar Tree Shopping List

**Bedroom / Bath**

- \_\_\_\_\_ Hangers (1 Set of 8)
- \_\_\_\_\_ 2 pkgs toilet paper
- \_\_\_\_\_ Razors
- \_\_\_\_\_ Deodorant
- \_\_\_\_\_ Toothbrush
- \_\_\_\_\_ Toothpaste
- \_\_\_\_\_ Men's All in One
- \_\_\_\_\_ Comb / Brush set

**Note: Hygiene products can be tailored to gender**

**Cleaning Supplies**

- \_\_\_\_\_ 1 pkg kitchen trash bags
- \_\_\_\_\_ Broom
- \_\_\_\_\_ Mop
- \_\_\_\_\_ Bucket
- \_\_\_\_\_ Dustpan
- \_\_\_\_\_ 1 pkg sponges
- \_\_\_\_\_ 1 bottle dish soap
- \_\_\_\_\_ 1 bottle all purpose cleaner
- \_\_\_\_\_ 1 bottle glass cleaner
- \_\_\_\_\_ 1 bottle laundry detergent
- \_\_\_\_\_ Toilet bowl brush
- \_\_\_\_\_ Toilet bowl cleaner

**Kitchen/Living Room**

- \_\_\_\_\_ Measuring cups
- \_\_\_\_\_ Measuring spoons
- \_\_\_\_\_ Can opener
- \_\_\_\_\_ Pizza cutter
- \_\_\_\_\_ Slotted Spatula/Pancake Turner
- \_\_\_\_\_ Silicone Spatula
- \_\_\_\_\_ Mixing Spoon
- \_\_\_\_\_ 2 sets plastic food storage
- \_\_\_\_\_ 1 set kitchen towels
- \_\_\_\_\_ 1 set kitchen wash cloths
- \_\_\_\_\_ Oven mitt
- \_\_\_\_\_ 1 pkg paper napkins
- \_\_\_\_\_ 1 pkg tin foil
- \_\_\_\_\_ 1 pkg plastic wrap
- \_\_\_\_\_ 1 pkg large ziploc
- \_\_\_\_\_ 1 pkg small ziploc
- \_\_\_\_\_ 2 rolls paper towels
- \_\_\_\_\_ 1 brownie pan
- \_\_\_\_\_ Scissors
- \_\_\_\_\_ 1 - 3 way light bulb
- \_\_\_\_\_ 1 - 60w reading light bulb

## CHAPTER NEWS



### Alpha Sigma—Birdie Elkofska

Summertime .... seems our chapter members are and have been off and traveling. But soon the ESA year will kick in and we will be meeting again and enjoying our friendships.

On August 11 the chapter will be making and selling Hot Dogs and fixings at the Delano Colburn's store. We are hoping for nice weather and lots and lots of hungry customers. Hope to make some cash to spend on our various charities.

Shirley Laue spent a week in Florida earlier this month. Purpose was to get the entire family and their kids and grandkids together for a family photo on the beach. They did that and enjoyed the heat and humidity. Shirley shook her head when telling us about the experience and asked why brothers and sisters cannot get along for even ten minutes. I guess that is something we do not out grow. But they all had a

great time.

Diane Vanusek has been starting the wind down of retirement as a CPA and tax preparer. She says it was rather hard to get rid of old old files from some of her customers after all these years. Then she belonged to a local chapter of a national CPA organization that lost so many members that they turned in their chapter charter.

Diane was an officer and had many boxes of files to get rid of. So, she has spent a lot of time 'remembering' times and people and eliminating papers with a heavy heart. Thank God she has her grandson to bring smiles to her face.

Rose Bitter has had a house full of visitors several times this summer.

There have been many trips to the lake home and to her home town in Iowa. Her sister and Rose have finished a book and it is now in publication. She

does keep busy. Many of her family and Jim's family came to visit while Rose and Jim's son and wife and granddaughter were in Minnesota for a visit. There were some darling photos of that cute granddaughter on Facebook. Sadly they had to go back to Virginia and now it will be photos only and no hugs for that beautiful child.

Sharon Desarmeaux has been suffering from back pain and several treatments just do nothing. But she keeps on kickin'. Trips to Michigan and Ohio with family have kept her busy. Her grandson Andrew continues to fill her with happy thoughts. Sharon did attend the ESA International Convention in Phoenix and stayed cool by not leaving the air-conditioned hotel. There were a few glasses full of ICE and some other beverage I do believe. It all works.

and last Birdie Elkofska ...

well she continues to do volunteer work and keeps out of trouble (REALLY !!!). Birdie, Sharon D and our state president Sandy Hongerholt were roommates at ESA IC. It was a fun time with lots to keep us busy. But those 7:00 am meetings ... why??? I guess the planners do not know we are retired and 7:00 is too early for us. But we went and enjoyed everything. Our flight home was with the Minnesota Lynx ... they were all on our flight and we chatted with several of them. FUN!! Birdie had a knee issue at IC and could barely walk by the time she got home. We will see what the knee doctor says about this.

Stay Cool and hope to see YOU at Minnesota ESA Leadership in Albert Lea. HINT: as an ESA member you have more fun and learn more if you attend things and participate.

## Beta Sigma—Linda Schultz

We ended our year with the June installation of new officers at Kay's home. A roster of these officers will be published for all to know in the directory which will distributed to each member. As usual, delicious foods were served and enjoyed by all. Also, as usual, everyone is energized and eager to begin the new year.

Eileen, our new president, has chosen as her theme, "Share a Cup of Friendship for ESA," The four ingredients of True Friendship: Trust, Kindness, Honesty, Caring.

She introduced a "cup exchange" in which she

asked each member to bring a coffee mug and another member would receive it (sort of like drawing secret pal names). She calls it a friendship tool within Beta Sigma and also as a reminder to seek new members for ESA.

Within Beta Sigma: her suggestion: "When we use our mug, let's take a moment to think about the person who previously owned it and smile at the thought of her/him; say a quick prayer; give a call; email; or send a card - you get the idea."

Seeking new members: her suggestion: "An easy start is to invite someone for coffee (or another bev-

erage). We interact with people all the time at stores, beauty shops, our neighbors, parties, etc. They may be flattered that you considered them! Let's make new friends and keep the old - for one is silver and the other is gold!"

Our planning meeting was held July 21 on the deck at Bonnie's house. We had morning treats with coffee, planned our year and then enjoyed a potluck picnic. Lots of ideas for the coming ESA year to be shared later.

Some highlights for the coming year:

- ◆ Our annual sale at the Mary Mother of the

Church Craft Fair November 3 & 4

- ◆ Assisting Welcome Home Vets, Blankets for Bridging and Feed My Starving Children are a few philanthropic items calendared
- ◆ Several combined Educational and Social events.
- ◆ Hosting the March 16 ESA State Meeting with an *Irish Theme*

Wishing you all a fun time with the remaining summer days! It is flying by so fast!

Be safe and take care of one another.

*Hugs as always!*

*Linda*



## Delta Mu—Terri Olson

Dee, Julene, and Terri really enjoyed our time at International Convention in Phoenix!

Terri is busy traveling in August to the Rocky

Mountain Regional Conference and to the Convention Planning Meeting in Memphis.

Our next chapter meeting involves planning our new

fundraiser, so stay tuned for more information.

I think we're going to have a fun and busy year, but as the saying goes ...

more gets done when you're having fun!

## Gamma Omega—Betty Marler

Greetings Everyone! Welcome to the new year in ESA Minnesota!

GO members have been enjoying the summer by vacationing, boating, biking, gardening, playing, hiking, attending IC Convention, and catching up with family and friends. We've had our first educational of the year and have plans to get several in throughout the year.

Sandy Dolence update: Sandy reported she's feeling well and she has wonderful care (family and home health care). She is moving her left leg a bit more, but the right isn't cooperating. Sandy isn't able to care for herself. She isn't able to sew or crochet. Jon has purchased a van with a lift and Sandy has been able to go to their cabin a few times. She has been en-

joying notes from ESAers as well as visiting on the phone.

GO Chapter is hosting the September 8 ESA Minnesota State Meeting at the Hopkins Elks Lodge. We will be serving breakfast first and the meeting will follow. The flyer for this event is in this Essay. Y'all come join us and have some fun!

**\*\*\*Please mark your cal-**

**endars for November 10, Hopkins Elks Lodge, for our annual wine and beer tasting event. This fundraiser will support Welcome Home Vets. We are making some changes to our annual event – you won't want to miss it! Stay tuned . . . more information will be coming soon.\*\*\***

Until next time, continue to leave a little ESA sparkle wherever you go!

## Gamma Zeta—Dorothy Wangen

We had our planning meeting at Perkins on July 9th. Our 2018-2019 President, Joan Laskey has us on a busy schedule, for us and Steve and Joan. They are planning to go to the Blueberry Fest in Ely. Then spending time with friends in Virginia, MN. Then in mid-August they plan to go to Fort Meyers for a week - just testing the weather - the summers HOT weather. The Best news is they are going to be grandparents. They are

awaiting their 1st grand child in February.

Dianne Ocel says it is quiet at her house (does not sound like it's quiet). They celebrated, granddaughter, Maddie's high school graduation. Then had her other granddaughter, Lauren's 16th birthday with attendance at "State Fair" with the Rosetown Players at Como Conservatory. After all that, they had another birthday - Maddie turned 18. They also had Braden Terry, step grand-

son, stop by for a visit.

June Schleiss is busy traveling, going to Amish Country in Ohio this month for an Army reunion with the guys and wives that were in the service with Ron. After that the plan is to go to Austin, TX to visit the grand children and their new pet - a parrot.

Judy Cummens is busy working at Cub in New Brighton, slicing meats and mixing salads. Judy and Jim took time to go north to Duluth and beyond for a

few days. They are planning a trip to Kansas to visit grandson and his wife plus their son will meet them there.

Mary Tolle is planning a trip to Reno to visit Mary Kammann, former member of Gamma Zeta. Mary has been busy playing cards, going on boat rides and working on cutting her cost of living (fun, huh).

Dorothy Wangen is busy writing reports for the Essay also staying cool.



# Minnesota Epsilon Sigma Alpha State Meeting

**Saturday, September 8, 2018**

**Hopkins Elks Lodge, 30 8<sup>th</sup> Ave S**

**Hopkins, MN 55343**

**Socializing: 8:30 A.M.**

**Breakfast: 9:00 A.M.**

**Elks Club egg bake, muffins, fruit,  
juice, coffee, tea**

**Meeting: 9:30 A.M.**

**Cost: \$13.00**

**RSVP by September 5<sup>th</sup>**

**Tables for selling chapter goodies will be available.  
Please let us know if you would like a table.**

**RSVP to Betty or Dennis Marler,  
[dmarler@comcast.net](mailto:dmarler@comcast.net) or 763.494.8452**

# Style Show Fundraiser

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GOODWILL®

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## Remembering the Past – Fashions Through the Decades

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SATURDAY  
September 29, 2018

GOODWILL-EASTER SEALS MINNESOTA  
553 Fairview Ave N / St. Paul, MN 55104

11:30 Greeting    12:00 Lunch    12:45 Style Show

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Catered lunch from The Little Oven – Salad, Lasagna (Voted “Best  
in the State” by WCCO), Bread with Garlic Butter, Dessert  
Please note any special dietary requests at time of registration

**COST \$25.00**

Mail before September 22 to:

(Payable to “Minnesota ESA”) Kathy Rice, 2231 Penn Place, Unit 325. N. St. Paul, MN 55109

Sponsored by the Minnesota State Council of



EPSILON SIGMA ALPHA

THE SOUTH DAKOTA  
STATE COUNCIL  
INVITES YOU TO  
JOIN US FOR A  
PARTY ON THE PLAINS!

2018 MARC CONFERENCE  
OCTOBER 12<sup>TH</sup>-14<sup>TH</sup>

[SD.MARC2018@GMAIL.COM](mailto:SD.MARC2018@GMAIL.COM)

HILTON GARDEN INN DOWNTOWN  
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OCTOBER 12TH -14TH

## 2018 MARC CONFERENCE

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# party on the plains

**33<sup>rd</sup> Midwest Area Regional Council Conference**  
**Sioux Falls, South Dakota**  
**October 12-14, 2018**

Name _____	State _____	<b>Current Officer/Offices Held</b> (check all that apply)
Address _____		MARC Board _____
City, State, Zip _____		MARCettes _____
Email Address _____	Phone _____	ESA Fdn Board _____
		State President _____
		Headquarters _____
		IC Appointed Board _____
		1 <sup>st</sup> Timer _____
		Guest _____

**Registration Options**

Postmarked no later than 9/11/18

Registration for Conference and Leadership	\$125.00	_____
Registration excluding Friday Leadership	\$110.00	_____

Postmarked after 9/11/18

Full Registration	\$150.00	_____
Registration excluding Friday Leadership	\$145.00	_____

Walk-in Registration (cash/check/money order only)      \$175.00      \_\_\_\_\_

Saturday Banquet only      \$ 50.00      \_\_\_\_\_

**Total Enclosed** (make check payable to MARC Conference 2018)      \$ \_\_\_\_\_

Special Medical Dietary Needs \_\_\_\_\_

**Mail check and form to:**

Barbara Campbell  
 Registration Chair  
 1919 Old Bridge Road  
 Vermillion, SD 57069  
 605.624.4626  
 bcampbel41@msn.com

Registration for the banquet "Cheers to 33 Years!"  
 includes a personalized glass.  
 What name or word would you like on yours?

\_\_\_\_\_

**Hotel Info:**

Hilton Garden Inn Downtown  
 201 East 8<sup>th</sup> Street  
 Sioux Falls, SD 57101  
 605.444.4700

**Group Code:** ESA

BLOCK honored until September 11, 2018

Block Room Rates (excluding tax)

King      \$139.00 (1-2 in room)

Double Queen      \$144.00 (1-4 in room)

Hotel Reservation Link

<http://hiltongardeninn.hilton.com/en/gi/groups/personalized/F/FSDDWGI-ESA-20181011/index.jhtml>

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I am trying out a larger font and paragraph size than previously used in the ESsAy; please let me know if this is easier to read or if you see no difference. I value your opinion.

Terri

As you probably know, I was elected to the office of First Vice President of the ESA International Council. I cannot begin to tell you how deeply humbled and honored I am to represent all of you within this role. I am ever grateful for your kind words, love and support, both financially and through your prayers.

I am so incredibly blessed to be installed as the IC President in Memphis, Tennessee in July 2019. I'll be attending the IC Convention Planning Meeting while you are all at MN State Leadership. While there, I'll have the opportunity to tour the hotel and conference facilities. This IC Convention will be planned with Kim Kummer's ideas as she will be the presiding IC President.



I've been asked many times about my theme; it will be revealed at Leadership in Denver the first weekend of March. Out of respect for Kim and her year as IC President, I just can't tell you before that time.

I want you to know that I was required to select four Junior Chairs and a Corresponding Secretary; all of which will serve under Kim's leadership this ESA year. These talented individuals are:

- ◆ Incoming Corresponding Secretary—Julene Donnay
- ◆ Junior ESA for St. Jude Chair—Mary Humphrey, Colorado
- ◆ Junior Membership Chair—Alysha Wagley, New Mexico
- ◆ Junior President's Chair—Celeste Webb, Illinois
- ◆ Junior Webmaster Chair—Dana Terry, Minnesota

IC Presidents also have a group of folks called Administrative Assistants who assist the President with any desired requests, most typically at IC Convention. If you are aware of how hard those folks worked in the past, let me tell you it is quite different now. Most of us on the IC Executive Board have vowed to make this a lot more fun for the beloved AA team. I have asked Betty Robinson to be my lead Administrative Assistant and all AA plans will funnel through her.

I also would like to have the Minnesota and Wyoming delegations attending the 2019 IC Convention as my honor guard; there will not be a required color or length of dress for this role. Please just wear whatever you would normally wear to the International Convention Banquet.

I truly hope you are planning on coming to the International Convention in Memphis; it will be such a great time! We'll have three different days for you to sign up to take a tour of St. Jude Children's Research Hospital. If you've been there in the past, you won't believe all of the changes. This is truly a happy place, not sad...happy...you'll see!

And one more thing: I am truly honored to be the IC President that attends the Australia State Convention which will be in Brisbane, Queensland, Australia in May 2020. I'll be working with a Travel Agent so we can do some tours. Anyone is welcome to join Bob and me; more information to come in the future.

Epsilon Sigma Alpha  
363 W. Drake Road  
Fort Collins, CO 80526

Phone: 970-223-2824

Email:

esainfo@epsilonsigmaalpha.org



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

**MISSION STATEMENT:**

ESA is Good Friends, Good Works, and Good Times... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.

[www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org)

## MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

The ESSAY is published on a monthly basis August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

**Chapter Presidents, please share the newsletter with members in your chapter who may not have email.**

If you would like to be included on the email list, please let me know.

Terri Olson  
ESSAY Editor  
[terri.mnesa@gmail.com](mailto:terri.mnesa@gmail.com)



—Kim Kummer,  
International Council President 2018-2019