



ESSAY

PRESIDENT-Dennis Marler

Some thoughts and observations from IC Convention

- ♦ It started out rocky – My name wasn't on the PICPA No-Host Luncheon list and Minnesota was skipped right over during the opening flag ceremony. I hope these oversights were simply human error and not something more deliberate.
- ♦ A comment from Terri Olson: "Don't be the complainer. Be the conduit to help make it better." (Well, that's ironic, after my first bullet point.)
- ♦ The Jewel Pin Ceremony for a new member from California was wonderful. Five or six current members took turns reading parts of the Lesson of the Jewels. It was a great way to use that ritual without making it seem too

long.

- ♦ Everyone from Minnesota went to the state's night out. I wasn't impressed with the food at the Rendezvous, but it was a great place to see, "down the alley, behind 52 S 2nd St."
- ♦ We all looked pretty good at our state photo.
- ♦ This year ESA raised \$22,806,798 for St. Jude Children's Research Hospital, bringing ESA lifetime total to \$290,443,946. AMAZING!
- ♦ Terri's two granddaughters were stunning during the installation ceremony – so poised, so confident.
- ♦ From our keynote speaker, Elise Mitchell: "The journey is as important as the destination. Reaching goals

isn't enough."

- ♦ As part of Terri's installation ceremony, each officer told why they loved Terri. We were doing OK until it was time to induct Julene as Corresponding Secretary. When Julene's name was called and she moved to Terri's side, the tissues came out. What a memorable moment!
- ♦ Thank you, Tim for the champagne. Thank you, Steve for the brisket.
- ♦ Thank you, Betty for sharing our anniversary with 500 of our closest friends.
- ♦ Thank you, Minnesota ESA for providing this inspiring opportunity.

Save the Dates

- ♦ August 3rd – Rush picnic at Bassett



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Don't forget to:

- Volunteer to assist with Hope 4 Youth, Welcome Home Vets and St. Jude projects.
- Count your volunteer hours and monies.
- Bring someone to an event so they can see how much fun we have! E.g., Welcome Home Vets Housewarming Party
- Celebrate diversity!

President—(continued)

Creek Park, Crystal.

- ♦ August 13th – Welcome Home Vets housewarming party, Elks Lodge, Hopkins.
- ♦ August 24th – State Leadership,

more info to follow in the next couple weeks.

- ♦ September 14th – State meeting, Faith Lilac Way Lutheran Church, Robbinsdale.

Please remember to invite me to your chapter meetings and events. I want to see what you do and how you do it, so I can share your successes with our state membership, because YOU ARE AMAZING!

First Vice President—Sandy Dolence

Everyone is talking about I.C. and how great it was with the many speakers and workshops. I heard that Terri's installation was just the best, with a wonderful speech. I really loved her dress. We know she will do a wonderful job as president. WOW, what a great job raising 22 million dollars for St. Jude

this past year. I know that this group of caring people can reach the goal of 300 million next year. Way to go ESA members!!

Thank you for the great card making day that was organized by Sandy H. I had a great time making the cards and visiting with people. Lunch was also yummy!

The rush picnic went well with the weather being good. The food was delicious with some great salads. Hopefully we can get some new members to help reach our goals. Please keep up the great job on recruiting new members. I would also like to thank my chapter for all the help and support they give me!!

Second Vice President—Dana Terry



Summer has flown by and we are starting up a new ESA year! One highlight from my summer include a three-day motorcycle trip with my husband and youngest stepson down to Winona. We put on around 500 miles total and our adventures took us into Iowa and Wisconsin as well. Beautiful and fun trip. Another highlight was attending ESA IC convention in Memphis, TN. It was an amazing time and it was great to see so many friends from other states that I don't get to see very often. It was also fun to hang out with and get to know some Minnesota members better. This was the third IC Convention I have attended and as always it was hard to say goodbye to friends, but I left feeling so inspired and energized!

One thing from my time in Memphis that got me thinking was spending some time with Charlotte Carloni, ESA Headquarters Executive Direc-

tor. If you didn't know already, I am the 2019-2020 IC Webmaster and I had to meet with Charlotte to learn how to navigate and work in the background of the ESA Int'l website. We were on a time crunch, so I was feeling very overwhelmed with all the information she was throwing at me. But she expressed her confidence in my capabilities and reminded me that no question is a stupid question and that she is just a phone call, a text or an email away. Instead of me being the teacher, I was now the student and Charlotte had patience with me and was also very encouraging.

As ESA looks to the future, we need to acknowledge that the next generation of ESAers rely heavily on technology. So, it's not going away. Things change and we need to do our best to adapt. If we embrace it, then we will have yet one more thing that could attract the

next generation and help not only our state but all of ESA to grow and carry on for so many years to come.

This year as Educational Chair, I am going to focus on the topic of technology. I hope I didn't scare away too many of you. Through the year, we are going to learn from each other, and we are going to teach each other. We are going to think outside the box. And, we are going to learn what's hAPPening. It's going to be fun!

"We don't stop going to school when we graduate." ~ Carol Burnett

I encourage you and your chapters to keep learning. Do an educational this year - formal or just for fun. There is always something to learn. Let's make this year AMAZING in ESA!

Parliamentarian—Diane Vanusek

Welcome to the new MN ESA year 2019-20. All members/chapters are encouraged to take some time to read or reread the State by-laws. They are on line at www.mnesa.com/jump-drive.html (ESA#1).

At the 2019 State Convention the idea of eliminating the office of the Second Vice President was presented. The offset would be to

make the terms of the President, the First Vice-President and Secretary two years rather than one.

All Chapters should discuss this and plan to send a representative to the Parliamentarian meeting on February 12, 2020.

Don't leave the discussion till the last minute. Send me your or your chapter's comments anytime up till

then. I will share them with the State as received.

We want to thoroughly explore this idea, pro and con, as it is rather a big change. Of course, any other by-law or standing rule change may be presented for discussion during the year, too



Treasurer—Kerri Petty



Remember to send me your list of members with the state dues payable to MN ESA. Your chapter also needs to send a separate check payable to the ESA International Council for \$40.

If your chapter decides to send in your IC dues directly to Headquarters, please just indicate that on your form.

The State Dues and IC Dues forms are included in the

ESsAy for your convenience. Feel free to call me or email me if you have questions.

ESA Foundation—Karla Kay Nicklaus



Birdie again represented me at the International Convention. Thanks Birdie!

Winners of the 2019 Scholarships! Jason Phan from Elko MN was the recipient of the \$3600 Min-

nesota State Endowment Scholarship. **Brooke McNickle** from Manhattan, Kansas was the recipient of the \$850 Parr Family Scholarship.

Applications for scholarships/grants will be available in the Fall for 2020.

Will keep you updated!

Hope 4 Youth—Alpha Zeta

Thank you for voting in HOPE 4 Youth as a philanthropic project for the upcoming year. ESA continues to do good things for this organization and HOPE 4 Youth continues to make strides in the efforts to end youth homelessness.

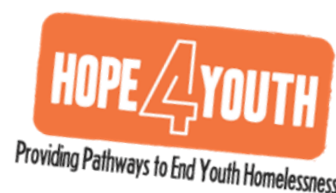
As discussed at the planning meeting, we need to decide if we would like to continue to serve the meal at the drop in center on the 1st Tues-

day of every month. I'm not sure if chapters have had time to discuss this, but I have received no feedback; therefore, ESA is still on the calendar as serving the following days of 2019-2020:

Aug 6, Sep 3, Oct 1, Nov 5, Dec 2, Jan 7, Feb 4, Mar 3, Apr 7, and May 5.

If we decide this is no longer a good fit, I will notify HOPE 4 Youth to

have us removed so they can seek other providers. Please keep in mind that this doesn't have to be done by a chapter. It can be done by members of multiple chapters, one person, etc. Also, since this is a state project, remember the meal can be reimbursed by the State Treasurer if you submit your receipts.



Hope 4 Youth—(continued)

UPCOMING EVENTS:

- ♦ **Hunt 4 HOPE:**
Sept 27, 2019
Wild Wings of Oneka
(14814 Irish Ave, Hugo, MN)



Ready! Aim! Fire! Join HOPE 4 Youth for the 3rd annual Hunt 4 HOPE pheasant hunt. A fundraiser organized and sponsored by community members to raise awareness of and funds for HOPE 4 Youth.

The fundraiser includes the pheasant hunt, delicious food and drink, raffle and prizes.

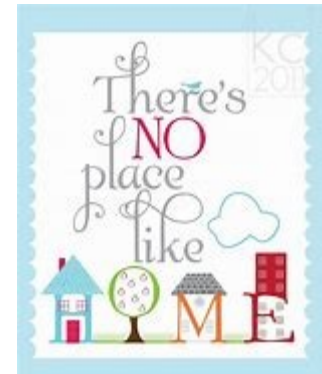
Questions? Contact Matt Brandt at matt@brandtmgmt.com or 651.502.2892 or Lisa Jacobson, President and CEO at ljacobson@hope4youthmn.org or 763.323.2066, ext. 107.

- ♦ **Gala 4 HOPE:**
October 5, 2019
5:30 p.m. Social
7 p.m. Dinner
9 p.m. Dance
Minneapolis Marriott Northwest - Brooklyn Park, MN
Featuring the R Factor
(Formerly Rupert's Orchestra)



This year's gala, we highlight Dorothy's message in the Wizard of Oz, "There's no place like home...". Together, we can help these young people find a place to call "home" and show them how true the phrase, "There's no place like home" is.

Tickets can be purchased at Hope4YouthMN.org under the Events link.



MARC Reps—Sharon Desarmeaux and Diane Vanusek

The MARC Board is working hard to provide an interesting and fun 2019 conference in Cincinnati, Ohio (Covington, KY) the weekend of October 11-12, 2019. The hotel is very nice, right on the Ohio River. The view at night is wonderful. The Friday speakers will discuss homelessness and a pathway to safety as well as Teddy Kremer, the Cincinnati Red's Batboy with Down's Syndrome.

Attached to the ESsAy is the:

- ♦ "Lighting Up the Queen City" registration form – REGISTER EARLY
- ♦ 2019 MARC Conference Flyer with Hotel Information – RESERVE EARLY
- ♦ Marketplace Tables Reservation Form.

- ♦ BLINK Cincinnati information.
- ♦ Cincinnati VA Fisher House Wish List.

One of the big attractions will be the BLINK Cincinnati festival at the same time. You may even want to come early or stay late to enjoy this festival as well as the Conference.

Our own, Birdie Elkofsky, is the MARC Hope For Heroes Chair and is working with the Cincinnati VA Fisher House to collect new items to be donated to this veteran's program. Review the list to see if there is anything you wish to collect and donate. Gift cards are always welcome and do not take up much space in luggage.

With Blink Cincinnati in town, make your hotel reservations early.

Also, attached is a form for anyone wishing to order a paper copy of d ReMARC's newsletter published four times a year. This can be read on the MARC website at no charge.

The minutes of the MARC meeting should be on the website soon. I will put them in the ESsAy when they are ready.

Please visit the ESA MARC <https://www.mnesa.com/jump-drive.html> for more information.



ESA for St. Jude Sr.—Birdie Elkofska

As I sit here writing this article, I am wondering how I am going to do the kind of great job that our Betty Robinson did as your St. Jude Coordinator last year. Just in case you have not heard Minnesota ESA was responsible for raising funds for St. Jude Children's Hospital for well over \$388,000.00!!!!!!!!!!!!!! Hats Off to Betty !! and to all of you who worked as a volunteer for all the events that our local ALSAC people have organized, or those who work at Medtox each Monday for the two months that are designated as St. Jude months, or those chapters who have fund raising events (yes that is plural... events ... because some have several fundraising events), and all those who participated in any way ... GREAT JOB !!! and you all did it for the kids of St. Jude Hospital.

It takes all of us to make that kind of a dollar amount happen. Are Y O U ready to help this coming year??? Support the projects and events by

volunteering and / or donating is also appreciated. I remember a hundred years ago when Danny Thomas talked to us ESAers and he said 'If someone gives 50 cents that is wonderful because down the road, they will feel so good about what they donated that the next time it will be \$5.00' In those days 50 cents was worth more of course. But the point is ... every dollar and every effort helps and adds up to that huge figure of \$388,000 plus total.

The next big event and it is a big, big one is the St. Jude Walk/Run on September 21 at the US Stadium. Won't you help? Join the team, walk, run, volunteer, donate everything helps and helps a huge amount. Did you know that if you and other ESAers volunteer at an event like this Walk/Run, Minnesota ESA gets credit for a percentage of the amount raised based on the number of volunteers that worked the event?

There has been a little change on the Registration page ... our name is ESA MN, not ESA Minnesota ... or just use the link below to register. Another change this year: When you register, you will have a registration fee of \$10 that goes into your donation amount. MOST big charities are doing the registration fee for walks and major events to not only get the team donation amount started, but this keeps the registration truer with only those serious about the event registering. Too often events have many, many people register who never fundraise and never actually do the event. They just register. This keeps their number of participants more honest and it is helping you by showing you already have one donation for your name.

<http://walkrun.stjude.org/ESA-MN>

See you all soon ... if you have any questions ... just give me a call or an email.



Welcome Home Vets—Karen Schneider and Betty Marler

Happy August Everyone! July was a memorable month and not just because of the record heat and humidity! Over 20 MN ESA members and their spouses/significant others were proud to be a part of Terri Olson's installation as ESA International President! **Woo-Hoo!** Congratulations Terri on this high honor and on your wonderfully inspiring installation speech. You are truly a Rock Star!

Congratulations to the Minnesota ESA members serving on Terri's elected and appointed boards: Julie Donnay, Corresponding Secretary; Dana Terry, Sr. Webmaster; Sandy Hongerholt, Jr. St. Jude Chair, and Administrative Assis-

tants, Betty Robinson, Sharon Desarmeaux, Diane Vanusek, Birdie Elkofska, and Dee Rotering. Congratulations MN President Dennis Marler as you serve as one of Terri's Treasurers. You ALL make Minnesota proud.

We are excited to kick off our 'ESA Amazing' year for Welcome Home Vets. We hope all of you will attend our House Warming Party on **Tuesday, August 13, 6:30-8:30PM**, at the Hopkins Elks Lodge. Bring a gift card or donate a new household item for the kits and you'll receive a free ice cream float (root beer or orange). If you come early, you may purchase one of the delicious Elks pizzas for your supper (pizza info

included in this Essay). We hear they are delicious.

If you are going to purchase household items, Welcome Home Veterans is on the Walmart registry – <https://www.walmart.com/cp/3774807>. (Directions for the Walmart page: from registry, click on 'Events'; type in 'Welcome Home Veterans, Minnesota' and click; you'll see the line: Welcome Home Veterans, Minnesota, August 13, 2019 - click on it. This will take you right to the registry.) OR... just stop in to your local Walmart, check the registry for items they need, and make a purchase. (See the 'items needed' flyer in this Essay.) IF you are unable to attend the

Welcome Home Vets—(continued)

housewarming party, but want to make a donation, contact either of us and we'll make arrangements to meet up with you.
(dmarler@comcast.net / 763-494-8452 or
karen.schneider@comcast.net / 763-205-3491).

If you would like to receive kit delivery notices from Welcome Home Veterans directly from Gretchen and Rick Peterson, please contact them at
info@helpforthehomelessmn.org.
They will add you to their email list.

Until we see you again, thank you for your continued support, take care and enjoy these warm, sunny days.



CHAPTERS



Alpha Chi—Joane Buche

Happy New Year. I must have had too much champagne because I don't even know what is going on in our chapter for the ESA coming year.

I remember volunteering for a September meeting. I'm sure Kathy Rice, our once again President will keep me informed. It took me twenty minutes to find Terri's new address!!

We have had several important calls this summer from our sisters. Kathy Rice sure scared us with the information of being hospitalized. She needed a stent inserted following a heart attack. The newest procedure is through your hand, a much faster healing than the old

way. She was out to lunch several days later. Can't keep a good girl down!

Nora also relayed the sad news that her grandson's wife and her sister were in a car accident and both passed away. Heart breaking story!

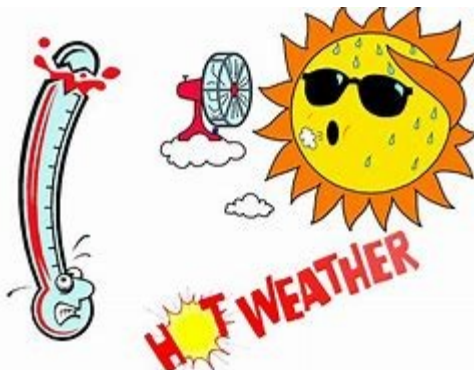
We will be working at Medtox and I'm sure we will get all the news about IC Convention. You know, our State President and his dear wife are always working there. I'm sure you all did a great job installing our new IC Pres!

This summer we decided to shop around for bargains for philanthropic works. We try to support as many local charities as we can. We have

some good shoppers in our group.

Gloria and I took a tour of the Governor's home on Summit Avenue. Don't laugh because it took us years to get there and even found free parking! It is a beautiful home and the gardens were all blooming. Just think – we got it free – the home was donated by the Irving family.

Enjoy the rest of the summer – it always goes too fast!



Beta Sigma—Judy Searles

On June 1, Beta Sigma had the changing of the guard. Incoming president Judy Searles chose sunflowers for her theme.



Sunflowers: Put a Smile on your Face and Joy in your Heart for ESA!"

Members met at Bonnie Olson's on another beautiful June day to plan activities for the coming year. Our calendar is chockfull of interesting events. Our first social will have the chapter regaling at the Twin Cities Oktoberfest.

Karla Kay Nicklaus and Rose Bitter made the trek to Wisconsin to see former BS member Mona Peck.

They both noted that it's hard to watch Mona's memory diminish. She had been such an active and vibrant member of ESA for many years. It was, however, great visiting with her in her new home.

Pat Oman had another stroke on July 19. The stroke affected her right leg and right arm. After one day in the hospital, she is home and using a walker to get around. She is recovering well but would appreciate cards and prayers. You can send her cards at 4408 Gettysburg Ave. N. New Hope, MN 55428.

Three BS sisters Marcie Haigh, Judy Searles and Eileen Spencer joined the ESA team selling pro-

grams at the Saint Paul Saints game in June. It was a HOT night!

Our members partook in the recent Butter Braids fundraiser for the state philanthropic fund. Beta Sigma had a great participation rate ordering 28 items. Way to go, Sisters!

Ending on a high note... Beta Sigma welcomes two members to our chapter. Formerly members of Delta Pi, Jen Davies and Edee Erickson have switched to Beta Sigma. We are thrilled to have these two fabulous and fun ladies join our chapter.

Gamma Omega—Joyce Cobb

Please keep Chris Thorpe in your prayers. He is currently at Abbott Northwestern.

Lori, Chris, Katie and Jordan are a lovely family.

Remember to remain in contact with Sandy D. She will be attending additional ESA events this year.

Congratulations to you Terri! Our new International President was sworn in on July 20, 2019. I have

been told that it was a BEAUTIFUL CEREMONY.

Hope all enjoyed the Card Making on July 27th.

Editor's Note—Terri Olson



This my logo for the year. I chose the geometric design to represent diversity and the one thing we all have

in common. And, that is, no matter our age, gender identification, religious belief, or ethnicity, we all have one thing in common and that is that we all have a heart for providing service to our local communities. Members are "All Heart" when it comes to ESA.

The missing ingredient for our membership, in my opinion, is that we don't celebrate our diversity by asking potential new members to

come and join us. This is the world around us, but we "look" like a white women's group. We're not a sorority; we're a service organization. Men can join our group and I'm proud to say that Minnesota has a male ESA President! How cool is that?

I asked in my speech (which will be encapsulated in the forthcoming issue of the "Journey" if each of us will try really hard to persevere and try to find at least one new member. So, please let's have Minnesota lead the way for the rest of the states. And, by the way, the state that gets the most new community members (not collegiate) on a percentage basis so we're all at the

same level will get Charlotte Carloni to come to their state convention or to a state meeting — the state's choice!

I want to thank each and every one of you for your support all these years. I am humbled and honored to be serving as the International Council President. But, I'm even more proud to say I represent the state of Minnesota ESA! What a wonderful journey this has all been; things are way different today than even just 5 years ago and I'm truly blessed to be enjoying this opportunity.

My new address:
405 Stratford Dr
Benbrook, TX 76126-3465

International Council Dues Form



International Council Dues Chapter State Other Councils

How to Remain Non-Profit?

- All entities **MUST** pay IC Council dues. Entities are: Chapters, District Councils, Regional Councils, State Councils, and any other Zone or Auxiliary.
- All entities **MUST** submit a Tax-Form (**Tax Facts**) to Headquarters each year by September 15th.
- All individual ESA members **MUST** pay individual member dues.

If these three (3) items are NOT completed, then the entity is NOT considered Non-Profit

What Do I Owe and Where Do I Send It?

- **Individual Member dues** are sent to ESA Headquarters. Each member will receive a bill in the mail. These are paid yearly during the month you pledged. Dues are \$49 (unless you are a senior or a Life-Active Member).
- **IC Council dues** are due at the beginning of the ESA Year (August 1st) and must be paid before May 1st to be considered in "good standing" and receive voting privileges at IC Convention. These dues are mailed to the current IC Treasurer. DO NOT SEND TO ESA HEADQUARTERS.

2018-2019 International Council Dues are Due Upon Receipt

Please check one:

- ☐ **Chapters: \$40.00**
Name _____ Number _____ State Affiliation _____
- ☐ **Other Councils/Districts/Zones/Auxiliary (within a state) \$40.00**
Name _____ Number _____ State Affiliation _____
- ☐ **State Council/Multi-State Council \$45.00**
Name _____ Number _____

Treasurer's Name _____
Address _____ City _____ State _____ Zip _____
Phone _____ Email Address _____

Send Payment to: IC Treasurer
Denise Holdaway
902 Pierce Lane
Blytheville, AR 72315
deniseholdaway@gmail.com

FOR IC TREASURER'S USE ONLY

DEPOSIT # _____
CHECK # _____
ACCOUNT # _____
DATE REC'D _____

Make Checks Payable to: **ESA International Council**
Please include chapter name & number on check

NOTE: Individual membership dues of \$49.00 should be sent directly to ESA Headquarters

Minnesota ESA Dues Form (page 1 of 2)

ESA – Minnesota State Council Chapter/Member Dues Payments For 2019-2020

State dues are \$20.00 per chapter member due September 1, 2019.

Please mail this form along with a list of members' names and I.D. numbers to:

Kerri Petty, State Treasurer
1285 Euclid Street
St Paul, MN 55106
612-388-9969

Chapter IC dues of \$40.00 are due August 1, 2019. **Please make out a separate check for \$40.00, payable to the ESA International Council. The Chapter IC dues will be paid/forwarded to IC.** For record keeping, **please make sure you indicate on the form that you paid the IC dues directly.** Call me if you have any questions.

Chapter Name _____ Chapter Number _____

Federal Tax ID # _____

Chapter Treasurer's Name, Address, Telephone Number: _____

Please list all dues-paying members and their Member No. Please provide the Member No. of any new members since last year.

| Member Name | Member Number | Dues |
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| Chapter IC Dues (\$40.00) | _____ |
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Minnesota ESA Dues Form (page 2 of 2)

ESA – Minnesota State Council
Chapter/Member Dues Payments For 2018-2019

Additional Page (Chapter Name _____)

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Welcome Home Vets Housewarming Party—Kit Contents



**WELCOME HOME
VETERANS**

Item List

The following is a list of items most often contained in a Welcome Home Kit for our veterans transitioning from homelessness to permanent housing.

Kitchen Items

- Dinnerware for 4
- 9 pc cook-set (pots/pans)
- Toaster
- Coffee maker
- Knife set
- Cutting board
- Measuring cups / spoons
- Can opener
- Kitchen Utensils (spatula, mixing spoons, etc)
- Dish towels and wash cloths
- Oven mitt / hot pad
- Scissors
- Tin foil, plastic wrap, Ziploc baggies
- Paper towels, napkins
- Plastic food storage containers

Cleaning Supplies

- Trash can, trash bags
- Broom, mop, sponges
- Cleaning bucket, dustpan
- Dish soap
- All-purpose cleaner
- Laundry basket, Laundry detergent
- Toilet bowl brush, toilet bowl cleaner

Bedroom Items

- Comforter
- Queen sheet set
- Bed/sleeping pillows
- Hangars
- Clock radio

Bathroom Items

- Shower curtain, hooks
- Bath towels, wash cloths
- Hand towels
- Toilet paper

Personal Hygiene Items

- Shampoo / Conditioner / Men's 3 in 1
- Toothpaste, Toothbrushes
- Comb/brush
- Deodorant
- Razors

Miscellaneous Items

- Non Perishable Groceries
- Microwave oven
- Air bed
- Floor lamp, light bulbs
- Folding / camp chair

How to reach us:

Help For The Homeless, Inc.
P.O. Box 5653
Hopkins, MN 55343

T: 612-615-8387

E: info@helpforthehomelessmn.org

W: <http://www.mnwelcomhomevets.org>

We can arrange for pick-up of donations or you can drop items off at:

Hopkins Elks Lodge
30 – 8th Ave South
Hopkins, MN 55343

Welcome Home Vets Housewarming Party—Elks Lodge Pizza



PER Pizza

Proceeds benefit Student of the Month Scholarship Fund

Tried & True: Pepperoni, Sausage, Mushroom, Mozzarella Cheese, Pizza Sauce..... \$9.00

Hawaiian: Ham, Pineapple, Mozzarella Cheese, Pizza Sauce..... \$9.00

Bacon Cheeseburger: Hamburger, Cheese Blend, Pickles, Diced Bacon, Pizza Sauce..... \$10.00

Make it like a Big Mac with Bacon for \$1.00 more (add Thousand Island Drizzle, lettuce, sautéed onion and toasted sesame seeds)

Create Your Own 2 Topping: Sauce & Cheese included: (Pepperoni, Sausage, Beef, Ham, Pineapple, Sautéed Onion, Mushroom, Green Olives \$9.00
Additional Toppings: \$1.00 each

MARC Registration Form

"Lighting Up the Queen City"



34TH MIDWEST AREA REGIONAL COUNCIL CONFERENCE COVINGTON, KENTUCKY OCTOBER 11-12, 2019

Name _____ State _____

Address _____

City, State, Zip _____

Email Address _____ Phone _____

REGISTRATION OPTIONS

Postmarked no later than 9/11/2019

Registration for Conference and Leadership \$125.00 _____

Registration excluding Friday Leadership \$110.00 _____

Postmarked after 9/11/2019

Registration for Conference and Leadership \$150.00 _____

Registration excluding Friday Leadership \$145.00 _____

Walk-in Registration (cash/check/money order only) \$175.00 _____

Saturday Banquet only \$ 55.00 _____

Total Enclosed (make check payable to 2019 MARC Conference) \$ _____

Special Medical Dietary Needs _____

CURRENT OFFICER/ OFFICES HELD

(check all that apply)

MARC Board _____

MARCettes _____

ESA Foundation
Board _____

State President _____

Headquarters _____

IC Executive Board _____

IC Appointed Board _____

1st Timer _____

Guest _____

Mail check and form to:

Rose Wagner
Registration Chair
1104 Heritage Lane
Milford, OH 45150
513-239-6603
Rose.wagner42@yahoo.com

HOTEL INFO

Embassy Suites Cincinnati – Rivercenter

10 East Rivercenter Blvd.

Covington, Kentucky 41011

859.261.8400

Rate: **\$159 King Suites only** with pullout sofa -
includes complimentary cook to order breakfast,
complimentary parking and complimentary WIFI.
Reservation Link:

<http://group.embassysuites.com/EpsilonSigmaAlpha>

Group code: ESA

2019 MARC CONFERENCE

"Lighting Up the Queen City"



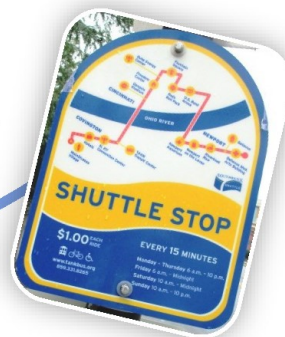
OCTOBER 11-12, 2019

EMBASSY SUITES CINCINNATI—RIVERCENTER

[HTTP://EMBASSYSUITES3.HILTON.COM/EN/HOTELS/KENTUCKY/EMBASSY-SUITES-BY-HILTON-CINCINNATI-RIVERCENTER-CVGCVES/INDEX.HTML](http://embassysuites3.hilton.com/en/hotels/kentucky/embassy-suites-by-hilton-cincinnati-rivercenter-cvgcves/index.html)

ROOM RATES: KINGS W/SLEEPER SOFA - \$159.00+ TAX

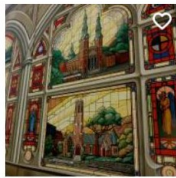
COMPLIMENTARY PARKING, WIFI, BREAKFAST AND MANAGER'S RECEPTION



BLINK
CINCINNATI, OH

 **NEWPORT®**
ON THE LEVEE

MARC Conference—Things To Do



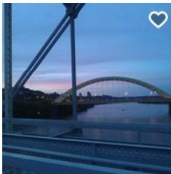
Roebling Murals on the Floodwalls of Covington, KY

76 reviews
#6 of 28 things to do in Covington
Points of Interest & Landmarks



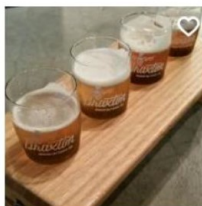
National Underground Railroad Freedom Center

Cincinnati, OH 0.9 mi away
831 reviews
#24 of 199 things to do in Cincinnati
History Museums



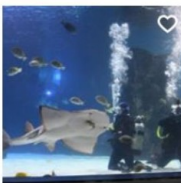
Newport Southbank Bridge a.k.a. Purple People Bridge

Newport 1.2 mi away
246 reviews
#1 of 20 things to do in Newport
Bridges



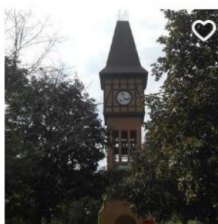
Braxton Brewing Company

72 reviews
#7 of 28 things to do in Covington
Breweries



Newport Aquarium

Newport 1.0 mi away
1,804 reviews
#2 of 20 things to do in Newport
Aquariums



MainStrasse Village

182 reviews
#9 of 28 things to do in Covington
Historic Sites



JACK Cincinnati Casino Cincinnati, OH 1.7 mi away
5,793 reviews
#40 of 199 things to do in Cincinnati
Casinos



New Riff Distillery

Newport 1.7 mi away
65 reviews
#3 of 20 things to do in Newport
Distilleries



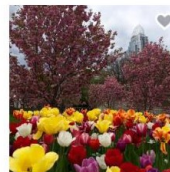
Wooden Cask Brewing Company

Newport 1.0 mi away
12 reviews
#7 of 20 things to do in Newport
Breweries



World Peace Bell

Newport 1.0 mi away
75 reviews
#8 of 20 things to do in Newport
Points of Interest & Landmarks



Bicentennial Commons at Sawyer Point

Cincinnati, OH 1.4 mi away
22 reviews
#63 of 199 things to do in Cincinnati
Parks



Cincinnati Reds Hall of Fame & Museum

#8 in Cincinnati
If you're a baseball aficionado — and especially if you aren't able to catch a baseball game at the Great American Ball Park — you might... more
Museums Type
1 to 2 hours Time to Spend



★ ACCESSIBLE VIA THE SOUTHBANK SHUTTLE

MARC Conference—BLINK Information



Blink Cincinnati is a four-day festival that offers large-scale architectural projections and interactive art pieces throughout a 20-block area from the banks of the river to Findlay Market. The festival is free and open to the public.

Blink Cincinnati, the record-setting lights festival that took over more than 20 blocks of downtown Cincinnati and Over-the-Rhine last fall, has announced it will return. The art and large-scale projection mapping festival, the only event of its kind in the U.S., will return October 10-13, 2019. Blink will continue to be free to the public.

Blink drew more than 1 million people to the urban core — more than double what was predicted — to gawk at its whimsical, larger than life art installations that were the product of work from more than 100 artists around the world.

Just how big was last year's Blink? Here are a few numbers:

- 22 projection mappings
- 35 light-based art installations
- 8 murals by international artists
- Nearly 500 volunteers
- More than 100 artists participated, including 60 from Cincinnati
- Zero police incidents
- 27,000 Cincinnati Bell Connector rides (streetcar)
- 70 million traditional media impressions
- 7,000 Instagram posts

“The spirit of BLINK is the joy we all found in a shared moment of art and light,” said [Tim Maloney](#), president and CEO of the [Carol Ann and Ralph V. Haile Jr./U.S. Bank Foundation](#) and the mastermind behind the festival, in a press release.

To learn more about BLINK Cincinnati, check out www.blinkcincinnati.com

MARC Conference—Marketplace Tables

MARKETPLACE TABLES



Available Thursday 3:00-6:00 p.m.

Friday 12:00-12:30 and 1:30 – 4:00 p.m.

We have a beautiful location for the Marketplace!

Cost is \$15.00 for ESA members

RESERVATIONS REQUESTED

**Each vendor will donate a piece of product to be used as a door prize
throughout the weekend**

Name: _____

State: _____

Chapter: _____

Checks Payable to: MARC

Send your reservations to:

Sandy Hongerholt, MARC Ways & Means Chair

7411 Drew Ave N, Brooklyn Park, MN 55443

(612) 267-3926 shongerholt@yahoo.com

MARC Conference—Cincinnati VA Fisher House Wish List



CINCINNATI VA FISHER HOUSE WISH LIST

Thank you for showing interest in helping the Fisher House at the Cincinnati VA Medical Center. There are many ways in which you can support those who served for our country. Some of the items on our wish list reflect one-time only needs but most represent the on-going needs of running the house. Every in-kind donation allows us to stretch our donated dollars that much further. **Donations cannot be accepted on evenings, weekends or Federal holidays. We ask that individuals and groups please call ahead to (513)475-6571 in order to arrange a time to drop off donations or schedule tours of the house. Thank you.**

WE ONLY ACCEPT NEW ITEMS

MONETARY DONATIONS: Provides us the flexibility to use your donations as a particular need arises. Donations can be made in person, by mail or at www.cincinnati.va.gov (click on E-Donate). Checks should be made out to "Cincinnati Fisher House". Please note "Fisher House/GPF1011" in memo section. Donations can be mailed to: Cincinnati VA Medical Center, Fisher House, 3200 Vine Street
Cincinnati, OH 45220

GIFT CARDS: Our guest enjoys gift cards! **For Guests** (\$10 + value): Kroger, Walmart, Target, Walgreens, McDonalds, Burger King, Dunkin Donuts, Subway, Chipotle, Goldstar, Gas Cards. **For the House:** Kroger, Walmart, Bed Bath & Beyond, Home Depot, Lowes, Amazon, Cincinnati Zoo Passes.

ITEMS WE CAN ALWAYS USE:

Grab & God Snacks (Individually Wrapped)
Juices, yogurt, cheese sticks, packaged lunch meats
Fresh fruit such as oranges and bananas
Bottled water
Breads, bakery items
Keurig K-Cup pods
Liquid detergent for HE washers
Fabric softener/dryer sheets
Liquid dish soap and dishwasher all-in-one
Light Bulbs standard (65, 75, 100 Watts)
Paper towels
Paper Plates/forks/spoons/knives
Stainless Steel wipes

FOR OUR GUESTS:

Nail/ Manicure Kit/Toothbrushes
Kleenex (boxes and small packs)
Umbrellas
Small Note Pads
House slippers/socks
Hard Candy, breath mints, gum
Lip balm/chap stick
Hand sanitizer (small)
Room Air Fresheners
Rain Ponchos

OTHER ITEMS:

Clear Plastic Storage Containers (50gal)
Under the Counter Ice & Water Dispenser
Yearly Magazine subscriptions
Aprons with Logo for Kitchen

MARC - ESA ---- Above is a suggested list of things you might want to donate at the MARC Conference in Cincinnati, OHIO. These will be collected on Friday of the Conference. This is part of **HOPE FOR HEROES** Project. Any questions contact Birdie Elkofska at Birdieelkofska@comcast.net

MARC—reMARCs Newsletter Subscription Form



MIDWEST AREA REGIONAL COUNCIL

reMARCs Newsletter Subscription Form 2018-2019

(Please print all information)

\$ 10.00 - one year subscription

\$ 5.00 ½ Year (June and August)

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: (____) _____ EMAIL ADDRESS: _____

RETURN TO: Mary Hougland, Co-Communicator
704 S Sycamore Road
Seymour, IN 47274
remarcsesa@gmail.com

Date Paid _____

Check Number _____



MIDWEST AREA REGIONAL COUNCIL

reMARCs Newsletter Subscription Form 2018-2019

(Please print all information)

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Date Paid _____

Check Number _____

Epsilon Sigma Alpha
363 W. Drake Road
Fort Collins, CO 80526

Phone: 970-223-2824
Email:
esainfo@epsilonsigmaalpha.org



EPSILON SIGMA ALPHA

www.epsilonsigmaalpha.org

*Epsilon Sigma Alpha (ESA) International is a special organization—
an organization that is truly defined by the hearts of its members.*

*An international leadership and service organization, ESA is a place
where members develop meaningful friendships, find their passion
for community service, and continue on the path of lifelong learning.*

MISSION STATEMENT:

***ESA is Good Friends, Good Works, and Good Times... We create activities and
support causes that let us surround ourselves with welcoming, positive people
who enjoy making a difference and having fun together.***

MINNESOTA ESSAY

All issues of the ESSAY are published here: <http://www.mnesa.com/>

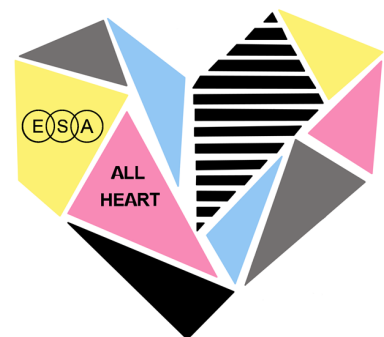
The ESSAY is published on a monthly basis August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

Chapter Presidents, please share the newsletter with members in your chapter who may not have email.

If you would like to be included on the email list, please let me know.

Terri Olson
ESSAY Editor
terri.mnesa@gmail.com



—Terri Olson,
International Council President 2019-2020