



Minnesota ESsAy

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September 2010

Terri Olson – President

I am so excited about our new ESA year and all of the fun opportunities we have set before us! I am simply amazed at all of the creative ideas you have come up with to enjoy each other's company while we work hard to do good things for good people. I am very, very proud to be a member of MN ESA!

Have you noticed how hard Chris Scotch is working to make a difference? Just try googling "where is chris scotch" and find out where he's going next. He shows up first on the Google list! Won't you help support him in his endeavor to raise awareness for St. Jude Children's Research Hospital and his attempt to support Katelyn Atwell in her goal to raise \$3 million? We can do it!!

Did you know that if you eat at Fuddruckers in Bloomington on September 10th and 11th, they will donate 20% of all their sales to the Alzheimer's Association? There's a form you need to bring with you to ensure the correct amount is contributed, so just go to this website, scroll down the page and find the link to the Event http://www.alz.org/mnnd/in_my_community_events.asp What a great idea and what an easy way to get out of cooking!

Did you sign up to help support the Great Urban Race for St. Jude on September 11th or the Fall Festival of Hope for St. Jude? If you haven't already signed up for either of these events, check with Karen Ronning to find out if there's still an opportunity waiting.

Have you had a chance to work at MedTox lately? If you haven't been able to work there, here's an idea for you. How about supporting those workers by dropping off some water or some coffee, or some cookies or cupcakes or some type of snack for them to enjoy while they work to raise money to support our charitable organizations? Let's support those that work so diligently for those of us who may be unable to do so.

Now, that we've worked so hard for all of these wonderful organizations, how about taking some time to focus on ourselves? Let's have an old-fashioned retreat and go to Camp Courage for an opportunity to learn, to laugh, to have fun, to share, to grow, to relax, and to just have an all-around good time together. This year's Leadership experience is one you won't want to miss!

We have two cabins reserved with four pods in each cabin.

Each pod in a cabin has its own bathroom (so four bathrooms) and individual beds to sleep up to 20 people per cabin. We also have an extra sleeping room and bathroom for the guys. All of the trails are paved for easy walking and Kathy has reserved a golf cart to drive people who may want to attend activities, but can't walk far. Camp Courage is set up for people with disabilities so no one should have any issues getting around – yahoo!! I'm so excited to think about stargazing around the campfire on Friday night – I just can't wait! Call Kathy to let her know you're coming or sign up on our new website: www.mnesa.com.

Check out our new website and note that we have a secure page for members only. If you need the password to access the member's only site, contact Belinda. Send her your information for the chapter pages so we can encourage new member growth, too!

**Diane Vanusek – Past President-
MNLove/Disaster Chair**

Thank you all who attended the August State meeting and played along with the card game. The whole deck was sold. Next time I will remember to shuffle the deck!

We are called to take care of our ESA members within the MN Love Fund/IC Disaster Fund. Keep an eye out for someone in your chapter (or other chapter) in sore need within the guidelines of these funds, but is unable, afraid or doesn't remember to apply for help. Encourage them to take advantage of these funds, especially some of the older members who have contributed for years.

I will not be at the September meeting and, hopefully, will find a substitute to run the MN Love Fund/IC Disaster fund game so bring some change and play along with all the proceeds going to these funds.

**Sharon Desarmeaux –
Chaplain**

A blind boy sat on the steps of a building with a hat by his feet. He held up a sign which said: "I am blind, please help." There were only a few coins in the hat. A man was walking by. He took a few coins from his pocket and dropped them into the hat. He then took the sign, turned it around, and wrote some words. He put the sign back so that everyone who walked by would see the new words. Soon the hat began to fill up. A lot more people were giving money to the blind boy. That afternoon the man who had changed the sign came to see how things were. The boy recognized his footsteps and asked, "Were you the one who changed my sign this morning? What did you write?" The

man said, "I only wrote the truth. I said what you said but in a different way." I wrote: "Today is a beautiful day but I cannot see it." Both signs told people that the boy was blind. But the first sign simply said the boy was blind. The second sign told people that they were so lucky that they were not blind.

Should we be surprised that the second sign was more effective?

Moral of the Story: Be thankful for what you have! Be creative. Be innovative. Think differently and positively. When life gives you a 100 reasons to cry, show life that you have 1,000 reasons to smile. Face your past without regret. Handle your present with confidence. Prepare for the future without fear. Keep the faith and drop the fear. The most beautiful thing is to see a person smiling. And even more beautiful, knowing that you are the reason behind it!! Catch yourself when you start complaining about what you don't have. Remember; where there is life, there is hope.

The following members/families have needed our thoughts and prayers:
Jill & Tim Reamer, Delta Pi, needs support
Judy Huntley, Past IC President & MARC member, mother passed away
Corrine Milburn, Past IC President & MARC member, mother passed away
Joe Gillespie, Juanita's husband, Omega Chi, was in hospital with heart issues
Mae McKeever, Delta Omicron, had a stroke – at home recovering
Margaret Smith, Alpha Lambda – pulmonary issues

Parliamentarian - Dennis Marler

For the many, many of you who have a heretofore unknown desire to become parliamentarians, here are a couple websites to get you started:

<http://www.robertsrules.org>
<http://www.jimslaughter.com/articles.htm>

And here's a note from another website, <http://www.robertsrules.com/faq.html#11> on Calling the Question: It is a fairly common misconception that, after debate has continued for some time, if any member shouts out "Question!" or "I call the question!", debate must immediately cease and the chair must put the pending question to a vote. This is simply not the case. Any member who wishes to force an end to debate must first obtain the floor by being duly recognized to speak by the chair and must then move the Previous Question. Such a motion must be seconded, and then adopted by a two-thirds vote, or by unanimous consent. It is not in order to interrupt a speaker with cries of "Question" or "Call the Question," and even if no one is speaking, it is still necessary to seek recognition. [RONR (10th ed.), p. 193-94; see also p 35-37 of RONR In Brief.]

At our state meetings, we have modified Robert's Rules of Order, which is perfectly fine, to eliminate the need for a vote to end discussion. Our streamlined process works. The President simply asks if there is any more discussion. But it's important to remember that "calling the question" does not end discussion. Discussion continues until all who wish to be heard have had their chance.

ESA FOUNDATION - Karla Kay Nicklaus

"Serving the World
Community....Because We Care"
The ESA Foundation is a non-profit/tax exempt public foundation. The Internal Revenue Service has ruled that the ESA Foundation is exempt from Federal Income Tax under section 501(c)3 of the Internal Revenue code as an organization operating exclusively for charitable and educational purposes. The ESA Foundation is a public foundation for all persons who share its goals.

MISSION, VISION & LEGACY

The ESA Foundation is pledged to developing philanthropic activities of volunteers, providing assistance to established programs that serve human needs and producing new programs to improve the quality of life. The ESA Foundation envisions a future world community working together to assist those in need, educating those who seek to learn, and giving hope to those who strive to improve their lives or the lives of others.

ESA FOUNDATION membership fees

- * \$25.00 - initial members
- * \$15.00 - annually after the first year
- * \$500.00 - LIFE membership (one time)

SCHOLARSHIPS

The ESA Foundation administers over 100 established perpetual name endowments and scholarships which are available to all post-secondary students world-wide who meet the criteria of the individual scholarships. A few scholarships are available to non-traditional

students who need continuing education to acquire new skills or update present skills. Students may apply for no more than three scholarships per year and there is \$5 processing fee that must accompany each application. The ESA Foundation is making a difference one person at a time ...Because We Care!

Thank you!!

Dear ESA Sisters and Brothers, Sincere thanks for the many cards and notes of sympathy I received following Ed's unexpected death. Thank you to those who came to the visitation or funeral. It is wonderful to have the love and support of friends especially at a time like this. Your caring means a lot to me. As hard as it is to say goodbye, I know that Ed has been greeted with a loving hello in his new home. As we see the sun go down at the end of the day, somewhere far away we know the sun is rising. It is a new day for Ed. Praise God for his promises!
Agape'
Bonnie Olson

Message of thanks!

Donna Waller's family wishes to extend our heartfelt sincere thanks to all of Donna's ESA members for their cards, memorials, letters and prayers of support. A special "Thank You" - "Shout Out" to the ESA members who were able to attend Donna's Memorial Service and share in the ESA Closing Ritual.

Having been born and raised in a small southwestern Minnesota community, bonding with the ESA Sorority provided Donna with an extended family. She deeply loved all of you, the charities you support, and the

ability to share in and work for these goals.

~ Harry Waller and Family

Alexandra House - Pat Staffanson

September 25 - Walk for Hope: Steps to End Domestic and Sexual Violence

On Saturday, September 25, 2010, the sixth annual Walk for Hope: Steps to End Domestic and Sexual Violence will be held at Bunker Hills Regional Park. Last year, nearly 500 people participated in the Walk for Hope, and we hope to exceed that total this year.

The family-friendly event includes a 5K run, 2 mile walk, and lots of fun activity for kids. Registration begins at 8:00 a.m., with a kick-off presentation at 9:00 a.m., and the 5K run starting at 9:30 a.m. The 2 mile walk will begin at 9:45 a.m.

"The Walk for Hope is a great event - our community can join together to show that domestic and sexual violence are intolerable, and provide support to those who have been victims," says Connie Moore, executive director of Alexandra House.

Register for the Walk for Hope at www.alexandrahouse.org.

Registration for adults through Sept. 15 is \$25, and after Sept. 15 is \$30. Youth ages 6-18 are \$10 through Sept. 15, and \$15 after. Kids 5 and under are free. Scholarships are available by calling 763-795-5452.

To sponsor the Walk for Hope, please contact [Amanda Vickstrom](mailto:Amanda.Vickstrom@alexandrahouse.org) by email or at 763-656-1363.

"When you were born, you cried and the world rejoiced; live your life so that when you die, the world cries and you rejoice."

~ White Elk

Sharon Desarmeaux/ Birdie Elkofska – MARC Reps

The 25th Annual MARC Leadership & Conference will be held in Indianapolis on October 8-10, 2010, at the Wyndham Hotel. WOW!! 25 years. Some people have compared MARC to a “mini” IC convention. And, we did have FUN at IC Convention in July. And, you will have FUN at MARC. Help us celebrate this big anniversary by joining us in Indianapolis for “Indy Indeed”.

On Friday morning the Leadership Conference begins and will be “Go Green” with a variety of green items being discussed. As you can see our ESA members get very involved in our MARC Leadership.

1. Shane Gibson, Director of Environmental Education at for Indy Parks, will be discussing the role of nature in the healthy development of children.
2. Erin Seibert, an ESA member, will teach us about ways to “go green” in your home with cleaning products as well as lotions and cosmetics.
3. Denise Hagerty, an ESA member, will present information about recycling, waste management and other household “go green” tips.
4. Glenna Segall and Nancy Irvine, ESA members, will be educating us about electronic forms of communication and the benefits of using them.

On Friday night there will be a Halloween Costume Mixer. So get out those costumes and join the “Green Slime Monster Mash”. Green Slime, hmmm mmmmmmm, what should we all wear????!! We will have the “Celebration” Market Place with State Baskets and home-made items to be

auctioned off. I am personally looking for those knitted dishcloths since mine are getting pretty thin. Plus the Chinese Raffle which always has wonderful items to bid on.

If you have any questions regarding this MARC Conference please give one of us, or both, a call. We would love to have all of you there for this big 25 Year Celebration of MARC.

MARC Go Green Presentation – Glenna Segall

If you check out the information in this issue of remarks and the MARC website, you will notice that Nancy Irvine and I are two of the presenters at this year’s MARC Conference. In order to make our presentation more meaningful and to reach all of you, I need to find out about each one of you, I asked these questions in the last reMARC’s letter, but only received three responses, so I’m hoping to get more information.

There is so much we can do with our computers that most of us are barely touching the surface with what our computers, software and hardware can do for us. Our presentation will show you ways where you can get rid of those pesky filing cabinets, paper and many other ideas. We will show you how you can conduct chapter meetings without having to leave the comfort of your home or drive for hours to get to a meeting by using your computer.

So please take a look at the questions below, take a few minutes and send me your responses. Are you ready, here we go?

1. Do you have a computer?
2. How do you use your computer-personal, business, and internet?

3. Do you own and/or use a scanner?
4. What kind of software do you use? Word processor, spreadsheet, photo editing /managing, etc.
5. If you have email, what email provider do you use – Comcast, Yahoo, Gmail, etc?
6. When you get the remark newsletter via email. How do you read it – on screen or print it out? What do you do with the newsletter after you read it (if it is printed) – do you save it in a file folder in a file cabinet or a ring binder; or do you save it on your computer?

Please send me your response to these questions at gisegall@gmail.com I look forward to your responses, and seeing you all in Indy in October. Thank you for your assistance.

MARC Ways and Means Emmy Neustrom

Marc Conference “Indy Indeed” October 8-10, 2010

Grab your suitcase and head to the Wyndham Hotel West Indianapolis, Indiana

Shop at the “25th Year Celebration Market”
Friday, 4:00 pm to 5:30 pm
Saturday, 3:00 pm to 4:30 pm

For sale Chinese auction items
Silent auction items

“Happiness often sneaks in through a door you didn’t know you left open.”

~ John Barrymore

Chapter News!!

Alpha Chi – Donna Wakefield

Kathy Rice reported that this has been a very busy summer with the International Convention. We have had a couple of health issues going on, but are surviving.

Northwestern Book Stores have been sold to Life Way Christian Stores that are headquartered in Nashville, Tennessee. They are kind enough to keep all the Northwestern staff and had two days of orientation on August 2-3 at the Radisson Hotel in Roseville. Right now I'm trying to learn a new computer system as the store is being redeveloped.

August 22 and 23 Stan and I stayed at Fanny Hill in Eau Claire and attended their dinner theater.

Kathy Konrad reports that she has "Great News"! Her daughter is going to give birth in January to twin boys. And this news will also make Kathy's mom, Colleen Riley, a great grandmother again. Best wishes to these great ladies!

Shirley Hane has been working on the Senior Activity Program at her church making plans for the coming year.

July was the month of her injured eye, followed in four days by the shingles on the right side of my face.

I'm looking forward to a better fall and ESA year!

John and Bev Landers enjoyed the company of Neil and Mary Davies their good friends from Texas at their home in Outing, MN. They have not seen them in two years. Fellowship was enjoyed by all.

Pat Peterson is trying to stay cool and keeping her flower pots looking cool.

Sue Todd hasn't done much. She has spent the whole month of August packing up 20 years of "stuff" and moving from a 4-bedroom two level house to a 2-bedroom one level townhouse. It will be nice when we're settled.

Gloria Iverson reports that spring and summer are never long enough to do all of the things, "I would like to do." There are always more things on my "To do list" but I never did get there. So I settled for Duluth and watching the big, old ships come into Duluth harbor. What a beautiful sight!

A new car was on my list and I finally decided to make the big purchase. Whatever happened to just "On" and "Off" buttons on the old cars?

I hope everyone had a good summer and I'm looking forward to the new ESA year.

Donna (Wakefield) was fortunate in being granted time off from my "chemo therapy series". I'll start again in the fall — hopefully for the last of it! We had our two grandchildren and their parents from Atlanta visit us and attend a large "Wakefield Reunion" in August. Then our German sports reporter friend from Germany visited us for the fourth time. It's always fun to have visitors!

I have received no other news this month from Fern Ellison, Dee DeBel, Nora Meyers, Joane Buche and Phyllis Frascione. I'll try to catch up with them next month.

So, until next month — Agape' — from your Alpha Chi sisters!

Alpha Lambda – Kathie Wasson

In late August, Gene and Pat Schwoppe had a fun "day of adventure" with grandson Joseph Uzelac, age 6-3/4, taking him places he had never been. They started out by going to Waubun Park in Minneapolis, and showing Joseph the Ford Dam and the Veteran's Home. Then went to Minnehaha Park; saw the depot, the house, and Minnehaha Falls. After lunch at Dairy Queen, we drove to the Mall of America and bought tickets for the light rail train ride to Target Field, where we changed trains and rode all the way back to the Mall.

Kathie Wasson spent a long weekend in Ankeny, Iowa, helping grandchildren get ready for school which started August 18. Lots of show choir, concert choir, practices, baseball games and soccer games. Busy, busy weekend with oldest grandchild, Katie, turning 16. Mid September Kathie will be traveling to Indianapolis for her semi-annual cousin's weekend.

Mary Parr has returned from a wonderful trip to Germany with her daughter, Liz, and is now off to the Black Hills for 5 days of fun and sightseeing with friend, Lynne, who is also the "queen" of our Red Hats chapter.

Kate Sala has started back to college and will be taking 3 classes this semester, every Monday and Wednesday. Yikes!

Our chapter meetings will be held on Sunday afternoons once a month this year with a holiday party in December. We will continue with our philanthropic activities: coupons, Operation International Children's school supplies; solar cooker project; school supplies.

Alpha Sigma – Sharon Lange

It's hard to believe that September is here already, but August was active and fun filled.

Diane Vanusek and her three sisters spent a few days in Winnipeg, Manitoba, taking in one night of Folklorama, and then the Manitoba Museum, St. Boniface Museum and Assiniboine Park. On the way up, they visited a tiny Ukrainian Orthodox Church in Caribou, MN. The caretaker, a lively old lady, gave them a lively tour of the church and cemetery. "We missed sister, Pat".

Nancy Johnson just got back from a week up north on Beautiful Potato Lake near Park Rapids. The whole family was there and Nancy got to hold the new Baby Evelyn to her heart's content and to play with the two year old Sienna. Both girls make her heart full of love. Nancy also did a little skiing and has decided that after hitting the water at 30 miles per hour maybe this old broad should maybe think twice about skiing next year. "Skiing isn't the problem, falling is the problem."

Rose Bitter has been busy with work issues (a whole lot of stress) and family stuff. She's traveled to Texas and Detroit and is looking forward to a trip to Virginia to help plan her son's wedding.

Birdie and Sharon Lange took a 9-day vacation trip to Glacier National Park and the Canadian Rockies. What they say about the Rockies is true. The mountains are so beautiful and untouched. Everywhere you look you see breath taking views. Even in August, there is a lot of snow on the tops. Saw bears, elks, ram sheep, mountain goats, deer and eagles.

Banff and Lake Louise are wonderful sights. The blue green

water from the glaciers is something to behold. You see it alongside the highways, in the streams, mountain lakes, and even walking on the glacier itself. Visiting the Columbia Ice Fields was a true experience. The glacier ice was very slippery--it was so much fun to actually be on a real glacier. There are so many memories of riding the train, touring a silver/lead mine (sorry, no samples), seeing fields of sunflowers and breath-taking mountains, riding the Gondola in Banff (Birdie, not Sharon), seeing the results of rock slides and forest fires, seeing the site of the Calgary Stampede and the 1988 Winter Olympics, and more. But all great and wonderful things must end. The last night before heading home was in Winnipeg at a casino hotel. They had a wonderful walk-through saltwater aquarium and many wonderful slot machines. Birdie started with \$5 and within a very short five minutes it was down to \$1.78 and then it went up to \$3.00. She cashed out, put the money into a penny machine and it brought her \$3.00 up to \$19 and then \$29 and wow now it was \$39. She said one more crazy bet (sure one more...have you heard that before) and somehow the figure was \$56.00. This was on a penny machine. Birdie cashed out and took back her original \$5.00 and came home with a \$50 profit. Yup, it was a great vacation. With summer wrapping up, we hope everyone is able to do what you do during the summer – enjoying the weather and everything that is summer.

Alpha Theta – Mary Jane Rosenberg

Another really hot month and so much humidity that every morning I get up and give a short prayer for being thankful that I have air conditioning and at the

end of the day, my prayer is thank God it worked all day!

Nothing great is going on in our sorority and sorry we haven't been able to get up to Medtox; maybe in September.

My great event of August was my 65th class reunion. There were only 26 in our class and 16 of them are departed from earth. You guessed it, I am still going strong. There were only 8 of us able to attend.

Florence's nephew was home for a short time and left today for Italy to study. He was attending school in Pennsylvania as a graduate student and will continue his studies in Italy.

Rose Marie has been sorting, throwing and packing things as she is trying to get two households into one. Quite a job!! If anybody has moved, you know all about it.

Gloria and Florian went up to the State Fair yesterday (8/26). They had a good time but were shocked at the wall-to-wall people. Now, soon in the future, they will be going to Branson.

Marge is doing about the same–has good days and bad days, but is still as cute as always.

Marie has traveled a lot – been up to Bemidji and over to Door County with Eastern Star friends.

Thought of the month: "If you never want for anything and you never get anything, you will never be disappointed."

"Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it is the only thing that ever has."

~ Margaret Mead

Beta Sigma – Linda Schultz

In less than three weeks, FALL will be upon us! As we navigate around State Fair traffic and all the winding-down-summer events, preparing for children returning to school, waiting and watching for leaves to begin changing colors, we in Beta Sigma and ESA are settling into the projects for the year. Energy is high and expectations even higher. Much will be accomplished in the coming months.

Beta Sigma will move forward and flourish under the leadership of our new president, Jo Hanson. The annual planning session was held in August at Jo's home where several members participated in clarifying our plans and goals. Our educational theme for the year will be "Yesterday, Today, and Tomorrow." Jo stated that the deaths of several of our valued members this past year has made her even more aware that unless we start writing down some of the history and memories of our chapter, they will be lost.

Tragedy hit really hard these past few months ~ we treasure each sister and her family member(s) and hold each in our prayers and thoughts as we look to our future as a chapter and our place in the community and ESA.

More details and "news" in next month's ESsAy as this reporter re-engages from a new and different place.

Blessings,
Linda Schultz, Reporter

Gamma Omega – Arlene Besemann

Meeting time again after a short "vacation." New member, Joyce Van Kempen, hosted the meeting at her house where we enjoyed

potluck salad and dessert with a bit of "Jody Juice" for extreme thirst.

Sandy Dolence has been at her lake place far too little says she even though she did get to spend quite a bit of time there. Her grandson is finishing up his year as Ambassador for Robbinsdale which kept everyone busy following him to various state locations. Fun though!!

Betty Marler is happy to be heading back to work. She's spent a lot of her summer using various modes of "transportation" after her foot surgery.

Joyce Cobb spent some time in Chicago watching after her grandchildren. What's not to like about that?

Of course, many of our chapter members were busy helping to make the IC Convention the big success everyone says it was. Also the chapter provided a meal at the Ronald McDonald House served with their usual style and grace.

Though no doubt all chapter members had a somewhat interesting and exciting summer, they didn't seem to want to share what they did. A good time to use our imagination.

After our meeting, everyone was busy tracing and cutting bibs and various things for Bundles of Love. Dennis Marler is wicked with a scissor!

Now it's time for everyone to start working on craft items for our Downtown Skyway sale in December. Hard to think of it these hot, steamy days.

Today's Adage: "Silence is the only thing that can't be misquoted."

Omega Chi – Pat Staffanson

Juanita Gillespie – August went way too fast and now it's coming up on fall! We have been busy with family and working. I don't know where the time went. Joe & I went to the Dakota County Fair with his daughters and grandchildren. My granddaughter moved into her own apartment in Texas. This is the first time she has lived alone, so had a little meltdown the first night, but I guess she is doing better now. She is taking some college classes at the community college and working.

Joe was admitted to the ICU on Saturday for issues with his lungs. It appears he may have contracted a virus which was complicated by his COPD. While going through testing, they found that he has an issue with his heart. His lungs are doing well now. He is on medication for his heart and seems to be re-cooperating. He will be going back to work on the Tuesday after Labor Day. Hope everyone has a great Labor Day weekend!

Jen Davies – New news for me!! I'm an Aunt again! My sister gave birth to Kayla Lauryn Wong on August 16.

Pat Staffanson – What a summer this has been. Gary is on the mend, thank heavens! Teddie, the new puppy, is attending Puppy Kindergarten, so is learning to be a good little girl!! We missed all the fun stuff this summer, but I plan to make up for it this fall! We did get to spend a lot more time with our grandkids, so that was wonderful. They are growing up too quickly, but sure are turning out to be smart, successful students and volunteers! Hope to see all of you at the Leadership event.

Sigma Chi – Shirley Laue

Where did the summer go? It sure was a busy one with the conventions, family events, etc. Sept. looks busy as well.

Right now Shirley and crew are working on the Hope for Heros program, with the city of Rockford, for the week of Nov. 7-13. Plans for a rush are also in the works.

Shirley and husband, Herman, will be celebrating 50 years of marriage this month also. I can't figure out where the summer went, I really don't know where the last 50 years have gone. We had 3 wonderful children and have 5 beautiful grandchildren and will have our first great grandchild in Jan.

We have been blessed. I have enjoyed the friendship of all you ESA members for the past 35 years. I look forward to another busy, fun filled year in ESA.

Sigma Kappa – Casey Ronning

Casey:

This past month our chapter had a garage sale at Sharon's house. We did great! We sold almost everything! None of us could believe how little we had left to pack up at the end. Our total at the end of it all was just over \$1000! I must say I was not expecting us to make that much. We were all very happy with the amount we were able to make.

Before I start talking about college I would like to say that the St Jude Rally my high school did this year raised nearly \$1400. Thanks to our principal and one of my teachers, I have been told that the rally is going to become an annual event!!

I am now all moved in to college. It is going to be an adjustment but so far I am enjoying myself. I hope to

meet lots of new people and make some friends along the way. Classes start on Thursday, wish me luck! I want to say thanks to my mom for helping me find this school and for pushing me when I needed it and always being there for me. Sorry to break to all of you moms out there, but my mom is the best!

Dana:

I am busier than ever and trying really hard to get things under control so I can start having some FUN again. Work has been keeping me extremely busy. In fact, I've had to bring work home with me every night for the past week. I'm also gearing up to start my year as chapter president of the NW Chapter of MSCI (a trade organization). Our planning meeting is August 31st. Quinn has also started a new job. It's exciting because it's more in line with what he wants to be doing...and the money is very good. The down side is that he's working four 15 hour days. He's still trying to get used to those hours. But, he is VERY happy to have three-day weekends!

On top of all of this, I'm trying to get myself uber-organized for the upcoming ESA year as there is SO MUCH to do!! And, I've also got to start training to run the 5k at the Memphis Marathon. Does anyone know how to add hours to the day??? If so, please enlighten me!!

Sharon:

Our trip to the Keweenaw Peninsula in Upper Michigan was great. The weather was perfect the whole week we were there. I came home with quite the suntan from basking on the white sandy beach of Lake Superior. I did some touristy things. Bought some wonderful jams from the Monastery that is just down the road from the cottage we stayed in. There was a "civil emergency" while we were in Houghton,

Michigan, meeting up with our neighbors. The lift bridge to the Keweenaw Peninsula broke and that is the only way to get to the cottage we were at. Luckily it was fixed within a couple of hours. And, luckily we were in a bar/restaurant with a window seat watching them work on the bridge.

We had a very successful garage sale which was held at my house. We had so much stuff and sold most of it. Met a lot of great ladies and gave them information about ESA and Sigma Kappa. The weather was hot and humid until Saturday but we all hung in there. Thanks to our husbands who were there helping with setting up, working at the garage sale and packing up leftover items. Plus getting new signs and putting them up.

Larry and I went to the State Fair yesterday and will be going again on Sunday. The weather was perfect. We ate our way through the fair. Nothing like a foot long hotdog at 8 am in the morning!! Going early was nice because by 1 pm we were ready to go home since it got so crowded and we were full and tired.

Karen:

I had a great time at our garage sale. Nothing better than sitting out in sweltering heat and trying to persuade people to buy the stuff you don't want! We had a great time talking and laughing through it all. Now we are getting geared up to start our sorority year. Can't wait to go to the September overnight. Hope to see you all there!

Please Note!!

The Sigma Kappa Scrapbook fundraiser for St. Jude scheduled for October 9 has been cancelled. It will be rescheduled at a later date.

Dana Terry
Sigma Kappa Chapter President

Epsilon Sigma Alpha
INTERNATIONAL®

27th Annual Style Show, Luncheon & Auction



St. Jude Children's
Research Hospital

Join Us

Saturday, November 6, 2010

10:00am - 2:00pm

*Greenhaven Golf Course &
Banquet Center*

2800 Greenhaven Road, Anoka

Finding cures. Saving children.

****Fashions Provided by Dress Barn, Coon Rapids, MN****

*** Italian Hero Lunch Served at 12:00 Noon***

Roasted Turkey Breast, Honey Cured Ham and Genoa Salami with Provolone Cheese, Vine-Ripened Tomatoes,
Shredded Lettuce, Herb Vinaigrette on Focaccia Bread

Accompanied by Pasta Salad, Cookie, Colombian coffee, decaffeinated coffee, tea

Tickets - \$25 Each or \$200 for a Table of 8

Name _____ Guests _____

Reserve your tickets by October 22, 2010 – Make checks payable to MN ESA

Karen Ronning

14949 Overlook Drive, Savage, MN 55378

Call Karen with questions at 952.440.7092

