



ESsAy

President—Dana Terry

A happy hello to you all. I hope you are enjoying the warmth and sunshine we've been having. The days are getting longer, so that means spring is just around the corner. Yay!

Our state membership meeting held on Saturday, February 11th was well attended and moved along fairly quick. I think I only lost control once or twice.... but I managed to get things back on track! Thank you, Alpha Sigma, for hosting and for all the delicious goodies you had for us to eat. Hammer Residences presented information about their organization and told us of the various ways ESA could help them. They will be a project to consider when we vote at convention. Sharon Desarmeaux, our state Alzheimer's chair, invited Sheryl Hassan to talk to us about the work she does with dementia/Alzheimer's patients. She really loves her job, and I expressed to her that what she is doing is to help let those people keep their light shining.

I attended the mixed media collage art session hosted by Jackie Swanson and had an amazing time! I brought a friend from work who claimed to have no creative/artsy talent what so ever. But the piece she put together turned out so well. She plans on hanging it in her office at work. Thank you, Jackie, for the wonderful event. I think everyone that attended had

a great time and put together some great pieces of art. You should have a great turn out for Association of Arts at this year's convention for sure!

Gamma Omega extended an offer to me to attend one of their chapter meetings. What a great time that was! It's always fun to see what other chapters are up to and how they conduct their meetings. It's also nice to get to hear from people we don't always see at the state functions. The GO group is very active. I'm proud of all the good work they are doing and for all the support they are giving to both Sandy H. and Sandy D. as they move up to the State President position. Thanks, GO for the invite!!

I attended the Parliamentary meeting on Saturday, February 25th. There was a good turnout of people and Terri Olson even called in from Florida. The meeting ran a little long, but I think there were some very good discussions...and dare I say even a little fun?? It looks like we will have some bylaw changes to vote on at convention, but I'm confident that we can get through them quickly and without too much pain.

Speaking of bylaws...In this Essay, there are copies of the proposed changes for the IC bylaws and standing rules. These will be voted on at IC Convention in St.

Louis, MO this July.

Speaking of convention, our state convention is coming up in May. I received some feedback last May/June regarding the agenda for the two-day convention...what worked and what could be improved. I'm taking all that feedback into consideration while planning the agenda for this year's convention. I can tell you there will be some changes so don't be surprised if things aren't done in the same order as in previous years. I should have a mini agenda for you in the next Essay, so watch for that. But, all in all, I think it's going to be a very fun convention (with only a few chores). I hope you will all come celebrate all we have done this year and Brighten Someone's Day with ESA.

Remember to RSVP for our next Membership Meeting on Saturday, March 18th hosted by Beta Sigma. You won't want to miss it as we're going to have a lot going on. We'll have a couple philanthropic presenters, discuss something new for state convention, and hear about the proposed bylaw/standing rule changes.

In closing, I share with you an Irish proverb. "Like the warmth of the sun and the light of the day, May the luck of the Irish shine bright on your way."

Keep on Letting Your Light Shine in ESA.

Epsilon Sigma Alpha

Don't Forget To:

- > RSVP to Kelly for Hope 4 Youth Meals
- > RSVP by 3/18 to Jackie for Membership Meeting on 3/18
- > Send Chapter Designated Philanthropic Form to Dennis
- > Review proposed IC By-law / Standing Rule changes
- > Register for State Convention
- > Register for IC Convention

Inside this issue:

1st Vice President	
Treasurer	2
Miss Tilly	
Association of Arts	3
Chaplain	
Hats for Hope	
Hope 4 Youth	
Hope for Heroes	4
MARC Reps	
Philanthropic	
Philanthropic (con't.)	5
St. Jude Reps	
Chapter Designated	
Philanthropic Form	6
Assoc of Arts Form	7
IC Convention Info	9-18
Chapter News	19-20
Hope 4 Youth News	21
State Convention Reg	22
3/18 Membership Mtg	23
Spring Craft Sale	24

First Vice President—Sandy Hongerholt

What a great time Sandy D and I had in Denver. We are all fired up (no pun intended) and inspired for the 2017-18 ESA year. If you have ever wanted to be more involved in ESA I am still looking for a 2nd Vice President. It's a great opportunity for a member to step up and learn before taking on the role of State President. I also have several positions open on the appointed board. Please contact me and let me know your interest. shongerholt@yahoo.com or [612-267-3926](tel:612-267-3926).

Last weekend I was fortunate to join Jackie's Mixed

Media Collage Art Class. We had a great time creating our masterpieces and appreciated Jackie's expertise as she guided us through the process. I think there will be a few entries at State Convention Association of Arts.

I am planning one last rush event to push for membership this year. There is a flyer attached with the details. Everyone is welcome to come, if you bring a guest there is a \$5 discount for the member and guest (s). RSVP's are required for planning food and prizes. This will be a fun way to

end the year and increase our membership.

Headquarters introduced The Inspiration Library at leadership. Between now and May 31st they would like individuals, chapters, state councils to host an event that includes reaching out to the community with the goal of service, meeting and welcoming new members.

Headquarters would like you to take pictures and fill out the project overview form on the ESA website in the Member Center under Make a Difference. Once the project is submitted you

will be recognized on ESA 2017 Founders Day all-star list, earn a certificate of merit and will be recognized at IC Convention in St Louis. If you or your chapter need help coming up with a project, I would be happy to help.

For those wishing to participate in the "Be Super" St Jude IC Challenge at IC Convention, the form is attached in this newsletter. It can also be found on the IC website.

If anyone is receiving a years of service award or jewel pinning at state convention, please let me know as soon as possible.

Treasurer—Dennis Marler

Three chapters have submitted their requests for the \$100 Chapter Designated

State Philanthropic Funds: Alexandra House, the National Kidney Foundation

and Hope 4 Youth; thank you. If your chapter has not made its request, please

complete the attached Chapter Designation Form and return it to me before March 31. Thank you. See you at the March meeting.

Miss Tilly



A friend of mine sent me the following and I would like to share it with you. It is called

"Thoughts To Ponder – The 7 Ups"

1. **Wake up** – Decide to have a good day. "Today is the day the Lord hath made; let us rejoice and be glad in it." Psalms 118:24
2. **Dress up** – The best

way to dress up is to put on a smile. A smile is an inexpensive way to improve your looks. "The Lord does not look at the things man looks at. Man looks at outward appearance; but the Lord looks at the heart." I Samuel 16:7

3. **Shut up** – Say nice things and learn to listen. God gave us two ears and one mouth, so He must have meant for us to do twice as much listening as talking. "He who guards his lips guards his soul." Proverbs 13:3
4. **Stand up** – For what you believe in, stand for something or you

will fall for anything. "Let us not be weary in doing good; for at the proper time, we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good..." Galatians 6:9-10

5. **Look up** – To the Lord. "I can do everything through Christ who strengthens me." Philippians 4:13
6. **Reach up** – For something higher. "Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways acknowledge Him, and He will direct your path." Proverbs 3:5-6

7. **Lift up** – Your prayers. "Do not worry about anything; instead PRAY ABOUT EVERYTHING." Philippians 4:6

God answers Knee-Mail. "Before they call, I will answer." Isaiah 65:24



Association of Arts—Jackie Swanson

March comes in like a LI-ON and out like a LAMB or is it in like a LAMB and out like a PUSSYCAT in Minnesota?! The weather certainly keeps us guessing, but one thing for sure -

Spring is just around the corner and so is State Convention and Association of the Arts!

It was a FUN day on Saturday, February 18th, and

people enjoyed themselves immensely. They dove in without hesitation... creating mixed media collages like gangbusters! We worked through lunch until 3:00 p.m. and then enjoyed

salad, sandwiches, and lemonade. Proceeds raised for Alzheimer's totaled \$86... a great way to pool creativity with philanthropy. Thanks to all who attended!



My apologies to those of you who wished to take the February Mixed Media Collage ART Session. Unfortunately, the class had filled up very quickly and I know some of you were on the waiting list. At Dana's suggestion in the last Essay, I will look at a possible time to hold another collage class providing there is still an interest, sometime after State Convention. I will keep you posted.

Thursday, March 30th at 7:00 p.m., my house, is slated as the Coloring Time ART Session. *All you need do for this class is show up*

and **COLOR** You're welcome to bring your own coloring book if you wish, but I have all the supplies you would need on-hand – so just come. This session is FREE, but donations to Alzheimer's will definitely be welcome! It will make a great time for socializing. Be sure to RSVP to me by March 27th so I know how many treats to have on hand.

All proceeds for the art sessions have gone to the Alzheimer's Association.

I hope you're all finding your inner artist and creat-

ing something NEW to showcase at the 2017 State Convention! I've placed an Association of the Arts ENTRY FORM in this Essay. I'd like to receive all entry forms no later than April 24th.

"Clean out a corner of your mind and creativity will instantly fill it." – Dee Hock

"Art is the most intense mode of individualism that the world has known." – Oscar Wilde

A special thanks to ALL of the wonderfully creative

people in ESA!

P.S. ...You may have heard that I have 17 pieces of my artwork at Scarborough Fair shop in St. Paul (2238 Carter Avenue, 55108). There will be a "Meet the Artist" event at Scarborough Fair during St. Anthony Park's Annual Hats, Horses, and High Tea on March 18th between 11:00 a.m. and 4:00 p.m. You're all invited to trek on over after the State meeting. Would love to see you there!

Chaplain—Dianne Ocel

Greetings from Dianne Ocel, State Chaplain. February has been a quiet month. Prayers and thoughts of healing to Colleen Riley in hopes her back surgery went well and she is recovering swiftly. I heard by the grapevine that Mary Parr's knee replace-

ment was postponed. Hoping all our sisters and brothers who have vacationed in the warmth during this cool month have had a good time and we will see them again soon. Wishing all good travel and a fun time.

Thought for the month...I do not cease to give thanks for you as I remember you in my prayers. Ephesians 1:16

I can't even name all the people who have helped me grow in my faith - living and dead,

people I knew well, and some I never met.

But I am grateful for their presence and for all the ways that God worked through them, whether I understood it at the time or not.

Hats for Hope—Sandy Dolence

Thank you for your donations of toiletries, hats and food. The latest toiletries and hats were delivered to St. Anne's in Minneapolis. The

food donations were delivered to NEAR Food Shelf in Crystal. All items were greatly appreciated

Hats for Hope will be collecting big boxes of hot or cold cereal at our March 18th State Membership Meeting.

Thank you for letting your light shine for those in need, and for your continued support and generosity.

Hope 4 Youth—Alpha Zeta

The monthly meal service provided at the Drop-In Center has Gamma Omega bringing the goods on Tuesday, March 7th. Alpha

Lambda follows on Tuesday, April 4th. We still have an opening for Tuesday, May 2nd.

HOPE 4 Youth will be holding a free luncheon on Thursday, May 4th from Noon-1pm at Leopold's Mississippi Gardens.

Speaking will be a few of the young people whose lives have been changed by HOPE 4 Youth. More details will follow.

Hope for Heroes—Shirley Laue

"Ask not what your country can do for you--Ask what you can do for your country."

I am sure all of us have heard these memorable words in 1961, spoken by the newly inaugurated President Kennedy. Those words were spoken because the whole Kennedy clan was passionately devoted to public service. Another Kennedy said "treat others essentially as you would want to be treated yourself." The Kennedy clan's ultimate goal was to

make the world a better place.

Doesn't this sound a lot like our organization- ESA? Regardless if we are working on an International project, or supporting a local charity or organization, we are all working for the same end goal. I encourage all of you to continue working on these projects, whether it be Hope for Heroes, Hope for Youth, Arthritis Foundation, Kidney Foundation, St. Jude Children's Hospital, and many more. I also encourage you

to count all your hours, monies, etc. and report them. This not only shows what we as a group do accomplish, but looking back, you can see what you personally accomplished. I know many chapters worked for Hope for Heroes, and I thank you for all you did.

**SAVE THE DATE--
DECEMBER 16, 2017--
National Wreaths Across
America Day:**

"Remember--In truth a person dies twice, once

when he stops breathing, and a second time when somebody mentions his or her name for the last time. Join Wreaths Across America in December when over one million volunteers nationwide, will say the names of a million fallen, to make sure they will never be forgotten."

Also in his inaugural address President Kennedy stated "In the long history of the world, only a few generations have been granted the role of defending freedom in its hour of maximum danger."

MARC Reps—Diane Vanusek and Mary Parr

Guess what MARC ESA members, the ESA IC Convention is just around the corner, July 16-22, 2017, in St. Louis, MO at the St. Louis Union Station Hotel, 1820 Market Street, St. Louis MO and MARC is the host/hostess for this event this year. If you have volunteered to work during the Convention in various capacities, please wear a black bottom, a white top and the red ESA apron.

Be sure to bring your board boarding passes that were distributed to all attendees at the 2016 IC Convention and the MARC conference. Drop the signed pass off at the registration desk for a Convention "door prize" bag to be given away on Wednesday night. State Presidents are to coordinate the donation(s) of state related for this bag.

Adult beverages and

snacks will be available in the hospitality room during the convention. Members are asked to donate an item or two for the room. There are people driving who will happily take your donations.

The welcome mixer will be on Wednesday will be a USO party with a unit of the US Air Force Band. Yes, you are welcome to dress thematically.

Also, chances, at \$5.00 each will be sold during through Thursday of the convention for a free registration for the next convention.

If anyone is driving and can take riders, be sure to speak up. Come and enjoy

The IC Convention registration forms have been attached to this ESsAy.

Philanthropic—Betty Robinson

At the February 11th state membership meeting, we met Angela Bernhardt, Director of Major Gifts from

Hammer. The Hammer Mission is to provide adults and children with developmental disabilities the opportunity

to live life to its fullest. In the past, we have learned about Hammer Travel, but Angela come to

tell us more about the other services provided thru the Hammer organization. Each attending member received

Philanthropic—continued

very nice brochures and handouts to take back to their chapters to discuss what was learned. Hammer Residences will be included in our list of philanthropic projects to vote on at the state convention.

I would also like to share this follow-up email I received from Angela on February 13th:

"It was so nice to meet you on Saturday Betty! What a great group!

Someone had asked if I had the volunteer brochure in a PDF format, and it's available on our website, www.hammer.org and I've attached it as a PDF.

<http://www.hammer.org/wp-content/>

[uploads/2017/02/Volunteer-Brochure-2017-web.pdf](https://www.youtube.com/user/HammerResidences/uploads/2017/02/Volunteer-Brochure-2017-web.pdf)

We also have a YouTube channel where many videos about those we serve can be found, <https://www.youtube.com/user/HammerResidences>

And finally, for those on Facebook, we have a page: <https://www.facebook.com/HammerMN>

THANK YOU!

Angela Bernhardt,
CFRE | Director of Major Gifts
angela@hammer.org |
952-345-8519 (o) | 952-473-8629 (f)
1909 East Wayzata Blvd
| Wayzata, MN 55391

www.hammer.org"

To access the PDF version of the Volunteer Brochure from the website, follow these steps:

Go to the Hammer website at www.hammer.org

At the top menu bar, click on "Get Involved", and then select "Volunteer" option.

At the middle of the page, click on the "Volunteer Opportunities" box. The PDF version should open on a new page.

The "Volunteer Video" option on this page will open the YouTube video.

At the March 18th state membership meeting we will have Hope 4 Youth do a presentation and tell us

all about their success during this year. I am still looking for another organization to present at this meeting.

I have updated the Philanthropic Report form and it is now available on the MN ESA website. I will also put a printed copy in the chapter files at the next state membership meeting. I would like to have the completed chapter forms back to me by April 15th. The mileage rate for the 2016-2017 year will be \$0.54/mile.

I'm looking forward to seeing you all at the March state membership meeting in St. Louis Park. In the meantime, if you have any questions regarding philanthropic projects, please contact me at: bettyarobinson@comcast.net or cell # 763.478.1502.

St. Jude Reps—Julene Donnay and Kelly Check

SAVE THE DATE!!! The Cruisin' for the Kids motorcycle ride will be held **Saturday, July 15th**. This is a new event to MN ESA. More details to come!

2017 Walk/Run to End Childhood Cancer event is scheduled for Saturday, September 23rd at US Bank Stadium. It is never too early to register! You

can register to volunteer, walk/run, or fundraise as part of the ESA MN team. There is strength in numbers! The link to register has been posted on the MN ESA Facebook page. Details will also be provided at the next membership meeting.

Spread the word!!!

Below is the link to our Team ESA MN page for the 2017 St Jude Walk/Run to End Childhood Cancer. It's never too early to register and start raising money for the kids!

[http://fundraising.stjude.org/site/TR/Walk/Walk?](http://fundraising.stjude.org/site/TR/Walk/Walk?team_id=200977&pg=team&frid=73379)

[team_id=200977&pg=team&frid=73379](http://www.stjude.org/fundraising/team_id=200977&pg=team&frid=73379)

One quick update on this....you can use the Promotional Code "GOLD" to avoid having to pay the \$10 registration fee.

CHAPTER DESIGNATED STATE PHILANTHROPIC FUNDS

The Minnesota State Council budgeted philanthropic donations of \$100 per chapter to be distributed, in its name, to a charitable organization of the chapter's choice. Please complete this form and return it to the state treasurer as soon as possible.

Chapter Name and Number _____

Chapter Officer _____

Officer's Telephone Number _____

Name of Charitable Organization _____

EIN (Federal I.D.) _____

Amount of donation to this organization \$100

Mailing Address _____

Unless this organization is a well known charity, please attach the charity's Internal Revenue Service exemption letter. This can be obtained from the charity. The ESA Foundation Turn-around Funds will be used and this letter is required.

Chapter Officer's Signature

Date



Payment Approved By _____

Date _____

Check Number _____ Check Date _____

Amount _____

Expense Charged to _____

Amount _____

Dennis Marler
9145 Kingsview Lane N.
Maple Grove, MN 55369
763-494-8452



2017 MN ASSOCIATION OF THE ARTS ENTRY FORM

"Brighten Someone's Day with ESA" May 5-6, 2017

Best Western Premier Nicollet Inn, 14201 Nicollet Avenue South Burnsville, MN 55337

Division I - Visual Arts

- Oil Paintings or Acrylics
Drawings, Pastel or Charcoal
Watercolors
Sculpture
Pottery (hand formed or wheel thrown)
of entries in category

Division II - Literature

- Poetry
Short Story or Essay (500 words or less)
of entries in category

Division III - Photography

- Black & White or Color Photo
Graphic Design
Computer Assisted Design
of entries in category

Division IV - Crafts (Painted Art)

- Tole Painting
Painted Pottery
China Painting
Porcelain
Calligraphy (matted for display)
Fabric Painting
of entries in category

Division V - Crafts (Wearable Art)

- Smocking
of entries in category

Division VI - Crafts (Mixed Media)

- Jewelry
Rubber Stamping
Decoupage
Glass
Wood
of entries in category

Division VII - Needlework (Fibers)

- Crewel
Embroidery
Counted Cross Stitch
Needlepoint
Quilting
Knitting
Hardanger Embroidery
Silk Ribbon Embroidery
Cloth Weaving
Latch Hooking
Stuffed Animals
of entries in category

Division VIII - Holiday (Ornaments & Decorations)

- Please Describe
of entries in category

Division IX - Music

- Original Words to established tune
Original Words to original tune
of entries in category

Division X - Presidential Division (Optional)

"Dream BIG in ESA"

Bring any art form dealing with her theme

- President Division
of entries in category



Please send completed form by April 24, 2017

TO: JACKIE SWANSON
MN ESA Association of the Arts Chair
locaveofhearts@comcast.net or
4476 Woodgate Point
Eagan, MN 55122

*You will be responsible for bringing your entry to MN State Convention. Check below whether you will send your entry with someone to Convention or whether you will bring yourself.

- I will be bringing my entry.
I will be sending my entry.

Thank you for your Entry!

Check Convention schedule for check-in time and pick up.
Artist's Name:
Address:
Chapter Name/No.:
State Council:
Phone #:
E-mail:

2017 MN ESA STATE CONVENTION

Friday, May 5th & Saturday, May 6th 2017

Hosted by Beta Sigma Chapter

JOIN Beta Sigma & Celebrate

Springtime in the South (Metro) and

BRIGHTEN
Someone's
Day
with ESA!

at the Best Western Premier Nicollet Inn

14201 Nicollet Ave South

Burnsville, MN 55337

Room Reservations can be made under the
"Epsilon Sigma Alpha International" Room Block

Phone: 952-435-2100

Rate: \$109.99/Night + Tax (*King or 2 Queens*)

FILL OUT THE ATTACHED REGISTRATION FORM
Convention Registration Deadline: May 1, 2017 to Bonnie Olson



**2017 INTERNATIONAL CONVENTION
 "LOOKING BACK – MOVING FORWARD"
 JULY 16 – 23, 2017
 ST. LOUIS UNION STATION HOTEL
 1820 MARKET STREET • ST. LOUIS, MO 63103
 314-231-1234 (local) • 855-271-3620 (reservations)**



Hosted by the
Midwest Area Regional Council

MEMBER NAME _____ MEMBER NUMBER/STATE _____ / _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE _____ CELL _____ EMAIL _____

CHAPTER NAME _____ CHAPTER # _____ STATE COUNCIL _____

DATE OF ARRIVAL _____ TIME OF ARRIVAL _____ FLY/DRIVE USING SCOOTER Y/N

ROOMMATE(S) _____

CHECK ALL THAT APPLY

First IC Convention Pledge Collegiate Member – Campus _____ HQ Staff

ESA Foundation Board IC Elected/Appointed Board Past IC President (year) _____

2016-2017 State President – State _____ 2017-2018 State President – State _____

Previous State President – State(s)/Year(s) _____ Served with: _____

I will be recognized at convention for my years of ESA Service: 25 30 35 40 45 50 55 60 65 70

Medical Food Allergy: The hotel will do its best to accommodate **MEDICAL Food Allergy** requests only.

Allergy alert for _____ (Additional costs may apply.)

	<u>CIRCLE AMOUNT</u>
MEMBER FULL REGISTRATION FEE: Includes general assemblies, workshops, welcome party, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2017 \$250 <input type="checkbox"/> Postmarked May 2 – June 1, 2017 \$275 <input type="checkbox"/> After June 1, 2017 (see payment note on page 2) \$275
MEMBER FRI & SAT REGISTRATION FEE: Includes general assemblies, recognition luncheon and banquet	<input type="checkbox"/> Postmarked by May 1, 2017 \$225 <input type="checkbox"/> Postmarked May 2 – June 1, 2017 \$250 <input type="checkbox"/> After June 1, 2017 (see payment note on page 2) \$250
MEMBERS SAT REGISTRATION FEE: Includes general assembly and banquet	<input type="checkbox"/> Postmarked by May 1, 2017 \$125 <input type="checkbox"/> Postmarked May 2 – June 1, 2017 \$150 <input type="checkbox"/> After June 1, 2017 (see payment note on page 2) \$150
MEMBER WALK-IN REGISTRATION FEE: Includes everything in full registration	<input type="checkbox"/> See payment note..... \$300
PICP NO-HOST LUNCHEON (all past and present state presidents/IC presidents) \$40 If served with multiple presidents, indicate with whom you wish to sit? _____	
SUBTOTAL MEMBER REGISTRATION:	\$ _____

CONVENTION HOTEL ROOM RATES

Room rates are \$132, plus tax. Rates are available for July 12, 2017 thru July 27, 2017
 To receive the group rate, you **MUST** make reservations by **June 25, 2017**.
 Call 855-271-3620 for reservations and reference
 the **Epsilon Sigma Alpha International 2017 Convention rate** or click on the following: [hotel link](#)

Member Name and Number as listed on first page _____

MEMBER MAY NOT REGISTER AS NON-MEMBER FOR ANY EVENT

NON-MEMBER NAME _____

Please indicate if special guest of the following: ALSAC EASTER SEALS

INCOMING IC PRESIDENT OTHER (Please specify) _____

	<u>CIRCLE AMOUNT</u>
NON-MEMBER FULL REGISTRATION FEE	<input type="checkbox"/> Postmarked by May 1, 2017 \$250
Includes general assemblies, workshops,	<input type="checkbox"/> Postmarked May 2 - June 1, 2017 \$275
welcome party, recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2017 (see payment note below)..... \$275
NON-MEMBER attending WELCOME PARTY	<input type="checkbox"/> Postmarked by June 1, 2017 \$ 65
	<input type="checkbox"/> After June 1, 2017 (see payment note below)..... \$ 70
NON-MEMBER attending RECOGNITION LUNCHEON	<input type="checkbox"/> Postmarked by June 1, 2017 \$ 50
	<input type="checkbox"/> After June 1, 2017 (see payment note below)..... \$ 55
NON-MEMBER attending BANQUET	<input type="checkbox"/> Postmarked by June 1, 2017 \$ 80
	<input type="checkbox"/> After June 1, 2017 (see payment note below)..... \$ 85
YOUTH REGISTRATION FEE	<input type="checkbox"/> Postmarked May 1, 2017 \$250
Includes general assemblies, welcome party	<input type="checkbox"/> Postmarked May 2 - June 1, 2017 \$275
recognition luncheon and banquet	<input type="checkbox"/> After June 1, 2017 (see payment note below)..... \$275

***List food allergies for non-members on page one, indicating who has the allergy.

SUBTOTAL NON-MEMBER REGISTRATION: _____
ENTER TOTAL FROM FIRST PAGE: _____
TOTAL REGISTRATION: _____

MEN'S GOLF . . . Indicate days you would like to play golf.

I wish to golf: Monday Tuesday Wednesday Thursday Friday Saturday

SELECT ONE PAYMENT TYPE

REGISTRATION IS NON-TRANSFERABLE

****PAYMENT NOTE:** Payment after June 1, 2017 must be paid by **MONEY ORDER, CERTIFIED CHECK, CASH OR CREDIT CARD AND MAILED TO THE IC REGISTRATION CHAIR BEFORE JUNE 18, 2017. After June 18, 2017, mail registration form only - DO NOT SEND PAYMENT. Email the registration chair that the form has been mailed and bring copy of registration form with money order, certified check, cash or credit card to the IC Convention.**

Check Money Order Make payable to: **Epsilon Sigma Alpha International Council/Z678**
 A \$45 fee will be assessed for any returned check.

Credit card** Visa MasterCard American Express Discover

**A fee of 4.5% of the total charge will be added.

Credit Card # Exp. date _____ security code _____

Name EXACTLY as it appears on credit card _____

Billing address of credit card holder _____

Cardholder Signature (required) _____

CANCELLATION: If you find it necessary to cancel this registration, the full amount less a \$15 processing fee will be refunded when **WRITTEN** cancellation is postmarked **NO LATER THAN JUNE 15, 2017. NO REFUNDS AFTER JUNE 15.**

Mail registration form and payment to: Brenda Meyers, 2017 ESA IC Registration Co-Chair
 242 Oxford Drive; Fairborn, OH 45324
 937-416-9301
brendasmeyers@gmail.com



Tours for 2017 IC convention

Mark the appropriate space(s) and indicate the number of tickets you want to order.
Please include tour registration with convention registration and payment.

*****All tours include round-trip transportation*****

Sunday July 16, 9:00 am – 5:00 pm - Registration deadline – June 1, 2017

Camp Hope

You will have an opportunity to meet the volunteer staff, visit with Wounded Warrior campers, and tour of the Camp, skeet shooting, archery shooting, rifle shooting and cast iron cooking demonstration on an open fire. Lunch will be served in the Lodge featuring fried chicken with all the fixins’.

_____ Tickets at \$70.00 per person = \$_____

Sunday July 16, 10:00 am – 4:00 pm - Registration deadline – June 1, 2017

Gateway to St. Louis

This tour includes a driving overview of Laclede’s Landing, the Old Cathedral, the Old Courthouse, Busch Stadium, Citygarden, a tram ride at the Gateway Arch, seated lunch at Pappy’s Smokehouse, and a stop at the New Cathedral in Midtown. Drive through overview of the Central West End and a Forest Park are included if time permits.

_____ Tickets at \$90.00 per person = \$_____

Monday July 17, 10:00 am – 4:00 pm - Registration deadline – June 1, 2017

Architecture Tour

This tour includes a driving overview of Laclede’s Landing, The Old Cathedral, the Old Courthouse, Busch Stadium and Citygarden, a guided tour of the Fabulous Fox Theatre, a tour of the Central Library and a stop at the New Cathedral. Tour includes lunch at one of St. Louis’ fine restaurants

_____ Tickets at \$80.00 per person = \$_____

Monday July 17, 10:00 am – 3:00 pm - Registration deadline – June 1, 2017

Slots & Shops in St. Charles

Visit St. Charles while enjoying a driving tour of Main Street, a nine-block historic district filled with 80 restored building dating from 1790 to 1900. You will have the option to visit Ameristar Casino, Missouri’s First State Capitol, Lewis & Clark Nature Center or shop on Main Street. Lunch is available at the casino or on Main Street but not included in the tour. Admission to First Capital State Historic Site tour is \$4.50 and admission to Lewis & Clark Boat House and Nature Center is \$5.00

_____ Tickets at \$30.00 per person = \$ _____

Tuesday July 18, 9:00 am – 4:00 pm - Registration deadline – June 1, 2017

Grant's Farm & Anheuser Busch

Board a tram for a tour through the Deer Park, a game preserve where antelope, buffalo and other animals roam in a natural 160 acre habitat, pass Grant’s Cabin, a log home built by Ulysses Grant.

Lunch on “the Hill” with a final tour stop at the A- Brewery for a 45 minute walking tour; see the World Famous Clydesdales, the Beechwood Aging Cellar and the Brew House with a sampling of the A-B products.

_____ Tickets at \$79.00 per person = \$ _____

Sunday July 23, 10:00 – 2:00 - Registration deadline – June 1, 2017

Taste of St. Louis

This tour includes a driving overview of the Loop, Soulard, Lafayette Square, The Hill and a stop at Ted Drewes Frozen Custard. Treats include Fitz’s Root Beer in “the Loop” and Toasted Ravioli at a restaurant on “the Hill”, a tour through the Soulard neighborhood which has the oldest farmer’s market west of the Mississippi and home to Anheuser-Busch Brewery and then a snack of Gus’ pretzels. A taste of St. Louis’ Goey Butter cake is included too.

_____ Tickets at \$52.00 per person = \$ _____

.....

NOTE: Tours may be cancelled if minimum registration is not met.

Registration deadline – June 1, 2017

Name _____

State _____

Tour Total _____

If using debit/credit card, add 4.5% _____

Payment Instructions: Include Tour Registration form with Convention Registration. For your convenience, you may remit one check, money order, or credit / debit payment for both.



February 22, 2017

Dear 2016-2017 State Presidents,

It is hard to believe that your year is almost over. I know that you are getting ready for your conventions. I have an official duty for you. I am sending you the proposed standing rule changes and the proposed bylaw changes. I ask that you please have them published in your state newsletter and/or sent to your chapter presidents. You can also publish them on your website. These changes need to be distributed by April 1.

The proposed standing rule changes are of a housekeeping nature. The proposed bylaw changes are an effort to help control expenses. The Executive Board is proposing to reduce its size. This will lower the number of registrations and hotel rooms that the Council is paying for. The duties will be redistributed among the other officers on the board.

I am also sending the information to the incoming state presidents as they will be the one to handle your state caucus at IC Convention.

If you or any of your members have questions or concerns, please don't hesitate to contact me.

ESA Hugs,

Maria Bingheim

Maria Bingheim

2016 - 2017 IC Parliamentarian

Maria Bingheim-1428 South 27th Street , Quincy IL 62301

tubaone@comcast.net-217-224-6244

In an effort to reduce and hold expenses, the Executive Board is proposing to reduce the size of the Executive Board. This will decrease the number of registrations and hotel rooms that the International Council is responsible for. We are proposing to eliminate the Senior Past President from the Executive Board. The duties of the Senior Past President will be redistributed among the other officers on the board. There will be a new appointment-Special Projects Chair. There has also been discussion with the ESA Foundation Board as it impacts them as well and their wishes will be covered by the Board

Proposed Bylaw Changes

Current:

Article XII—The Executive Board

Section 1. Members

The elected officers, the Incoming Corresponding Secretary, the Corresponding Secretary, the Junior Past President, Senior Past President and one representative of the ESA Headquarters Staff shall constitute the IC Executive Board.

Change:

Article XII—The Executive Board

Section 1. The elected officers, the Incoming Corresponding Secretary, the Corresponding Secretary, the Junior Past President, and one representative of the ESA Headquarters Staff shall constitute the IC Executive Board.

Reason: Elimination of the Senior Past President from the IC Executive Board in an effort to reduce increasing expenses. The duties of the Senior Past President will be redistributed to other officers on the board along with an appointment of a special projects chair.

If this bylaw change is approved the following housekeeping changes will need to be made:

Current:

Article VIII—Duties of Officers

Section 8. Junior Past President

The Junior Past President shall be the ESA Disaster Fund Chairman and will be bonded from the fund. At year-end, the Junior Past President shall submit all records to the audit committee consisting of three members of Epsilon Sigma Alpha International Council for audit of the ESA Disaster Fund, results of which shall be forward to the Executive Board.

Change:

Article VIII—Duties of Officers

Section 8. Junior Past President

The Junior Past President shall be the ESA Disaster Fund Chairman and will be bonded from the fund. At year-end, the Junior Past President shall submit all records to the audit committee consisting of three members of Epsilon Sigma Alpha International Council for audit of the ESA Disaster Fund, results of which shall be forward to the Executive Board. The Junior Past President shall serve on the Nominating Committee.

Reason: To change add the serving on the Nominating Committee

Current:

Article VIII—Duties of Officers

Section 9. Senior Past President

The Senior Past President shall act as the IC Liaison to the ESA Foundation Board of Directors. The Senior Past President shall serve as the Coordinator of the Care Connection and shall serve on the Nominating Committee

Change: Eliminate

Reason: No longer a member of the Executive Board. Job duties redistributed—IC Liaison to the President, Nominating Committee to Junior Past President, Care Connection is now handled by ESA Headquarters staff.

Current:

Article XII—The Executive Board

Section 2. Quorum

The quorum of the IC Executive Board shall consist of seven members and the vote of any seven members shall constitute effective action.

Change:

Article XII—The Executive Board

Section 2. Quorum

The quorum of the IC Executive Board shall consist of six members and the vote of any six members shall constitute effective action.

Reason: Adjustment due to elimination of Senior Past President from the IC Executive Board

Current:

Article XIV—Committees

Section 4. Nominating Committee

The Nominating Committee shall consist of the First Vice President/President Elect serving as chairman, the Senior Past President and three members appointed by the President.

Change:

Article XIV—Committees

Section 4. Nominating Committee

The Nominating Committee shall consist of the First Vice President/President Elect serving as chairman, the Junior Past President and three members appointed by the President.

Reason: adjust the committee for the elimination of the Senior Past President.

Proposed Standing Rule Changes to rules 10,20,29

Current--

10. The IC Treasurer shall be responsible for a line item financial report to the entire membership in attendance at the International Convention and for distributing the final line item financial report as submitted to each state president.

Due to the cost of printing for entire membership—change to read

10. The IC Treasurer shall be responsible for a line item financial report to be posted in the registration by state books at the Registration area at IC Convention. A final copy of the line item financial report shall be emailed to the state presidents and posted on the ESA Website.

Current

20. Expenses for the Invitational Luncheon held during convention shall be a budgeted item of the International Convention. Invited guests shall include all members of the General Board and special guests of the President.

Housekeeping—we no longer have a luncheon. Change to Invitational event.

20. Expenses for the Invitational Event held during convention shall be a budgeted item of the International Convention. Invited guests shall include all members of the General Board and special guests of the President.

Current

29. ESA Special Observances shall be:

- a) The third week of January may be recognized as DIANA Awards Week
- b) May 1 may be recognized as Founder's Day
- c) May 1-7 may be recognized as ESA Week
- d) The members of ESA International may observe an ESA day on the date of their choosing.

We no longer have a DIANA Award. Change to

29. ESA Special Observances shall be:

- a) May 1 may be recognized as Founder's Day
- b) May 1-7 may be recognized as ESA Week
- c) The members of ESA International may observe an ESA day on the date of their choosing.



Registration Form (PLEASE PRINT)

Name: _____
 Address: _____
 City: _____ State: _____ ZIP: _____
 Phone: _____ Member #: _____
 Email: _____
 Chapter Name and #: _____

I am unable to attend the IC Challenge but enclosed is my one-time donation of \$_____.
 A donation of \$200 or more is required to receive a T-shirt. Note: you may continue to send donation through May 31, 2017. Any donations sent after that date will be applied to the 2017-2018 campaign year. I select the following T-shirt size (check one): S M L XL XXL XXX

Yes, I will raise at least \$200 and attend the IC Challenge. Enclosed is my first donation of \$_____ and I plan to send more donations before the May 31, 2017 deadline. I select the following T-shirt size (check one): S M L XL XXL XXXL

Consent and release of liability:

By signing below, you agree, warrant, and covenant as follows:

ALL PARTICIPANTS IN THE Be Super Challenge AND RELATED EVENTS ARE REQUIRED TO ASSUME ALL RISK OF PARTICIPATION IN THE EVENT BY SIGNING THIS GENERAL RELEASE AGREEMENT.

The undersigned participant, on behalf of himself/herself and on behalf of the participant's personal representatives, assigns, heirs, and executors, hereby fully and forever releases, waives, discharges, and covenants not to sue Epsilon Sigma Alpha International, Epsilon Sigma Alpha Membership Corporation, American Lebanese Syrian Associated Charities (ALSAC), St. Jude Children's Research Hospital (St. Jude), and all public or private agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring companies or individuals related to the event (collectively Releases) from all liability to the participant and his/her personal representatives, assigns, heirs, and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of injury to the participant or property or resulting in the death of the participant, whether caused by the active or passive negligence of all or any of the Releases or otherwise, in connection with the participants in the event.

The participant represents and warrants that he/she is in good physical condition and is able to safely participate in the event. The participant is fully aware of the risks and hazards inherent in participating in the event and hereby elects to participate voluntarily in the event, knowing the risks associated with the event. The participant hereby assumes all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the event.

The participant agrees to the use of his/her name and photograph in broadcasts, newspapers, brochures, and other media without compensation.

The participant acknowledges that the entry fee is non-refundable and non-transferable.

The participant hereby grants to Epsilon Sigma Alpha International and their agents, affiliates, and designees access to all medical records (and physicians) as needed and to authorize medical treatment as needed.

The participant warrants that all statements made herein are true and correct and understands that Releases have relied on them in allowing participant to participate in the event.

IF PARTICIPANT IS UNDER AGE 18: The parent/guardian certifies that my son/daughter has my permission to participate in the event. The parent/guardian has read the foregoing RELEASE AND WAIVER OF LIABILITY AGREEMENT and by accepting, the waiver intentionally and voluntarily agrees to its terms and conditions. The parent/guardian further certifies that my son/daughter is in good physical condition and is able to participate safely in the event. I hereby authorize medical treatment for him/her and grant access to my child's medical records as necessary.

PARTICIPANT HAS READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY ACCEPTS THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.

Signature of Entrant _____ Date _____

Epsilon Sigma Alpha International reserves the right to require proof of age. Parent or guardian must also sign below for entrants under 18 years of age. By signing, parent agrees to the same conditions required of entrant.

Signature of Parent/Guardian _____ Date _____

CHAPTER NEWS



Alpha Chi—Kathy Rice

Joane Buche, Kathy Lamphere and Kathy Rice rode with Mary Parr and Kathie Wasson to the State Membership Meeting held at the Hopkins Public Library on February 11th. The Library is lovely with a room used for meetings. Thank you, Alpha Sigma, for the wonderful treats. They were yummy. We heard two speakers, one on Hammer which is a non-profit organization that supports individuals with developmental and intellectual disabilities and offers vol-

unteer opportunities.

Sharon Desarmeaux, for her report on Alzheimer's Association, felt that it would be better coming from Birdie's niece who works in a home that houses Alzheimer's patients and presented an overlook what is all involved with the different stages of the disease. Both ladies did an outstanding job.

More Chapter News – Colleen Riley had her back surgery. which went well

but she will still have some pain. She will have therapy at Boutwells.

Nora Meyers will be celebrating her 90th birthday on February 20th.

Alpha Chi wishes you the Top "O The Mornin" and have a Happy St. Patrick's Day

Alpha Lambda—Pat Schwope

Mary Parr's knee replacement surgery was cancelled, and will be rescheduled, possibly in early March. In the meantime, she will be going with members of the Gable Pines Senior Community to Mancini's, and also to the Hinckley Casino.

Mary Parr and Kathie Wasson will be going with Valley Tours to a play in the Wisconsin Dells.

Kate Sala has been working 7 days a week. The water in Blaine is still shut off, which is an inconvenience. The flu bug has made the rounds, and has hit Kate.

Pat Schwope has had a very slow

recovery from her fall on December 17th, but is finally feeling better.

Our chapter will resume clipping coupons for servicemen's families. We had stopped doing so, due to what turned out to be a rumor that the coupons were no longer needed.

Our officers for the new year will be: Kate Sala, President; Mary Parr, Secretary; Pat Schwope, Treasurer.

25 year ESA pins will be ordered for Kate Sala and Pat Schwope.

Following our February 16th meeting, courtesy of Mary Parr we all had a delicious dinner,

Alpha Sigma—Shirley McGowan

Rose Bitter - Traveling and colds. That's all Rose Bitter and Jim have been up to this month. Only worked one Medtox day this month! Looking forward to the Parliamentarian meeting on Saturday! Going to draft something after the meeting, and send it out so then all the chapters will have it for their March meetings.

At our meeting this month, the chapter decided how to spend the philanthropic funds. Always a very rewarding endeavor. This month, Diane was a helper with making Pierogi activity.

Shirley McGowan volunteered at the St Andrew Lutheran Church in Eden Prairie for the Empty Bowl event. Spent 2 days sampling Lemon Bars at the Food Perspective location in Plymouth for a Taste Test.

Shirley Laue feels like all she seems to do is go to work, and funerals. Diane and I enjoyed working with the Beta Sigma Chapter at Feed My Starving Children. The 2 of us and Shirley McGowan and Kelly

Check also did dinner for the Hope4Youth. Preparing a meal and serving to the youth is such an easy, but rewarding experience. I do plan to do some traveling in March--to Bellingham, Washington to see my sister, and to Florida to visit our daughter, granddaughters, and great grandchildren. By then spring should be here again!

Birdie says.....As you read this Essay, I am basking in the Florida sunshine with Terri Olson and Kathy Eastlack. We have checked out many beaches and the pool at our complex. Shopped at our favorite stores and gambled our

money away at the casino. Drank a few adult beverages at a few dives and ate some great dinners at nice places on the Gulf of Mexico. Always behaving as usual.

In the next few weeks Terri and I are attending the Florida's Leadership Meeting which will be alot of fun.

This is definitely the way to spend the winter with warm sunlight around you and warm sand under your feet...oh yes...and an ice cold adult beverage in your hand. Don't expect to see us until Minnesota offers the same things.

Beta Sigma—Linda Schultz

March!!! Wow, how the days are flying by! Before we realize it, our ESA year will be ending, new officers will be elected, new assignments will be made, installation will have occurred.

In the meantime, however, we continue our journey of serving, teaching, mentoring, recruiting and sponsoring new members

Where all the energy originates and how it is sustained is a constant, yes, a constant inspiration to all of us but especially to those of us who cannot be as active as

once was possible.

Our meeting was held Saturday morning, February 4th at Lunds-Byerley's in Eagan, before we volunteered at Feed My Starving Children. Feed My Starving Children is an annual event for Beta Sigma and is open to others including family members, friends, sisters from other chapters, and other guests.

Eileen Spencer, who coordinated this event, provided treats and coffee prior to the meeting itself. Jackie presented each sister

with a Valentine, and passed a Heart so that everyone received their affirmation message for the month.

Welcome to our guests, Faith Novitsky and Kathy Erickson. We hope you will visit us again and join us as well. Thanks to Pat Oman and Jackie for bringing these guests!

Top 'O the Mornin' Lads and Lassies is the theme of the quarterly State Membership Meeting, to be held on Saturday, March 18th and the lunch will feature

soups, green salads, Irish soda bread and cake. It will be hosted by Beta Sigma and will be held at the church of Dina & Bruce Strachota, Spirit of Christ Community Lutheran Church in St. Louis Park

Our Convention in May is entitled, Brighten Someone's Day in ESA. You will find the flyer and details on a separate page elsewhere in the ESSAY every month. This fabulous event is the result of Bruce & Dina Strachota and their creativity and hard work, along with other members of their committee.

Hugs to each and every one ~

Gamma Omega—Betty Marler

In less than one month it will be . . . SPRING! Glorious Spring! We are ready for shades of green to sprout, and for gentle rains to fall. (Although few of us have any complaints regarding our warm Febru-

ary. J)

Thank you to everyone who supported our sales of Heggies Pizzas for our chapter fundraiser. We raised over \$300. We appreciate each of you for

your orders.

It was delightful to have President Dana Terry join us at our February 21st chapter meeting. Your shining light is an inspiration to each of us, Dana.

GO will be serving meals at Hope 4 Youth and Ronald McDonald House this month. We are tossing around ideas for a few fundraisers later this spring, summer and fall. It's exciting to be planning all the good ideas – now on to finalizing them. .

MN ESA State Rushing Event

- Saturday April 8, 2017
- 11:30AM-2:00PM
- Minneapolis Elks Lodge 44
- 2875 Brookdale Dr
- Brooklyn Park MN 55444

- Salad Luncheon
- Includes lunch, dessert, coffee, tea
- Cash Bar

• Cost is \$15. Bring a guest and you each receive \$5 off your lunch. Bring a guest that fills out an application/pays IC dues and the guest is free.

• We will have lunch, a presentation and some fun games and prizes.

• Please RSVP to Sandy Hongerholt by April 1st (No April Fools) [612-267-3926](tel:612-267-3926)

• shongerholt@yahoo.com

• Checks Payable to Minnesota ESA

HOPE4YouthMN.org



Spaghetti DINNER

Sunday, March 19, 2017; 3-6 p.m.



New Location: Coon Rapids VFW (1919 Coon Rapids Blvd NW, Coon Rapids)

Tickets



Adults

\$10



Kids

Ages 12 and under

\$7

Tickets can be purchased online at HOPE4YouthMN.org/sdinner.

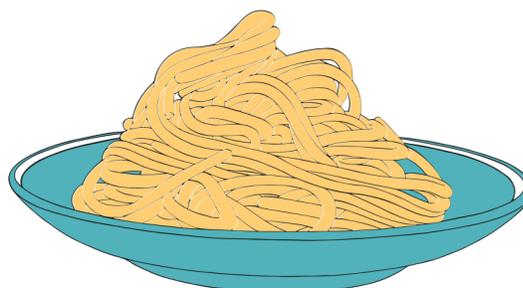
Tickets will also be available for purchase at the door via cash, check or credit card. Adult ticket prices will increase to \$12 if purchased at the door.

Additional Info

Last year, 732 homeless young people walked through HOPE 4 Youth's doors in search of basic needs.

Looking for more ways to help? Bring a non-perishable food item with you to donate! You'll also have an opportunity to donate by purchasing raffle tickets; sold for \$1 each or 25 for \$20.

Fourth Annual Spaghetti Dinner Fundraiser



Join us for the fourth annual Spaghetti Dinner Fundraiser on Sunday, March 19, 2017, from 3-6 p.m. at a **NEW LOCATION**, the Coon Rapids VFW (1919 Coon Rapids Blvd NW, Coon Rapids). This year's fundraiser is hosted by the Coon Rapids VFW; a complete list of sponsors can be found at HOPE4YouthMN.org/sdinner.

Benefitting



Providing Pathways to End Youth Homelessness

Questions? Contact Pam Harer, HOPE 4 Youth Community Impact Committee Chair, at prharer6912@gmail.com.



Celebrate Springtime in the South (Metro) at
2017 MN ESA STATE CONVENTION
May 5 - 6, 2017

Best Western Premier Nicollet Inn
 14201 Nicollet Avenue South, Burnsville, MN 55337
 952-435-2100

REGISTRATION DEADLINE: <u>Monday, May 1, 2017</u>					
Late Registration after May 1st: Plus \$10 (\$25) Walk-In Registration Cash Only: \$25					
NAME:		CHAPTER:		DELEGATE:	NO YES
ADDRESS:		PLEDGE:		1 ST TIME ATTENDEE:	
CITY/ST/ZIP:		PHONE:			
GUEST NAME:					

Guests are invited to attend all meetings & functions at 2017 Convention.

FULL REGISTRATION		COST	MEMBER	GUEST
(Includes Registration Fee, Friday Night Dinner, Saturday AM bagels, Saturday Lunch, Saturday Night Banquet Buffet & entertainment)		\$120		
PARTIAL REGISTRATION (Check all that apply.)		COST	MEMBER	GUEST
REGISTRATION FEE (REQUIRED for ALL except "BANQUET ONLY" GUESTS)		\$15		
	FRIDAY EVENING (<i>Cinco de Mayo</i> Southwestern Buffet)	\$32		
	SATURDAY LUNCHEON (Chicken Salad Croissant)	\$25		
	SATURDAY BANQUET (Buffet)	\$48		
▶ PARTIAL REGISTRATION TOTAL			\$	\$
ATTENDING MEETINGS ONLY (NO MEALS/ROOM COST)		COST	MEMBER	GUEST
	MEETING ONLY - NO MEALS	\$15		
<i>Medical Dietary Needs</i> (check box & list):				
▶ REGISTRATION TOTAL			\$	\$

ROOM RESERVATIONS: Reservations can be made under the "Epsilon Sigma Alpha International" room block by calling **Best Western Premier Nicollet Inn** at (952) 435-2100. The room block group rate will be held until **April 5, 2017** | Room Rates: **\$109/Night + Tax**

▶ **MAKE CHECK PAYABLE TO:** Beta Sigma | ▶ **MAIL FORM & CHECK TO:** Bonnie Olson, 5229 - 33RD Avenue S, Minneapolis, MN 55417 | ▶ **QUESTIONS:** Bruce or Dina Strachota: 952-693-5911 or 612-240-0126, brucestrachota@yahoo.com or dahlida@comcast.net

MN ESA State Membership Meeting

Hosted by Beta Sigma



TOP 'O THE MORNIN'
Lads & Lassies

Saturday

March 18, 2017

8:30 AM Coffee

9:00 AM Meeting

Soup & Salad Lunch

With Irish Soda Bread \$11

Lunch served at Conclusion of Meeting

AT Spirit of Christ Community Lutheran Church

5801 Minnetonka Blvd, St Louis Park, MN 55416

RSVP by March 14th To Jackie Swanson

jacqueofhearts@comcast.net or CALL 952-220-4836

SPRING CRAFT SHOW TIME!!!

Alpha Zeta is once again putting their goods on the market for your buying pleasure! We have a new variety of reusable gift bags, pillowcases and now travel size pillowcases!

We are going to be participating in the following local craft shows and would love to see you and your friends and family come out to help support us and to get more exposure to ESA.

WHEN AND WHERE:

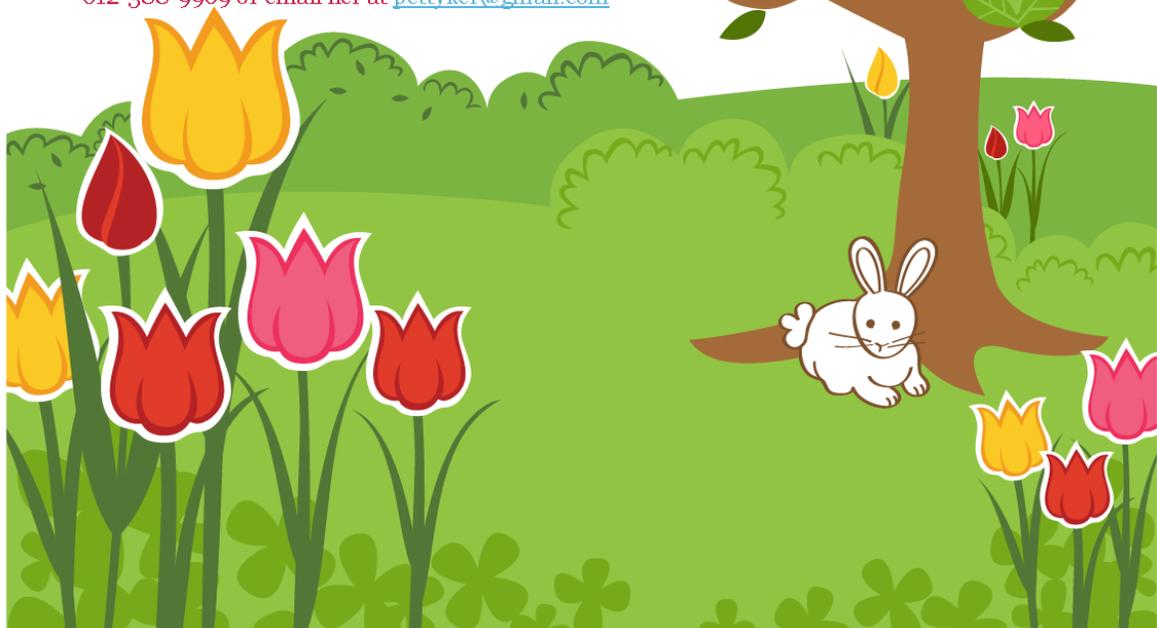
March 4—Rosemount Dakota Tech College
1300 145th Street East, Rosemount MN 55068
TIME: 9:30a-4pm

March 11—Maple Grove Community Center
12951 Weaver Lake Rd, Maple Grove, MN 55369
TIME: 9:30a-4pm

March 18-19—Blaine National Sports Center
1700 105th Ave NE, Blaine MN 55449
TIME: Sat March 18th—9:30a-5pm
Sun March 19th—10a-4pm

March 25—Shoreview Community Center
4580 Victoria Street North, Shoreview MN 55126
TIME: 9:30a-4pm

***If you cannot make it to one of the shows and are interested in purchasing or have a special request please feel free to call Kerri at 612-388-9969 or email her at pettyker@gmail.com



www.epsilonsigmaalpha.org

Epsilon Sigma Alpha (ESA) International is a special organization—an organization that is truly defined by the hearts of its members.

An international leadership and service organization, ESA is a place where members develop meaningful friendships, find their passion for community service, and continue on the path of lifelong learning.

"All our dreams will come true, if we have the courage to pursue them."

—Sherry Day,
International Council President 2016-2017



Epsilon Sigma Alpha

"Where the spirit of sharing and caring lives in every member."



EPSILON SIGMA ALPHA

Epsilon Sigma Alpha
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Fort Collins, CO 80526

Phone: 970-223-2824

Email:

esainfo@epsilonsigmaalpha.org

MINNESOTA ESSAY

All issues of the ESSAY are published here:
<http://www.mnesa.com/>

The ESSAY is published on a monthly basis (August—May) at the beginning of each month.

The deadline for submission of articles is the 25th of each month.

Chapter Presidents, please share the newsletter with members in your chapter who may not have email.

If you would like to be included on the email list, please let me know.

Terri Olson
ESSAY Editor
terri.mnesa@gmail.com

