



# Minnesota ESSAY

## Before You Forget...

- Come and join the fun on Mondays at Medtox
- Add the September and October events and reminders to your calendars
- RSVP for the Welcome Home Vets Event on September 30th
- Register for the MARC Conference
- Volunteer for an event at Interact and/or St. Jude; there are lots of opportunities to assist
- Save the Date for the MN ESA Convention

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## President—Dana Terry

Hello everyone! We had a great kickoff to our 2023-24 ESA year with a very well attended membership meeting on Saturday, August 26th. A huge thank you to Gamma Zeta for hosting! It was awesome to have Rick and Gretchen Peterson from Welcome Home Vets join us. Shirley Laue presented them with a check from our LabCorp designated funds and Rick told us that money has been helping them buy beds for the veterans. Gretchen also announced that they just delivered their 880th kit. After a brief activity, we got down to business.

We had lots of good discussions and accomplished a lot of things in an hour and a half. Thank you Terri Olson and all of you that voted to allow me to attend Leadership along with Kim LeTendre-Olson, our VP. I really missed out last year due to the snowstorm we got. Kim and I are very excited for Leadership and can't wait to learn new things, get new ideas and bring lots of energy back to our state. So many good things happening this year and so many enthusiastic members! It's amazing!

September and October are busy months in ESA. Lots of things on our calendar...and lots of great opportunities to spread the word about ESA! Don't forget to invite your friends

and family to all the fun events/fundraisers. Remember - every event is a rushing event!

Here is a list of upcoming events and reminders:

### SEPTEMBER

- ◆ Sept. 1st - State Membership dues are due!
- ◆ Medtox Mondays (except for Labor Day - will be working on Tuesday, 9/5 that week) - September is for Interact
- ◆ Sept 9th - St Jude Gala at the Metropolitan in St Louis Park (volunteers needed)
- ◆ Sept 14-16th - Interact Center Event (Michael Engebretson at CEZ's Chromo Zone Art & Mural Festival - 2147 University Ave W., St Paul, MN 55114)
- ◆ Sept 15th - Tax Facts are Due
- ◆ Sept 18th - Oct 18th - Interact Center Event (Bonnie Thorne at Interact Gallery - solo exhibition)
- ◆ Sept 23rd - St Jude Walk/Run at Elk Creek in Maple Grove. (Join the MN ESA team! Volunteers also needed)

- ◆ Sept 25th - ESSAY articles due to Terri Olson

- ◆ Sept 30th - Wine Tasting event hosted by Gamma Omega at the Hopkins Elk Lodge to benefit Welcome Home Vets

### OCTOBER

- ◆ Medtox Mondays - October is for St Jude
- ◆ Oct 13-14th - MARC Conference in East Peoria, IL
- ◆ Oct 19 - Nov 19th - Interact Center Event (Rooted in Nature at the Minnesota Landscape Arboretum Cafe Gallery)
- ◆ Oct 21st - Gamma Omega card making & social event at Hopkins Elk Lodge to benefit Wishes & More
- ◆ Oct 25th - ESSAY articles due to Terri Olson

And mark your November calendars:

Thursday, November 16th is Give to the Max Day. Please consider making donations to our state projects and all of our favorite charities on this day.

The best time to plant a tree was 20 years ago. The second-best time is NOW

## Vice President—Kim LeTendre Olson

Did you get an invitation to participate in the “*Sharing the Secret of ESA*” webinar on September 21<sup>st</sup>? As ESA members, we are the BEST ambassadors for growing our membership. Studies show people are more inclined to get involved with something if there is an emotional connection to it. We all have our stories as to why we joined ESA. Let’s share it with others! Be sure to register for this enrichment event at <https://epsilonsigmaalpha.org/register>.

Registration will also include a monthly email series.

Coming up this month are some fantastic events to participate in... bring family and friends!

- ♦ Medtox on Mondays.
- ♦ St. Jude Walk/Run in Maple Grove on September 23<sup>rd</sup>.
- ♦ Register and join: [https://fundraising.stjude.org/site/TR/Walk/Walk?team\\_id=296609&pg=team&fr\\_id=144777](https://fundraising.stjude.org/site/TR/Walk/Walk?team_id=296609&pg=team&fr_id=144777)

- ♦ Welcome Home Vets- Wine tasting, silent auction, burger baskets and music at the Hopkins Elks Lodge on September 30<sup>th</sup>.
- ♦ Tickets can be purchased at the Hopkins Elk Lodge or by contacting Dennis Marler at (763) 494-8452.

Another way to spread the good work ESA does is through LinkedIn. What is LinkedIn? LinkedIn is a social networking site designed specifically for the business

community. If you’re on LinkedIn, be sure to follow ESA at <https://www.linkedin.com/company/epsilon-sigma-alpha-international/>.

Whenever ESA International posts something, you can share it with your network of colleagues. Every time we share, we get our name out there and generate interest in what we do. Need help with LinkedIn? Ask me how!

*ask me*

## Treasurer—Diane Vanusek

**IMPORTANT** - Chapter Treasurers for 2022-23, you must file the TAX FACTS for the past year. The required form was attached to the August Essay and MUST be submitted to and received by ESA Headquarters NO LATER than September 15, 2023. Be

sure to use the correct address for Headquarters.

With the coming of August, the 2023-24 ESA year has started, and it is time to pay MN State Council individual membership and Chapter IC dues. The form for MN State dues and IC dues was at-

tached to the last ESSAY. Please fill out the forms completely, including all members. State dues are \$20.00 per chapter member with checks made payable to the MN State Council and sent to me. Chapter IC dues are a separate check of \$40.00 made payable to ESA International Council. Mail the IC

checks and forms with the MN State dues and I will forward them to the IC Treasurer. If a chapter chooses to mail the IC directly, please let me know.

Attached is the proposed 2023-24 budget from the Financial Planning Committee meeting

## Treasurer—(continued)

on August 22, 2023, which anyone could have attended. This was voted on at the August State meet-

ing. Due to the scheduling of the State meetings this year, the timing is off as most Chapters

may not have even had their first meeting of the year. If anyone or any Chapter has a question, please feel free to

contact any Financial Planning member or me for further information.

## ESA Foundation—Karla Kay Nicklaus

At the Annual International Convention Minnesota received awards for contributions to the ESA Foundation.

- ♦ 1<sup>st</sup> Place to the **Minnesota State Council Chapter/Council** donating the most money (no Turnaround Funds).
- ♦ 1<sup>st</sup> Place to **Minnesota State** donating the Most Money to Endowments.

- ♦ 1<sup>st</sup> Place to **State** donating the most money (no Turnaround Funds).

**“Awards in Recognition for Your Dedicated Service to our Organization.”**

(Will bring these certificates to a Future Board Meeting.)

- ♦ **Alpha Sigma** was recognized at the Annual Foundation Meeting for becoming a Life Member of

the Foundation.  
Thanks **Alpha Sigma**.

Thanks to all members/friends donating to the ESA Foundation for winning 1<sup>st</sup> place awards.....LabCorp is our biggest fundraiser and thanks to all who come Monday mornings to volunteer. Each one of you earned these awards for the State of Minnesota.

Applications for the 2023-2024 will open September 1, 2023, and close February 1,

2024. In 2024 the Minnesota State Endowment will be awarding two scholarships at \$900, Parr Family Scholarship two at \$800 and Becker Scholarship one at \$500..... the ESA website has a complete list of scholarships available to Minnesota students.

Reminder dues for the Foundation - \$40.00 due March 1, 2024. Dues have not been increased for many, many years!



## SCHOLARSHIPS & GRANTS

<https://www.epsilonsigmaalpha.org/scholarships-and-grants/>



## Welcome Home Vets—Shirley Laue

At the August meeting I presented a check to Rick and Gretchen Peterson for \$4,515.00 to go to the Homeless Vets. This was money earned at Medtox in ONE MONTH.

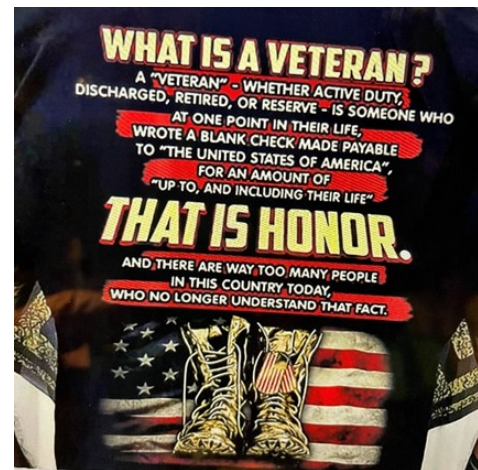
We have been very busy at Medtox. I would like to salute the workers who are there every week—Dennis, Betty, Sue, Joann, Birdie, Diane V., Shirley, Dianne O., Terri, Betty, Julene, Edie, Hartley, Karla,

Bonnie O., and Mari. Also a special thanks goes to Clinton and Donelle Lee, Bonnie Wakefield and Sue, who are there week after week, even though they are not ESA members! It is

this money earned at Medtox that keeps MN ESA going.



WELCOME HOME  
VETERANS



### GOD BLESS THE USA

... If tomorrow all the things were gone  
I worked for all my life  
And I had to start again  
With just my children  
and my wife

... I thank my lucky stars  
To be living here today  
'Cause the flag still stands for freedom  
And they can't take that away

... And I'm proud to be an American  
Where at least I know I'm free

And I won't forget the men who died  
Who gave that right to me  
And I'd gladly stand up next to you  
And defend Her still today  
'Cause there ain't no doubt  
I love this land  
God Bless the U.S.A.

... From the lakes of Minnesota  
To the hills of Tennessee  
Across the plains of Texas  
From sea to shining sea  
... From Detroit down to Houston

And New York to L.A.  
Where's pride in every American heart  
And it's time we stand and say

... That I'm proud to be an American  
Where at least I know I'm free  
And I won't forget the men who died  
Who gave that right to me  
And I'd gladly stand up next to you  
And defend Her still today  
'Cause there ain't no doubt  
I love this land

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God Bless the U.S.A.





## Chapter

## News

What's New!

## Alpha Chi—Joane Buche

Just a quick note from Alpha Chi on this beautiful Sunday morning. Don't worry everyone, I went to church yesterday and my company doesn't arrive until 12:30pm.

Sue and I are pre-planning a meeting to start the year off – hopefully soon. We are Co-Presidents and between the two of us we can get it together. (Happy

Face)

Kathleen Konrad has again taken the job of Secretary. Her Mom, Colleen Riley, will do the communications and Gloria Iverson will be sitting in any chair we need her in at any given time! (happy face) We are unsure how many chairs Kathy Rice can handle with her long history of falling and ending up again at St.

John's Hospital after another stay at St. Therese. Prayers are always welcome!

Gloria is settling in after her big move from her home to Oak Meadows. It was a big decision – now in a one-bedroom apartment and no end of fun things to do every day!

We keep in touch with Pat Peterson via phone. Miss that girl!

Sue and I enjoy Monday mornings (especially all the homemade goodies and fresh donuts) but also the conversations with the other volunteers. We are making big bucks for all our charities and keeping everyone happy – the givers and the receivers! Come see what you are missing.

## Alpha Sigma—Diane Vanusek

**Birdie Pipes Up** - We (Alpha Sigma) said Garage Sales were too much for us ... No More Garage Sales. Well Shirley's daughter asked us to go together with her sale and of course we all said YES! It was last week and the weath-

er was great except in the afternoon we were packing up the leftovers, then we got the HOT, HOT weather. We always meet the neatest people visiting and shopping at our sales. This time it was a handsome young guy from Turkey and a visiting nurse from some-

place in Africa. They were so interesting and made our Garage Sale an experience of fun and learning. Then a neighbor from out in Buffalo where our sale was ... is a person who harvests the eggs of the Monarch Butterflies. So, we

chatted with her and learned all about that project. So interesting. oh yah ... and we made money too.

I have been out collecting donations for the St. Jude Silent Auction this past week. Lots of good and pretty things. So,

## Alpha Sigma—(continued)

mark your calendar for November 11. You will be hearing more soon. AND if Y O U have a new item you would like to donate just call me at 952-9387-3020 and I will get it from you.

**Shirley Pipes Up** - WHEW-another garage sale is behind us. We did it in Buffalo at my daughter's house. It was a different clientele. But we got rid of a lot of little stuff. Next to work on the auction, which is coming soon. Alpha Sigma

Gals are always doing something. On August 3, we went on a tour of Carver County barn quilts. We had a lot of fun, even if we did not see more than five or six barn quilts. Right now, we are busy eating a lot of cucumbers and zucchini, and I have been busy canning tomatoes.

**Diane Pipes Up** -After spending several weekends at the Delano Co-burns grocery store working the brat stand, the store had a customers appreciation day and specifically invited

Alpha Sigma. Shirley and I went for hamburgers and fixin's. We were welcomed very enthusiastically by the staff who we know on a first name basis. It made us feel very appreciated. We will go back to the stand next summer.

At the above-mentioned garage sale, I was able to clean out some of the old toys and stuff from my house. Once again, I am convinced one's junk is another's treasure. It also is reassuring

that things that are obsolete to me are useful to another and not going to the land-fill. I hope the children get as much enjoyment out of the toys as mine did.

The grandkids have or are spending a few days with us and are keeping us young going places with them. A trip to the State Fair with Donovan was fun but it did get warm.



"Bee the best you can be!"

## Beta Sigma—Eileen Spencer

**Beta Sigma** held their 2023-24 planning meeting on August 19 at the home of **Edee & Hartley Erickson**.



**Edee** opened the meeting with this thought for the day:

***One small positive thought in the morning can change the entire outcome of your day!***



Bonnie, Kay and Karla enjoying refreshments & conversation...

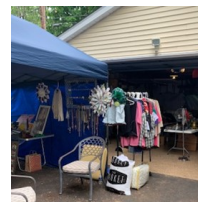


...along with Pat

Besides discussing 2023-24 details, **Beta Sigma** reviewed their **Garage Sale Fundraiser!** Those who were able to

participate had a great deal of fun interacting with buyers and one another!

...a garage full of great buys!



Worker "bees" - Kay, Edee, & Judy



Kay and Edee ringing up sales!



Marcie found a bargain ...



Another satisfied customer

## Beta Sigma—(continued)

Thanks to **Edee & Hartley** for the use of their home and the extraordinary work they put into making the garage sale a huge success - and for taking a truckload of unsold items to a donation center!

**You guys ROCK!!**



### Pledge Years Anniversaries:

#### **September:**

**Edee Erickson** - 20  
**Eileen Spencer** - 11  
**Judy Searles** - 11  
**Congratulations!**

### Activities:

The **Beta Sigma Installation of Officers** and luncheon was held at the lovely home of **Kay Fogarty**.



Beta Sigma Officers



Treasurer Bonnie and President Edee



Installation Laughs

**We thank them all for their serving spirit!**

Treasurer **Bonnie Olson** reported **Beta Sigma's** total charitable contributions for 2022-23 amounted to **\$1,419**.

Members **Marcie Haigh**, **Judy Searles** and **Eileen Spencer** dined at Hill Top restaurant in Edina in support of the **INTERACT** fundraiser with 25% of their tab going to **INTERACT!**

### Travel & adventures...

**Bruce & Dina Strachota** vacationed near Park Rapids and the headwaters at Itasca State Park.



Headwaters—Itasca State Park

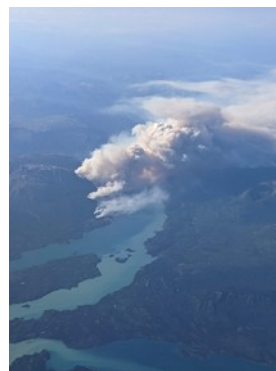


Wine Not? Bistro in Park Rapids

**Jen & Chris Davies** spent a week in Anchorage, Alaska in mid-July.



The flight path went across the southern part of Canada, where one of the wildfires was visible.



Canadian wildfire plume

Jen was pleasantly surprised to see so many glaciers once over the Rockies and all the way to Anchorage.

They explored Ekluntna Lake north of Anchorage, drove to and spent the night in the very cute town of Valdez, which reminded Jen of Grand Marais.



They did some sight-seeing and hiking in and around the town of Alyeska where a tram took them up the mountain for an excellent view!

The couple sampled quite a few Alaskan breweries and spent a few hours at the Alaska museum. Moose are as prevalent as deer there! Highways have 10-foot fences to keep the moose out. Jen found herself about 20 feet away from a bull moose at a local park.



Snowcapped mountains were everywhere! The weather was great with temps in the low 70s most days. A truly awesome trip!



## Beta Sigma—(continued)

**Bonnie Olson's** daughter Lynne, granddaughter Sarah and two great grandsons, Oliver and Archer (pictured here) visited for 10 days in May.



Bonnie's sister and husband visited from Florida, spending four weeks in July with Bonnie. Bonnie also spent one lovely weekend at the North Shore.

**Kay and Joe Fogarty** flew to Colorado Springs for their granddaughter's wedding in July. The wedding took place in the foothills of the Cheyenne Mountain, which Kay said, "It was all so beautiful."

Sadly **Karla Kay Nicklaus** traveled to Iowa for her sister's birthday which turned into an unexpected memorial service. Our hearts go out to Karla and her family.

Planned and held for the same weekend was their family's

yearly Reunion. 2024 will have them celebrate the **50<sup>th</sup> Reunion** year!

**Kim and Jim Larsen** took a whirlwind tour of six European countries via Viking Cruise and car.



They visited Kim's cousin in Zurich and endless Notre Dames (in every city!).



Kim commented that this was a "trip of a lifetime" for them!

**Marcie Haigh** traveled to Tacoma, WA to babysit her 3-year-old granddaughter Elizabeth. After the week, her son Brendon and Elizabeth flew back to Minnesota for a week-long stay.



In July Marcie's son Kieran came for a 10-day visit. It had been 3 years since his last visit. They spent time with Marcie's daughter Molly and her family, part of which was at her lake cabin.

Marcie says she "feels fortunate to have spent several weekends with family at the lake cabin".

In July Marcie and

Molly traveled to Dickinson, ND for a visit with Marcie's brother and sister-in-law.

**Edee & Hartley Erickson** spent several weekends at their grandson Luke's lacrosse games. They traveled for tournaments to Madison, WI, where Luke's team took 2<sup>nd</sup> place, followed by a 1<sup>st</sup> place win in Chicago! **PROUD grandparents!!** When not at the games they enjoyed time at the RV campgrounds up north.

**Judy Searles'** daughter Jessica and granddaughter Emily came to Minnesota for a family wedding in July. Judy's great nephew Dylan married his longtime love Michelle at the beautiful bucolic setting at Hope Glen Farm in Cottage Grove.



Judy, Jessica, and Emily



## Beta Sigma—(continued)



Emily dancing with cousin Suzy; Emily danced ALL night!



The happy Bride & Groom

In June [Eileen Spencer](#) and her family celebrated the pre-graduation of grandson Cole from California Polytechnic State University (it will be official in December).



Graduate Cole, with sister Peyton, their Mom, Amy (Eileen's daughter)

In July Eileen traveled to Pittsburgh, PA to attend a niece's wedding shower while staying with sisters, and seeing old and new

sights in her hometown.



Some of Eileen's family and relatives (the bride's next to Eileen)

August found Eileen flying (*boy were her arms tired!*) off to Atlanta for the wedding weekend followed by a few days spent with a dear friend.



Aunt Eileen with Courtney (the bride)



Sis-in-law, Sandy; Eileen's daughter Amy; "niece-in-laws, Amy and Beverly; granddaughter Peyton; and Eileen



**Beta Sigma** asks for your good thoughts and prayers for our unnamed chapter members with health issues.

We also thank all Beta Sigma members for their continued dedication, volunteer hours and generous financial support toward the betterment of our world today and in the future.

Minnesota State Council 2023-2024 Budget - Proposed			
August 1, 2023 - July 31, 2024			
	Approved	ACTUAL	Proposed
	2022-2023	YTD	2023-2024
<b>REVENUE</b>			
Dues 65 members * \$20	1,400.00	1,340.00	1,300.00
Ways & Means Fundraiser - LabCorp - 2 months	6,800.00	5,975.00	6,800.00
Ways & Means Fundraiser - Other	500.00	0.00	0.00
Designated Fundraiser - LabCorp - 10 months	34,000.00	37,245.00	34,000.00
Style Show Lunch Revenue	4,000.00	0.00	4,000.00
Convention Return of Advance	1,000.00	0.00	1,000.00
Convention Revenue	0.00	0.00	0.00
<b>TOTAL REVENUE</b>	<b>47,700.00</b>	<b>44,560.00</b>	<b>47,100.00</b>
<b>EXPENDITURES</b>			
<b><i>President/Officer Expenses</i></b>			
President - IC Convention	1,500.00	275.00	2,000.00
President's Discretionary Fund	300.00	142.13	300.00
Vice President - IC Convention	175.00	0.00	175.00
President - MARC Conference	150.00	0.00	175.00
<b>President - Leadership Conference</b>	<b>0.00</b>	<b>0.00</b>	<b>1,000.00</b>
Vice President - Leadership Conference	1,200.00	747.80	1,000.00
State Convention Registration (Pres/IC Rep/MARC Rep)	450.00	200.00	400.00
State Convention Room (IC Rep/MARC Rep)	600.00	459.24	500.00
State Convention Room (President)	400.00	229.62	250.00
Dinner/Gift - IC Representative	50.00	50.00	50.00
Dinner/Gift - MARC Rep	50.00	50.00	50.00
Full Crown Jewel Pin/Comparable Gift	150.00	149.50	150.00
Secretary	50.00	0.00	50.00
Parliamentarian	50.00	0.00	50.00
Treasurer	50.00	66.00	50.00
Vice President	100.00	64.20	100.00
Jr. Past President	50.00	0.00	50.00
MARC Conference Ad	0.00	50.00	0.00
<b><i>Appointed Officers' Expenses</i></b>			
Chaplain	100.00	0.00	100.00
Social Chair	50.00	0.00	50.00
Other Officers	50.00	0.00	50.00
<b>Subtotal</b>	<b>5,525.00</b>	<b>2,483.49</b>	<b>6,550.00</b>

8/26/2023

Minnesota State Council 2023-2024 Budget - Proposed			
August 1, 2023 - July 31, 2024			
	Approved	ACTUAL	Proposed
	2022-2023	YTD	2023-2024
<b>Operating Expenses</b>			
State Roster/Miscellaneous	250.00	159.81	250.00
State Council IC Dues	45.00	45.00	45.00
Ways & Means Fundraiser - Other	100.00	0.00	0.00
EsSAy	500.00	0.00	350.00
Website	200.00	118.95	200.00
LabCorp/MedTox Supplies	250.00	270.61	300.00
Insurance - The Hartford	800.00	771.59	800.00
Style Show Expenses	3,000.00	0.00	3,000.00
Convention Advance	1,000.00	1,000.00	1,000.00
State Leadership Conference (including Speakers)	400.00	0.00	400.00
State Meetings/Convention Speakers	500.00	585.69	500.00
<b>Subtotal</b>	<b>7,045.00</b>	<b>2,951.65</b>	<b>6,845.00</b>
<b>Membership Development</b>			
State Rush Event(s)	500.00	0.00	500.00
Brochures/Business Cards	300.00	0.00	300.00
New Member Scholarships	200.00	20.00	200.00
New Chapter Development	100.00	0.00	100.00
<b>Subtotal</b>	<b>1,100.00</b>	<b>20.00</b>	<b>1,100.00</b>
<b>Philanthropic/Donations</b>			
ESA Foundation	6,800.00	9,340.00	6,800.00
St Jude Children's Research Hospital	6,800.00	7,170.00	6,800.00
State Project - Welcome Home Vets	10,200.00	13,825.00	10,200.00
State Project - Interact <i>Wishes &amp; More</i>	10,200.00	10,185.00	10,200.00
Style Show Lunch Profits - Donation for St. Jude	1,000.00	0.00	1,000.00
<b>Subtotal</b>	<b>35,000.00</b>	<b>40,520.00</b>	<b>35,000.00</b>
<b>Total Expenses</b>	<b>48,670.00</b>	<b>45,975.14</b>	<b>49,495.00</b>
Total Income	47,700.00	44,560.00	47,100.00
Total Expenses	48,670.00	45,975.14	49,495.00
<b>Revenue Over/(Under) Expenses</b>	<b>(970.00)</b>	<b>(1,415.14)</b>	<b>(2,395.00)</b>



# Upcoming Interact Center Events

Aug.  
**14**

***Interact fundraiser  
at the Hilltop Restaurant in Edina***

Fundraiser for Interact, hosted by the Hilltop Restaurant

Sept. Sept.  
**14 - 16**

***Michael Engebretson at CEZ's  
Chromo Zone Art & Mural Festival***

Mural site - 2147 University Ave W. St Paul, MN 55114

Sept. Oct.  
**18 - 18**

***Bonnie Thorne  
at Interact Gallery***

Solo exhibition featuring the work of Bonnie Thorne

Oct. Nov.  
**19 - 19**

***Rooted in Nature at the Minnesota  
Landscape Arboretum Café Gallery***

Group show of 26 Interact artists exploring ecology  
***Artist meet & greet on Saturday, Oct 21, 11-1pm***

Oct. Nov.  
**26 - 18**

***Hell is Empty and All The  
Devils Are Here...Again!***

Interact's fall musical at the Luminary Arts Center

Nov.  
**16**

***Give to the Max Day***

Help support Interact on Give to the Max Day

Nov. Dec.  
**13 - 22**

***The Great Big Holiday Sale at  
Interact Gallery & Interact Center***



Scan to Donate

for more details visit  
[interactcenterarts.org](http://interactcenterarts.org)  
&  
[gallery.interactcenterarts.org](http://gallery.interactcenterarts.org)



# Wine, Spirits And More Including Silent Auction

## Fundraiser Benefiting Welcome Home Veterans

Providing Home Starter Kits to homeless veterans moving into permanent housing



WELCOME HOME  
**VETERANS**

**Saturday, September 30, 2023**  
**Hopkins Elks Lodge #2221**  
**30 – 8<sup>th</sup> Ave S, Hopkins MN**

Noon – 3:00 pm

Burger Baskets

1:00 – 4:00 pm

Wine, Beer, Spirits, Snacks

1:00 – 4:00 pm

Silent Auction

2:00 – 4: 00 pm

Music – Mike Derus

Wine, beer & spirits provided through  
Strong Liquor & Wine, Minnetonka



**Cost \$30 (Includes Burger Basket)**

Tickets may be purchased at the Hopkins Elks Lodge,  
or by Contacting Dennis at 763-494-8452

Sponsored by the Gamma Omega Chapter of Minnesota



EPSILON SIGMA ALPHA

# St. Jude Updates



St. Jude

Volunteer.St.Jude.org

## September 9<sup>th</sup>

## Gala - Moments of Courage

Location:

The Metropolitan Ballroom &amp; Clubroom 5418 Wayzata Blvd Golden Valley, MN 55416

Roles:

Set up, Greeter, Silent Auction, Registration, Floater, Take down

## September 23<sup>rd</sup>

## Walk / Run

Location:

Elm Creek - Acorn Picnic Area 12400 James Deane Pkwy Maple Grove

Roles:

Set up / Decorating (9/22 - 9/23), Parking / Directional Guide, Volunteer Registration, Participant Registration, Mission Experience, Route Volunteer, Family Fun Zone

Walking:

Join the MN ESA tam at - [fundraising.stjude.org](http://fundraising.stjude.org)

Raised \$757 of \$10K goal

## November 11<sup>th</sup>

## Style Show

Location:

Sheraton Mpls West - 12201 Ridgedale Drive, Minnetonka

Details:

Prices have gone way up. This is a MN ESA event we need to have everyone driving participation to get to at least 100 attendees. Please use your power of social media to help spread the word to get people registered. Flyer to come soon. Registration / payments online and mail in.

Potential Activities: Heads / Tails game, Cork pull, Women's/Childrens/Toy/Jewelry Vendors &amp; demonstrations, Door prizes



Save  
the Date

MN ESA STATE CONVENTION

MAY 17-18, 2024

FRIDAY EVENING  
MIXER FUN

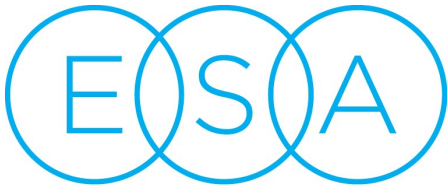
SATURDAY  
MEETING, INSTALLATION  
& BANQUET

RUNNING ACES CASINO, HOTEL & RACETRACK  
COLUMBUS, MN

ROOM RATE IS \$129 USING CODE ESA2024

Epsilon Sigma Alpha  
2580 E Harmony Road  
Suite 301-11  
Fort Collins, CO 80528

Phone: 970-223-2854  
Email: [esainfo@epsilonsigmaalpha.org](mailto:esainfo@epsilonsigmaalpha.org)



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An International leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

### MISSION STATEMENT

#### **ESA is Good Friends, Good Works, and Good Times**

... We create activities and support causes that let us surround ourselves with welcoming positive people who enjoy making a difference and having fun together.

## MINNESOTA ESSAY

All issues of the ESSAY are published here:  
[www.mnesa.com](http://www.mnesa.com)

The ESSAY is published on a monthly basis 9 times/year from August—May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month. The monthly issue is emailed approximately the first of the month.

**Please share the ESSAY with prospective members who may want to learn more about Epsilon Sigma Alpha—MN.**



Terri Olson  
ESSAY Editor  
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~ Brenda Meyers  
International Council President  
2023-2024