



Epsilon Sigma Alpha
INTERNATIONAL®

Minnesota ESsAy

Volume 58

Issue 4

November 2010

Terri Olson – President

Wow! Can you believe October is over and we're soon going to be experiencing my least favorite time of year – winter! And, then there's that very, nasty four-letter word: s – n – o – w and don't forget that other nasty four-letter word: c – o – l – d. Ick! I wish I could just spirit myself away for the next five to six months. But, since I can't, I sure am glad that Kathy, Fran, and others have planned so many activities to help make those months just fly by.

I hope you're planning on attending the St. Jude Fundraising event at Greenhaven on November 6th. It's always such fun to see what treasures you might be fortunate enough to get. Of course, having a Style Show is always a fun treat, too, and all while raising dollars for such a wonderful cause. Remember, it's for the kids!

There's an updated change to the Kantorei Choir Concert which we previously thought was being held on November 22nd. It's actually being held on **Saturday, November 6th**. The Audience Appreciation concert is FREE and open to the public. It will be held at [The Church of Christ the King, 5029 Zenith Avenue South Minneapolis, MN 55410](#). Just to

entice you a bit more, a wine and hors d'oeuvres reception is also being held. The Kantorei Choir is also performing several concerts in December, but there's a charge of \$15/adult, or \$10/senior or student. These concerts will be held on December 10, 18, and 19. Here's the web address: <http://www.kantorei.net/schedule.html>.

We have a "Blast from the Past" event sponsored by our Historian, Dana, and held at Dianne's home on November 14th from 1-4. It's an Open House, so won't it be fun to come see all of the wonderful things we've done in the past. I'm sure the photos will be terrific! I saw some old photos at Beta Sigma's meeting this past weekend and realized that, thankfully, I'm not the only one who's changed over the years! Seeing those photos sure brought back some great memories and a lot of laughter at how much fun we had while doing great things for good people.

Are you signed up to participate in the St. Jude Give Thanks Walk on Saturday, November 20th at the Mall of America? I'm sure you can check with either Karen or Lori to find out more information. I know they want to

show off a large and proud ESA team, so let's support them!

Don't forget the MN ESA Xmas Party / Social being held at Mona Peck's Party Room on Wednesday, December 1st. I'm sure you'll find more details in this issue of the Essay. I would like to challenge you to bring a guest to one of these events in November or December – and then invite the guest to come again in December, January, or February. If we focus harder on bringing friends to have fun with each other instead of thinking that "I don't have any friends I could possibly invite to join ESA", I know you'll find that you have plenty of friends who might like to have some fun! Who do you know that wants to have fun? I heard of a nifty new idea for a fundraiser over the weekend.

What do you think about having a jewelry party where you bring all of your old jewelry that you don't wear or want to keep? To raise money, you might try to charge everyone a certain amount of money to enter the party and then the jewelry they "purchase" is either a nominal amount or is free. What do you think? You can credit Jackie for that fun, new idea.

Looking forward to seeing you at one of our upcoming events. Happy Turkey Day!

Kathy Eastlack – 2nd VP

When we were planning the Kantorei Choir Concert, we have found out we were looking at their old schedule. There is a free concert on Saturday, Nov. 6 at 7:30 pm at The Church of Christ the King, 5029 Zenith Ave So, Minneapolis.

The one we were planning to attend as a group is scheduled for Friday, Dec 10th at 7:30 pm at Church of St. Joseph the Worker, 7180 Hemlock Lane No., Maple Grove. The cost for this concert is \$15.00

Please call Francine Fredrickson or e-mail her with your reservation BY November 10th, your payment will be due with the reservation. After we find out how many people will be attending, we can plan a place to have dinner beforehand.

Their web site is: www.kantorei.net

About Kantorei

Devoted to a natural approach to singing, the Twin Cities-based chamber choir Kantorei invites audiences to share its passion for European choral music. Kantorei is a high-quality a cappella choral ensemble of about 40 voices based in Minnesota. The ensemble pursues the highest standard of musical expression and artistry. Directed since 1988 by Axel Theimer, Kantorei has become widely known for its stunning interpretations of European choral music.



Kantorei performs the great a cappella choral treasures and also specializes in seldom-heard 19th-

and 20th-century European compositions. The repertoire has inspired Minnesota audiences for nearly a quarter of a century. With an integral focus on vocal health, Kantorei has set a standard in Minnesota for rich, effortless and efficient choral sound. This natural approach to singing has garnered resounding acclaim from composers and critics alike.

The ensemble presents a full season of concerts each year, offers a growing collection of celebrated compact disc recordings and has been regularly featured on classical public radio programs. Through its educational and outreach programming, Kantorei invites audiences of all ages to share its pursuit of singing for a lifetime.

Mary Parr – Treasurer

You may not remember or have not been told that the budget committee reinstated the chapter designated charity for this year. The form for designating your chapter's charity can be found on the MNESA website. \$100 for each chapter has been included in the budget this fiscal year. The sooner you can make this decision and send me the form, the happier I will be. A happy treasurer makes for neater books. The chapter must decide on only one worthy recipient. Please take action on this as soon as you can and don't let this opportunity slip away. I will not keep reminding you to do this.

Sharon Desarmeaux – Chaplain

How to stay young

Try everything twice. On one woman's tombstone she said she wanted this epitaph:
"Tried everything twice, loved it both times!"
Keep only cheerful friends. The grouches pull you down.

Keep learning. Learn more about the computer, crafts, gardening, etc. Never let the brain get idle.

Enjoy the simple things.

Laugh often, long and loud. Laugh until you gasp for breath. And if you have a friend who makes you laugh, spend lots and lots of time with her.

The tears happen. Endure, grieve, and move on. The only person who is with us our entire life is ourselves. LIVE while you are alive.

Surround yourself with what you love. Whether it's family, pets, keepsakes, music, plants, or hobbies. Your home is your refuge.

Cherish your health. If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.

Don't take guilt trips. Take a trip to the mall, even to the next county, to a foreign country, but NOT to where the guilt is.

Tell the people you love that you love them at every opportunity.

Forgive now those who made you cry. You might not get a second chance.

Remember! Lost time can never be found.

Be kinder than necessary, for everyone you meet is fighting some kind of battle.

The following members have needed our thoughts and prayers.

Judy Zalk, Beta Upsilon, fell and broke her hip.

Jennifer and Jake Maleitzke, Alpha Zeta, new baby girl, Libby!

**Karla Kay Nicklaus –
ESA Foundation**

**"Serving the
World....Because We Care"**

As we approach the Thanksgiving season, we have much to give thanks for - family, friends, faith, Foundation which helps many students continue in their academic studies. I have sent or given scholarship applications to member's youth and grandchildren. Great you are sharing ESA. At this time, I carry applications with me to functions of ESA so please ask for a copy.

Two members and a Chapter have joined the Foundation. WOW!! THANKS! Also, thanks to all who renewed their membership for the coming year.

A Blessed Thanksgiving to each one of you and I am thankful for your continued support of the ESA Foundation. Also, a Merry Christmas!

**Karen Ronning – ESA Sr.
Circle of Life**

Clarification for those who have been asking....Chris Scotch, from the "Where is Chris Scotch" Campaign, is donating **ALL** of his funds to Team ESA at the St Jude Memphis Marathon. His Tiger Sushi fundraiser was a huge success! The funds from that have been added to his earnings for St. Jude. ESA was inadvertently left off of the flyer, for that we apologize. We hope you will continue to follow and support him and all his efforts for St. Jude.

For those asking why I would send out fundraising information for something that did not benefit ESA, I am working for ESA **and** St. Jude. I am telling you of things that will benefit St. Jude, whether ESA is getting credit for it or not. ESA promoted eating at Chili's to raise funds for St. Jude even though ESA did not receive any credit for this. In the future, please feel free to ask me when you have a question

or comment. I would be happy to answer to the best of my abilities. I really appreciate everyone who has supported us in the 27th Annual Style Show and Auction. It is all of you that make this event possible!!

**Please support us for The St.
Jude Memphis Marathon.**

Jodi Lang, Mari Scotch, Dana Terry, Casey and Karen Ronning will all be attending the marathon. If you would be willing to sponsor us, we would greatly appreciate it! Go to web site <http://www.stjudeheroes.org/> on the left side of the page click on donate to a hero, next click on find a participant. Just enter one of our names and you will be helping team ESA!

Thanks for your support!!

**Birdie Elkofska &
Sharon Desarmeaux –
MARC Reps**

Eight Minnesota ESAers went to Indianapolis for the MARC Conference the second weekend in October. We all had a great time. They had great attendance and super good workshops. Food was great and seeing all the ESA members from the MARC states was fun too. We learned a lot, conducted some business and played. Members brought merchandise to sell (MarketPlace) and there was a silent auction -- actually two of them. Two different kinds. During various events live auctions with baskets from the MARC states were auctioned off. Great fund raiser and enjoyed by all. This was the 25th anniversary of the establishment of MARC. BJ Clark did a very nice program to celebrate this milestone.

Next year we will meet in Bloomington, Illinois. That will not be a very difficult drive if you want to start planning on attending. MARC is always the second weekend in October. Being the attendance is less than an International Convention, there

is always a lot of time to meet and get to know new people. We share ESA as a common bond and it is amazing how much we do all have in common.

Dana Terry - Historian

There has been some buzz about the Historian Event coming up on Sunday, November 14th!! Glad to hear that I've peaked your interest!

This event will be an informal open house - come and go as you please. There will be scrapbooks, photo albums and jonquils from 1970 and prior on display. Long time members, come to reminisce and share stories and experiences. Newer members, come to see and learn about ESA's early years.

This would be a great event to bring friends and family to as well. We'll have membership information and registration forms available!! And, since this is an ESA event, there will of course be food and drinks. We'll have appetizers, sweets, coffee, tea & punch.

Be sure to look for the event flyer in this Essay for location and times. Let me know if you can make it by e-mailing me at dlt1023@comcast.net or by calling me at 612-619-0810. I really look forward to seeing lots of people, and hearing all the stories!!

Our Responsibility

"Treat the earth well.

It was not given to you by your parents,

It was loaned to you by your children.

We do not inherit the earth from our ancestors,

We borrow it from our children."

~Native American Proverb

Chapter News!!

Alpha Chi – Joane Buche

We met at Pat Peterson's lovely townhome on Saturday, Oct. 2nd. Coffee and treats were served, followed by our meeting conducted by Kathy Konrad. She is doing a great job keeping us in order especially with all our "handicaps." The following is a short version of a normal week in the life of our generous volunteer,

Colleen Riley, who lives at Boutwells Landing Senior residence: Time passes quickly – I made men's vests for Kathy's "barn dance," over 200 people attended for the steak supper and an evening of fun. Monday – knit class from 10:00 to 12:00. Tuesday – church 10:30 to 11:00; exercise class 1:00 to 1:30. Wednesday, I care for men's and women's fingernails from 12:30 to 1:30; hair done. Thursday – church, exercise, I call bingo. Friday – free day. Saturday – tend welcome desk for two hours; call bingo two hours. Now it is time to sew bags for Alpha Chi. It's all fun and I love it.

Donna Wakefield – Wally and I just had to take a day and drive to Duluth to view the gorgeous leaves along the way. We also felt like we "made the day" for our special friend in a Care Center in Proctor. A small thing that can mean so much to all involved. As usual, my girls all looked forward to the St. Jude Style Show and were not disappointed. A great time was had by both of our tables. We're looking forward to next year. Thanks to the great planners. Let's hope our winter will be as beautiful as the fall has been. Have a great holiday season.

Shirley Hane had a reunion in September with some of my husband's cousins. It had been 11 years since we saw some of them.

In October, our Senior Group will be having an October Fest with a German dinner and some great entertainment.

Gloria Iverson – What a beautiful fall; hopefully the weather will last until Thanksgiving. I took two short trips in October; one to Bayfield, Wisconsin, and then off to Madison, Wisconsin to visit my granddaughter, Melanie, who is attending the University of Wisconsin. We had a great time. A special thanks to my granddaughter, Emily, who came along with me and helped with the driving. I couldn't have done it without her. She plans on attending the University of Wisconsin next year.

We are all looking forward to the St. Jude Style Show in November. Hope you all enjoy the beautiful weather.

Phyllis Frascone – Jim and I delivered 60 bags to the Ramsey County Shelter. Their lower level is in constant disarray with all the storing and packing of the items donated by all our sisters. Such a patient man!!

Alpha Lambda – Kathie Wasson

Gene and Pat Schwope returned on October 22 from a five-week 5,450 mile driving trip, which included a weekend regional photo convention in LaCrosse, Wisconsin, and a week-long international photo convention in Charleston, South Carolina.

In between, we had a very memorable vacation. We visited the Flight 93 Memorial in Pennsylvania (there was not one dry eye in the visitor's center after people read transcriptions of the

black box and of the passengers' phone calls); the covered bridges and the Pennsylvania Dutch country around Lancaster, Pennsylvania; and Gettysburg (with the most wonderful bus-tour guide imaginable.)

The day we left Gettysburg, it began to rain. It rained so hard while we were on the freeway in Washington D.C. that all traffic on the freeway came to a total standstill -- a person literally could not see the car in front, behind, or to the side of them.

We found and explored a little-known area in Maryland called "Mallows Bay", where hundreds of no longer needed wooden ships from World War I were deliberately sunk by the government. The area is currently being turned into a state park.

Next, to Williamsburg, Virginia, where it continued raining all four days and nights we were there. We did have the opportunity to spend some time with another St. Paul Camera Club member who now lives there, and with the chief photographer of Williamsburg acquisitions, which was one real treat.

We then spent two days on North Carolina's Outer Banks, seeing and photographing lighthouses and visiting the Cape Hatteras National Seashore. Our planned route to the mainland via ferry boat was closed by the U.S. Coast Guard -- the heavy rains had caused the need for channels to be dredged -- so in order to get to Wilmington, we had to make a nearly 300 mile detour. North Carolina suffered 22 inches of rain that week. It was heartbreaking to drive by so many flooded homes.

In Wilmington, we toured the U.S. North Carolina Battleship, which at more than 2 1/2 football fields long and 9 stories high is mind-blowing in size.

We also toured Poplar Grove Plantation, whose original owners had more than 3,000 acres in cotton. And we visited the Cotton Exchange, a really neat area in downtown Wilmington, where the buildings on one entire city block have all been renovated into shops, galleries, restaurants, etc.

Following our convention in Charleston, we took an extra day just to look around and photograph the sights in the city, and to visit two more lighthouses in the area.

We stayed in Pigeon Forge, Tennessee, while we were seeing the sights in Smoky Mountain National Park. We were very fortunate that fall color was at its peak, and that visibility on the sunny day we were at Clingman's Dome was 77 miles, which happens only 2% of the time. (Visibility Statistics: 150 miles - 1%; 77 miles - 2%; 27 miles - 92%; 17 miles - 5%.)

After a very frustrating day driving the Blue Ridge Parkway, and accomplishing only 60 miles, we pretty much gave up. We had been driving all day and getting nowhere except up and down and over and around. Our motel for the evening was another couple of hundred miles away, so we hightailed it to Lenoir, North Carolina, on other roads.

We arrived at our motel to find the place totally surrounded by police cars, emergency vehicles, SWAT teams, etc., with the motel staff milling around outside. We were told that we would be allowed to enter the motel to speak with the front desk people, but that we would not be allowed to stay there. It turned out that a criminal had barricaded himself inside the motel, and that all motel guests

were being sent to another motel in Hickory, North Carolina, free of charge.

We arrived in Hickory only to find that the room given to us was nothing like the room we had been registered for. It was a very grand suite, complete with everything imaginable. Unbelievable. And all free of charge.

The next day we visited Mt. Airy, North Carolina, Andy Griffiths' home town, and the inspiration for Mayberry RFD. My son had recommended that we stop for lunch at the Snappy Lunch, which we did -- the largest pork loin sandwich you could ever imagine for only \$4 -- a pork loin which overlapped the bun on all sides, and which was covered with mayonnaise, mustard, onions, pickles, cole slaw, and chili -- I opted out of the chili. Floyd's Barbershop is right next door, and the entire town seems to be capitalizing in full on the Mayberry theme. We also drove out to see the world's largest granite quarry, also in Mt. Airy. And we did drive on the Blue Ridge Parkway again, to visit Mabry Mill.

We spent our last Sunday night in a cabin in Babcock State Park, West Virginia, complete with a fire in the fireplace and baby deer in the yard.

During our last week we visited the West Virginia state capitol and cultural center; spent a day on a driving tour of the horse farms in Lexington, Kentucky; and thoroughly enjoyed photographing covered bridges and visiting art galleries and shops in Nashville, Indiana.

But it was SO GOOD to get home. I have come to the conclusion that a 5-week vacation is just about one week too long. After so much time on the road, a person just wants to come home.

Alpha Sigma – Sharon Lange

We sure have had a wonderful Fall this year. And then the BIG WINDS started. Now that was a reality check!

Nancy Johnson has been busy making "Peanuty Candy Bars". Alpha Sigma sold them at MARC and then again at the Rush Luncheon. I'm sure we can convince her to make more for the January Board Meeting. Nancy will also be heading to Wisconsin this weekend for her "Grandma fix" and in her spare time, there are always leaves to rake and getting ready for winter.

Even with Rose Bitter's busy schedule, she's managed trips to Iowa (Poduska reunion) and Virginia (McBitter wedding planning).

Diane Vanusek, Birdie Elkofska and Sharon Desarmeaux had the best time ever at MARC. It was a long drive, but knowing those three, there was no lack of conversation. Their only problem was trying to convince the GPS that they did NOT want to go through Chicago. Imagine that. Birdie saw two Indiana ESA sisters that she hasn't seen for about ten years. "It's always so much fun to meet new ESA sisters and renew friendships from other years."

Sharon Lange, Birdie and Nancy attended the MN Rush Luncheon at St. Mark's. We met Sandy Dolence's friend, Doris, and hope that she becomes a member of Minnesota ESA. We enjoyed a lovely afternoon of conversation and community. It was so nice to chat with those who attended the rush event. We need to catch up with each other more often.

We always talk about how we love meeting ESAers from across the country. At this past IC Convention,

Birdie had the pleasure of getting to know Susan Meyer, the South Carolina state president. They just clicked; they laughed a lot and enjoyed each other's company.

Since July, they have been emailing and that has led to Birdie being invited to Charleston, South Carolina to visit with Susan Meyers and maybe even doing an ESA thing or two. She leaves in a month and hopes it stays warmer down there just for her. "I know of many ESA members who travel together and visit each other after meeting at conventions, etc. So now I am going to do just that."

And last but not least, Alpha Sigma is working hard on the St. Jude Auction. Birdie has been doing a lot of picking up of donations (because she's retired you know). She has even had to get a storage locker because her bathtub just couldn't handle it anymore. Rose Bitter's house is auction central for the prep work. We've all been scrambling and the donations are truly great. It's going to be an exciting auction.

This is our favorite service project, even as intense as it gets. It's hard to believe that this is the 27th Annual St. Jude Style Show, Luncheon and Auction. Tradition - isn't it great. So in advance, thank you for supporting the St. Jude Auction.

Alpha Theta - Mary Jane Rosenberg

I can't believe the weather we're having and to think we have passed the middle of October and we're still going in light jackets.

Our group met at the Best Websters on the 5th at 9:30 (can you believe we are all so busy we had to meet at that time?). By the way, the breakfast was good.

Florence, Gloria and Marie did get up to Medtox to work on the 4th and as always had a good time. At our meeting, we distributed our money earned from BENCO. Earlier, we gave a good sum to "Susan Komen Walk." Two sisters and their two daughters walked and made the 20 miles and the money it took to enter. Then the

rest was given to Mankato Hospice, New Ulm Hospice, Disaster Fund, Love Fund, Blue Earth County Library and to VINE. Not too bad for six members!

Rose Marie is having an auction on October 21st at 2PM. She is moving from her condo to her mother's home, so between them both should have a good assortment.

Marie has been busy with landscaping, Eastern Star, and doing a lot of traveling.

Gloria is busy with fall work and helping with the farm harvest. (Making real good meals.)

Florence enjoyed company from Ohio - a friend who came back for a class reunion. Of course, she is busy with her volunteering.

Marge fell in her home and still doesn't feel too good. Some days better than others.

Myself, I'm doing okay and seem to keep busy. This Wednesday, I will be going to Michigan to see Don and Brenda. Another gal and I will be driving out. Let's hope the weather will be good.

Florence's church will be having their church bazaar on November 3rd. They have an excellent bazaar and a terrific lunch.

Gloria, Eunice, and Florence are coming up to the Style Show and all looking forward to it.

Thought of the month: "Think of your future; you're going to spend the rest of your life there."

Beta Sigma - Linda Schultz

What a fantastic way to say, "farewell October ~ hello November 2010! During its annual "White Elephant Auction" on the 30th of October, Beta Sigma raised almost \$300 auctioning, what else, white elephant gifts, mysterious and wrapped in

holiday and gift giving splendor, designed to "fool" the successful bidder. Honored to have her present at our November meeting (at the end of October), Terri Olson, our MN ESA president, contributed a fair share of the proceeds with her successful bidding! You should all try this ~ it is always so much fun ~ so much fun, in fact, that I heard someone across the room say that we should do this again in the spring!

Terri spoke to us about sponsoring new members and presented numerous ideas for making our events fun, not only for the newcomer but for the membership as well. "Go, have fun, and take care of the business." It will inevitably draw new membership to us because what they will remember is the FUN.

Speaking of fun, Karla Nicklaus took her retirement trip to Europe ~ Austria, Switzerland, Italy, attending the Passion Play in Oberammergau, Germany. Returning from this trip she was off to Los Angeles where her niece was married in a beautiful setting in an "Inn" on the mountain.

Marcie Haigh wishes to thank all Beta Sigma and ESA sisters for all the prayers, cards, and support during her recent experience with breast cancer surgery. She is convinced that the love and prayers have had a big impact on having such a positive outcome and attitude. She sends God's blessings to all.

Beta Sigma's Christmas project this year, instead of adopting a family or families, is with personal and individual contributions to the two schools where Marcie Haigh and Diane Rowe work. These contributions will assist in providing supplies, clothing, etc. needed by the students at each of the schools. Thanks to Diane & Marcie for making us aware of such needs and providing the opportunity for each of us to help.

Oh yes....back on October 2nd, for the October meeting, the Chapter had a cookie bake as a special social and meeting combined. Everyone gathered at the home of Betty Kickertz where Jo Hanson was the co-hostess for a salad and lasagna luncheon. Beta Sigma sisters baked chocolate chip, double chocolate chip, snickerdoodles, Russian tea cakes, oatmeal raisin, sugar cookies ~ all with lots of taste testing! Everyone who participated went home with a container of goodies, agreeing that it was so much fun and that perhaps it should become an annual event! Hey, there, Terri Olson ~ this sounds like it meets your specific criteria for "fun meetings." ☺

Beta Upsilon – DeLores Wiesner

I can't believe it's November!!! I'm looking forward to the fashion show luncheon this weekend. I'll have four generations of my family there. They look forward to it each year.

Rhonda and Ed live in Hastings on the Vermillion Slough. They survived the fall rains. They didn't damage their dock as the spring rains did. The water level was high enough so they could kayak all the way to the Mississippi river.

Fran is having 16 windows replaced in her home. Hope they get them done before the snow flies. Our Christmas lunch will be at Lake Elmo Inn. We have invited our inactive members. It's great to get together.

Since this is the last issue of the ESSAY for 2010, we wish all our sisters a Happy Thanksgiving, a Blessed Christmas, a prosperous New Year.

Gamma Omega – Arlene Besemann

Hear Ye! Hear Ye! Come to the downtown skyway outside of TCF on Thursday, December 2, for Gamma Omega's craft sale. You won't be sorry when you see (AND BUY) gifts made by our own G.O. artisans. All profits go to charity. Our members are busier than Santa's workshop crafting these unique items.

We're excited about Christmas shopping for our adopted family through MVFS (Minnesota Veteran Family Support). Try it! You'll like it! Carol Crepeau can give you information, just give her a call.

Dennis Marler has a new job. In mid-November he'll become an employee of Ameriprise Financial. He'll be doing the same project manager work he's been doing for the past year, but now his days as a contractor are behind him. (There goes one of our craft sale workers! We'll catch him for set-up.) Congratulations, Dennis!

Carol Ping has been running back and forth to Iowa due to her parents having health problems.

Save February 19, 2011 for our big event for the troops. More info later.

Joyce Van Kempen has been enjoying time having her mother and sister as guests. . .but she's keeping her sister busy making jams and jellies. Mmmm!

Before you know, we'll be eating turkey while being thankful for all of our many blessings. Happy Thanksgiving everyone!

Thought for today: "The trouble with doing nothing is. . .you can't stop to rest."

Gamma Zeta – Mary Tolle

The chapter enjoyed a wonderful weekend at June's family cabin. We toured casinos. visited a winery, went out for a delicious fish fry and played Polish Poker and Farkel. June is definitely the hostess with the mostest! Dianne attended the MARC Conference in spite of Jerry sealing off the closets and dresser getting ready to paint the ceiling. She had a great time and shared interesting info about recycling. We are happy to see her back in a "pair" of shoes and rid of the walking boot!!

Judy, June and husbands went on a fall trip up North as far as Lake Vermillion. They said the weather was great and it was a beautiful drive. Judy is working the Dome again, this time for the Metro Dance Club. The earnings from the Dome will be used for the dancers' expenses. Judy's granddaughter is a member of the group.

Mary Mattera answered "Nuttin Honey" when asked what she had been doing. Knowing Mary she has been working long hours and visiting the casino now and then.

Dorothy and Denny went to Iowa and were able to get together with their son and his family who now live in Colorado, and their daughter and family.

The Tolles had a busy summer; a grandson's wedding, and several trips up North to visit family and spend time at the lake. Bernice is still experiencing pain from her hip surgery. She has consulted with another doctor for a second opinion and has an appointment this week for the results.

The chapter is working on assembling bags of personal care items for the adults at St. Anne's Place.

Wishing everyone a happy and blessed Thanksgiving!

Omega Chi – Pat Staffanson

Juanita - "Not much from the Gillespie's house. Joe is getting better very s-l-o-w-l-y. He has some good days and some not so good days, but fortunately it seems like the good days are outweighing the not so good days. He will be seeing his doctors in a couple of weeks to determine status of the pneumonia.

Daughter Paula and I helped other family members get Mom packed up to move from Litchfield to Tracey. She turned 90 on 8/1 and is still pretty self-sufficient, but decided it was time to move closer to my step-sister.

My cousin Michael is here from CA for a couple of days, so will be having dinner with him. Otherwise, working hard and doing a lot of "nursing."

Really looking forward to the style show. Happy Thanksgiving to all!"

Pat - What a wonderful MARC Conference! It was so much fun and we learned so much about "Going Green." It was also great to see everyone again.

Gary and I attended the Bundles of Love fundraiser October 23 at the Fridley American Legion. We had a great time and I confess that I really helped in the fundraising department! It was so inspiring to learn what wonderful things they accomplish. Can't wait to get back to sewing baby items, but right now am sewing hats, scarves & mittens for my granddaughter's boutique sale in early December.

Looking forward to seeing all of you at the St. Jude Style Show. It's always so much fun to get to visit

with everyone and maybe win an auction item or two!!

Since this is the last ESsAy for 2010, I want to wish you all a very Happy Thanksgiving, Merry Christmas and Happy New Year!!

Sigma Kappa – Casey Ronning

Casey- I am still busy with school. The family came to visit on Family Day and we had a blast! For the month of November I am going to be home every weekend, can't wait! Style Show the first weekend; hope to see you all there! I have a wedding, a play, and Thanksgiving to attend all of the following weekends. I have a feeling this month and next are both going to fly by!

Sharon - I attended the 25th MARC Conference in Indianapolis. The Go Green Leadership was great. We learned a lot on recycling, gardening, Camp Riley, social media, and making your own cleaning products. Some of the Halloween costumes at the mixer party were either really funny or really scary. The marketplace had a lot of nice items to purchase. Just the whole all around conference was great.

Karen - I had a great time going to Chris Scotch's Tiger Sushi St. Jude event. I even tried some sushi. Okay, so I left and had dinner on the way home - but at least I tried it! The family spent the day with Casey at the Family day at school. We had a great time climbing around the river and being with Casey in her new surroundings.

Dana - Been busy getting ready for my first chapter meeting as president of the NW Chapter of MSCJ. It's set for November 8th, and I'm getting really excited. I'm also working on finalizing details for the ESA Historian Event on Sunday, November 14th. It's an open house style event - come and go as you please! There won't be any "formal" presentations, but it

will be a great opportunity to socialize! Bring friends and family to this event - they might learn a LOT about ESA!!

After that, my focus will turn to gearing up for the Memphis Marathon! I'm so excited to be going!! A big THANK YOU to Mari Scotch, Jodi Lang and Karen Ronning for helping make this possible for me.

Address/Email Changes

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“Our great-grandmothers marched, were arrested, and suffered heroically in jail to obtain the vote for women. People walked the dusty back roads of the South, and sometimes died, to ensure African-Americans the right to vote. We should be humbled by that. We have progressed to where we are because we stand on all their shoulders, and we must never forget it. Voting says thank you.”

~Ted Kennedy, former U.S. Senator



BLAST FROM THE PAST

AN "ESA HISTORIC" EVENT

SUNDAY NOVEMBER 14TH

Open House 1-4 pm

at

Dianne Ocel's House
4245 Tyler Street NE
Columbia Heights, MN 55421

**ALL MEMBERS, FRIENDS &
FAMILY WELCOME!**

**TREATS & DRINKS?
IT'S ESA - THERE'LL BE SOME!**



Let us know if you can make it!
E-mail: dlt1023@comcast.net or
call Dana Terry @ 612-619-0810

64th Annual International Council Convention - July 18-24, 2011

Kansas is pulling out the red carpet for your fun and enjoyment at the 64th Annual IC Convention to be held in Overland Park, Kansas July 18-24, 2011. Tours we are planning that you won't want to miss:

Monday, July 18: We will offer two tours. The first the CITY OF WESTIN TOUR - Westin is a very quaint little town with lots of antique and other shops – it also has a winery that offers tours and wine tasting with lovely restaurants for lunch. This tour will begin in the morning and gets everyone back to the hotel for a tour of the Jazz District on Monday night.

JAZZ DISTRICT TOUR: Will include a tour of the Jazz Museum, then dinner on their own and end up with an evening at one of KC's premier Jazz clubs.

Tuesday, July 19: CASINO FUN: we are offering a trip during the day to one of the Americus Casino – You can enjoy one of five restaurants and even a movie theater. We will arrive back at the hotel in time for everyone that wishes to attend Foundation Fund Event.

Thursday, July 21: NASCAR/ CABELA'S TOUR - A tour of cabelas and then onto the Nascar speedway. You won't want to miss the Kansas Speedway - Nascar Tour. The best guest experience in motorsports. You'll visit the President's suite, a garage, the media center, and the very picturesque, VICTORY LANE! Nascar fans & husbands will love this!!

It will be GREAT to see you in Kansas next July!!

From the desk of Verneene A. Forssberg

From Judi Grefer
ESA International Council
Philanthropic/Hands-On Project Chair

**ESA Philanthropic
Mileage Rate
for the 2010-2011 Year**



The graphic features a blue 3D human figure on the left, standing next to a stack of grey 3D blocks that spell out the word 'INFO'. To the right of the figure is a speedometer with a black background and white markings. The speedometer has two scales: the outer scale is in miles per hour (MPH) ranging from 0 to 260, and the inner scale is in kilometers per hour (km/h) ranging from 0 to 160. A red needle points to approximately 20 on the MPH scale. In the center of the speedometer, the text '50 cents per mile' is displayed in yellow and red. Below the speedometer, an odometer (ODO) is shown with the reading '10000 MILES'.