



Special points of interest:

- > RSVP for the 3/19 Membership Mtg
- > Donate to the "Adopt a Troop" project for WHV
- > Volunteer to help out at MedTox (LabCorp)
- > Send in your Education reports to Kathy
- > Send in your Philanthropic reports to Birdie
- > Register for the 4/23 State Convention

Inside this issue:

1st VP, Parliamentarian, Jr Past President	2
Education, ESAF	3
MARC, Philanthropic	4
WHV, Wishes & More	5
Adopt A Troop List	6
Education Guidelines	7-9
Chapter News	10-13
Convention Reg / Agenda	14-15
Lions Fundraiser	16-17

ESSAY— March

#StayStrongandSparkleOn

PRESIDENT—SANDY HONGERHOLT

It sure is nice to see some of this snow start to melt.

March 20th is the first day of Spring and about a month later on April 23rd will be my last day as your 3-time State President. This year sure flew by.

The state will be in great hands with Dee at the wheel. Please consider helping her out and volunteering

for an elected or appointed position. Dee really didn't have a whole lot of notice for the position of incoming State President.

We are still hoping to put together a rush event this Spring. This will probably happen right around the first week in April. We will let you know as soon as plans have been finalized. Start thinking of who you could

invite to join you.

Thank you all for allowing me to serve as your State President this past year.

I hope you will consider joining us for our one-day State Convention to celebrate all we have accomplished this past year. Alpha Zeta along with the help of Delta Rho have a great day planned for us.





FIRST VICE PRESIDENT—DEE ROTERING



Happy almost spring everyone!

February started out with a quick trip to Denver to attend the ESA International Leadership Conference.

There was a lot of learning going on in that room over 3 short days. One of the great exercises we did was called “Don’t Waste a Good Crisis”. It had us thinking about what we learned about ourselves during the

Covid pandemic, such as: what did we do we didn’t think possible, what did we stop doing we wouldn’t miss, how do you make sure you don’t fall back into the old ways?

Other Leadership topics included:

- St. Jude, every state is being asked to commit at least 50 donations of \$50 to St. Jude during 2022.
- Membership: We all need to help ESA

not only grow but continue to thrive. Who haven’t you invited? How do you make the new members feel welcome, it takes a village.

IC Convention: Denise Holdaway’s theme for the 2022-2023 ESA year centers around...yep, if you know her it’s “shoes”.

I hope you are thinking about attending IC Convention in Indianapolis this summer. They have so many things planned: IC

Challenge with favorite challenges from years past, ESA IC Board Lip Sync contest, and ESA Foundation Fund fest with fun interactive games.

On another note, a short PSA: I am on the search for board members for the new year. Please consider throwing your name in the hat for an elected (or appointed) office. I am looking forward to a fun filled year of volunteering and fundraising with all of you.

PARLIAMENTARIAN—DIANE VANUSEK

Just a tidbit I found to keep in mind when setting the agenda for a meeting.

Opening up the floor to “Old Business” is not proper parliamen-

tary procedure and should never be done. First, “Old Business” is not a parliamentary term; second, it suggests a revisiting of any old thing ever discussed. The correct

term to use is “Unfinished Business,” which makes clear that you are referring to specific items carried over from the previous meeting. A presiding

officer never needs to ask, “Is there any Unfinished Business?” but simply states the question on the first item. Annual meetings generally have no unfinished business.

JR PAST PRESIDENT—SANDY DOLENCE

Happy March! It’ll soon be Convention time and I’m looking forward to seeing you all there. Along with our fabulous Convention, there will be an

equally fabulous Love Fund Auction.

As you’re looking ahead to this big day, please be thinking about items for the

auction. Let’s fill the tables with bottles of wine or alcohol, wine baskets, homemade baked goods, food baskets, gift cards, handmade items, and

any other wonderful items.

You may bring your items directly to convention or drop them off at my home or at

JR PAST PRESIDENT—(continued)

Medtox or you can make arrangements to get them to Betty and Dennis Marler. If you want to call or

email me to let me know what you are bringing, my phone number is: 763-533-3792 (H),

651-815-3792 (C) and email is sjdolence@hotmail.com.

Thank you for your support.

EDUCATION—KATHY EASTLACK

Has every chapter education person been keeping track of their educationals and compiling your scrapbook for the State Convention. They will be judged following the International

Council guidelines. The Minnesota winning educational scrapbook will be forwarded to the International Convention. The top 10 chapters submitting educational scrapbooks will be

recognized for the Gold Seal Merit Award, at the International Convention this July in Indianapolis.

If you have any questions please, call, text or email me.

Kathy Eastlack
kathy.eastlack@gmail.com

763-742-9737

Guidelines are included in this issue of the ESsAy.

ESA FOUNDATION—KARLA KAY NICKLAUS



Thanks for paying your annual dues to the Foundation and gifts.

FANTASY 500 – 2022 Fantasy Event GET READY TO START YOUR ENGINES!

On March 1, 2022, we invite you join us at

the virtual Brickyard for the Fantasy 500.

Enjoy a pork tenderloin sandwich and a beer without leaving your own home as you imagine the Parade of the Bands before the race and Fast 9 Shootout for pole position.

Your contribution to the ESA Foundation Fantasy 500 event fund projects and promote higher education and support strengthening communities.

When you have made you deductible donation to the ESA Foundation you will be able to celebrate with the

traditional bottle of milk!

Donate online or mail a check to the ESA Foundation 363 W Drake Road, Ft Collins CO 80526. Thanks for your generous support of the ESA Foundation.





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MARC—DIANE VANUSEK / BILLIE JANE MINTJAL



Put October 7-8, 2022, dates on your calendar as the Oklahoma State Council is

planning a great 2022 MARC conference in Tulsa.

Plan an extra day or

so as there are some good places to visit in that lovely city. Never too early to plan.

If you drive, it will take about 11 hours, depending on how many stops are made.

PHILANTHROPIC—BIRDIE ELKOFKA

I am getting so excited to receive all the chapter reports for the hours, dollars, and miles they each need to report.

This Philanthropic Year End Report is so important as we get closer to the Minnesota ESA State Convention. Deadline to have that report to me is again **APRIL 10** and the information should cover the dates of April 2021 through March 31, 2022.

I know that is a tight deadline so perhaps you can work with each other to send information to your chapter Philanthropic

Chairman even as a partial report and then send that person the final part at the end of March. If you have any questions at all, just give me a call at 952-938-3020.

This year we have two organizations that would like to work with Minnesota ESA during the next ESA year - 2022 - 2023. They are ... WELCOME HOME VETS and WISHES and MORE.

Both of these organizations have been our projects this past year and I know that both of their Chairman have done an outstanding job of keep-

ing all of us informed of everything going on with Welcome Home Vets and Wishes and More. Betty Marler and Lori Thorpe have done an OUTSTANDING JOB and I know you have been involved with volunteering for both and with financial donations as well.

The individuals who continue to work at MEDTOX certainly should be "THANKED" for their hard work of supporting these two organizations (and the other organizations Minnesota ESA supports). And a huge amount of money has been raised this past

year compared to the past COVID year. That takes many hours of volunteer work.

Please come to the Minnesota ESA State Convention prepared to vote for your next year's project recipient.

Again, I look forward to hearing from each of the chapters by **APRIL 10 !!**.

Birdie Elkofka
3320 Louisiana Ave.
So. #206
Minneapolis, MN
55426

Birdieelkofka@comcast.net



WELCOME HOME VETS—BETTY MARLER



I just had a good visit with Gretchen and Rick Peterson and I'm excited!

They asked if ESA members would like to support the "Adopt a Troop" program started in 2012 by the Hopkins Elks Lodge.

They send care packages to troops serving overseas at a base in Germany and another one in Saudi Arabia once a month, and they cover the expense of mailing the boxes. These boxes

of goodies give the troops a little slice of joy from home and brighten their days.

The base in Germany is a COVID base where soldiers go to quarantine. They are stuck in their rooms and given very little in the way of comforts of home. You can imagine how excited they are when they get goodies.

ESA members, let's get behind this cause for our active-duty troops stationed over-

seas and away from their loving homes.

I'm attaching a general list of items for the care packages. You may also write a card or letter to the troops with a special message to them. The notes/cards/letters are greatly appreciated as well.

If you want to participate in this project, bring your donations to the **March 12 State Membership Meeting** and/or to **MN ESA State Con-**

vention on April 23. You may also bring items to Medtox and I'll gather the goodies up and deliver them to the Elks Lodge and let them know the goods are a donation from ESA Minnesota. It's a simple way to say "Thank you" and "we care about you".

Thank you for Sparkling On and making a difference in the lives of homeless veterans, as well as our active-duty service men and women.

WISHES & MORE—LORI THORPE



I would like to thank Dina, Bruce, and Beta Sigma for the donation to Wishes & More from the January leadership meeting that included a delicious chili cook off! What a fun and tasty fundraiser that was, thank you!

Thank you to all of you who have been working so hard at MedTox in February. I had the pleasure of joining this amazing crew on February 21st and it was a welcoming and laughter-filled experience.



I volunteered at Wishes & More's annual fundraising gala. It is their primary fundraiser and was very successful. A giant thank

you to all of you who donated items to their auction, and participated in their online auction. MN ESA sponsored the online

bidding platform they used for the event through Medtox donations. It was fun to see our name on their wall banners and displays!

As we move into spring, I'll be sure to keep you posted as volunteer opportunities present themselves. Thank you for your continued support!



WELCOME HOME VETS—ADOPT A TROOP LIST OF ITEMS

The following are suggested items to include in a care package sent to our military personnel serving overseas.

****Dollar Tree** is a great place to shop for items for Adopt A Troop, especially when the flip flops come in. They are only **\$1.25** and work great for shower use. They also have lots of snacks, games and more.

Things to keep them dry, clean and comfortable and Keep them entertained / Miscellaneous

- ◆ High-quality socks (preferably black, men's & women's, cushioned)
- ◆ Reading material (magazines, paperback, local newspapers)
- ◆ Soap (bar soap, shampoo, body wash, face wash, etc.)
- ◆ Travel size chess or checkers
- ◆ Handheld video games
- ◆ Toothpaste (normal size, not mini), dental floss
- ◆ Board games, puzzles
- ◆ Q-tips, disposable razors
- ◆ Decks of cards
- ◆ Unscented Tampons (plastic applicator only)
- ◆ Adult coloring books with colored pencils
- ◆ Deodorant (travel size/non-aerosol)
- ◆ Plastic model kits
- ◆ Sunscreen
- ◆ Baseball gloves/baseballs
- ◆ Hand sanitizer, Baby wipes
- ◆ Batteries (AAs and AAAs)
- ◆ Pain-relieving topical cream
- ◆ Pencils, pens, stationary, unused greeting cards
- ◆ Vicks VapoRub
- ◆ 3M wall hooks
- ◆ Sewing kits
- ◆ Tape, packing tape, scotch tape, duct tape
- ◆ Lens cleaning cloths
- ◆ Ziploc bags, Plastic food storage containers
- ◆ Flip flop sandals (for the shower)
- ◆ Sweatbands
- ◆ Black sunglasses (no brand names)

Things to spice up their daily meal and hydration

- ◆ Hot sauce (e.g., Taco Bell sauce packets)
- ◆ Water flavoring (e.g., Crystal Light, Mio, powdered)
- ◆ Instant coffee, Coffee creamer, tea mixes
- ◆ Canned fruit (pop top)
- ◆ Sugar packets, ketchup packets
- ◆ Beef jerky, Slim Jim's, Corn nuts
- ◆ Protein bars, granola bars
- ◆ Cookies, crackers (wrapped)
- ◆ Licorice, gum, candy (not chocolate)
- ◆ Pop-Tarts, instant oatmeal
- ◆ Sunflower seeds
- ◆ Nuts, trail mix, pretzels, Pringles

As with anything you send, it needs to be **non-perishable**.

Sending homemade cookies or soft candies halfway around the world is generally **not** recommended.

Must be able to fit into a
12 x 12 x 5 ½" box.



IC EDUCATIONAL AWARDS

GOLD SEAL MERIT AWARD (For Chapter Educational Programs)

Ten (10) outstanding chapters' yearly programs are recognized each year at International Convention. Chapter entries must be submitted to the IC Educational Chair. Any Chapter in good standing with the International Council is allowed to enter competition on the International level. Each of the top ten (10) finalists will receive a Gold Seal Merit Award from ESA Headquarters. Entries must be postmarked no later than June 1 or no later than one (1) week immediately following your State Convention if it is held later than the June 1 deadline.

Entries are judged prior to International Convention by a committee chosen by the IC Educational Chair. The entries must be submitted to the IC Educational Chair as stated in the requirements. The top ten (10) programs will be on display at the International Convention. **POSTAGE MUST ACCOMPANY YOUR ENTRY** if you wish it returned to you after convention. Entries should include all monthly programs submitted on the Educational Report Form distributed to the states by the IC Educational Chair.

Each entry should be compiled in a 1"-2" binder/folder. Any entry exceeding the 2" binder maximum will be disqualified. Include in the binder a purpose statement about the theme, a contents' index and divider pages. A complete narrative or outline stating major points emphasized should be attached to the Reporting Form so the program can be fully understood. Judging will be based on educational value and continuity of programs; method of presentation; appearance/content of year's programs (neatness, originality and arrangement of materials); and each portion of the Educational Report Form should be filled in.

MAIE L. WELLS AWARD (For State Educational Chairs)

The Maie L. Wells Award is presented annually at International Convention to ESA's top three (3) State Educational Chairs for the most outstanding service given to directing their states' educational program during the year. First, second and third places will be given a certificate by ESA Headquarters. Any State Chair may enter this competition by submitting her entry to the IC Educational Chair. Entries must be postmarked no later than June 1 or no later than one (1) week immediately following your State Convention if it is held later than the June 1 deadline. Entries are judged prior to International Convention by a committee chosen by the IC Educational Chair. The top three (3) State Educational Chair books will be on display at the International Convention. **POSTAGE MUST ACCOMPANY YOUR ENTRY** if you wish it returned to you after convention.

The State Chair's information should be submitted in a notebook showing the year's accomplishments and should include development of the State educational theme for the year, communication with Chapter Educational Chairs, articles written for the State newsletter or newspaper, reports or programs given by her at State Council or District meetings, new ideas the Educational Chair has initiated in the state, and a listing of the chapters winning the top educational awards at State Convention. In general, a showing of what the State Chair has done during the year to promote, challenge and direct the State's Educational program.



CHAPTER EDUCATIONAL REPORT FORM

Chapter Name and Number: _____ State: _____

City: _____ Meeting/Presentation Date: _____

Yearly Theme: _____

Topic of this Program: _____

METHOD OF PRESENTATION (Check all that apply)

- Member's Oral Report (name)
- Guest Speaker (who/title)
- Visual Aid Program (kind and type)
- Field Trip (where)
- Reference Listing (book or magazine)
- Other (explain - internet, pamphlets, etc.)

SUMMARY: (Briefly summarize the program and attach a more complete narrative or outline stating all major points emphasized so the program can be fully understood.)

COMMENTS BY THE EDUCATIONAL CHAIR: (Value to chapter/community, general comments about the presentation and chapter discussion)

CHAPTER EDUCATIONAL CHAIR: _____

DATE: _____

PLEASE SEND TO: STATE EDUCATIONAL CHAIR



GOLD SEAL MERIT AWARD

IC JUDGING FORM FOR CHAPTER EDUCATIONAL PROGRAMS

Chapter Name and Number: _____ State: _____

Chapter City: _____ Educational Director: _____

- 1. COVER AND/OR TITLE PAGE POSSIBLE POINTS
2. APPEARANCE/CONTENT OF YEAR'S PROGRAMS
3. CHAPTER INFORMATION/METHOD OF PRESENTATION
4. YEAR'S THEME AND RELATED PROGRAMS
5. COMMENTS BY EDUCATIONAL CHAIR

JUDGE'S COMMENTS:

Judge's Signature: _____ Date: _____

IC Educational Chair Signature: _____ Date: _____

PLEASE SEND TO: STATE EDUCATIONAL CHAIR



ALPHA SIGMA—DIANE VANUSEK

Alpha Sigma did not meet in February as our President was getting her Vitamin D from the Florida sunshine. This is unusual as we don't miss meeting up very often.

Sharon D says - We will have a celebration of life for Larry on his 80th birthday, Saturday, March 26th at Elsie's Restaurant in northeast Minneapolis from 2-5 p.m. We are doing our best with Larry's passing. He was such a huge part of our lives that it is hard and heartbreaking without him.

By now most of you know I am living at Sunrise Senior Living in Golden Valley. Since I can't drive anymore (because of dizziness and falling), I couldn't live alone since Larry passed away. I am happy here and have made friends. The meals are prepared plus other amenities are here. I was able to bring my old cat. Nicholas is 19

years old and there was no way I could rehome him.

I just finished reviewing ESA scholarships. I have done this for several years now. I enjoy doing this. It is amazing to see what so many of our youth want to do after college.

Shirley says she doesn't have much to say, but she says – I really have not done anything exciting lately. I do go to MedTox every Monday. We have been very busy there. We could use more help like last Monday. I was surprised when five people (not ESA members) walked in to help us for a few hours. Even a few hours makes a difference. Today I am meeting someone for lunch that I had not seen since Covid started. I am sure many of you find the same thing.

Birdie says - Just got home from 39 days of

SUNSHINE and sand in Florida. After a stay on Longboat Key at a resort, I drove down to Punta Gorda and visited with Terri Olson. Such great memories. Then I landed in Minneapolis with temperatures at like 3 degrees. That shocks the system for sure. Today is unpacking and washing clothes, plus a trip to grocery store.

When I walked into my condo, I heard a weird sound. It was the smoke alarm. It needs a new battery and I must find someone to help me install that. Slept with music at my bedside to cover the beeping sound. I will have to find a handyman fast today. Now that and the temperature are awful welcome home gifts.

I have been reading my emails while gone and want to THANK ALL of you who have worked so hard during January and February at MedTox. This is

earning lots of money for Minnesota ESA charities and You Guys sure will make Minnesota ESA look great. THANK YOU!!!!

Diane says – I thought I retired, but after the last few weeks, I am not so sure. With the extra work at MedTox added to the usual Monday load and the load of ESA Foundation scholarships to review, I think I put in my 40 hours.

We were lucky this past week as the snowfall came after we were done at MedTox. No driving on slippery roads. Tuesday was beautiful watching out of the window at the snow falling and no place to go. Wednesday, the sunshine on the snow turned the backyard into sparkling diamonds.

I agree with Sharon that reviewing the scholarships gives me hope for the future. We have some smart cookies out there. Looking forward to the kids popping in this weekend.



BETA SIGMA—EILEEN SPENCER...”Superheroes for ESA”

President **Bruce Strachota**, being on a cruise with wife Dina, asked Past President **Judy Searles** to conduct the February 5 meeting. **Bonnie Olson** hosted the meeting at her home and **Karla Kay Nicklaus** was co-hostess.

Meeting Highlights:

Bonnie Olson provided the following inspirational quotes from her *Seize the Day* desk calendar.

- ◆ My riches consist not in the extent of my possessions, but in the fewness of my wants.
- ◆ In the confrontation between the stream and the rock, the stream always wins – not through strength but by perseverance.
- ◆ With a few flowers in my garden, half a dozen pictures, and some books, I live without envy.

Service Pins for 2022:

- ◆ **Bonnie Olson** announced that pins will be awarded to: **Eileen Spencer** 10 years,

Judy Searles 10 years, **Betty Brown** 35 years, **Josie Ferguson** 60 years, **Kay Fogarty** 65 years.

In Sympathy:

- ◆ It is with deepest sympathy that we report the passing of **Leann** and **Tim Monahan’s** daughter **Libby** on February 24. The memorial service will be held March 5, 1:00 PM at Church of Christ the King, 5029 Zenith Ave S, Minneapolis.
- ◆ **Karla Kay Nicklaus** mourns the passing of her brother-in-law February 25. A memorial service will be held in Iowa in early March.

Please keep these dear families in your thoughts and prayers.

Shoe Drive:

As mentioned in the January **ESsAy**, after an expanded shoe drive and not reaching the required number of shoes with the original charity organization, **Beta Sigma** decided to donate the over 700 pairs of

shoes to the **Salvation Army Adult Rehabilitation Center in Minneapolis**. Several members stored the



shoes for months until **Edee** and husband **Hartley Erickson** graciously filled their truck to capacity on a cold February day along with overages transported by **Marcie Haigh** to the reha-



bilitation center. The director of the center was extremely grateful for the donation. Several members were on hand to assist.



Member Activities:

As mentioned last

month, several **Beta Sigma** members were traveling to warmer climates but not all...

- ◆ **Judy Searles** and three bridge playing friends braved the blizzard on Monday, February 21 to trek to the North Shore for a week of card playing, eating and wine drinking. White out conditions did not deter these crazy ladies from making it to Bluefin Bay in Schroeder.



Finally nestled by the fire in their rented log home, they viewed the tumultuous waves on Lake Superior.

After two days of stormy conditions and intense bridge playing, they made





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BETA SIGMA—(continued)

their way up to Grand Marais for a delightful lunch at Angry Trout and



shopping. Calmer waters and sunny skies were now the norm. Lake Superior shows many faces and these gals saw quite a few!



By the end

of the



week tummies were full, wine bottles empty and bridge cards worn out, so it was time to head back to the Twin Cities. Couldn't drive by Duluth without a stop for more shopping and lunch at Grandma's Saloon



and Grill!!

◆ **Marcie Haigh** spent about a week in Jamacia for a family wedding and from the looks of it enjoyed every minute! This is Marcie in a large floating ring soaking up the warm sun!!



◆ **Kay Fogarty** and husband **Joe** vacationed in Mesa, AZ with their grown children, which was the first time they had done that in many a year. Kay says they had a wonderful time in a country-club setting!

Some of you may know that once back home, Kay and Joe were doing their usual volunteer work at 360 Communities when Kay ventured outside to retrieve something from their car where she fell on the ice and sustained a broken kneecap for which surgery was required. Kay will

need to wear a brace until the knee mends. She is doing well and is thankful she has the assistance of her family to help while she recuperates.

Kay would like to let everyone know that she is touched by all the cards and well wishes she has received from so many of her ESA acquaintances. Please keep Kay in your thoughts and prayers for a speedy recovery.

◆ **Bruce** and **Dina Strachota** went on an eastern Caribbean cruise along with Dina's sister Denise, which was the best way to introduce



Denise to the joys of going on a cruise! Stops along the Caribbean included Nassau, St. Kitts, and



St. Thomas.

◆ **Eileen Spencer** enjoyed two weeks in Jupiter, FL visiting with family and



friends. Besides the sun and beach, one of the highlights of her trip was winning \$50 at a friend's Superbowl party!!

REMINDER:

Beta Sigma will host the **March 19 MN ESA State Meeting** at **Spirit of Christ Community Lutheran Church**, 5801 Minnetonka Blvd., St. Louis Park. We hope to send out a "blast" with additional information prior to the 19th.

FUNDRAISER:

Beta Sigma will be selling handmade **Book-page Wreaths** at **MN ESA State Meetings** and by request. **Orders** can be arranged by contacting **Marcie Haigh** either by phone: 612-267-0919 or email:

BETA SIGMA—(continued)

marciejoh@gmail.com

SPECIAL FUND-RAISER:

Our President **Bruce Strachota** is an active member of the St. Louis Park Lions Club which is holding a fundraiser. Please check out the flyer

and consider placing an order by March 6 using the code on the flyer. You will be helping to support *Can Do Canines, Lions Vision and Hearing Foundations, Childhood Cancer and Diabetes work.*

“Success is not final;

failure is not fatal. It is courage to continue that counts.” *Winston Churchill*

Have a safe and Happy St. Patrick's Day!!!



GAMMA ZETA—DOROTHY WANGEN

It sure is hard getting information from our chapter when no one is going places and just plain not doing anything good.

Marry Tolle is planning on have surgery March 4th. The surgery is to release a nerve locked in the spinal cord because of arthritis. Do not know the name of this type of surgery but the nerve release will help her control her leg

and foot. Something like that. She will be staying at her son's home after surgery. Wish her good luck.

June says not much going on at their house, just going to church and staying home. They were hoping to take a trip to TX to see the grand kids and their son, but not yet. One of the granddaughters just turned 6 and June & Ron had to miss that.

June is scheduled to have hip surgery, coming soon.

Judy made a trip to AZ along with her granddaughter to visit Jim and Jim's brother and the family. Jim says it's cold in AZ because he needs to wear a sweatshirt to keep warm. Judy says her son is stopping by on March 12th on his way back to Boston, his home.

Diane Ocel - Do not have much from her, she is busy going to State Board meetings and working at MedTox.

Dorothy says nothing much going on for me, started working in the Bakery at Cub since January, so my Mondays have not been open to work at MedTox, which I do miss.





ESSAY—March



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MINNESOTA ESA STATE CONVENTION

Bunker Hills Park Activities Center
 550 Bunker Lake Blvd NW
 Andover, MN

Saturday, April 23, 2022
9:00AM – 8:00PM

COST: \$60.00

(covers beverages and refreshments including snacks, lunch, and dinner)
 [we're unable to break down the cost]

NAME		CHAPTER	
PHONE		EMAIL	
STATE OFFICE		CHAPTER OFFICE	
YEARS OF SERVICE (IF TO BE RECOGNIZED AT CONVENTION)			
CONVENTION PARTICIPATION (CHECK THE APPLICABLE BOX IF YOU PLAN TO PARTICIPATE AND NEED A TABLE)			
MARKETPLACE	<input type="checkbox"/>	ASSOCIATION OF ARTS	LOVE FUND <input type="checkbox"/>

REGISTRATION DEADLINE: April 4, 2022 **CHECKS PAYABLE TO: Alpha Zeta**

Send reservations to: Kim LeTendre Olson - 925 S. Walnut St. Belle Plaine, MN 56011



**MN ESA STATE CONVENTION 2022
TENTATIVE AGENDA**

8:20 – 9:00AM	Arrival at Bunker Park Activity Center- Registration
	Set up Marketplace display if your chapter reserved a table Drop-off for Love Fund Auction and Association of Arts Breakfast snacks, coffee, tea
9:00AM	Opening Flag Ceremony and Remarks
9:15AM	Meeting Agenda-Business
11:00AM	Educational wellness speaker– Focus on a healthy, strong you Association of Arts Judging
12:00PM	Luncheon – Catered Box Lunch Marketplace and Love Fund Auction open; Assn of the Arts viewing
12:45PM	Awards Service, Philanthropic Projects, ESA Foundation, Others
1:15PM	Break – Marketplace and Love Fund Auction Open; Assn of the Arts viewing
1:30PM	IC Workshop – IC Rep or Marc Rep
2:30PM	Educational Fun Activity-You are a Gem!
3:30PM	Break – Marketplace and Love Fund Auction Open
4:00PM	Marketplace and Love Fund Auction Close
4:30PM	Jewel Pinning Ceremony and Cocktail Hour
5:00PM	Installation of Officers
6:00PM	Dinner – Catered Meal Service from The Brass Rail, Grandy, MN, with Entertainment
7:00PM-8:00PM	Entertainment Continues



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St. Louis Park Lions Club Fundraiser



Simpls food is scratch-made with simple, nutrient-dense foods to nourish your mind, body and soul. We support small farms using organic and regenerative growing practices. You will never find anything artificial in our ingredient lists. Just wholesome goodness and adventurous flavor! We make it fresh and sell it frozen for you to enjoy at anytime.

FAN FAVORITES



Grass-Fed
Beef Chili



Creamy MN
Wild Rice



Thai Lemongrass
Chicken



Roasted Cauliflower
Turmeric



Pepperoni



Margherita



Carolina BBQ
Cauliflower



Chicken Tikka
Masala



SEND A GIFT PACKAGE

Send some love with one of our gift packages!
A delicious gift that gives back to the community.

Includes:

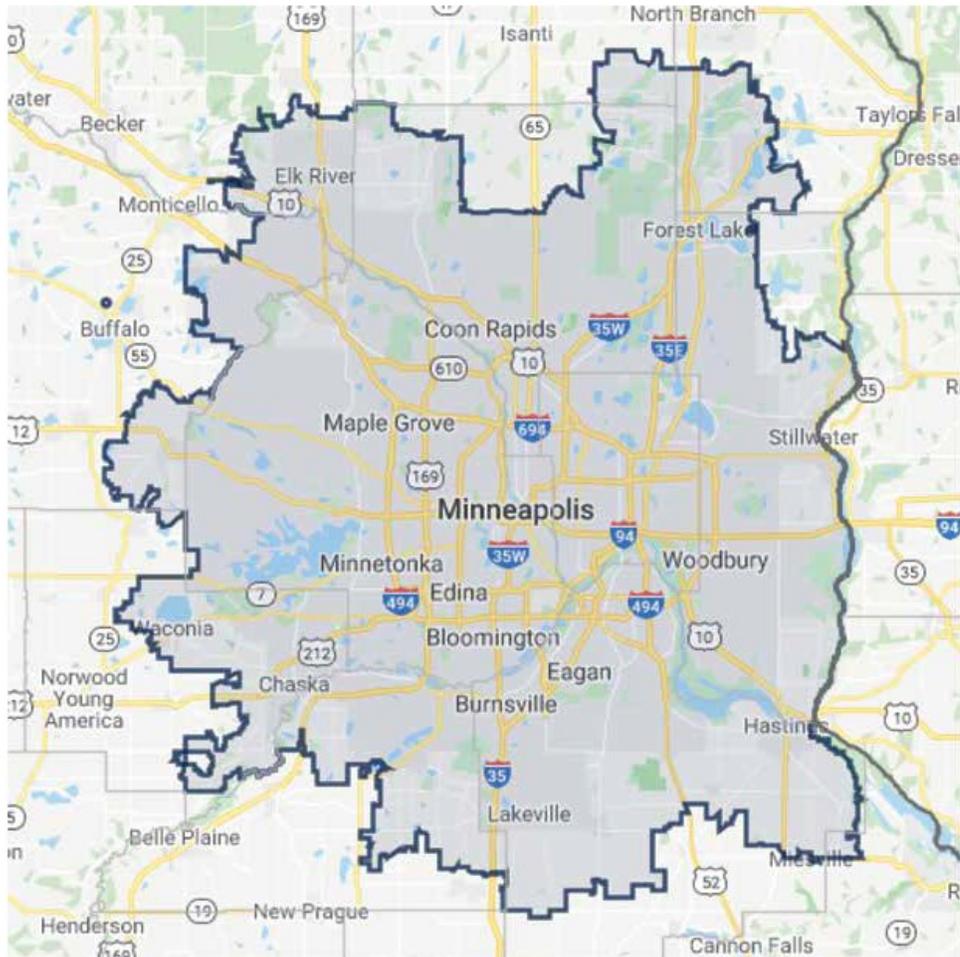
- ▶ 2 Quarts of Soup
- ▶ Choice of a Side
- ▶ Choice of a Dessert
- ▶ 1 Handwritten Card
- ▶ 1 Insulated and Reusable Simpls Bag

Pizza Gift Packages also available

HOW TO ORDER

1. Make sure we deliver to your area. Check out our delivery area below.
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DELIVERY AREA



Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An International leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

MISSION STATEMENT

ESA is Good Friends, Good Works, and Good Times

...We create activities and support causes that let us surround ourselves with welcoming positive people who enjoy making a difference and having fun together.



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MINNESOTA ESSAY

All issues of the ESSAY are published here:
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The ESSAY is published on a monthly basis 9x/year from August-May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month. The monthly issue is emailed on the first of the month.

Please share the ESSAY with prospective members who may want to learn more about Epsilon Sigma Alpha—MN.



—Robin Bussey
International Council President
2021-2022

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