

MINNESOTA ESSAY

ISSUE 8 OF 9

APRIL 2021



Don't forget to:

- **RSVP for the Membership Mtg on April 10th**
- **Consider running for a State or MARC office**
- **Volunteer to help Wishes and More**
- **Volunteer to help Welcome Home Vets**
- **Share some Chapter News**

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PRESIDENT-SANDY DOLENCE

As we turn the corners of the year, things are getting better. We are all hopefully getting our shots for COVID and hopefully getting back to some kind of normal. We can go out to eat with our friends or even just get out with friends.

Hope to see more people at the **April 10th** meeting. Wear your mask and we will have fun.

We are on the down-

side of our year. Come June we will be having our goodbye party for me and a welcome party for Sandy H. I have had a very good year, what could have gone wrong? Maybe I will try again in 3 years!! Ha Ha Ha

All of our chair project people should be at the next state meeting on April 10th. Betty will include information about the Med-Tox

money in the ESsAy. We would like to go over the plans again. So please help us out and let us know what you think.

We have some fun things to do this year yet, so let's have a good showing and have some fun!!



FIRST VICE PRESIDENT-SANDY HONGERHOLT

HELP WANTED!

We need you Please volunteer for an Elected or Appointed Board position.

Contact Diane V., Dennis., Marcie. or me with any questions or if you would like to join us.

Birdie and I traveled to Wichita Kansas for the Spring MARC

Board Meeting on March 20th. It was so much fun being able to see everyone in person. Hugs were limited, masks, social distancing and temperatures were taken to keep everyone safe. As most of us are getting vaccinated and building some sort of immunity we will hopefully get back to some sort of normal.

As of right now the IC Convention in Louisville, Kentucky and the MARC Conference in Wichita will be in person. Both groups are working hard to keep everyone safe. Please consider attending. More information will follow.

Happy Spring!

PARLIAMENTARIAN—DIANE VANUSEK

If chapters are having meetings, most of them are winding down to State Convention.

Please review the parliamentary articles from the last few month(s), discuss the

proposed changes, etc., and come to Convention ready to vote.



JR. PAST PRESIDENT—DENNIS MARLER



A BIG THANK YOU to the chapters who have

already sent me their Minnesota Love Fund and ESA Disaster Fund donations. Your generosity is greatly appreciated.

If you or your chapter have not sent me your

contributions, please do so by April 10th. If you plan to attend the state meeting on the 10th, I'll gladly take your \$\$ then.

Please consider donating

items for the Love Fund auction at state convention in June. If you have a treasure or two to donate, please let me know. I'll make arrangements to pick them up. Thank you.

CHAPLAIN—SHIRLEY LAUE

Beta Sigma member Kim Larsen's husband Jim is currently undergoing Chemo infusions, since Jim's prostatectomy from 2014 did not get all of the cancer.

His first infusion was February 26th. There

are five more to go at three-week intervals. The main side effect so far from infusion is tiredness, but effects are cumulative and could worsen with subsequent treatments.

Please keep Kim and

Jim in your prayers and let them know you are thinking about them by sending cards and get well wishes.

Address: Kim and Jim Larsen, 11 Emerson Avenue East, West St. Paul, MN 55118



ESA FOUNDATION—KARLA KAY NICKLAUS



A special thanks to Don Vanusek for judging scholarships. Great to have both Don and Diane judging scholarships.

A reminder of the **Totally Rad 80s Gone Bad** Virtual Murder

Mystery on April 17th Fund Fest Fundraiser. This event helps support the funds that would have normally been raised at the Foundation Fund Fest.

Check out the flyer in the ESSAY to be a part

of the Virtual Murder Mystery!



MARC-DIANE VANUSEK AND SANDY HONGERHOLT

Birdie Elkofska and Sandy Hongerholt, Co-Communicators, attended the Midyear meeting of the MARC

Board recently and hopefully will have news to impart in April. Right now they are

keeping us on pins and needles in anticipation.



PHILANTHROPIC-BIRDIE ELKOFKA

Have YOU turned in all your philanthropic information to your chapter Philanthropic Chairman or gotten a good start on that report? Did you go through your check book and see how many donations you made? Have you checked your calendar to see when you did

something for other people? Have you counted all the items you donated to Goodwill, ARC and Salvation Army during your clearing out time during the Covid isolation?

Count it all and do it Today so your chapter Philanthropic Chairman can gather all the infor-

mation for your chapter and then send it on to me in the next few weeks.

Spring means ESA Convention and we need that information to send on to IC Officers so ESA can continue to be a Non-Profit Organization and we can prove all the good

things we do.

You may be a person who donates online ... check those records also. Remember it all counts up so submit whatever you have. If you have any questions, feel free to call me at 952-938-3020.

WAYS AND MEANS-BETTY MARLER

Money raised for State Ways and Means this year:

- ♦ October Medtox \$1,260.00
- ♦ State fundraiser \$240.00
- ♦ January Medtox \$1,155.00

We are all thankful for the opportunity to work at Medtox/LabCorp. There is no way we could raise the funds we do without this state project. Thank you to all of you who work or have worked at

Medtox. Thank you to Rhonda Krehl for being our efficient liaison for the project. It takes a village . . . the ESA village is an outstanding one.

Happy Easter to each of you!





WELCOME HOME VETS—BETTY MARLER

Dennis and I delivered a WHV kit to Michael, and his kitty Buddy, in Shoreview on March 16th. Meeting Mike was truly a joy. He loves to visit, and he has a delightful personality. He was surprised as we made trips back and forth to our car for more goodies. He was most excited to have a coffee maker again.

As we finished delivering his kit, he said with a huge smile, "This is a lot like Christmas!". He's going to meet so many friendly people at his apartment complex. Mike's in good hands and he's going to be a positive addition to his new community.

Funds raised so far this year:

- ♦ August Medtox - \$2,160
- ♦ February Medtox - \$2,117
- ♦ WHV \$\$ Tree is just over \$1,000 as of March 25th.

Thank you for your support of WHV. ESA members and friends have delivered WHV kits and queen-sized beds with

frames. You've donated fleece blankets, supported the WHV \$\$ tree fundraiser and donated new household items for the kits. Plus, several of you work faithfully at Medtox every Monday. You've all made The Magic of Volunteering the ESA way! Celebrate all you have done to help our homeless veterans enjoy their new, warm, safe homes.



WISHES & MORE—SANDY HONGERHOLT



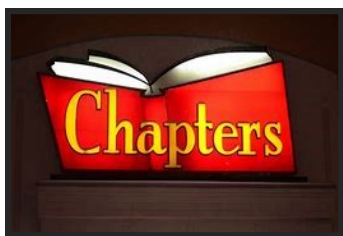
Thank you to everyone that has supported Wishes and More this past year. It's great that

we were able to help them during the pandemic and I know they

really appreciate it.

I will present at the next meeting how we can

use the Medtox funds for Wishes and More.



ALPHA SIGMA-DIANE VANUSEK

President Birdie has been at the MARC board meeting. She was going to visit the Pioneer Woman's ranch in Oklahoma and maybe was fed so well, she decided to stay.

Update: Sandy H. and I drove down to the meeting and then spent time in Branson afterward. Great place and my first visit there. Saw four shows and had a lot of that Southern Sweet Tea!

Shirley - We have been holding regular meetings-some with the quorum, and some

without. I'm sure we are all anxious for Spring to be here, I know I am anxious to get into the gardens again. I have been busy sewing and I take the dog (Elsa) for a two-mile walk every day. So far we have avoided COVID. Take care!

Diane - The snow is gone in the back yard and I have checked once or twice for peeks of perennials, but no shows as of now.

Part of the chapter met in March and decided where to distribute our philanthropic funds for

2020-21. This is always a fun meeting. We did not do too badly in raising funds considering. The charities we support will be glad of our small donations as the charitable world has been under duress for the last year.

The educational was about Sojourner Truth and Frances Ellen Harper Watkins. You are encouraged to read about what these courageous women sacrificed to improve their world.

We finally had our Valentine's/Holiday party at the end of February, a

potluck dinner party at Shirley's. The food was oh so good! and the company excellent. Shirley outdid herself on presentation. (Diane's appetizer was afraid to leave her frig that day so we ate it at the meeting two days later.)

If anyone wants or needs bowl cozies, we still have some. We also have scissor holders for sale. We will have them at the April meeting.

GAMMA ZETA-DOROTHY WANGEN

Good News, Gamma Zeta is still around. We have not been very active.

- ♦ Mary Tolle has gotten her Covid-19 vaccine - both of them. She was enjoying visiting with her new Great Grandson and she got lots of smiles from the little one.
- ♦ Judy Cummins has traveled to Arizona again with her granddaughter, Lexi and they brought Judy's husband Jim back with them. Jim has been in Arizona all winter.
- ♦ Dianne Ocel has been cleaning out closets and is hoping the ice is done for the winter. Also, she is doing some
- quitting - making beautiful quilts. She has also been on Zoom with some of the ESA members.
- ♦ June Schleiss, we have not seen much of her - making sure they do not get COVID-19. June and Ron received both Covid-19 vaccine shots. June did attend our last meeting.
- ♦ Dorothy Wangen has been bored! Busy writing an article for the Essay. Have not seen my children for some time now - No traveling. My outing is working at Medtox each Monday. OH HAPPY DAY.



WELCOME HOME
VETERANS

March 11, 2021

Kerri Petty
Treasurer, ESA MN
1285 Euclid St
Saint Paul, MN 55106-5712

Welcome Home Veterans

PO Box 5653
Hopkins, MN 55343
ph. 612-615-8387

Dear Kerri and members of ESA Minnesota:

Thank you very much for your generous contribution of \$1,966.65 from the Med Tox activities. Your continued support through donations of time and money have truly made a difference in helping us support the needs of the homeless veterans throughout Minnesota. We have been seeing more families in need in our program as of late and the funds will be used to provide additional supplies such as bedding, towels, hygiene and more for the children of these veterans.

We recently delivered our 575th kit since the inception of the program back in 2016. We greatly appreciate the donation of money as we serve the needs of those who served us in their military endeavors. ESA members have been a wonderful part of our team of volunteers. The veterans really appreciate not just the items but the time and compassion when the volunteers stay and chat.

We are a 100% volunteer organization so every dollar donated goes to the needs of our veterans. As a non-profit organization, we rely on the generosity of individual donors and sponsors to provide the financial means necessary to purchase, package and deliver our Welcome Home Kits and meet the needs of homeless vets. Your tax deductible donation ensures a homeless vet has the basic items to live in a new apartment but more importantly turn that empty apartment into a home.

If you have any questions regarding the program or how you can help, please don't hesitate to contact us at 612-615-8387 or via email at info@helpforthehomelessmn.org.

Sincerely,

Rick Peterson
Co-Founder

Gretchen Peterson
Co-Founder

You may use this letter as a receipt of your donation for tax purposes. Help for the Homeless is a 501c3 tax-exempt non-profit organization. Our federal tax ID is # 47-2224421. No goods or services were provided in exchange for this donation.

Sue Huttner, 2020-2021 Exalted Ruler for the Hopkins Elks Lodge honored these amazing members on Saturday night, March 27, 2021. Congratulations to Cindy Muzetras and Audra Granquist for both receiving the Grand Exalted Ruler Outstanding Service Commendation Award, to Bob Arthur Jr. for receiving Officer of the Year and **Sandy Hongerholt** for receiving **Elk of the Year!** Sandy also made an amazing dinner for the Installation of new officers.



Thank you, thank you ESA Minnesota, Michigan, and IC for all the get well cards and wishes. I now have had carpal tunnel surgery done on both hands and pain free and looking forward to crafting again.

Thanks again, Billie-Jane Mintjal, Delta Rho



WITH THEIR HIGH SCHOOL CAREER
COMING TO AN END, THE
STUDENTS OF MAYHAM HIGH
BATTLE IT OUT OVER WHO WILL BE
CROWNED PROM KING AND
QUEEN. AS THE NIGHT UNFOLDS,
THE ROYALTY WILL BE REWARDED
AND AN INNOCENT LIFE WILL BE
CLAIMED. CAN YOU FIND THE
CULPRIT IN THIS CRAZY MADNESS
FILLED WITH NEON, NAUGHTINESS,
AND NARCISSISTIC BEHAVIOR?

APRIL 17, 2021 AT 5PM MST
(4PM PST, 6PM CST, 7PM EST)

Join these totally tubular
teens and far out faculty
for a night of mullets
and mayhem!

Reservations must be made online: esa-foundation-event.square.site

General Admission entry (\$25.00)

Rad (\$50) | Tight (\$100) | Righteous (\$250) | Tubular (\$500 & up)

*All sponsors receive 1 admission.

**All donations are tax deductible.



BETA SIGMA CHAPTER
EPSILON SIGMA ALPHA INTERNATIONAL 501(c)(3)

SHOE DRIVE CONTINUES

DUE TO COVID-19

BENEFIT 3RD WORLD COUNTRIES
THROUGH FUNDS2orgs 501(c)(3)

GENTLY-USED OR NEW SHOES

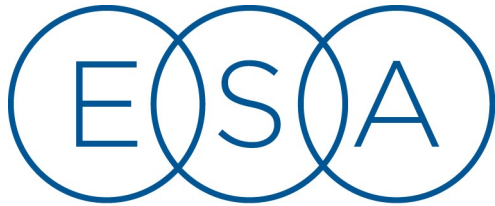


ALL TYPES - ALL SIZES
CHILDREN--TEEN—ADULT—MALE--FEMALE

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EPSILON SIGMA ALPHA

www.epsilonsigmaalpha.org

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

MISSION STATEMENT:

ESA is Good Friends, Good Works, and Good Times ... We create activities and support causes that let us surround ourselves with welcoming, positive people who enjoy making a difference and having fun together.



—LeAnn Wray
International Council President
2020-2021

MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

The ESSAY is published on a monthly basis 9x/year from August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

Chapter Presidents, please share the newsletter with chapter members who many not have email.

Please share the ESSAY with prospective members who may want to learn more about Epsilon Sigma Alpha—Minnesota.

If you would like to be included on the email list, please let me know.



Terri Olson
ESSAY Editor
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