

What a wonderful world -- ESA

Diane Vanusek
PRESIDENT

These words proved themselves to be very true at the IC Convention in San Antonio this past July. Nobody there could not help but be impressed with the teddy bear mountain built around IC President, Judy Huntley, for Child Advocates San Antonio, the piles of children's clothing for Easter Seals, the ten million plus dollars raised for St. Jude's Research Hospital, plus all the other activities conducted by IC, the state councils and the chapters throughout the nation and Australia.

Your delegation of 13 proved themselves to be great representatives for Minnesota by attending the workshops, visiting with their ESA sisters and brothers, and taking some time to explore the Lone Star State attractions in the area. From the smiling faces during the week and the tired faces on the airplane ride home, they enjoyed themselves. One of the best events was the thunderous applause for the spontaneous visit to the convention floor from the military delegation also holding meetings in the same hotel. The commander

happened to know Major Welch, Linda Welch's (Tennessee) son. Our state educational submission, "Minnesota Industries" orchestrated by Sharon Lange, was judged one of the year's top ten educationals and our own Julene Donnay will be the IC Jr. State President's Chair.

A goal set for Minnesota ESA this year is to make ESA known from top to bottom with the action plan to communicate and publicize ESA activities in both traditional and non-traditional ways. ESA has to make our little light shine! In order to "turn up the light", all of our members are encouraged to participate to the extent they can. That may mean just attending a meeting/activity, making a phone call to encourage others to attend, or offering a ride to another member.

After a very successful planning meeting in June, the Minnesota State Council is off and running to a *Wonderful Year-ESA*. Thank you all who attended, provided input to the agenda and volunteered for various activities. The plan for the

year was prepared for you, the members. One part of the plan was to set the EsSAy deadline the first of the month so the membership can get it a little timelier. I hope this will keep members better informed.

The first state meeting is scheduled for August 29, 2009, at Bethany Lutheran Church, 3901 36th Ave S, Minneapolis, hosted by Beta Sigma, with reservations being taken by Mona Peck. See the attached flyer. This meeting is very important as parts of the year-long agenda are set or communicated. It would be great to see a large group light turned on. Your ESA sisters and brothers would like to see your shining faces and our state educational chair is planning an interesting presentation. Each Chapter President is asked to attend or send a representative so your chapter can be informed.

I was honored to install the new year officers for Beta Theta and Alpha Lambda. I would be pleased to visit with all our State chapters, including Zeta Alpha (yeah, road trip).

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What a
Wonderful World
ESA

First Vice President → Terri Olson

Are you ready to start another fantastic year for MN ESA? Our summer has flown by, for me anyway. It's hard to recognize that it's nearly over. International Convention in San Antonio gave me an opportunity to experience summer. Since we haven't had a warm summer in Minnesota, I tried one week in San Antonio at 102 degrees every day - I was ready to come back home! The Convention, though, was fantastic!! The ESA Texans really know how to put on a great convention! All in attendance learned so much about how ESA gives both time and money to our communities. The dollars and hours we give to charity are absolutely admirable; I know I'm sure proud to belong to this fabulous organization! The Certified Leadership Seminar was an

energizing time; we learned so much about how we all need each other to be dynamic. We just can't do it alone! And, we learned all about becoming "one" through comedy and an experiential musical routine. I wish I could transport the entire Seminar to all of you and to my colleagues at work so you could enjoy that spirit as well. But, since I can't, I will try to embody that spirit and share it with all of you in my everyday life.

Our new IC President, Jamie Atchison, has adopted as this year's International motto, "Believe". Are you ready to believe? Are you ready to believe we can help grow our awareness in our communities? Are you ready to believe we can give more time and dollars to our communities? Are you

ready to believe we can grow our membership, not only across the country, but in Minnesota? Diane, our new state President, has chosen our state motto for the year, "What a Wonderful World - ESA?" and wouldn't it be wonderful if we believed that we can share that ESA world with so many others to help make a positive difference? ESA members everywhere are signing up on Facebook, LinkedIn, and Twitter because they believe in ESA and want to share that joy with the world. Will you help me to help Diane and Jamie?

Our Minnesota ESA "Rush" this year is going to be a Breakfast. It's scheduled for Saturday morning, September 12, 2009 (see the flyer in the ESSAY for more information). With the help

of our state Publicity chairperson, Cathy Campbell, we plan on targeting businesses in the Maple Grove and Plymouth areas to invite them to join us for this event. Will you spread the word and invite people to come, too? Your invitees don't have to live in that target area; this is an opportunity for them to learn more about ESA and believe that we can make a powerful difference. If you help me and we make this event a success, I will make this promise to you - I'll take this "show" on the road and bring it to your area, too, so we can grow and grow and grow. Just contact me if you want more information. I believe and I believe what a wonderful world - ESA. How about you?

Notes

I would like to thank all my ESA sisters who sent cards for my brother when he had his recent open heart surgery.

I shared all the cards, and he was very impressed with your thoughtfulness and prayers. I know it meant a lot to him, and it meant a lot to me as well. I am happy to report he is almost fully recovered from a mitral valve replacement

and double by-pass. I know the prayers and support of many expedited his recovery. He is home now and will be able to return to work in a week or so. Thank you again for your generosity of spirit and prayer support.

Jo Hanson, Beta Sigma

I would like to thank every chapter and individuals who expressed their sympathy in the death of my sister. At a very sad time you made me feel like I have so many great sisters. God's blessings to all.

Love, Mary Jane Rosenberg

Past President → Betty Robinson

Well, here we go again... Seems like I just finished my last article as State Prez, and it's time now for my first article as Jr. Past. I thought, "Oh, I have plenty of time to come up with something clever for my article. In fact, I will get them all written at once and then just send them in when due." HA!! What was I thinking? I'm still the old procrastinator. Only this time Jen won't need to wait for me to get my act together. Yes, I was the one that

delayed the Essay last year. And I wasn't even working most of the time. Lazy ol' me.

Anyway, enough of my ranting.... As you know, our MN Love Fund balance has been hit this past year, and I sure would like to get it back up again. With these tough economic times lately, it would be wonderful to be able to help out our members in need.

So...Please think about

doing something fun on a chapter level to raise some funds for the MN Love Fund and the International Disaster Fund. May have an ice cream social to bring awareness to our organization and collect some donations, or maybe host a scrapbooking workshop, or do you have another fun idea to share with us all?

I would like to take some time on the Membership meeting agenda to see what you all are doing for the

cause and allow for a little recognition time. I might even get my a** together and create a little something special.

I will be bringing a couple of special containers to collect donations at the state membership meetings for these two funds, so be looking for that, too.

Hope you all are having a great summer and are ready to see: What a Wonderful World - ESA

State Chaplain → Sharon Desarmeaux

What is your purpose for this day? What have you chosen to do with the minutes and hours of this day, a day that is already flowing into your life?

When you give each day a specific purpose, at the end of each day you'll have a specific accomplishment. In addition to having a day that you can look back upon, you'll also have real, lasting value that you can carry forward. Today is full of countless possibilities. Giving the day a purpose will enable you to fulfill the exact possibilities that align with that purpose.

This day is rich in energy. With a clear purpose, you can harness that powerful energy and channel it into something that will make a difference for your world.

There are dreams that you long to achieve. Today is your opportunity to move solidly toward them.

Give today a purpose -- a rich, wonderful, meaningful purpose. And live life at its best.

-- RALPH MARSTON

The following members/family have needed our thoughts and prayers.

Debbie Coolman, Sigma Kappa, Breast Implant Surgery
Quinn Terry, husband of Dana Terry, Sigma Kappa, Motorcycle Accident

Dana Terry, Sigma Kappa, Wife of Quinn

Gene Olson, husband of Joan Olson, Gamma Zeta, In hospital- cellulites in leg

Jo Hanson, Beta Sigma, Brother had heart surgery

Francine Fredrickson, Delta Pi, Retina surgery

Belinda Eastlack-Pawlowski, Delta Pi, Got married

Barb & Lori Winczewski, Delta Pi, Mother/Grandmother died

Joe & Juanita Gillespie, Omega Chi, Joe's brother died

Mary Jane Rosenberg, Alpha Theta, Sister died

Edie Lee, MAL, Husband died

2010 STATE CONVENTION

*"The Great Minnesota
Get Together"*

Shirley Laue

April 30 and May 1 and 2, at the Marriot Mpls. West, St. Louis Park. Room rates: \$79.00 for single or quad., if booked by April 9, 2010. Plan to come and Friday night enjoy food on a stick, food demonstrations, judging (plan to bring something to judge-baking, canning, sewing, needlework, etc. More hints of what is to come next time!

Easter Seals → Dennis Marler

The new Easter Seals year is off to a wonderful start. At IC Convention I met our ESA Easter Seals Chair and the national account rep from Easter Seals. Talk about two enthusiastic leaders! I got the impression ESA and Easter Seals are trying to renew, revitalize and refocus their relationship. I'm not sure ESA and Easter Seals ever drifted apart, but it sounded like both groups are making a more dedicated effort to accomplish great things together this year.

One area of emphasis is to have 100% chapter participation. Do something, anything, for Easter Seals! Camp Hope, the new Easter Seals program, makes it very easy for each of us, at the state, chapter and personal levels, to get involved.

Camp Hope will provide a week-long camping experience

to children of our military. Camp Hope will offer military children of various ages and abilities a place to have fun and share their experiences and fears with other kids who are coping with the stress of missing a parent. Camp Hope will provide a place where kids of service members can be kids!

Each of us, either personally or through our chapters, can help. It costs \$600 per child for the week-long camping experience. That \$600 amount may be too large for some chapters to raise alone, but it can be reached if we work together with other chapters.

Please review the attached Camp Hope flyer and then start working to send a child to Camp Hope. Together we can make a difference!

State Treasurer → Mary Parr

As we gear up for a new sorority year, it's time to submit your member dues to the State. I will need a list of your members, their member number, and \$20 for each member. If you have new members eligible for waiver of dues, please indicate that the member is new and do not submit the \$20 for that member. State dues are due September 1 and must be paid in full by November 1 in order for your chapter to get a vote at the State Convention. Forms for submission of dues will be in the chapter folders at the state meeting on August 29 and are also posted on our state website. You may also pay your chapter IC dues at the same time. I would prefer that you issue a separate check to the International Council for \$35 but you can include state and IC dues in the same check if that is easier. Either way, please send all IC dues to me so I can log the payments. The form for IC dues is also posted on the state website. Thanks for your cooperation and earlier payment.

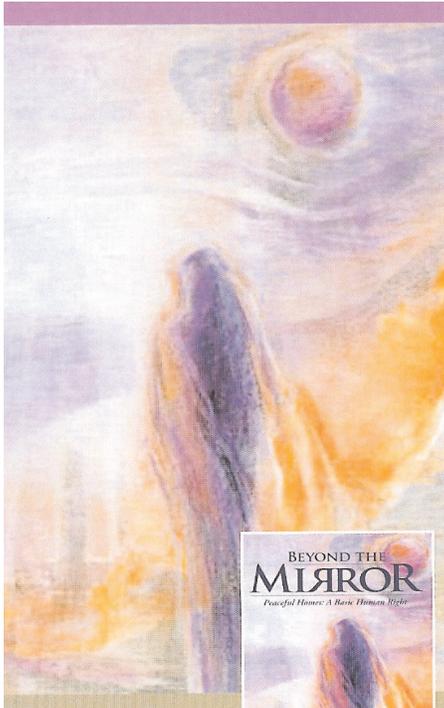
State Parliamentarian

Fran Voerding

As you all know at the 2010 State Convention the State ByLaws will be up for review. Chapters, there was no review of ByLaws at the 2009 Convention because this is done every two years and 2010 is the time.

I know many of you are not interested in this part of the convention, but it is something we have to do. With your help I/we will make this as uncomplicated as possible. Really, bylaws are an important part of the function of an organization. I ask that when you start your 2009-2010 meetings start reviewing the ByLaws. They are in the 2008-2009 yearbook.

I plan on having a parliamentarians meeting at my home on February 6th or 13th at about 2:00 PM. Date will not change, but time might. There will be further notices in future ESSAYS.



BEYOND THE MIRROR
Peaceful Homes: A Basic Human Right
POEMS BY MARLENE HELGESON

A FREE COMMUNITY EVENT!

SATURDAY, SEPTEMBER 26, 2009

10 A.M. – 12 NOON

CHRIST LUTHERAN CHURCH
641 89th Ave. NE, Blaine, MN 55434
763-784-3300

BOOK LAUNCH

- Coffee & Pastries • Images of Hope art display • Live harp music • Poetry Reading
- Resources, free book to read and pass on
- More free books? BeyondTMirror@aol.com

MINNESOTA ESSAY *chapter reports*

Alpha Lambda

Mary Parr

Well here we are starting a new year and we haven't yet installed our officers. We will be official on Wednesday, August 4, when Diane Vanusek takes care of that detail at Kathie Wasson's. We also haven't had our planning meeting so will kill two birds with one stone as they say. Kate has sold her house, put money down on a new one-level townhome yet to be built, and moved in with her sister's family until late October. So far this summer, she has packed the household, moved stuff into a locker, held a moving sale, dealt with inspectors and repair people, attended a mediation session for the divorce, cancelled all the necessary utility stuff, attended the house closing even though papers were signed ahead of time (first closing cancelled due to some papers not finalized), and

attended IC convention in San Antonio. Whew!!!

Mary and Kate spent a week in San Antonio for the IC convention. They went a day early, rented a car and tooled around the city and went to Fredricksburg (a German town about 1-1/2 hour away). They just happened to park outside the Christmas Store and spent a lot of time going through the many rooms. And we mean ROOMS. Great fun. The convention provided some wonderful speakers and we renewed old friendships. We don't want to think about beans for a while though. Food was definitely southwestern. Did not enjoy the hot, humid weather. We did not just glisten, we sweated! Glad to be back to our Minnesota relatively cool, dry climate.

Alpha Lambda has a simple project we would like your help with. We are a small chapter so need some easy things to do. We'd like you to clip Manufacturer's Coupons for us to send overseas to military bases. The coupons cannot be store coupons. AL will sort them, tally them and send them. We hope you will help. You can mail them to Mary or leave them at Medtox for us.

Also, we will be collecting school supplies for our annual distribution. Some of you are teachers and if you want some of the supplies after sorting, just let Mary know.

We look forward to getting together as a chapter, catching up and making plans for the new year. Until next time.

Beta Theta

Fran Voerding

Beta Chapter had our first 2009-2010 meeting on Monday July 13 at Keys Restaurant in Woodbury. For the last few years we have been meeting in a secluded area in restaurants in Woodbury - an area of the Metro that is about the same distance for each of our members to travel. We meet from 5:30 to 7:00 PM. We start our year in July and do not meet in January, February or March, because it gets dark early and we don't like to venture out in the darkness or a sudden Minnesota Winter blast. We do meet for lunch in December and we also invite inactive Beta Theta members. We usually have lunch at Lake Elmo because they have delicious food and a super great display of Christmas decorations.

Delores and Ray Wiesner's family has planned a special 60th wedding anniversary

party for them at their lake home in Wisconsin. Congratulations Delores and Ray.

Rhonda and Ed Krehl are having visitors from Boston and Florida. Son James is coming from Boston and some family members are visiting from Florida. Rhonda said her Florida sister-in-law will go to MedTox with her to help with the volunteer work. It is enjoyable to have family visit.

My son John, his friend Susan and my 2 Texas granddaughters Elizabeth age 10 and Stephanie age 14 came from Texas for two weeks in early July. They spent one week "up North" camping, swimming and fishing. Susan has never been out of Texas and thought Minnesota was fine, but said she would not enjoy Minnesota winters. While they were here we had a family cook-out so the girls

could meet many family members and friends who loved them and were glad to see them. Some they had never met. Stephanie is starting high school and said she is a little scared and a little happy. She is a good student and will do well after the first day or week. She has email so I will send messages of encouragement.

Geri Johnson said after a hard winter she is enjoying summer and is feeling well. She is recovering from Seriatius Logy eye surgery. The eye is healing well. Jill Dau is happy she is still employed. She had a few days of anxiety when her dog found a chocolate candy bar in her purse that was on the floor and ate the whole thing. She found a few pieces of the wrapper, none of the candy. Chocolate is one thing that is hazardous for dogs. After a few days no ill symptoms appeared. Bad dog, no more chocolate!

Alpha Sigma

Birdie Elkofska

So far this summer our entire chapter seems to be it's running shoes on. Each of us is moving so fast. We all took some time to gather and mark items for our garage sale at Rose Bitter's home. She and hubby Jim give up their garage and we invade their home for a few weeks. What a great sister and hubby.

Diane Vanusek and Birdie attended the International Convention in San Antonio. Found out again just how hot 107 degrees can be. Diane represented the Minnesota ESA members very well. She went to all the meetings and events that state presidents are supposed to attend. Birdie had some free time to gather with old friends and eat Tex-Mex and have a Mexican beer (okay two). Those Texas ESAers really put on a great convention. Minnesota ESA has some huge shoes to fill. Yup ... in ONE year all those ESAers from across the country will be here in Minnesota. We will have to welcome them, make sure they are entertained, show them around the hotel, and SMILE and show our

Minnesota Nice to all of them.

MaryEllen is right now starting her 10 days in Alaska. Birdie offered to go for her and she could stay in Minnesota and experience the Garage Sale but she decided to go to Alaska instead.

Nancy Johnson is busy darting around town on her little motorcycle. She is no Harley babe but she is sure cute in that little helmet as she winds through all the streets of Eden Prairie.

Sharon Lange is tired today. She just finished all the work for her company's annual meeting. One of those no glory jobs. But she is so efficient and detail oriented we know she did a great job. Sharon broke her foot a few months ago and had been hobbling around in a walking cast. That cast is now off and Sharon is in tie up shoes. Not even limping... great job. All this and not one word of complaining. What a trooper.

Rose Bitter is soooo busy it makes our heads spin. Her

job is a busy job as she welcomes and processes all new hires and temporary agency personnel. She coordinates many things for a huge printing company. Then she has so many family get togethers. She was chairman of her class reunion and did some of her fun things with her computer skills and film. She is so clever. Then she and hubby find time to go to their cabin and play. All this and she looks calm.

So, the one BIG...no HUGE thing we are so proud of. You probably recall Alpha Sigma won FIRST PLACE for Educational at ESA convention. This meant Sharon Lange's Educational Book was entered into the ESA International contest. At the International Convention, they name the TOP TEN EDUCATIONALS IN ESA LAND.

ALPHA SIGMA'S WON!
CONGRATULATION'S
SHARON ON MAKING A
GREAT EDUCATIONAL
BOOK!!!

You do Minnesota and Alpha Sigma soooooooo proud.

Beta Sigma

Linda Schultz

Beta Sigma members launched the chapter's sorority year by participating in a planning session, at the home of our new president, Mona, including a lovely luncheon. Many exciting things are coming and energy was running high as we plotted our calendars and made commitments for things to do and chose events in which to participate. No, summer is "not" over - at the time of this writing, we are just about mid-way through the season. Although there are many weeks remaining, it is time to begin to plan for the coming

fall and winter months while we subconsciously long for spring again.

Beta Sigma will kick off the year by hostessing the quarterly general membership meeting on Saturday, August 29th. Although electronic and regular mail invitations have been prepared, here are the details:

What: "GO GREEN"
SALAD & DESSERT
LUNCHEON

When: Sat, Aug. 29, 2009
Time: 9:30 a.m.
Registration and Coffee
10:00 a.m.

General Membership Meeting 12:00 p.m.
Luncheon.

Where: Bethany Lutheran Church, 3901 36th Avenue S, Minneapolis, MN 55406
Marketplace Tables are available: Contact Karla @ 612-729-9376

To RSVP: Return your e-vite and others may call Mona at 763-546-0239

Storms are raging around the cities as I write this and so I pray for your safety and well-being.

Alpha Theta

Mary Jane Rosenberg

It hardly seems like August will be here in 4 days but I guess time flies when you are having fun.

Florence, Marie, Gloria and I were up to Medtox in June, but have been unable to come in July. We will try in August, as all of us miss coming up.

None of us have done anything that great or traveled too much. Gloria and Florian went up to her brother's cabin near Brainerd-fishing wasn't that

great, they said.

Marie has been busy helping her family and doing her yard work.

Florence is golfing on Monday mornings and then does a lot of volunteering.

I have been with my sister, how had a massive stroke and lived for 12 days. She passed away on the 12th day. I am now the only sibling left. Then I had a first cousin's funeral in Alexandria the day before

my sister died. My granddaughter Nicole and I drove up and came home the same day. Nicole did a lot of the driving. Thanks so much for the sympathy cards.

Quote of the month: *Drive carefully. It's not only cars that can be recalled by their maker.*

Sigma Kappa

Sharon Desarmeaux, Karen Ronning, Debbie Coolman

Debbie- I can't believe how fast summer is going by. I was able to spend some time with my parents in Ohio while my dad was recovering from knee replacement surgery. Now as fall is getting ready to settle upon us I've been accepted as a Life Skills Facilitator with the Jeremiah Program. I will be working with a group of women helping them to learn life skills every Thursday night. The rest of the summer we've been enjoying boating on Lake Minnetonka when weather has permitted. Looking forward to another wonderful year with ESA and Sigma Kappa sisters!

Dana - Quinn and I would like to thank everyone for their thoughts and prayers after Quinn's motorcycle

accident. He was extremely lucky to have no broken bones or internal injuries. His road rash has healed well. He's back to work and pretty much made a full recovery. The accident put a damper on our summer plans, but we're still enjoying the beautiful weather. I am looking forward to seeing all of my ESA sisters and brothers again soon!

Sharon - IC Convention was in San Antonio. Very hot weather. I "glistened" a lot. Birdie, Diane V, Terri and I toured the River Walk via boat taxi and some walking. The next day we took a bus tour to the Alamo, two missions and a church. Plus we went to the SAS Shoe Factory. SAS stands for San Antonio Shoes-I never knew that. Great workshops at the convention. Lots of

laughs. It was great seeing old friends and making new friends. Daughter, Renee and I went to see Cirque du Soleil "KOOZA". We had front row seats. WOW! I managed to slip on a step going down to our seats and now have a sprained foot. As my foot swelled up I was too enthralled with KOOZA to notice. It's getting better.

Karen & Casey - We had our golf fundraiser for pancreatic cancer. The weather was perfect; we had great attendance, had lots of laughs and made a respectable sum. Scott and Karen worked the concessions for Jen's softball tournament. It was a lot of fun but I think we ate as much as we sold!

Alpha Chi

Donna Wakefield

Summer greetings from your Alpha Chi Sisters. How can it be possible that our new π ESA year is already upon us!

We have a few members who have been traveling this summer. Kathy Konrad has been relaxing in the mountains of Colorado. She also has been blessed with two grand babies - a boy and a girl. That also makes Colleen Riley a Great Grandmother. Our congratulations to both of them.

Phyllis Frascone and her granddaughter flew to

Anchorage, Alaska for a nice visit with Phyllis' son and daughter-in-law who had driven their "fifth wheel" up there. Reports are that a wonderful time was had by all.

Gloria Iverson and Donna and Wally Wakefield had a great time on their trip to Grand Marais. Donna has two high school classmates who live on Lake Superior and they treated all of their guests to dinner at Naniboujou Lodge. It was a great reunion after twenty years and many stories were told from the past. And wouldn't you know - on our

way back home, our car just happened to stop at Black Bear Casino. What a surprise, but we had a great time.

We must report that Joane Buche's husband, Ralph, is doing very well after his major surgery and is even back golfing in his league. Way to go Ralph!!!

Until next month, Agape' from your Alpha Chi Sisters.

Gamma Omega

Dennis Marler

A year ago Gamma Omega was tired of the hassle of a chapter garage sale, so we had a "virtual" garage sale. Each member donated a dollar amount equal to what it was worth to not have to collect the items and set up for the sale, what it was worth to not have to work the sale days, and what it was worth to not have to clean up after. It was a great success.

This summer Betty Marler needed to get rid of all the chapter treasures she'd been storing in her attic, so we had a "real" garage sale. Several GO members put in long hours to make it hap-

pen. Our chapter hours skyrocketed compared to last year's virtual sale. The sale weekend was perfect, the location was perfect, everything was perfect, but alas, we earned less money this year than last. Go figure.

Gamma Omega was well represented at the IC convention. The Donnay's, Julene, Tim and Jake, Betty and Dennis Marler and Terri Olson all enjoyed connecting with old friends, learning about ESA's new programs and getting to know the other members from Minnesota just a little bit better. As always, what happens in San Antonio stays in

San Antonio.

Newly elected chapter officers are: Treasurer - Betty Robinson, Secretary - Betty Marler, Vice President - Joyce Cobb, President - Dennis Marler.

This coming year promises to be a fun yet challenging year for Gamma Omega. Last year we spread our wings and soared in ESA. This year we are going to share the wonderful world of ESA. I hope each Gamma Omega member can find something in ESA that she or he is passionate about, and will share that passion with the rest of us.



epsilon sigma alpha MINNESOTA ESSAY

edited and
produced by

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Editor's Note: Thank you for all of your kind comments on the Essay. I'm so happy to be the editor again this year. Just as a clarification, I don't open any Essay emails until I am putting it together, I simply put them in a folder and open at the end of the month. Sorry for lack of confirmation emails, but it's easier for me to keep track of them this way. Please call me with any questions.

It's Alpha Lambda's

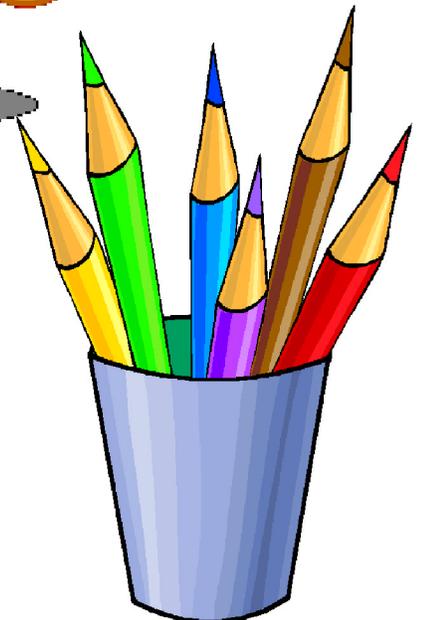
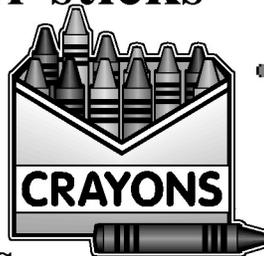
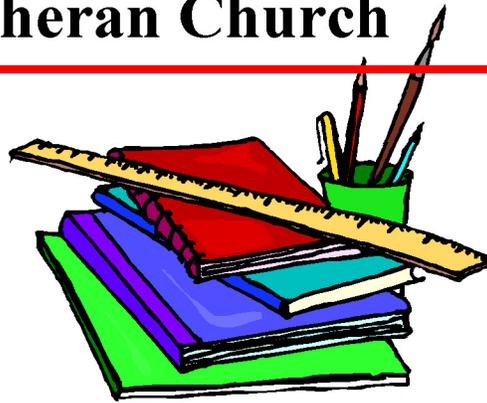
School Supply drive time again!

When: Saturday, August 29

**Where: General Membership Meeting
Bethel Lutheran Church**

WANTED:

- * Pencils
- * Pens
- * Loose leaf notebook paper
- * Spiral notebooks
- * Pencil bags
- * Pencil boxes
- * Glue - bottles or sticks
- * Scissors
- * Rulers
- * Crayons
- * Colored pencils
- * Markers
- * Erasers
- * Misc.





Check us out:

www.esaintl.com

INVITES

YOU

Check us out:

www.minnesotaesa.com

TO JOIN US FOR BREAKFAST



The Minnesota State Council of ESA International shall have as its purpose the following:
to provide and maintain a powerful network that brings good people together to pursue programs and projects that make a positive difference - locally, nationally, and internationally.

This network has a three-fold purpose:



WE OFFER OPPORTUNITIES FOR

EDUCATION

SERVICE

ASSOCIATION



Certified Leadership Seminar

Mystery Night

WHEN: SATURDAY, SEPTEMBER 12, 2009

WHERE: MAPLE GROVE COMMUNITY CENTER
12951 WEAVER LAKE ROAD
MAPLE GROVE, MN 55369

TIME: 8:30AM – 11:30AM

COST: \$15 – INCLUDES:
MADE TO ORDER OMELET STATIONS
HAM, BACON OR SAUSAGE
HASHBROWNS OR AMERICAN FRIES
FRESH BREAKFAST MUFFINS OR ENGLISH MUFFINS
COFFEE, ASSORTED JUICES, WATER, AND POP

RSVP: BY NOON ON WEDNESDAY, SEPTEMBER 9, 2009

TERRI OLSON: 612-578-5003 or terri.mnesa@gmail.com



Dear Friend,

The 9th annual **Fall Festival of Hope Restaurant Extravaganza** will be held on **Thursday, September 17th, 2009** at the **Depot** in Downtown Minneapolis. More than 500 guests will sample the finest cuisine from 20 of the 'Twin Cities' best restaurants and Executive chefs. The evening will also include a live and silent auction, and a special patient speaker.

We would like to request your help in ensuring this event runs smoothly. We need approximately 5 volunteers for the day for event set-up and approximately 25 volunteers for the evening event. Volunteering for the Fall Festival of Hope requires the following capabilities:

- Must be able to stand for long periods of time (4 – 5 hours)
- Must be able to lift and move up to 50 lbs. (auction items & tables)
- Must wear business dress or formal wear – All black.

Please sign up for the following volunteer shifts:

Pre-Event (1 p.m. – 4 p.m.)

- Help set up silent auction tables and packages, event décor, set out programs, etc.

Note: Lifting is required.

Event (4 p.m. – 10 p.m.)

- Guest registration, silent auction liaison, direct guests to their tables, direct traffic during dinner, sell drawing tickets, silent auction check-out, etc.

Note: This is a long shift; please do not choose this if you get tired easily or cannot stand for long periods of time, as you will be standing most of the time.

If you are interested in volunteering at the Fall Festival of Hope, please reply as soon as possible as volunteer shifts are filled on a **first-come basis**. If our volunteer spaces fill up, your name will be placed on a waiting list. Please state either Pre-event or Event for the shift you are volunteering for. You will receive a confirmation email/letter a few weeks prior to the event with full details. Please contact me at 952-893-0442 with any questions. Thank you for supporting the kids of St. Jude!

Sincerely,

Sara Weiser
Secretary



Fall Festival of Hope
September 17th, 2009



Volunteer Response Card

____ Yes, I would like to volunteer for the Fall Festival of Hope Restaurant Extravaganza.

Check One: Pre-event Event

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ E-mail: _____

____ Sorry, I am unable to volunteer for the Fall Festival of Hope Restaurant Extravaganza this year, but please keep me in mind for next year.

RETURN BY FRIDAY, AUGUST 28th, 2009

FAX: 952-893-0497 **EMAIL:** sara.weiser@stjude.org

MAIL: FFH Volunteer, 4830 West 77th Street, Suite 102, Edina, MN 55435



Fall Festival of Hope
September 17th, 2009



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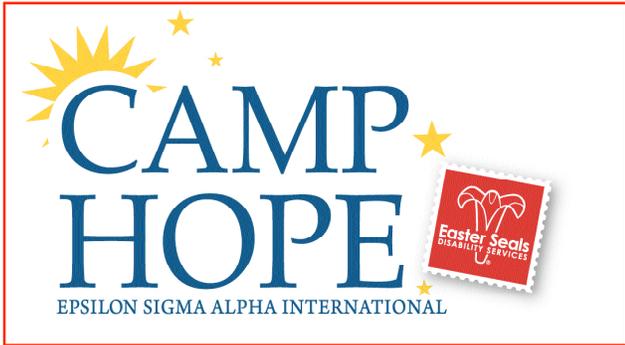
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Easter Seals and Epsilon Sigma Alpha International Making a Difference in the Lives of Military Families

A BRAND NEW FUNDRAISING CAMPAIGN – CAMP HOPE

CAMP HOPE is a new fundraising campaign to provide camping opportunities for children of military families. Over the last five years, 1.6 million military service members have been deployed to Iraq and Afghanistan. Today, thousands of injured military service members are returning to America with hopes of transitioning into civilian life, and many communities are not equipped to respond appropriately to their unique needs.

As the largest provider of disability-related services to individuals with disabilities and their families, Easter Seals is positioned to offer military and veterans systems of care with viable options to support and augment current reintegration efforts including job training and employment, medical rehabilitation, adult day services, camping and recreation and child care.

CAMP HOPE will provide a week-long camping experience to allow kids of service members to be kids – and share their experience with other service members' children. It also will provide services to support families learning to live with a service member facing newly acquired disabilities.

Epsilon Sigma Alpha International can make a positive difference by providing funding to support camping experiences for children of deployed military service members through CAMP HOPE. The cost per camper for a week-long program is \$600

Here are two specific ways that you can help: Each One, Reach One Campaign for CAMP HOPE – Each Epsilon Sigma Alpha International chapter commits to sponsor at least one camper. This would require that the members of each chapter would collectively contribute or raise \$600 to provide a week at camp for a deserving camper.

Individual support – Epsilon Sigma Alpha International members commit to sponsor a camper by contributing \$50, \$100 or more.

Individuals making gifts of \$50 will receive an Easter Seals CAMP HOPE flag pin. Gifts of \$100 or more will be recognized at an exclusive Epsilon Sigma Alpha members' CAMP HOPE Reception at Epsilon Sigma Alpha's 2010 International Convention.



CAMP HOPE SUPPORT FORM

I definitely want to support CAMP HOPE. Enclosed is my gift of \$ _____

Name _____ ESA Chapter _____

Address _____

City/State/Zip _____

Telephone Number _____ Email Address _____

Payment: [] Check or Money Order (payable to Easter Seals) [] Master Card [] Visa [] American Express [] Discover Card # _____ Expiration Date (Month and Year) _____

Please Select One: [] Each One, Reach One Campaign [] Individual Support ESCode: 130-4415-08

[Mail completed form to Easter Seals • 233 So. Wacker Drive, Suite 2400 • Chicago, IL 60606 • Attention: Janet D. Jamieson