



#StayStrongandSparkleOn

Special points of interest:

- > Pay MN ESA State Dues and IC Dues now
- > Sign up to help at the St. Jude Walk/Run on 9/25
- > RSVP for WHV Fundraiser on 9/10 at the Elks
- > Check your closet for shoes to donate
- > Register for MARC by 9/10
- > Send in Tax Facts by 9/15

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ESSAY— August

PRESIDENT—SANDY HONGERHOLT

Summer Greetings MN ESA!

Can you believe it's already August. At the end of this month will be the Minnesota State Fair. It always seems to be the end of summer.

There were 7 of us that made the trip to Louisville Kentucky for the IC Convention. Terri O, Julene, Dee, Billie Jane, Diane V, Birdie, and me. Minnesota was represented well; a grand time was had by all. It was so nice to be in person and to be able to give hugs to old and new friends. Zoom is a good alternative, but it sure is nice to travel and be in person again. The Kentucky

Elks Association had their State Veterans Chair presented Welcome Home Vets to the membership. It's so fun to see all of the excitement from other states that want to partner with the Elks and support WHV in their State.

Unfortunately, a few days after I arrived home I had a fight with my bathtub and the tub won. I broke 2 ribs. There isn't anything they do for the break except give you a lot of heavy-duty drugs. They knock me out and I wake up still in pain. I find the Ibutrofen Tylenol combination does more than the opioids. I guess time heals everything.

I want to say a huge thank you for all of the wonderful cards and well wishes. I so appreciate my ESA family.

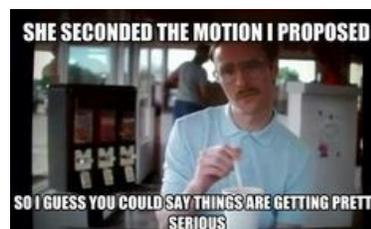
If you didn't make it to IC this year, please consider joining us for the MARC Conference this fall in Wichita, Kansas. Those Kansas girls have been very busy planning a great time for us. I hear Grease is the Word.

Looking forward to our first state meeting of the new ESA year coming up next month hosted by the lovely ladies from Alpha Sigma. Hope to see many of you on the 18th of September.

PARLIAMENTARIAN—DIANE VANUSEK

Updated By-Laws and Standing Rules will soon be available for distribution. Please replace 5/06/2017 set.

Would you believe it is hard to find parliamentary humor?





#StayStrongandSparkleOn

TREASURER—DENNIS MARLER

Chapter Treasurers, it's that time again. It's time to pay your state membership and IC chapter dues. Please collect the membership dues from your chapter members (\$20 for each member) and complete the attached state member dues form. The form is also

on the ESA Minnesota website. Thank you, Jen.

The 2021-2022 version of the IC chapter dues form was not on the IC website when this article was written, so I've made a temporary version of that form. Chapter Treasurers, please

use the attached IC chapter dues form and send it to me (\$40 per chapter). I'll forward your IC chapter dues to the IC Treasurer.

Finally, as a reminder, Chapter Treasurers, the Tax Facts form is due to ESA Headquarters by

September 15, 2021.

Please complete the attached Federal Tax Facts form and send it to ESA Headquarters. The form is also on the ESA Headquarters website.

Enough about forms. Enjoy the rest of your summer. I'll see you in the fall.

ESA FOUNDATION—KARLA KAY NICKLAUS



2020-2021 SCHOLARSHIP WINNERS

Minnesota State Memorial Endowment: (two awarded at \$2650)

- Lyreshia Ghostion -Green - Plymouth MN
- Bryan Sauer - Richmond MN

Parr Family Endowment: (one awarded at \$1175)

- Clinton Rutledge - Clark, SD

Ann & Bob Becker (one awarded at \$1475)

- Jackson Reynolds - Cedar Falls IA

Additional MN Scholarship Recipient

Andy Davis Memorial Endowment (one awarded at \$700)

- Lyreshia Ghostion -Green - Plymouth MN

Congratulations to our scholarship recipients!

The Minnesota State Memorial Endowment will award two (2) scholarships in the amount of \$2750 for the 2022-2023 academic year.

Deadline for scholarships submissions – **February 1, 2022.**

Thanks for your continued support!

MARC REPS—DIANE VANUSEK / BILLIE-JANE MINTJAL

The mid-summer MARC meeting was held in Louisville, KY in conjunction with the IC Convention and attended by President, Sandy Hongerholt, the MARC Reps, Birdie Elkofska, Terri Olson, Julene Donnay

and Dee Rotering.

The Fall Conference will be in Wichita, Kansas, October 8-9th, 2021. The registration form is included in the ESsAy or see the MARC website. A few will be available at the

next state meeting. The MARC Conference is always a fun time and is a drivable distance from Minnesota. **Register before Sept 10, 2021,** to avoid late registration fees.

See the Workshop and Tour information included in the ESsAy. Marketplace tables for anyone are available and the Registration Form is also included in the ESsAy.

MARC REPS—(continued)

The current financial report with the proposed budget for next year is also included in the ESsAy. Please review and let the Reps know what you think.

The Bylaw and Standing Rule changes are available on the MARC website or by request.

Our own Sandy H is a candidate for MARC Parliamentarian for 2021-22. Consider a supportive page in the MARC convention agenda.

All MARC states contributed state themed T-shirts for Nancy Irvine of Michigan to transform into a beautiful quilt to be raffled

for the MARC ESA Foundation. Tickets will be available soon.

The MARC Board will again donate to a Mystery Box of fabulous prizes to be raffled between now and through the conference as a Ways and Means fundraiser. Tickets will be available soon.

The 2022 MARC Conference will be held in Tulsa, Oklahoma on October 7-8, 2022.

READ ALL THE MARC FLYERS FOR FURTHER INFORMATION.



WELCOME HOME VETS—VICKY SANDHOFER-KROLIK / BETTY MARLER

Thank you ESA Minnesota for choosing Welcome Home Vets as one of our two philanthropic projects for the upcoming year. We are excited to co-chair our **fourth year** of partnership with WHV and Gretchen and Rick Peterson!

The WHV program is going strong and it continues to grow. COVID didn't stop us from assisting our veterans transition from homelessness to having a home. The sup-

port for our veterans has never wavered. Let's continue to make a difference in the lives of our veterans in need.

We will be meeting and planning with Gretchen and Rick sometime in August. It will be exciting to share our plans with everyone at our state membership meetings and via the ESsAy. In the meantime, if you are out shopping and want to pick up items in high demand, be-

low is a list of things most needed for the welcome home kits.

Thank you for all you do for our Veterans. It's an honor to be supporting them and thanking them for their service.

- **Cleaning Supplies:** Paper towels, kitchen trash bags, dish soap, all purpose cleaner, glass cleaner, mops, brooms, sponges
- **Kitchen Supplies:** Aluminum foil, plastic wrap, plastic food storage bags (gallon & sandwich size), paper plates, paper napkins

- **Hygiene Items:** Toothbrushes, toothpaste, deodorant, 3 in1 shampoo/conditioner, laundry detergent, bar/hand soap, razors, toilet paper





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ST. JUDE COORDINATOR—DELTA MU

Its time to get signed up for the 2021 St. Jude Walk/Run on September 25, 2021

If you want to join the team- which we HIGHLY ENCOURAGE you to do, please select ESA MN as the team for 2021. We need to you register and to sign up on the St. Jude Volunteer

Management site and pick this event and then pick the volunteer role that you want. Attached are the volunteer descriptions. Follow these links to sign up for the walk/run and to volunteer! WE NEED YOU!

[TEAM ESA MN LINK](#)

<http://stjude.org/Volunteer>

ST. JUDE WALK/RUN
TWIN CITIES, MN
September 25, 2021
ELM CREEK PARK
Maple Grove, MN

Presented by **Chris Fritch Team, eXp Realty**

St. Jude Walk/Run

St. Jude Walk/Run – Twin Cities Volunteer Roles and Responsibilities Guide

Volunteer Roles Available:

- Registration/Greeter
 - Set-Up
 - Water Station
 - Kids Zone
 - Cheer Station
 - Food/Hospitality
 - Celebration Village
 - Course Support
 - Start/Finish Line
 - Tear-Down/Clean Up - Shift Starts at 12:30 – 3:00 PM
-

Registration/Greeter

The purpose of this role is to greet and help guests with event day questions.

Key Responsibilities:

- *Welcoming participants upon arrival*
- *Directing participants to main stage and celebration village area*
- *Answering questions participants have on the event and providing them with additional information as needed*
- *Responsibilities include managing participant traffic flow and encouraging social distancing.*

Core Skills Required

- *Able to communicate courteously with participants*
- *Strong interpersonal skills and ability to maintain professionalism*
- *Must be punctual and able to stand for duration of shift*

Training:

- *Please arrive 15 minutes early for onsite training*
 - *Minimum age: 18*
-

Set-Up

The purpose of this role is to assist with setting up the event prior to the event start time.

Key Responsibilities

- *Following instructions to set up items and areas for the event*

Core Skills Required

- *Attention to detail*
- *Teamwork*
- *Must be comfortable with lifting heavy items*

Training: *Please arrive 15 minutes early for onsite training*



Water Station

The purpose of this role is to help work the water station and help cheer on the race participants.

Key Responsibilities

- *Filling/stacking water cups for participants*
- *Cheering participants on as they pass the station*
- *Cleaning up discarded cups*

Core Skills Required

- *Good interpersonal skills*
- *Multi-Tasking Skills*

Training: *Please arrive 30 minutes early for onsite training.*

Kid Zone

The purpose of this roles is to monitor Kid Zone line traffic flow and promote social distancing within the line/ Kid Zone area.

Core Skills Required

- *Good interpersonal skills*
- *Multi-Tasking Skills*

Training:

- *Please arrive 15 minutes early for onsite training*
 - *Minimum Age: 16*
-



Food/Hospitality

The purpose of this role is to help work the hospitality station and maintain area clean and organized.

Key Responsibilities

- *Organizing food/hospitality area*
- *Re-stocking packaged food items*
- *Maintain area clean by sanitizing and discarding items left behind.*

Core Skills Required

- *Good interpersonal skills*
- *Multi-Tasking Skills*

Training: *Please arrive 15 minutes early for onsite training.*

Cheer Station

The purpose of this role is to help cheer on the walk/run race participants.

Key Responsibilities

- *Cheering participants on as they pass the cheer station(s)*
- *Hold up cheer signs, poms or noisemakers*

Core Skills Required

- *Good interpersonal skills*
- *Multi-Tasking Skills*

Training:

- *Please arrive 15 minutes early for onsite training.*
-





Course Support & Start/Finish Line

Purpose of this role is to help ALSAC team and course manager at the course and start/finish line with signage, course maintenance and other tasks as needed

Key Responsibilities:

- *Following instructions from course manager*
- *Duties may include but are not limited to moving tables and equipment, organizing and clean-up*

Core Skills Required

- *Teamwork*
- *Able to lift, load, and carry items to designated areas*

Training: *Please arrive 15 minutes early for onsite training*

Tear-Down/Clean up

The purpose of this role is to assist with tearing down and cleaning up post-event.

Key Responsibilities

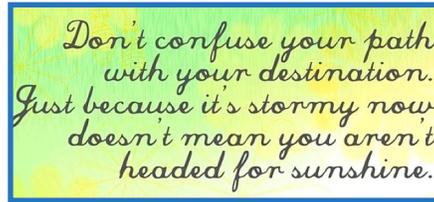
- *Following instructions to break down items after the event*
- *Duties may include but are not limited to decorations, equipment break-down, putting away tables/chairs, moving tables and equipment, organizing and clean-up*

Core Skills Required

- *Teamwork*
- *Must be comfortable with lifting heavy items*
- *Working with equipment*
- *Able to lift, load, and carry items to vehicles*

Training: *Please arrive 15 minutes early for onsite training*





ALPHA SIGMA—DIANE VANUSEK

President Birdie says –

Come visit Alpha Sigma- Friday and Saturday, August 20 and 21st in Delano, MN at the Coburn's Grocery Store. We will be selling Hot Dogs and Brats ... only \$2.00, including a beverage. Proceeds go to support our work with VETS !!

We have been doing this for about 3 years now. We set up a big blue canopy over a picnic table and sell. Many customers sit at the table and chat as we spread the word about ESA and Welcome Home Vets. The tips have been absolutely wonderful which sure helps the cause.

Alpha Sigma is really starting to work on the St. Jude Silent Auction coming up on November 13. We have many great items and

lots of items for baskets. We are only missing all the wine usually put in those baskets (and other liquors). This year not one donor has blessed us with that. So ... if you have a bottle sitting around gathering dust, think about donating it to the St. Jude Silent Auction. Mark your calendar now and plan to bring friends with you.

Shirley says –

I am in Florida as I write this. We came down for the baptism of another great-grand child, River Faye. We did a little sightseeing on the way down, otherwise it was a long boring trip. We plan to do some shopping, go to a winery, and visit friends who have moved down from Minnesota.

We are having our

planning meeting on the 17th. I know it will be an eventful year.

Being social chair, I already have some things planned. We hope all of you have a good year also.

Sharon D has been enjoying time in Michigan with the family and sending back delightful pictures of their activities.

Diane says –

With Birdie as the nag-igator and President Sandy Hongerholt, I enjoyed a great trip to IC in Louisville, KY. We took the very pretty scenic route down to Bettendorf, IA. After that it was back to the freeway. It was so fun to see people in person.

The hotel had great personnel that did their best despite the COVID difficulties. Birdie and I enjoyed

our first night cocktail as we shared laughs with the bartenders until they got busy.

The tour to Churchill Downs was great. Even though I will never see the Kentucky Derby, it was exciting to be where the great horses Run for the Roses. The IC Board arranged for simulated horse races on Thursday evening. Attendees enthusiastically bet for prizes on their favorite horses they had named themselves. I named three horses after my grandkids but got skunked in those races.

On the way back, Birdie and Sandy remembered a great Carr Valley Cheese shop in Mauston, WI. It was a great trip overall. Good friends, good program, and good food. Next year in Indiana.



BETA SIGMA—EILEEN SPENCER

It must be August already since the ES-sAy is back! Everyone in Beta Sigma hopes everyone enjoyed a better summer than in 2020! It's time for a fresh ESA start!

SHOE DRIVE: Beta Sigma's Philanthropic Chair, **Marcie Haigh**, is asking all MN ESA members to help us with a final **PUSH** in our **SHOE DRIVE!** Collected shoes will go to help people start small shoe business-

es in developing countries. Per **Marcie**, **Beta Sigma** is still in need of a great many pairs of shoes in good condition. Please see our flyer in this edition for how to donate your no-longer needed shoes.

MEETING: President **Bruce Strachota** has called Beta Sigma's first meeting to be held Saturday, August 28. Members will finalize this year's meeting calendar, plan philan-

thropic and social events, pick an educational theme, and discuss how to make it all happen!!

CHRISTMAS IN JULY: Beta Sigma's annual Christmas party was postponed in 2020 and rescheduled for July 2021!

The get-together was held in **Bonnie Olson's** blooming backyard, complete with Christmas tree. The tree was used to

hang "Grateful Cards" on which attendees had written what they were grateful for that day.

Bonnie and Social Chair, **Jackie Swanson** set up several yard games and a BBQ lunch was enjoyed after an imaginative gift exchange. A very fun and happy **Christmas in July** was had! A few pictures...





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BETA SIGMA—(continued)

TRAVEL PLANS: It's wonderful to report that members are taking, planning and venturing out on long-awaited visits to loved ones, friends or vacation.

HEALTH UPDATES: As of the writing of this article, none of Beta Sigma's team have contracted COVID-19. Several members have gone through surgeries or

procedures during the summer. Everyone reports they are doing well. Please continue to keep Linda Schultz, Diane Rowe and Kim Larsen's husband Jim in your

thoughts and prayers...cards are always welcome.

'til next time...

DELTA RHO—BILLIE-JANE MINTJAL

We are Delta Rho! Betty Robinson a long time ESA member "discovered that the taste of non-alcoholic is not so bad", Vicky Sandhofer-Krolik who is "so pumped to be involved in ESA" and Billie-Jane Mintjal, a 3-year ESA member,

who loves to travel to Las Vegas between meetings.

Most people who live in the Twin Cities travel to their cabins, cottages or lake house in the summer, but Delta Rho stayed in town to volunteer.

We've delivered kits to the veterans', helped at the Wishes and More Gala, worked at the Cruising for St Jude motorcycle rally and St Jude's day at Canterbury Park.

Every month Betty and Vicky volunteer

at Feed My Starving Children in Coon Rapids.

We also took a little time to have fun at a painting class, having lunches and of course having Delta Rho meetings.



GAMMA ZETA—DOROTHY WANGEN

Some of the Gamma Zeta members have been doing interesting things.

Judy and Jim Cummens took a trip to Ely to see the International Wolf Center and the Bear Center. Jim also went in the underground Iron Mine. This is one of the oldest and deepest and richest iron mines

known in MN.

Dianne Ocel is busy downsizing getting ready to sell her townhouse. Dianne also is one of the Monday AM Medtox workers.

Mary Tolle has been spending lots of time making appointments. Also visits from her sons and grand babies.

June and Ron Schleiss have been staying close to home so not to spread the virus but were able to travel to Wisconsin.

Dorothy Wangen is also staying close to home. Our chapter is planning a tour of White Bear.

Judy, June, and Dorothy did have a fun day in White Bear.

Stopped at several shops along the way, and finally had lunch at the Washington Square, then on to the Candy Shop, then back to the ice cream store and of course we each had some ice cream. WOW, what a day and a very fun day!!

EDITOR’S NOTE—TERRI OLSON

There are multiple flyers included in this issue. Make sure to complete the following dues forms and send both forms with your dues to Dennis:

- MN Dues Form
- IC Dues Form

Each chapter and state must complete the following form to be in good standing and maintain a non-profit status under ESA’s Group Exemption. Send the following form to ESA Headquarters:

- Federal Tax Facts

The next two pages give us an update on what has happened with WHV and ESA.

- Welcome Home Vets—Summer 2021 Update

Next our two opportunities to support MN ESA:

- WHV Fundraiser
- Beta Sigma Shoes

Have you thought about going to the MARC Conference in Wichita, Kansas? First in the MARC series is the:

- MARC Registration Form

Don’t forget to book your Hotel room. The information is on the Registration Form.

So you plan to go to the MARC Conference, but you’ve nev-

er been to Wichita, KS and want to see what’s going on there. Check out options for tours (send no money, but bring CASH!) on the:

- Local Tour Information and Sign-up Form

If you’re interested in a tour, be sure to send the Tour Form in with your Registration Form.

Do you want to know what kind of Workshops there’ll be this year at MARC? Check out the:

- Workshop Summary Flyer

There’s always some business to discuss

which includes looking over the **Proposed Budget**. Whether you attend or not, your opinion counts, so let either Diane or Billie-Jane know what you think.

You’re going to MARC and you want to raise some money selling things, check out the:

- Marketplace Table Registration Form

Whether you go to MARC or not, consider placing an ad in the Program Book in support of our Sandy H as she is a candidate for the office of Parliamentarian on the MARC Executive Board. Yahoooooo!!!

ESA – Minnesota State Council Chapter/Member Dues Payments For 2021-2022

State dues are \$20.00 per chapter member due September 1, 2021.

Please mail this form along with a list of members' names and I.D. numbers to:

Dennis Marler, State Treasurer
9145 Kingsview Lane N
Maple Grove MN 55369

Chapter IC dues of \$40.00 are due August 1, 2021. **Please make out a separate check for \$40.00, payable to the ESA International Council. The Chapter IC dues will be paid/forwarded to IC.** For record keeping, **please make sure you indicate on the form that you paid the IC dues directly.** Call me if you have any questions.

Chapter Name _____ Chapter Number _____

Federal Tax ID # _____

Chapter Treasurer's Name, Address, Telephone Number: _____

Please list all dues-paying members and their Member No. Please provide the Member No. of any new members since last year.

Member Name	Member Number	Dues
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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_____	_____	_____

Total From Additional Pages	_____
Total Member Dues Enclosed	_____
Chapter IC Dues (\$40.00)	_____
Total Amount Enclosed	_____



International Council Dues
Chapter
State
Other Councils

How to Remain Non-Profit?

- All entities MUST pay IC Council dues. Entities are: Chapters, District Councils, Regional Councils, State Councils, and any other Zone or Auxiliary.
All entities MUST submit a Tax-Form (Tax Facts) to Headquarters each year by September 15th.
All individual ESA members MUST pay individual member dues.

If these three (3) items are NOT completed, then the entity is NOT considered Non-Profit

What Do I Owe and Where Do I Send It?

- Individual Member dues are sent to ESA Headquarters. Each member will receive a bill in the mail. These are paid yearly during the month you pledged. Dues are \$49 (unless you are a senior or a Life-Active Member).
IC Council dues are due at the beginning of the ESA Year (August 1st) and must be paid before May 1st to be considered in "good standing" and receive voting privileges at IC Convention.
These dues are mailed to the current IC Treasurer. DO NOT SEND TO ESA HEADQUARTERS.

2021-2022 International Council Dues are Due Upon Receipt

Please check one:

- Chapters: \$40.00
Name Number State Affiliation
Other Councils/Districts/Zones/Auxiliary (within a state) \$40.00
Name Number State Affiliation
State Council/Multi-State Council \$45.00
Name Number

Treasurer's Name
Address City State Zip
Phone Email Address

Send Payment to:
Dennis Marler
9145 Kingsview Lane N
Maple Grove MN 55369
dmarler@comcast.net

FOR IC TREASURER'S USE ONLY
DEPOSIT #
CHECK #
ACCOUNT #
DATE REC'D

Make Checks Payable to: ESA International Council
Please include chapter name & number on check

NOTE: Individual membership dues of \$49.00 should be sent directly to ESA Headquarters



PLEASE READ THIS IMPORTANT INFORMATION!

GENERAL INFORMATION

The purpose of a federal income tax exemption is to preclude a Chapter or Council from having to pay Federal Income Tax on monies it raised for charitable purposes. For example, if a Chapter raises \$1,000 through a fundraising drive, i.e., a bake sale, style show, etc., and the expenses incurred amount to \$500, in effect the Chapter has earned a \$500 profit. The tax exemption privilege precludes the Chapter from having to pay Federal Income Tax on that "profit" when it has been designated for a charitable purpose.

Listed below are the requirements which a Chapter or Council must meet in order to qualify under the Group Exemption Status of the Epsilon Sigma Alpha International Council (ESAIC).

1. A letter of authorization must be filed with ESA Headquarters, each year, stating that the Chapter/Council is under the jurisdiction and supervision of the ESAIC and that said Chapter/Council is a paid member of the ESAIC. You meet this requirement by signing the top half of the other side of this page.
2. A financial report must be filed EACH year with ESA Headquarters covering the period August 1 through July 31. This fiscal year period is necessary for this report only and is not intended to interfere with established procedures in the Chapters and Councils. (This form must be received by Headquarters no later than September 15 of each year.)
3. There will be no cost to the Chapters or Councils for the filing of the annual tax report. (This service is provided to Chapters by the ESAIC and ESA Headquarters.)
4. An annual report will be made to the Internal Revenue Service. All reports to ESA Headquarters must be made by September 15 of each year in order to compile the information and forward to the Internal Revenue Service in a timely manner.
5. Each Chapter/Council must have an Employer Identification Number. This is a nine-digit number and is used like we use our social security number only the format is 88-8888888 and not like the SSN format 888-88-8888. It is necessary that a Chapter have this ID Number when they file their financial report each year. To apply for the Identification Number for your Chapter/Council contact ESA Headquarters and it will provide the guidance necessary to comply.
6. The federal designation as nonprofit does not exclude the Chapter/Council from paying State/City Sales Tax, etc. In order to be exempt from State/City Tax you would have to apply for this through your State or Local taxing Agency.
7. Financial information must be filed every year. Be sure this report covers transactions from August 1 through July 31. The report must be received at ESA Headquarters prior to September 15 each year. Send in an envelope marked "Tax Report".

The International Council has a 501(c)(4) designation which refers to Civic Leagues and Social Welfare Organizations. This is not a charitable or tax-deductible designation. ESA Chapters must report once a year to ESA Headquarters to qualify under the Council's Group Exemption.



Welcome Home Veterans Summer 2021 Update

Yeehaw – it has been a toasty start to the summer! It feels like a time warp and we are already in the middle of July. However, it is only the beginning of June and time for the ESA Minnesota annual convention. We thought it appropriate to share a few statistics to reflect the breadth and depth of our partnership:

- ESA Minnesota and Welcome Home Veterans have been partners for three years now having started in June, 2018.
- ESA Members from Minnesota and beyond have contributed over \$25,000 in monies and goods to the program since 2018. Donations have come from MedTox, Wine Tasting events, Housewarming Party & Ice Cream Social, Pampered Chef parties, Giving Tree, memorials and more.
- Terri Olson as the former International President and Julene Donnay as the national Hope For Heroes chairperson have brought the program to a national audience. The Texas chapter of ESA and the Texas Elks are now partnering on the program throughout Texas.
- ESA Members have delivered 56 Welcome Home Kits to veterans since 2018 as well as 5 VA Queen beds.

Deliveries

Welcome Home Kit Deliveries: ESA Members have delivered 8 Welcome Home kits since the beginning of March to veterans living in Minneapolis, St. Paul, Andover and several places in between. The veterans included, among others, one moving from a rickety houseboat to an apartment, a mother with two young daughters and another young family. Beyond the kits, Julene and Tim Donnay have been an integral part of our Bed Brigade. The VA asked us to deliver 100 queen size beds (mattress & box spring) to recently housed and/or low-income veterans throughout the metro area. We kicked off the “Bed Brigade” project in early March and we have now delivered over 50 of the 100 beds to local veterans.



Welcome Home Veterans

A Program of Help For The Homeless and Hopkins Elks Lodge #2221
P.O. Box 5653, Hopkins, MN 55343
info@helpforthehomelessmn.org : 612-615-8387



Welcome Home Veterans Summer 2021 Update

Warriors Path

As many of you know we partner with other veterans' organizations to provide complementary support and our Welcome Home Kits. One of those organizations is Every Third Saturday (ETS) which provides clothing, toiletries, a coffee shop, art classes and much more for homeless and low-income veterans. In April, we used some of your donated funds to help provide Welcome Home Kit items for a new transitional house for veterans called Warriors Path. It is owned and operated by ETS and it provides a safe, secure housing option and a 12-week course for up to 6 veterans at a time to help improve their lives, find purpose, establish stability and provide them the skills and resources to become the best version of themselves. Your generosity meant we could provide additional items beyond our standard kit such as beds, groceries, a crockpot and more for this new housing initiative.



Events / Donations

Giving Tree: The Giving Tree was a huge success! ESA Members contributed over \$1,400.00 in cash, checks and gift cards.

Throws/Blankets: Members donated brand new throw blankets as well as put together tie blankets for both veterans and their children.

Mark Your Calendar: Don't forget to mark your calendar for the 3rd annual Wine Tasting and Silent Auction on October 30th, 2021 at the Hopkins Elks Lodge. Stay tuned for more info.



Thank You

Thank you to our wonderful ESA chairs over the past several years who have represented us so well to the membership and have done an outstanding job finding creative ways to raise money and encourage participation among the members. Thank you Betty & Dennis Marler, Lori Thorpe, Karen Schneider and Sandy Hongerholt! Thank you to all the members for your heartfelt support and participation in the program. We and the veterans we serve thank you!

Welcome Home Veterans

A Program of Help For The Homeless and Hopkins Elks Lodge #2221
P.O. Box 5653, Hopkins, MN 55343
info@helpforthehomelessmn.org : 612-615-8387



SEPTEMBER 10, 2021
**“SCREW YOUR
NEIGHBOR” CARD
TOURNAMENT**

MEAL at 5:30 – 6:45 p.m.
Card Tournament at 7:00 p.m.

*Raising Funds for the WELCOME HOME VETS
HOLIDAY DINNER – Fun night out playing
Cards and enjoying a Spaghetti Dinner*

**PRE-REGISTER AT THE
HOPKINS ELKS CLUB OR CALL
SANDY HONGERHOLT AT 612-267-3926
OR JULENE DONNAY AT 612-805-9098**

**Spaghetti Dinner prepared by the
Capone Family and includes a salad,
bread and dessert**

Hosted by the Hopkins Elks and partnership with



COST:

**\$30 Donation to
“Welcome Home
Vets”**

For the

**Card Game and
Dinner**

**Cash Prizes paid for
1st round, 2nd round
and final – last 3
players**

Dinner Only option:

**\$15 Donation to
“Welcome Home
Vets”**

*Pre-signup needed
for this event*

**LOTS OF FUN
ACTIVITIES WILL BE
HAPPENING THROUGH
OUT THE EVENT**

BETA SIGMA CHAPTER
EPSILON SIGMA ALPHA INTERNATIONAL 501(c)(3)

SHOE DRIVE CONTINUES

DUE TO COVID-19

BENEFIT 3RD WORLD COUNTRIES
THROUGH FUNDS2orgs 501(c)(3)

GENTLY-USED OR NEW SHOES

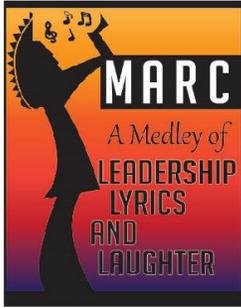


ALL TYPES - ALL SIZES
CHILDREN--TEEN--ADULT--MALE--FEMALE

CONTACT MARCIE HAIGH

PHONE: **612-267-0919**

EMAIL: **MARCIEJOH@GMAIL.COM**



36th MIDWEST AREA REGIONAL COUNCIL CONFERENCE

WICHITA, KS

OCTOBER 8-9, 2021

Name _____ State _____

Address _____

City, State, Zip _____

Email Address _____ Phone _____

Travel Plans: Driving: _____ Flying: Airline _____ Flight # _____ Date _____

Names of Roommates: _____

REGISTRATION OPTIONS

Postmarked no later than 9/10/2021

Registration for Conference and Leadership	\$150.00	_____
Registration excluding Friday Leadership	\$125.00	_____

Postmarked after 9/10/2021

Registration for Conference and Leadership	\$175.00	_____
Registration excluding Friday Leadership	\$150.00	_____

Walk-in Registration after 10/1/2021

(cash/money order only)	\$200.00	_____
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PARTIAL REGISTRATIONS

Saturday Luncheon only	\$ 50.00	_____
Saturday Banquet only	\$ 65.00	_____

Total Enclosed (make check payable to ESA MARC 2021 Conference) \$ _____

Special Medical Dietary Needs _____

CURRENT OFFICER/ OFFICES HELD	
(Check all that apply)	
MARC Board	_____
MARCettes	_____
ESA Foundation Board	_____
State President	_____
Headquarters	_____
IC Exec. Board	_____
IC Appt. Board	_____
1 st Timer	_____
Guest	_____

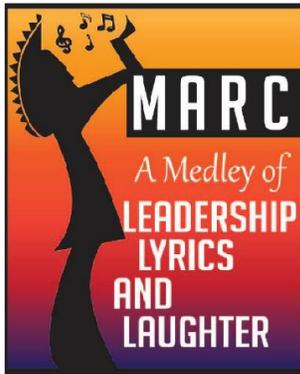
MAIL CHECK AND FORM TO:

Maureen Wells
Registration Chair
3009 Tumbleweed Terrace
Manhattan, KS 66502-8968
1-785-537-4461
maureenw53@yahoo.com

HOTEL INFO

Hyatt Regency Wichita
400 W. Waterman Street
Wichita, KS 67202
316-293-1234
Reservation link: <https://www.hyatt.com/en-US/group-booking/WICRW/G-EP5G>

Group Code: MARC-ESA
ROOM BLOCK HONORED until
September 16, 2021
Rate: \$109 per night, plus tax
Complimentary self-parking and Wi-Fi



MARC 2021 CONFERENCE

WICHITA, KANSAS

LOCAL TOUR INFORMATION AND SIGNUP FORM

THURSDAY, OCTOBER 7, 2021

BOTANICA, THE WICHITA GARDENS – (Admission \$10.00) Hours 9 a.m. - 5 p.m. 701
Amidon St.-Wichita Check out their website: botanica.org 2.2
miles from the Hyatt Regency (6-8 minute drive)

MID-AMERICA ALL-INDIAN CENTER – (Admission \$7.00 or \$5.00 for seniors 55+) Hours
10 a.m. - 4 p.m. 650 N. Seneca St.-Wichita Check out their website:
theindiancenter.org 1.3 miles from the Hyatt Regency (4-5 minute drive)

THE HISTORICAL MUSEUM – (Admission \$5.00) Hours 11 a.m. - 4 p.m., except on
Saturday & Sunday 1 p.m. – 5 p.m. 204 South Main – Wichita Check out their website:
wichitahistory.org .3 miles from the Hyatt Regency (1 minute drive)

NO-HOST LOCATIONS (Please feel free to visit at your leisure):

KEEPER OF THE PLAINS – (free-no admission) 339 Veterans Pkwy.-Wichita “Blackbear
Bosin’s imposing “Keeper of the Plains” statue is a must see.” About 1 mile from the
Hyatt Regency.

FOUNTAINS AT THE WATERWALK – (free-no admission) 520-598 S. Wichita St.-
Wichita.....4 shows – noon, 8 p.m., 9 p.m., 10 p.m. (Thurs.-Sun.) Also, viewable from the
south side windows of the Hyatt Regency. Walkable distance.

VETERANS MEMORIAL PARK – (free-no admission) 339 Veterans Pkwy.-Wichita Quiet
park along the Arkansas River with winding paths that take you to each of the seven
memorials. Close to KEEPER OF THE PLAINS. About 1 mile from the Hyatt Regency.

ALL OF THE ABOVE OPTIONS ARE SELF-GUIDED TOURS

SEND NO MONEY AT THIS TIME

**INDICATE YOUR PREFERENCE ON THE NEXT PAGE
WE WILL PROVIDE A HOST FOR EACH GROUP ON
THURSDAY, OCTOBER 7, 2021 AT 1:00 P.M.**

If you are interested in visiting any of the **first three (3) sites**, please sign up below and return this form with your conference registration to:

Maureen Wells - 3009 Tumbleweed Terrace – Manhattan, KS 66502-8968

Name: _____

Telephone: _____

E-mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Check below the location that you are interested in visiting on Thursday, October 7, 2021 at 1:00 p.m.

Botanica, The Wichita Gardens _____

Mid-America All-Indian Center _____

The Historical Museum _____

*(The **last three (3)** locations on p.1 are “no-host locations” that you may wish to visit at your leisure.)*

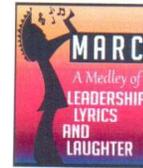
Meet in the hotel lobby at 1 p.m. to share rides if you choose, and please have cash for admission so only one person will be purchasing tickets for the group.

Thank you!



WORKSHOP SUMMARY

MARC Conference
Hyatt Regency Wichita
October 8-9, 2021



Turn Your Attention to Fire Prevention--Winfield Fire Department

Since October is Fire Prevention Month, Learn the about latest research on fire detection and suppression to improve fire prevention and life safety! Gary Bowker and Alan Stoll are retired from the Winfield Fire Department, each with over 30 years of fire service. Both are former Fire Chiefs and are certified in several disciplines

Providing Hope for our Military Veteran Heroes--Passageways, Ltd.

Passageways was formed in the hearts of Jennifer and Susan, our Founders, in 2014 with a vision to impact the lives of homeless Heroes (military veterans) who were living on the streets. At that time there was nothing available in Wichita, KS, so the team went to work on finding a way to fill this gap in services. From idea to reality, Passageways was created within a few months.

Together we are Changing Lives, Together We are Heartspring—Choral Sensations

Heartspring has been a leader and innovator in services for children with special needs and their families since it was founded in 1934 as the Institute of Logopedics. While the organization's face and name have changed over the years, its dedication to the mission of helping children with special needs find greater independence has remained constant.

Over time, the organization has grown and evolved to meet the ever-changing challenges of children locally, regionally, and nationally. Today, Heartspring provides a wide range of services and therapies through several programs including the Heartspring School, Pediatric Services, and Autism Services.

Notes to Self—Laura Schmidt

Enthusiasm takes on a whole new meaning when you meet Laura Schmidt. Operating at speeds of fast and faster, Laura always dreamed of starting her own business and making an impact on our world. Originally intending to pursue a medical career, Laura earned a pre-med Bachelor of Science from Kansas State University. Life had its own ideas and Laura shifted gears to pursue a successful career in business. As a mentor, entrepreneur, and mother, Laura learned firsthand the importance of speaking with positivity and encouragement to others. Laura wanted to share her message with the world: that words make all the difference®. So when an idea struck in 2011 to put positive affirmations on the toes of socks, she took off running. Nine years and plenty of hard work later, Laura has built notes to self®, which her children call, "a sock empire." To date, Notes to Self, LLC has donated over 89,000 pairs to homeless shelters, women's shelters and children in great need. As notes to self® grows, Laura hopes the dreams and confidence of people of all ages grow so they know they can accomplish great things!

Bringing good people together.

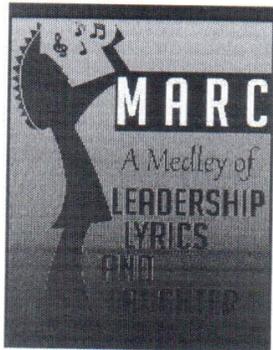
Jill Richards • MARC Conference Leadership Chair

1002 E. Stuart • South Haven, KS 67140

(H) 620-356-3695 • (C) 620-353-6826

jillrichards39@gmail.com

MARC PROPOSED 2021 - 2022 BUDGET	ENDING BALANCE	BEGINNING BALANCE	CURRENT BALANCE			
	\$ 15,846.72	\$ 15,846.72	\$ 13,665.98	.58 PER MILE	.25 PER MILE	
	ACTUAL as of 10/1/20	CURRENT BUDGET 2020 - 2021	ACTUAL as of 7/30/21	PROPOSED BUDGET 2021 - 2022	PROPOSED BUDGET 2021 - 2022	APPROVED BUDGET 2021 - 2022
INCOME						
Ways and Means Fundraisers	\$ 830.00	\$ 2,000.00	\$ 670.00	\$ 2,000.00	\$ 2,000.00	
Conference Profit		\$ 1,600.00		\$ 1,600.00	\$ 1,600.00	
Repayment of Conference Loan	\$ 500.00	\$ 500.00		\$ 500.00	\$ 500.00	
Miscellaneous		\$ 100.00		\$ 100.00	\$ 100.00	
TOTAL INCOME	\$ 1,330.00	\$ 4,200.00	\$ 670.00	\$ 4,200.00	\$ 4,200.00	\$ -
EXPENSES						
MARC Spring Board Meeting	\$ 177.96	\$ 200.00	\$ 210.00	\$ 200.00	\$ 200.00	
IC Dues (pd in Sept for the next year)	\$ 45.00	\$ 45.00		\$ 45.00	\$ 45.00	
President Expenses						
IC Conv Registration/Travel/Hotel		\$ 1,200.00	\$ 295.00	\$ 1,200.00	\$ 1,200.00	
MARC State Visit Registration/Travel		\$ 500.00	\$ 326.00	\$ 500.00	\$ 500.00	
MARC Conference Registration/Travel		\$ 400.00		\$ 400.00	\$ 400.00	
President Elect Expenses						
IC Leadership Registration/Travel	\$ 625.00	\$ 1,000.00	\$ 145.00	\$ 1,000.00	\$ 1,000.00	
Other Expenses						
Ways and Means Chair		\$ 35.00		\$ 35.00	\$ 35.00	
Chaplain		\$ 75.00		\$ 75.00	\$ 75.00	
Presidents Gavel Guard	\$ 26.00	\$ 20.00		\$ 30.00	\$ 30.00	
MARC REPS State Convention Mileage	\$ 536.41	\$ 3,900.00	\$ 737.40	\$ 3,900.00	\$ 2,700.00	
MARC REPS State Convention Other		\$ 300.00	\$ 266.56	\$ 300.00	\$ 300.00	
MARC Conference Speakers		\$ 1,500.00		\$ 1,500.00	\$ 1,500.00	
IC Ad		\$ 100.00	\$ 100.00	\$ 100.00	\$ 100.00	
Website	\$ 19.95	\$ 20.00	\$ 159.00	\$ 20.00	\$ 20.00	
IC Audio		\$ 150.00		\$ 150.00	\$ 150.00	
Bond (Due April 2024)		\$ 536.00	\$ 536.00			
Miscellaneous***	\$ 17.99	\$ 100.00	\$ 75.78	\$ 100.00	\$ 100.00	
Conference Loan	\$ 500.00	\$ 500.00		\$ 500.00	\$ 500.00	
TOTAL EXPENSES	\$ 1,948.31	\$ 10,581.00	\$ 2,850.74	\$ 10,055.00	\$ 8,855.00	\$ -
OVER / UNDER						
	\$ (618.31)	\$ (6,381.00)	\$ (2,180.74)	\$ (5,855.00)	\$ (4,655.00)	\$ -



Marketplace Table Registration \$20/Table

Please use this order form to register for a table at the 2021 MARC Conference Marketplace.

Name: _____

E-mail: _____

State: _____ Chapter: _____

What are you selling? _____

Number of tables: _____

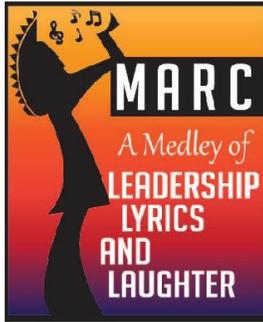
Registrations will be accepted through September 20, 2021.

Make check payable to Midwest Area Regional Council of ESA

Mail check with this form to:

Brenda Campbell, MARC Ways & Means Chair
1446 Capstone Drive
Greenfield, IN 46140

brendacampbell040@gmail.com



ADVERTISING ORDER FORM FOR

2021 PROGRAM BOOK

Please use this order form to advertise in the 2021 MARC Conference Program Book. Advertisements will be accepted through September 20, 2021. Please check the SIZE of the ad you are placing.

_____ Full Page \$50.00

_____ One-half Page \$25.00

Advertising Placed by: _____

Contact Name: _____

Telephone: _____

E-mail: _____

Address: _____

City: _____ State: _____ Zip: _____

Make check payable to **ESA MARC 2021 Conference**

Mail check with this form and hard copy of the ad to:

Susan Winters
705 North Kansas Avenue
Frankfort, KS 66427

Electronic copies of the ad **MUST ALSO** be sent to: jswinters@bluevalley.net

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An International leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

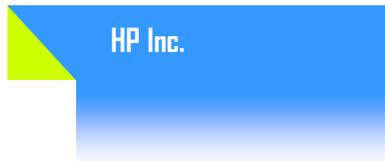
MISSION STATEMENT

ESA is Good Friends, Good Works, and Good Times

...We create activities and support causes that let us surround ourselves with welcoming positive people who enjoy making a difference and having fun together.



EPSILON SIGMA ALPHA



Epsilon Sigma Alpha
363 W. Drake Road
Fort Collins, CO 80526

Phone: 970-223-2854

Email:
esainfo@epsilonsigmaalpha.org

MINNESOTA ESSAY

All issues of the ESSAY are published here:
www.mnesa.com

The ESSAY is published on a monthly basis 9x/year from August-May (except December) at the beginning of each month.

The deadline for submission of articles is the 25th of each month. The monthly issue is emailed on the first of the month.

Please share the ESSAY with prospective members who may want to learn more about Epsilon Sigma Alpha—MN.



—Robin Bussey
International Council President
2021-2022

We're on the web!
INTERNATIONAL
www.epsilonsigmaalpha.org
MINNESOTA
www.mnesa.com



Terri Olson
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