



ESSAY— May 2015



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President—Kate Sala

Meow to you all! This is the all occasion response or greeting for the next year. If you have not already heard, I am your new president and I love cats! First and foremost, I want to express my deepest gratitude and respect to Jackie, our now Past President. She helped us all "Re-imagine ESA, Leap Forward, Find Your Wings" with great leadership and example.

What a wonderful convention hosted by Delta Mu and Delta Rho this year. Thank you, for your hard work and for all of the fun provided. Of note, it was announced the proposed hotel site for the MARC 2016 Conference will be the Embassy Suites in Bloomington. This will be a good venue as the rooms were spacious and the food was delicious. As an extra bonus, many of us enjoyed watching as a wedding ceremony took place from the hotel courtyard balconies.

I want to thank my chapter members, Kathie and Stephanie who came to the Saturday night banquet to help and support my installation as your president. It

could never have been accomplished without you being there with me. My love to you both.

I also want to thank my MOM, Mary for being there for me at all times. You have been my advisor, my supporter, my encourager, my life-line, my sounding board, my confidant, and my most beloved friend. I know what it took for you to be there with me and finish my installation. You were so afraid you wouldn't be able to do it, but I knew unless you were completely incapacitated you would never relinquish the opportunity to install me again. I am so thankful you wanted to do this for me. Mom, I love you so much for all you do.

As I am looking forward and thinking of the coming year I want to share with you the message I delivered at the end of convention.

We meet again to... What? TBD - To Be Determined by remembering "Every Day is an Opportunity to Purrr...sue Your Dreams." I have learned perseverance of one's dreams can often be a

difficult journey, but when accomplished, it rejuvenates your essence to continue forward to grab more opportunities and dare to DREAM big.

I stand before you, as a HAS BEEN and as a NEW-BIE. Many things have changed since I was last your president. I DREAM of changes yet to be achieved, such as:

- I DREAM of a large room filled full of excited ESA members to accept any challenge set forth.
- I DREAM of inspiring you to reach for your own dreams and make them a reality.
- I DREAM of members stepping out of their boxes and trying something new.
- I DREAM of all of my appointed officer positions being completely filled.
- I DREAM of being the leader you look towards for finding the passion to purrr...sue your own DREAMS.

Special points of interest:

- Don't forget to make plans to attend the St. Jude event on June 7th at Kelly's
- Don't forget to attend the Planning Meeting on June 20th
- Don't forget to consider helping Kate out with an appointed position
- Don't forget to complete the Officer Expense Form
- Don't forget to attend IC Convention in Orlando

President—continued

- I DREAM of the dreaded opportunity of setting up a FACEBOOK page to finally enter the age of social media communication. (I will be stepping out of my box!)
- I DREAM of a world where everyone in Minnesota knows who we are and are climbing their own barriers to join us in membership.
- I DREAM I will always be on time with my EsSAy articles for my supportive friend Terri Olson. (I blew this one already - next time is another opportunity to purrr...sue this dream!)
- I DREAM of so much more ...

I ask you to purrr...sue DREAMS with me each and every day and share your own DREAMS with me so I may be able to help you purrr...sue them to their fullest. I look forward to purrr...suing with you my hopes, DREAMS, joys and the making of memories this year. Thank you so much for the opportunity to purrr...sue my own DREAMS.

I thank you all again for the opportunity you have given me to serve and be of service.

Now for some reminders and items of needed action:

- The state planning meeting will be held on Saturday, June 20th starting at 10:00 am, hopefully at Kathie Wasson's party room if it is available or at a location to be determined.
- Officers please be prepared with dates and event information so the calendar can be established.
- I would like to have the first state membership meeting either Saturday September, 12th or September, 19th.
- The other dates for state meetings I have in mind are: **October, 31st (I do not think the Style Show is that weekend), January 23rd for our Leadership workshop, February 20th, and March 19th.**

- I will need chapters or members to volunteer to host these meetings.

• **I still need people to step up and fill a few positions:**

- **Easter Seals Chair** - we did not have one last year - do we want one this year?
- **Webmaster**
- **Convention Chair(s)**

Please consider stepping up if you haven't already and purrr...sue a DREAM you may not have thought about before.

Contact me at:

763 229 5257

ksala@isd12.org

sala@visi.com

I want to thank all of you who have decided to make "Every Day an Opportunity to Purrr...sue Your Dreams" with me.

2015-2016 Executive (Elected) and Advisory (Appointed) Boards

Executive Board	2015-2016
President	Kate Sala
First Vice President	Dana Terry
2nd Vice President	Sandy Hongerholt
Secretary	Betty Marler
Treasurer	Dennis Marler
Parliamentarian	Diane Vanusek
Jr. Past Pres.	Jackie Swanson
Advisory (Appointed) Board	2015-2016
Assoc. Arts	Jackie Swanson
Chaplain	Kathy Rice
Easter Seals	
ESA Foundation	Karla Kay Nicklaus
Disaster Fund	Jackie Swanson
Essay Editor	Terri Olson
Financial Planning Comm. (4)	Julene Donnay (year 2)
	Rose Bitter (year 2)
	Jo Hanson (year 1)
	Mary Parr (year 1)

Advisory (Appointed) Board	2015-2016
Hats for Hope	Diane Vanusek
Historian	Dana Terry
Hope for Heroes	Shirley Lau
MARC Reps (2)	Sharon Desarmeaux
	Mary Parr
MedTox	Rhonda Krehl
MN Love Fund	Jackie Swanson
Philanthropic Chair	Betty Robinson
(Photographer)	Mark Petty
State Convention Chair(s)	
Sr. St. Jude Coordinator	Julene Donnay
Jr. St. Jude Coordinator	Marcie Haigh
Webmaster	
State Project #1 Chair - Minnesota Literacy Council	Nicki Weller
State Project #2 Chair - Operation No Limit	Birdie Elkofska

1st Vice President—Dana Terry

What an AWESOME convention! Thanks to the hosts with the most... Delta Mu and Delta Rho!

From enjoying good conversation with people we don't see often, to a very interesting speaker, to seeing a HUGE number raised for St. Jude this past year. All good fun!!

I'm going to be thinking outside of the box next year and maybe trying

some different things. I hope you are all willing to get creative!! For example, let's try to bring more attention to ESA when we are out in public. Maybe we all wear the same shirt, or color, or something that draws some attention when we are working our garage sales!! Or maybe hand out little one page flyers telling about ESA. Anything that will

help the public see ESA ...and hopefully show an interest!

Then, I also want you to be thinking about things you like or feel you are good at. We might be putting them to good throughout the year!

Lastly, please, everyone have a safe and fun summer! Come back with refreshed and energized and ready for even more FUN!!

2nd Vice President—Sandy Hongerholt

Hello everyone!

What a fun time I had at convention! This was my first full convention. I especially enjoyed the Chocolate Vodka I had in Diane and Shirley's room Saturday night. Yumm-O.

Thank you Delta Mu And Delta Rho for all your hard work putting this together.

Thank you to all of Minnesota ESA for allowing me to serve as your Second VP.

I would really love to hear your thoughts and ideas for educationals this year. We have a lot of learning we can do. And we can have a FUN time doing it. So please, send me an email or a phone call works too and let me know what YOU would like to

learn.

Think Left and Think Right and Think Low and Think High

Oh, the things you can think up if only You try! Dr. Sues

Jr. Past President—Jackie Swanson

"We just wanna have fun and we sure did at Minnesota ESA State Convention!" We enjoyed ourselves at the Mixer on Friday evening, sporting our game-themed costumes, perusing items from the Love Fund Auction, and trying our hand at making Santa Hugs for Santa America. The next day and a half was spent taking care of business, celebrating our accomplishments from the past year, and installation of new officers. On Saturday before lunch we heard from guest speaker, Brandon Peeters, a high school student who has served the past four years as a member of the Governor's Minnesota Civil War Commemoration Task Force. A Civil War reenactor and a great student, Brandon shared with us his enthusiasm for the American Civil War. We were thoroughly entertained after the Saturday night banquet by two

wonderful musicians who played music from the 60s, 70s, 80s & 90s and we danced the night away. The "ESA - Each One Unique" Exhibit proved to be a great display just as predicted -- Thank you to all who participated! We were so fortunate to have IC Rep, Terri Olson and MARC Rep, Kim Mandrell at convention with us. Terri shared many insights from IC and we all "built a snowman" together. Along with her message from MARC, Kim Mandrell facilitated a fun interactive exercise which showed us that while we may know many things about one another, there are always things we can still learn.

Many thanks to Convention Co-chairs, Terri Olson and Betty Robinson along with their Delta Mu and Delta Rho sisters for their efforts in creating a wonderful convention experience for

us all!



It has been so much fun Reimagining ESA with you -- a very full and special year for me and I hope for you as well. I have enjoyed the honor of serving as your 2014-2015 Minnesota ESA State President. I will continue on the Elected Board as the Junior Past President and I'm looking forward to lend a hand with the ESA International Disaster Fund and the MN ESA Love Fund!

Jr. Past President—continued

President's Farewell Message, Sunday, May 3rd

I love you all. It's been so much fun reimagining ESA with you. In May we took time to reflect on the previous year and explored in our heads the new role we had taken on for the upcoming year. At the planning meeting in June, we planted our seeds. I attended my first IC Convention in Oregon in July. August brought our first friend raiser for the year and our first Exploring Change meeting. In September came our first State Membership Meeting and a State Educational at the kick-off of the St. Jude VIRTUAL marathon. In October we went to MARC and back at home we had the National Kidney Foundation walk, Cheers for the Troops and a work night for National Kidney Foundation in Roseville. November was a busy month with the St. Jude Luncheon and Style Show, the Give Thanks Walk, and I went to Nashville, TN through work for a MN Monument dedication on Shy's Hill [which my friend, Brandon Peeters touched on a little bit yesterday]. December was the St. Jude Memphis Marathon [and MN ESA was represented there]. January was our State Leadership which included outstanding guest speakers, wonderful food, fellowship and FUN. Our IC Leadership attendees came back from COLORADO brimming with new ideas and shared a bit with us at our February Membership Meeting. March brought the last of the Exploring Change Committee Meetings; this committee worked hard for you on proposed changes to Convention format and position descrip-

tions for our Standing Rules. We also heard from our five phenomenal candidates for Philanthropic state project at our March Meeting. AND at each and every meeting, we were surprised with a FUN interaction or activity --- A very full and special year to be sure.

Belonging is to take ownership of -- to feel a part of something greater than YOU. Belonging fosters collaboration. Collaboration also is having a felt sense of being connected and being a valued member of a group. In MN ESA we collaborate when we work together on committees, fundraisers, meetings, conventions - we are collaborators of GOOD and this creates for us a sense of true belonging. We become aware of our capabilities -- of all that is creative and original within US.

We are all connected to one another in ESA through our service, friendships, education, charity, and leadership development. WE have found a good home in ESA. Throughout the 2014-2015 ESA year we have celebrated these things by the simple act of showing up -- for a chapter or state meeting, a service project or social, a fundraiser or friend-raiser. WE learn and grow by showing up and saying, "Yes. I will."

I believe that we are all on this ESA journey together -- whether we are serving on one of the Boards -- growing and learning for ourselves within our chapters -- or mentoring another to [step forward] to learn and to grow. We discover when we show up for things, take that leap of faith, and answer the knock of opportunity -- there is no limit to what we can do. I

encourage each and every one of you to continue to "show up for things" and while you're at it, bring along that new person because it's not enough just to focus on ourselves and grow inward. We need to reach out and grow ESA.

Have you ever noticed that EFFORT is attractive? To the Elected Board -- I've appreciated your energy and your wisdom in seeing me through this year. To the Advisory Board -- I thank you for your commitment, creativity, and dedication. To my dear Beta Sigma -- thank you for your love and support. AND I thank ALL of you for your friendship and for your service. When we engage and connect, we inspire others to do the same. EVERYONE in this room has inspired me at one time in some way or other. AND this year has been no exception... This year was a FUN time -- and I am so glad we could spend this time growing together... REIMAGINING ESA, leaping forward and finding our wings together. I know that Kate and the 2015-2016 Board will continue to re-imagine ESA in their own way -- I don't really think of this as a farewell.. I'm just moving to the next chair OVER...

In combination with the ESA principals of Education, Service and Association, commit these things to memory: Belonging, Collaboration, and Ownership. - Then SHOW UP and say, "YES, I WILL!"

Now we welcome the NEW YEAR, full of things that have never been. Thank You!

Minnesota Love Fund—Birdie Elkofska



I would like to thank all of you who brought a donation to the Love Fund Silent Auction at

ESA State Convention and to all of you bid and won those items. The auction raised \$919 and there were 65 items donated. The total raised this past year for just the Minnesota Love Fund was \$ 1239. THANK YOU All.



Parliamentarian—Diane Vanusek

As many of you are aware, the Change Committee spent many hours during the past year reviewing, revising and updating the MN ESA Standing Rules. The proposed

changes were included in the last EsSAy and adopted at the State Convention. Officers and committee member should familiarize themselves with any changes applying to

their position. Other members should read through the Rules just for fun. The updated Rules will be included in the roster for the new year.

Treasurer—Jo Hanson

Greetings Sisters and Brothers!

Another convention and another sorority year comes to a close. It was a lot of fun, and it was good to spend time with everyone.

Year end also calls for a few house-cleaning items that need to be done. Pay requests for any 2014-2015 expenses need to be submitted no

later than July 15th so I can close out the year on July 31st. Please be sure to fill out your pay requests, attach receipts and sign and date the request.

If you are not submitting a request for reimbursement, please provide the officer expense report for the financial planning committee to use in preparing the budget. It is very

generous of you to absorb expenses for your office; however, it is difficult to calculate an amount if we don't know what was actually spent by each officer.

Thank you for your service, and thank you in advance for submitting your expenses timely. Have a wonderful summer!

ESA Foundation—Karla Kay Nicklaus

Thanks to all who made contributions to the Foundation this past year by paying your annual dues, donating to the Fantasy Event plus using the Turn Around Funds. Thanks to the volunteers for volunteering your time at MedTox which is our fund raiser for the Minnesota State Endowment Scholarship Fund. The balance in the Endowment is \$34,166.

This year international received 7,788 scholarship applications. Minnesota had 240 applicants, 18 applied to the Minnesota State Endow-

ment and two scholarships will be given at \$1300 each. Parr Family Endowment had 11 applicants and one scholarship will be given at \$1100. Sandy Weisenburger Endowment had 16 applications and one scholarship will be given for \$750.

Awards

11 chapters reported for a total 396.42 hours and money, goods and miles -\$4,835.06

Hours

3rd Place Delta Rho 7.73 hours per member

2nd Place Gamma Zeta 16.24 hours per member

1st Place Alpha Sigma 22.20 hours per member

Money

3rd Place Delta Rho \$130.85 per member

2nd Place Gamma Zeta \$214.07 per member

1st Place Alpha Sigma \$243.33 per member

Congratulations!



To all my wonderful sisters and brothers, here I am again to thank you for all the hugs and heartfelt wishes I received at the ESA MN State Convention upon the death of my daughter, Michele. She was just 48 years old, so had a lot of life to live but is now off that rough road and at peace. We are having a service at Christ the King Catholic Church in Minneapolis at 51st and Zenith Avenue South, 11am May 23rd. Also, thank you for all the beautiful cards and calls.
Love, Leann Monahan, Beta Sigma

Chaplain—Kathy Rice

I have been asked to serve as Chaplain this coming year and all I could think about is I am sentimental and cry easily,

so I warn you – you will have a crying Chaplain this year. However, you will also have Miss Tilly as well.

I do need to get some expertise from Pat Staffanson before I start my venture.

Hats for Hope—Gamma Omega

The Hats for Hope committee has collected various goods to be distributed to charitable recipients at various times during the year. Because all members contribute, you are all unofficial members of this committee. Hats for Hope is one of the most important (to me) activities MN ESA does. We are helping our own community. Whether you live in Blaine, Eden Prairie, St. Paul

or Albert Lea, this is our community. Maybe a little bigger than one would expect, but nevertheless, our community. Items I am thinking about collecting in the coming year are: toiletries, warm hats, mittens, scarves, women's under garments (new), and food shelf (not beyond expiration date) items. I am sending out this heads up so our travelers, shoppers, and yard sale goers can collect as they go and/or keep an

eye out for good deals. Keep in mind items should be new or very gently used.

If you have yarn, know of anyone who has yarn they want to dispose of, or find good deals on yarn; it can be transformed into warm clothing. The yarn will be gratefully accepted. Also, there are knitters or other groups that occasional are looking for an outlet for their produce. We can be that outlet.

Hope for Heroes—Shirley Laue

HOPE FOR HEREOS 2014 -- 2015 AWARDS

GOODS:

Third Place	Delta Rho	\$23,527.49	Per member \$5,881.87
Second Place	Alpha Sigma	\$52,006.19	Per member \$8,667.66
First Place	Gamma Omega	\$102,423.00	Per member \$10,242.30

HOURS:

Honorable Mention	Beta Sigma	167 Hours	
Third Place	Alpha Sigma	215.5 Hours	Per Member 35.7
Second Place	Delta Rho	219 Hours	Per Member 54.3
First Place	Gamma Omega	288 Hours	Per Member 28.8

MONIES:

Second Place	Alpha Sigma	\$630.00	Per Member \$105.00
First Place	Gamma Omega	\$2,514.00	Per Member \$251.40

TOTAL MONIES:

Third Place	Delta Rho	\$23,560.26	Per Member \$5,890.26
Second Place	Alpha Sigma	\$52,683.09	Per Member \$8,780.51
First Place	Gamma Omega	\$105,308.77	Per Member \$1,053.87

Hope for Heroes—continued

Thank you Delta Mu and Delta Rho for a good convention.

I am thrilled to be working with Hope for Heroes for another year. I felt that I only got my feet wet last year, so I am putting all of you on notice to plan to work hard for this project in the coming year. Last year 4 chapters participated. I am working to get the other 7 involved this coming year. Actually it will be 6, as Alpha Chi has already committed.

Mark July 8, from 2-4 P.M. on your calendars! That is the day the vehi-

cle from the 'High Five Tour' will be at the Apple Ford, 1624 Weston Court, in Shakopee. This event is sponsored by the 'Wounded Warriors Family Support' program. This is an quintessential road trip where they thank Americans from across our great country for their appreciation and support of our nation's military families for the sacrifices that they make when America goes to war. 2015 will be the 6th annual tour. During the four month tour, a 2015 Ford Explorer and a 2015 Ford F-150 will travel more than 26,000 miles crisscrossing the United

States, traveling to more than 100 cities and making stops in all 48 lower states. The goal is to raise \$1,000,000 to provide grants to qualify wounded for the purchase of Ford Vehicles. These vehicles will be converted to fit the needs of the wounded soldier. This would be a good chance to support this program, have some fun and even get to sign the vehicle.

Have a good summer and clip coupons, collect used cell phones, etc. Call me for more information or help on a project.



National Kidney—Jodi Lang

Currently, 26 million Americans, that's 1 in 9 adults, have Chronic Kidney Disease (CKD) and they don't even know it. 1 in 3 are currently at risk specifically due to diabetes and high blood pressure, which are the leading causes of kidney disease. The risk factors for CKD are:

- diabetes
- high blood pressure
- family history of kidney failure
- age 60 or older
- certain ethnicities are at greater risk such as African American, Hispanic, Asian, American Indian or Pacific Islander
- Obesity, as defined by a body mass index (BMI) of 30 or above

There are no early symptoms of

kidney disease. The only way to detect it is to get tested, so talk to your doctor about these risk factors and get tested.

MN ESA has contributed to the works of the NKF so much over the past year. Here are a few of our contributions:

1. Kidney Courage awards- Fleece blanket project: ESA members came to a work session and made orange and black fleece tie blankets to give to Kidney Courage award recipients in March of 2015.
2. Great chefs of MN Dinner and Auction (April 2015)- we donated theme baskets, volunteered the day of the event, stuffed invitations and donated \$1,500 to the event, which was used as a match and inspired others to donate

during the gift of life pledge.

3. Twin Cities Kidney Walk (October 2014) ESA members assisted with activities leading up to the walk, including mailings, creating volunteer gifts, promoting the walk through our network and volunteering at the actual event. Since TEAM ESA started participating in the walk, we have raised \$27,000 for NKF.

4. Year End Giving campaign - ESA volunteers stuffed over 2,500 letters sent to NKF donors asking for year -end donations. This campaign resulted in \$5,000 raised for NKF in Minnesota

Thank you for your support, remember to "LOVE YOUR KIDNEYS" and drink lots of water!

St. Jude—Sandy Hongerholt

Thank you Minnesota ESA for all your support and hard work these

past 2+ years. I enjoyed my time as your Sr. St Jude Coordinator.

We can all be proud of Minnesota's St Jude total for this year: \$161,832.82

St. Jude—Julene Donnay

ETHAN aka Rockstar and a St. Jude Patient

In May 2012, Ethan's parents became concerned when he stopped eating and no longer wanted to play. They took him to the doctor, who thought Ethan might be developing allergies or migraines. But Ethan's mom, who is a nurse, couldn't shake the feeling that something more was going on. On a return trip to the doctor, a CT scan revealed a brain tumor, identified as a pineoblastoma.

Ethan's family turned to St. Jude Children's Research Hospital for his treatment, which included surgery to remove the tumor, chemotherapy and radiation. Ethan recently finished treatment and now visits St. Jude every three months for check-ups. He's a budding musician who loves to play his toy guitar, keyboard and drum set!

So what can you do help others like little ETHAN in Minnesota? Let me

share with you a few of the upcoming dates that we need you to say YES to.

- JUNE 1, 2015 ; St. Jude Golf Tournament at Minnesota Valley Country Club. Please call if you are going to sign up for this opportunity.
- July 2015 ; the Warrior Dash. Please contact Julene if you would like to participate.
- **BIG EVENT - SEPTEMBER 19 - (The previous Give Thanks Walk) is now The St. Jude Walk/Run to End Childhood Cancer. It will be at the Mall of America and earlier in the year than Thanksgiving. They are hoping this change will enhance participation and aligns with the change being made across many cities this year. More information to come out shortly, but LOCK THAT DATE on your calendar. Let's get ESA back on the map**

and volunteering with St. Jude.

We have several people that will be participating in the St. Jude Event at IC Convention this year, and we have several people that are participating in the Memphis Marathon in December 2015. They all need your support. The MN Leaders in fundraising for the Memphis Marathon are the Alpha Zeta chapter. Don't forget the event at Kelly's 19th Hole, hosted by GAMMA OMEGA starting at 2:00 PM. Come on out for a fun Sunday afternoon and enjoy the day.

Contact me with any upcoming events you may have for St. Jude. We want to make sure to submit our event forms so that we get appropriate credit for Minnesota!

Julenedonnay@aol.com or 612-805-9098 by phone/text



CHAPTER NEWS



Beta Sigma—Linda Schultz

DETTA FOLEY

Lovingly remembering her, this fun story is shared by her lifetime true friend, Betty Kickertz

Recently, as most of you know, our chapter has lost this fabulous sister, Detty Foley. Betty and Detta have been very close since 1972 when they met and worked together in the Trust Department of what was then First National Bank in downtown Minneapolis. Working there as paralegal secretaries they

forged their long lasting and fun friendship.

Each of you who knows Betty, knows that she is a fabulous storyteller and all who knew Detta, know there are many fun stories that could be told about her! :)

The story goes like this:

"Detta was assigned and working for a 'beast of a man' (who none of us gals liked nor wanted to work for) named John. Detta, of course, in her most vocal way, made 'no bones'

about how she felt about BOTH working FOR - and WITH John.

One morning, unbeknown to Detta, one of the guys down the hallway from us, but well within hearing distance of all of us, had a kidney stone attack and started screaming, whereupon I heard a couple of gals yell, "Good grief, Detta must have thrown John out the window!"

We ALL couldn't help but roar because, knowing Detta as we did, and her being the large woman that she was, it could have been TRUE."

Beta Sigma—continued

Detta, you will be missed! Betty, your storytelling is a gift! Don't ever hesitate to take the stage. :)

~~~~~

*As we approach the end of this eventful year, let's please stop and offer prayers and expressions of love and support to our president, Leann and her family, on the untimely death of her daughter, Missy. If any one of us can help you in any way at any time, Leann, please let us know. We grieve with you and want you to know and experience God's love through us during this painful time.*

~~~~~

The April 4th meeting was held at the home of Bonnie Olson, our hostess, with Karla Nicklaus as co-hostess, both providing a beautiful and delicious array of foods. Easter was their theme and they were very creative. :)

Our election for next year's officers was held. Newly elected Beta Sigma officers are: President ~ Leann Monahan; Vice President ~ Jackie Swanson; Recording Secretary ~ Betty Kickert; Corresponding Secretary ~ Judy Searles; Treasurer ~ Bonnie Olson; Parliamentarian ~ Kim Larsen; and, Jr. Past President ~ Marcie Haigh. Con-

gratulations, sisters, and thank you for taking on these responsibilities once again.

It was decided by vote that our chapter, for the coming year, would support two philanthropic projects: Minnesota Literacy Council and Operation No Limits

This year at the State Convention, Mona Peck received her 55-year service pin, Dina Strachota achieved her 15-year service award, and yours truly her 10-year service award. It is always so amazing to realize that so many give so much for so many years ~~~~~ wow! 55 years, Mona? I am awed. Yet, I also know there are several others in this Chapter as well.

Jo Hanson, once a very significant part of Beta Sigma, you are a brave woman to launch into a new experience in leading and building an on-line chapter. It may be the new face of this philanthropic organization. I, personally, am very proud of your willingness to "break new ground." Much success,; and, know that you have our encouragement and support. All you have to do is call.... :)

Accolades and best wishes for Jackie as she has completed an eventful ESA year as State President with her clear and challenging theme, "re-imagining ESA." In her

honor, and also just for fun,

there were lots of frogs around at convention. And, now, Jackie is taking on the vice presidency of Beta Sigma for the coming year. Do you ever take a break, Jackie?

In addition, Jackie has taken first place at the Friday night mixer, where people had been encouraged to be costumed as a favorite game piece. Jackie presented herself in a Twister costume. Bonnie and Karla portrayed characters from the game, Clue...Bonnie as Miss Scarlet and Karla as Colonel Mustard. I hope someone has pictures!

Kate Sala, please accept congratulations as Beta Sigma sisters commit to supporting you in your new year as State President. And, guess what??? We extend the same to all of the newly elected officers.

Bonnie Olson says, "thanks to Delta Mu and Delta Rho for a fun convention, which theme was, "We just wanna have fun!"

We should aim for that in all things we do! :)

Our May meeting was held and hosted (at her party room) by Mona Peck, Saturday, May 9th, with refreshments provided by her co-hostess, Leann Monihan. Since I was not present at that meeting, other information is not yet available. It will be forthcoming next time

Gamma Zeta—Dorothy Wangen

Our new officers are:
 Mary Tolle - President
 Judy Cummins - V. President
 June Schleiss - Secretary
 Dianne Ocel - Treasurer
 Dorothy Wangen - Essay

June and Judy both had a successful garage sale. June is headed to Du-

luth for a Stock Board Meeting with a stop at Black Bear Casino. Lots of luck. Mary Tolle and husband Norval celebrated their 20th wedding anniversary.

Congratulations. Judy Cummins' grandson is planning a June 20th wedding. After the wedding

Judy and Jim and granddaughters will spend the next week up north on vacation. Dianne, Judy, June and Dorothy attended the MN State Convention and enjoyed it very much. Have a great summer.

Officer Expense Form
Fiscal Year 2014 – 2015

OFFICE: _____ NAME _____
 CHAPTER _____ DATE _____

	Amount	Description
Stamps		
Other Postage		
Paper		
Ink Cartridges		
UPS/Other		
Copy Expense		
Printing		
Cover Stock		
Cards		
Candles		
Other		
Total		

Please track your expenses and turn in this sheet to the State Treasurer at year-end; approx. amounts are also helpful. Even if you do not wish to be reimbursed for your expenses, they are needed in order to prepare the budget and inform potential officers of the cost of performing their duties.

Your assistance is greatly appreciated. Thank you.

GREAT FOOD AND FUN

SPONSORED BY KELLY'S AND GAMMA OMEGA

Benefiting St. Jude Children's Research Hospital

Sunday, June 7th, 2015

2:00-5:00PM

Kelly's 19th hole

8432 Noble Ave N Brooklyn park, MN

FOOD- BEVERAGES-SILENT AUCTION-GAMES



Kelly's



No cost to get in the door just come and join us!

Prizes and drawings throughout the afternoon

Call 612-267-3926 for more information.



2015 International Convention
July 11 - 18, 2015
Doubletree by Hilton at Universal Studios
5780 Major Blvd
Orlando, FL 32819

ADVERTISING ORDER FORM FOR PROGRAM BOOK

Please use this order form to advertise in the International Convention Program Book of ESA International Convention, to be held July 11-18, 2015 at the Doubletree by Hilton at Universal Studios: Orlando, Florida

Advertisements will be accepted through June 1, 2015. Please check the size ad you are placing:

- _____ Full Page.....\$100.00
- _____ One-half Page.....\$ 50.00
- _____ One-Quarter Page....\$ 25.00
- _____ Business Card.....\$ 15.00

Advertising Placed by: _____

Contact Name: _____

Telephone: _____

E-mail: _____

Address: _____

City _____ State: _____ Zip: _____

Make check payable to Epsilon Sigma Alpha 2015 IC Convention and mail with this form and hard copy of the ad to:

Vicky Jones
664 Grigsby Lane
Cadiz, KY 42211

Electronic copies of the ad must be sent to: vickyjones325@bellsouth.net

**2015 IC Convention in
Orlando, Florida
"Southern Breeze & Melodies"
Hosted by SERC**



July 11 - 19, 2015

Doubletree by Hilton at Universal Studios
5780 Major Blvd.
Orlando, FL 32819
407-351-1000

Group rate: \$109 single/double/triple/quad
Complimentary Parking
All rooms offer complimentary wireless
internet & refrigerators

Outdoor swimming pool
Laundry facility
Fitness center

Broomstick Bash IC Challenge

Grab your magic wands, hop on your broom, and fly down to Orlando, Florida for the 2015 IC Challenge ... ESA's Broomstick Bash! This year we will use the magic of ESA to create an unforgettable evening of fun and friendship, all in support of the most magical place in the world: St. Jude Children's Research Hospital. You won't want to miss out on one of the most enchanted events at convention, so gather your friends and meet us in Orlando. We can't wait to charm you at ESA's Broomstick Bash!

There will be more information to follow.

Tours Offered



- Capone's Dinner & Show - July 11th**
(Dinner Buffet & Musical Production)
- Taste of Orlando Lunch - July 12th**
(Taste the best of Orlando visiting unique eateries)
- St. Augustine Tour - July 13th**
(Visit the nation's oldest city)
- Easter Seals Challenge & Daybreak Event - July 14th**
(Tour the camp and interact with Adult clients)
- Chocolate Kingdom Tour - July 14th**
(See the process of making chocolate have some hands on experience)
- Cruise the St. John's River (Men) - July 16th**
(Cruise on stern wheel paddleboat while seeing wildlife)
- Kennedy Space Center - July 19th**
(Tour of Atlantis Shuttle Facility)

The deadline for tours is June 1, 2015. These are brief descriptions of the tours. For more complete information and Tour Form, click on 2015 IC Convention on the IC website at www.epsilonsigmaalpha.org.

BRAVO! KUDOS! JOB WELL DONE!!!

Do you have a member who is running for an IC office, is serving as the President of your State, Chapter or Regional Council or has done something outstanding? Show how proud you are of that member and his/her accomplishments by placing an ad in the Convention brochure to recognize them, show your appreciation and to thank them for a job well done. The costs range from \$15 to \$100 depending on the size. The ad must be submitted electronically at vickyjones325@bellsouth.net by June 1, 2015. Payment and the ad order form should be sent to Vicky Jones, 664 Grigsby Lane, Cadiz, KY 42211. The Ad order form is available on the IC website at www.epsilonsigmaalpha.org.

 **Important Dates to Remember**

May 1, 2015	Registration deadline before increase
June 1, 2015	Tour Registration deadline
June 1, 2015	Ad deadline
June 20, 2015	Hotel room cut off date



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha
363 W. Drake Rd.
Ft. Collins, CO 80526

Phone: (970) 223-2824

E-mail: esainfo@epsilonsigmaalpha.org

**EPSILON SIGMA
ALPHA**

*"Where the spirit of sharing and
caring lives in every member."*

www.epsilonsigmaalpha.org

Epsilon Sigma Alpha (ESA) International is a special organization – an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.



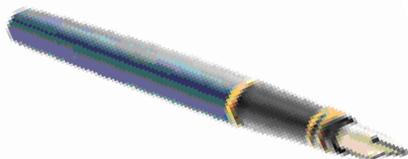
"Remember 'Believe in Yourself, be 'Unique'."

*—Vickie Farris, International Council President
2014-2015*

Minnesota ESSAY

All issues of the ESSAY are published here:

<http://www.mnesa.com/>



The ESSAY is published on a monthly basis (August—May) at the beginning of each month. The deadline for submission of articles is the 25th of each month.

Chapter Presidents, please share the newsletter with members in your chapter who may not have email.

If you would like to be included on the email list, please let me know.

Terri Olson

ESSAY Editor

terri.mnesa@gmail.com